



Rising Together for Wellness in the Workplace Strategies for a Healthier Work Environment

Wednesday April 17,2024

Neshaminy Interplex– Interplex Boulevard Building 3 Trevose Pa

5pm to 9:30 pm

4 hours of Continuing Education provided

Dinner Provided

Healthy Work Environment - Janice Gibson

****Apply strategies to deflect incivility and bullying.**

Handle With Care - Diane Yaple & Cynthia DiChiara

****Demonstrate verbal and physical strategies to de escalate intense situations of conflict**

***WEAR COMFORTABLE clothes and footwear**

Stress Management and Resiliency Training Overview - Kristen Gilmore

**** Discuss physiologic strategies of stress.**

Apply stress management and well being strategies

Registration on Nursing Network SePa members free Nonmembers \$25 registration fee

This activity has been submitted to the American Association of Critical-Care Nurses for approval to award contact hours. The American Association of Critical-Care Nurses is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

