



The Awakening Newsletter



Celebrate Perianesthesia Nurse Awareness Week!



PANAW is February 5-11! How do you plan to celebrate? Snap some photos and share them on our Instagram or Facebook page!

Don't forget to use #WISPAN. Want a great way to kick off PANAW? Join us for the WISPAN Winter Conference in Madison on Saturday February 3!

President's Message

Ann Keenan, MSN-ed, RN, CPAN

The Fall 2023 conference in Marshfield, WI, was a source of valuable insights from dedicated professionals, reigniting my passion for perianesthesia nursing. It's inspiring to learn and grow together in our shared profession. Explore the [ASPAN website](#) for diverse educational modules, whether in-person, virtual, or self-paced, to enhance your practice. Don't miss the WISPAN Winter conference in Madison (Middleton) on February 3, 2024—register today and enjoy a weekend in the vibrant city with friends! Excited to see you there!

Government Affairs Message

Tracy Franchuk, BSN, BSHCA, RN, CAPA

Perianesthesia nursing is a crucial but often overlooked aspect of patient care, where building trust and instilling confidence play pivotal roles in creating positive experiences for patients. The responsibility extends to addressing the ongoing nursing shortage, with a collective call to find creative solutions for global challenges affecting patient safety. The opportunity to get involved is abundant, whether through attending meetings or conferences, staying updated via nursing websites, or engaging with local representatives. Taking these steps not only enriches your professional network but also contributes to the advancement of the nursing profession! It is an amazing and rewarding gift you give to yourself AND your profession!

Membership Update

WISPAN is **236 Members Strong!** Is your membership expiring? Renew today!



Recertification Requirements from ABPANC

Be sure to check out the [ABPANC website](#). There are NEW requirements for CPAN & CAPA recertification. This will likely impact many certified nurses' choices on where they obtain their continuing education.

Please visit soon and read carefully!





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WISPAN Scholarship Coordinator Update Cyndi Siebel Mohler BSN RN CPAN



Congratulations to Lindsay Hintz! Lindsay won the raffle prize of a \$500 Scholarship to attend the 2024 ASPAN National Conference at the WISPAN Fall Seminar. Every member who attended received one free raffle ticket as a member benefit. Additional raffle tickets were sold to raise money for the Ronald McDonald House Marshfield. WISPAN raised \$116.

Other raffle prize winners from the WISPAN Fall Seminar are Gwen Frohmader and Nanette Mollitor have each won a One Day WISPAN Seminar and Sarah Haag has won a Free One Year ASPAN / WISPAN Membership.

At our Board of Directors meeting on Friday 10/20/2023, it was voted to extend the deadline for CAPA / CPAN Certification / Recertification Scholarships from 9/15/2023 to 10/30/2023 for this year only since we had no applicants. We announced the extension to members through email, posted on our website and announced at the WISPAN Fall Seminar. Congratulations to Pamela Schreiner and Tracy Franchuk who have been awarded CAPA Recertification Scholarships as a result of this extension.

Contact me with questions and suggestions,
Cyndi
WISPANscholarship@gmail.com

Upcoming Scholarship Deadlines
January 15 – 2024 ASPAN National Conference
January 26 – 2024 WISPAN Winter Conference
February 15 – CAPA / CPAN Certification / Recertification

Check out the WISPAN Website for names of all recent scholarship winners!



Attend the **WNA Wisconsin Nurses Day at the Capital** on February 27, 2024! Why should you go? Read [here](#) to find out. Don't just talk about change...BE the change by speaking to your legislators! Registration is open!



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Region 3 CPAN/CAPA Certification Study Group Starts Soon!

STUDY GROUP DATES: Wednesdays 630PM-830 PM CST January 24 to May 1 2024-All virtual!
Join perianesthesia nurses just like you who are studying for CPAN/CAPA!

Email Region3studygroup@gmail.com to find out more!



Treasurer's Report Lily McLeish, MSN, BA, CPAN

WISPAN is currently in a good financial position. Detailed financials will be posted in the Spring Newsletter.

Our spring election is ready for YOU to submit your willingness to serve form found on our website! Vacant or opening positions for the spring election:

- President Elect
- Membership and Marketing
- Government Affairs
- Website Coordinator
- Newsletter Editor



Board Position FAQs:

Q. Am I really qualified to be a board member?

A. If you're a WISPAN member, then you are qualified! If you're not yet a WISPAN member, join today!

Q. How much time do I need to spend contributing to board activities?

A. Each position has different requirements, but most board appointments require a little of your time each month and most activities are asynchronous (done on your own time). The board holds (virtual) meetings every other month for about 90 minutes each.

Q. How long are members on the board?

A. Each position has different terms of appointment. Check our website for details.

Q. I'm nervous about trying a board appointment. How will I know what to do?

A. The board will help you learn how to address members' needs and assimilate into your elected appointment. Most board positions are very easy to learn! (yes, even President Elect!)

Q. What's in it for me to take on a board position?

A. Great networking with like-minded professionals who are interested in moving perianesthesia nursing forward as a highly specialized area of practice, opportunity to earn contact hours as a board member, attending conferences at highly discounted rates (and in some cases, for free!)

If you want to learn more, reach out to any board member on our website or contact Ann at wispanpresident@gmail.com



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Conference Corner:

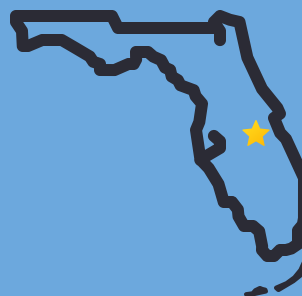
A very special Thank You from the WISPAN Board to Lindsay Hintz, Ellie Seehafer, and Dakota Brorson for the Fall 2023 Conference Planning!



Thora Tollefson MSN, RN, CCRN, TCRN, FNP-BC (pictured right) Talks about the Critical Care Nurse Residency Program during our WISPAN Fall Conference-Marshfield in October



ASPAN National Conference is April 14- 18 in Orlando! See details and register at ASPAN.com



WISPAN Winter Conference is February 3 in Middleton! See details and register at WISPAN.NURSINGNETWORK.com

