



# 2024 VSPAN STATE CONFERENCE



*Gathering N.u.t.s.*  
(Nuggets Useful to Succeed)



**Saturday, October 5, 2024**

## Schedule

- 7:00-8:00:** Check-In and Breakfast
- 8:00-9:00:** ASPAN 101
- 9:00-10:00:** Pediatric Enhanced Recovery After Surgery
- 10:00-10:15:** Break
- 10:15-11:15:** The Perioperative Use of GLP1 Agonists
- 11:15-12:15:** Leading with Grace During Difficult Leadership Challenges
- 12:15-13:15:** Lunch (Board Meeting)
- 13:15-14:15:** Advancements in the Surgical Treatment of Obstructive Sleep Apnea
- 14:15-14:30:** Break
- 14:30-15:30:** Nurse Advocacy and Activism in Virginia (and Beyond)
- 15:30-16:30:** Protect Yourself from Mishaps in the Perianesthesia Setting: A Legal Perspective
- 16:30-16:45:** Evaluations

**\*Basket Raffle for Charity  
Benefit\***

**Program Topics:**

ASPAN 101 , Pediatric ERAS, Perioperative Use of GLP1 Agonists, Leading with Grace, Surgical Treatments for OSA, Nurse Advocacy and Activism, Legal Perspectives in Perianesthesia

**Outcome:** To Enable the nurse to increase knowledge on ASPAN Peds ERAS, Leadership, OSA, Nurse Advocacy and Legal issues demonstrated by 80% or more of the participants scoring 80% or higher on the post test.

**Target Audience:** All perianesthesia nurses, MDs, PAs, NPs

**Location:** Delta Hotel by Marriott 555 E Canal Street, Richmond, VA 23219  
(804) 788-0900

**Registration:** 7:00am-8:00am

**Program:** 8am-4:30pm

**Evaluations:** 4:30pm-4:45pm

**Faculty:** Ashley Apple, DNP, RN, FNP-BC, Sandy A Salicco, MSN, RN, CCRN, Benjamin Cobb, MD, Jacqueline Tibbetts DNP, MSN-Ed, RN, CPAN, Mayand Vakil, MD, Myrna Mamaril, DNP, RN, NEA-BC, CPAN, CAPA, FAAN, FASPAN, Ursula Mellinger BSN, CPAN, CAPA

**Accreditation**

This activity has been submitted to the American Society of Perianesthesia Nurses for approval to award contact hours. The American Society of Perianesthesia Nurses is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

**Cancellation Policy**

VSPAN reserves the right to cancel a program due to insufficient enrollment or any unforeseen circumstances. All fees will be fully refunded.

**Standards for Integrity and Independence**

The provider will collect information from all individuals in a position to control content regarding financial relationships with ineligible companies, analyze the data for relevant financial relationships related to the educational content; and mitigate relevant financial relationships. The results of this analysis will be reported in the course presentation materials on the required handout.

**\*VSPAN reserves the right to substitute speakers if necessary**

**Registration Form (Please Print)**

**Name:**

**Home Address:**

**City, State :**

**Zip Code:**

**TelephoneNumber:**

**Email address:**

**Fees**

**Early Bird (Through 9/15):**

**ASPAN members: \$80 Non-members: \$90**

**Regular ( Beginning 9/16):ASPAN members: \$90 Non-members \$100**

**Registration at the Door: \$100**

**Register Online at:**

**<https://virginiaspan.nursingnetwork.com>**

**For more information regarding contact hours, please contact the Nurse Planner:  
Pamela Champigny, MSN, BSN, RN at  
[pamela.champigny@yahoo.com](mailto:pamela.champigny@yahoo.com)**