

Prairie Horizons:

Nurturing the Future of Nursing in North Dakota

September 13, 2024 | Bismarck, ND

Tonya Auck, PMHNP
Nurse Entrepreneur Panelist

Enlighten Healthcare - From Dark to Light

Tonya is a board-certified mental health nurse practitioner that has been providing quality care in the community since 2012. She has worked on an inpatient psychiatric unit providing crisis stabilization, medication management, and supportive therapy for over 10 years. She attended nursing school at Medcenter One College of Nursing. She obtained her Master's of Science at University of North Dakota.



She was born and raised in New Rockford, North Dakota, moving to Bismarck in 2001. An active member in the community, she can be found volunteering at church, praying, meditating, fishing, spending time with family, playing volleyball, and working out. God placed on her heart to leave the inpatient world and open a faith based mental health clinic.

One week after leaving Sanford and opening her clinic, on January 1st, 2023, Tonya became a stroke survivor being completely paralyzed on her left side. She had strong faith that got her through such a trying time. Now she uses her healing by the glory of God to help others struggling. Her goal is to guide clients to explore mind, body, and spiritual health. She loves to pray with clients and explore scripture as a supportive technique.