

IANN News



**National
Association of
Neonatal
Nurses**

Iowa Chapter

*(Official newsletter of the Iowa
Association of Neonatal Nurses)*

<https://iann.nursingnetwork.com>

June - October 2023

What's inside??

- Letter from the President
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Letter from the IANN President

Hello everyone and HAPPY FALL! This is my favorite season. I hope you're getting outside to enjoy the cooler temperatures and fall colors that are just starting to emerge. Our October chapter meeting is fast approaching. Please join us at 801 Chophouse in Des Moines on Wednesday, October 18 (details included in newsletter). The meeting will be sponsored by our friends at Mead Johnson Nutrition. Once again, our sponsor has chosen and great venue...no doubt the food will be fantastic! Mead Johnson is bringing in a special speaker. It

should be a fun evening of food and networking. Plan to attend in person if you can or use the ZOOM option to attend virtually. Come to the meeting and bring your friends who are not yet members. For those NANN members out there that are not actively involved in IANN, I encourage you to get involved to help us improve outcomes for all newborns in Iowa. We are SO much better together!

I'm happy to report that the IANN 10th Annual Neonatal Care Conference held in Cedar Rapids on July 26 was a huge success! The conference planning committee chaired by Denise Easley (Becky Chuffo Davila, Dawn Schwartz, Erin Burns and Emily Spellman) did a fabulous job of planning the sessions while accounting for every little detail. Putting on a day-long conference is a big job, and this group was a well-oiled machine. Mary Coughlin, MS, NNP, RNC-E, our keynote speaker and national expert on Trauma Informed Care did not disappoint. I know we all learned a lot from her and the Professional Panel of experts she moderated. Terry Johnson, APN, NNP-BC (always a fan favorite) gave a great talk on the benefits of an exclusive human milk diet for NICU babies. And, our own Becky Chuffo Davila, DNP, NNP-BC updated the group on her groundbreaking work with Listening Visits in NICU. The food was excellent, the vendors were happy and engaging, and the attendee reviews were overwhelmingly positive. Thanks again to everyone who participated in the annual conference. I walked away from the venue feeling very proud to be associated with such a great group of Iowa nurses!

I was privileged to attend the national NANN conference held in Anaheim, CA, September 26-28, along with two NICU nurses and four nurse practitioners from UI Stead Family Children's Hospital. If you ever get the opportunity to attend the national conference, I hope you take advantage and GO! It really is an amazing experience. And it seems like the educational bar is raised a little every year related to the quantity and quality of pertinent topics and smart, engaging speakers. The exhibit hall was filled

with vendors eager to teach us about the latest innovations in neonatal care. I think every Iowa nurse there came back with a hit list of new products to explore. One vendor stood out for me this year. Many of you use the Zaky HUG® in your unit as a therapeutic positioning device. We have used them at UISFCH since they first came on the market. Well, I was pleased to share apps and drinks with the creator of the Zaky at the President's Reception on the first night of the conference. Everyone at the table was spellbound as she shared her story of how the Zaky was born. The product is named after her son, Zachary. Zach was born at 28 weeks' gestation in 2001 in a hospital in Houston, TX. He had the typical preemie course for a 28-weeker born in that era, no major complications. When Zach was three weeks old, Tropical Storm Allison hit Houston. The hospital was completely without power for 9 hours. During that very long, dark night in the NICU, Yamile held Zach skin-to-skin to keep him warm. Dad Larry took shifts with the nurses, hand-bagging (ventilating) Zach via his ET tube. After that harrowing night, Yamile really struggled, like most NICU moms, to leave her baby and go home each night. Yamile put her engineering degrees to work and developed the Zaky hand which of course worked like a charm to soothe little Zach when mom and dad couldn't be there to support him. The story doesn't end there. A couple years later, Yamile turned her focus toward promoting Kangaroo Care (KC). During this time, education and awareness about KC were lacking in NICU's. Yamile eventually developed the Zaky HUG, a device for moms that is engineered for safety, comfort, and easy access to prolong kangaroo care sessions in MBCU, NICU and PICU. On Zachary's 10th birthday, Yamile and friends started the international Kangaroo Care Awareness Day which is still celebrated today by NICU's on every continent.

Gosh, I wonder who I'll meet at NANN next year. Someone awesome and inspiring, I'm sure! I look forward to sharing a snapshot and highlights of *My Schedule* from NANN at the October chapter meeting. The Wi-Fi password at the conference

was, **wesavebabies**. I noticed as other nurses were logging in for the first time. They all had the same look, a quick, affirming smile and a little nod that said, *yep...that's what we do*. It really is a great life!

Best regards,

Penny

Penny-smith@uiowa.edu



Pictured: Penny Smith & Yamile Jackson



Iowa Nurses at NANN: Cassie Palasiewicz, Gina Rottinghaus, Amy Bradley, Codi Robison, Tami Miller, Melanie Svoboda & Penny Smith

Upcoming 2023-2024

IANN Meetings

- **October 18, 2023**

Location: Des Moines

Sponsor: Mead Johnson

Host: MercyOne, Des Moines

- **January 17, 2024**

Location: Iowa City

Sponsor: Abbott Nutrition

Host: UI Stead Family Children's Hospital

Time: TBD

- **April 1, 2024**

Tentative sponsor: Mead Johnson Nutrition

Host NICU: Blank Children's Hospital

Location, Time, Donation site: TBD

October Meeting Details

- **October 18, 2023**

Time: 6:00-7:30 pm

Location: Des Moines

Place: 801 Chophouse

801 Grand Ave Ste 200

Sponsor: Mead Johnson

Zoom link to join us virtually:

<https://uiowa.zoom.us/j/94930262432?pwd=dzhiS3Zqc3UvNXlMam52eGNwSHRwdz09>.

October Meeting Community Donation Site



Donation site: Variety-The Children's Charity of Iowa

Donations payable to Becky Davila

Or Venmo to @Erin-Weber-3

Join us!!

Iowa Neonatology Day

November 3, 2023

Location: University of Iowa

Topic: Lifelong care of the extremely premature infant

Speakers: Kara Goss

Pediatric Nursing Conference

November 7, 2023

Location: Blank Children's Hospital

Topic: Care of pediatric patients and their families

Flyers attached to newsletter

2023 IANN Board



Penny Smith, President
University of Iowa Stead Family Children's
Hospital
Penny-smith@uiowa.edu



Denise Holida, Vice President
University of Iowa Stead Family Children's
Hospital
Denise-Holida@uiowa.edu



Becky Davila, Treasurer
University of Iowa Stead Family Children's
Hospital
rebecca-chuffodavila@uiowa.edu



Pam Kalkhoff, Secretary
University of Iowa Stead Family Children's
Hospital
skalkhoff@southslope.net

2023 IANN Members

Erika Banks- UI SFCH, Iowa City
Donia Bass- Mercy Children's, DSM
Susan Berends - UI SFCH, Iowa City
Sarah Betts- UI SFCH, Iowa City
Stephanie Boes- UI SFCH, Iowa City
Amy Bradley- UI SFCH, Iowa City
Katelyn Buehrer - Blank Children's, DSM
Erin Burns - Mercy, Cedar Rapids
Kelley Chess - Mercy Children's, DSM
Laura Corbett- UI SFCH, Iowa City
Becky Davila - UI SFCH, Iowa City
Amie Deegan- UI SFCH, Iowa City
Allyssa Dolphin- Blank Children's, DSM
Denise Easley - St. Luke's, CR
Rachel Eskeldson- UI SFCH, Iowa City
Rachel Evans - Mercy Children's, DSM
Allison Fagan - Mercy Children's DSM
Emily Feltes- UI SFCH, Iowa City
Kayla Fobian- UI SFCH, Iowa City
Danielle Glanz- St. Luke's, CR
Dawn Goeke- Blank Children's, DSM
Amber Gonsoski- UI SFCH, Iowa City
Laura Grigsby- St. Luke's, Sioux City
Amanda Hamilton- Mercy, DSM
Roxan Hammer - Blank Children's, DSM
Stacey Happel- Mercy, CR
Jennifer Haverly- St. Luke's, CR
Joan Hengst- Finley, Dubuque
Alyssa Henscheid- UI SFCH, Iowa City
Kelsey Hoepfner- UI SFCH, Iowa City
Denise Holida - UI SFCH, Iowa City
Cyndie Homewood- St. Luke's, CR
Krista Husemann- St. Luke's, CR
Pam Kalkhoff - UI SFCH, Iowa City
Julie Kennedy- Mercy, CR
Melody Lineburg- UI SFCH, Iowa City
Lisa Loesch- St. Luke's, CR
Jan McGee - Blank Children's, DSM
Tracey Michalec- St. Luke's, CR
Tami Miller- UI SFCH, Iowa City
Brittany Miller- UI SFCH, Iowa City
Kristin Mirocha - St. Luke's, CR
LouAnn Montgomery - UIHC, Iowa City
Jennifer Montgomery- St. Luke's, CR
Deb Moore- Mercy One, DSM
Tasia Mosbach-
Pamela Mulder- UI SFCH, Iowa City
Laura Neumann- Genesis Healthcare
Barbara O'Rourke- Blank Children's, DSM
Cassandra Palasiewicz- UI SFCH, IC
Barb Pappas - Blank Children's, DSM
Cara Paris - UI SFCH, Iowa City
Patricia Peterson- Mercy, DSM

Alyssa Phillips- St. Luke's, CR
Lindsey Ricklefs- St. Luke's, CR
Laura Rizer- Mercy, DSM
Shelley Rocca- St. Luke's, CR
Gina Rottinghaus- UI SFCH, Iowa City
Nicole Scar- Mercy, DM
Melissa Schnackenberg- Covenant, Waterloo
Morgan Schuh- Mercy, DM
Dawn Schwartz- ChildServe, DSM
Brenda Shafer- UI SFCH, Iowa City
Emily Sheely- UI SFCH, Iowa City
Barb Smith - Blank Children's, DSM
Penny Smith- UI SFCH, Iowa City
Emily Spellman UI SFCH, Iowa City
Kayti Steffen- UI SFCH, Iowa City
Courtney Stoll- UI SFCH, Iowa City
Ruth Teesdale- UI SFCH, Iowa City
Jada Veasey- UI SFCH, Iowa City
Jessica Wallace-
Maureen Vlasich- UI SFCH, Iowa City
Kendra Walsh- UI SFCH, Iowa City
Erin Weber- UI SFCH, Iowa City
Jean Weber- St. Luke's, CR
Nicole Weinkauf- St. Luke's CR
Nancy Woestman- Blank Children's, DSM

Interested in membership??

Visit www.nann.org

The 'IANN News' is the official publication of the National Association of Neonatal Nurses - Iowa Chapter. The chapter welcomes the participation of its members in contributing to this newsletter but reserves the right to reasonably edit all items submitted. The opinions herein do not necessarily reflect or express those of the IANN membership or its officers. The 'IANN News' is the responsibility of the Communications Committee. Please forward any contributions to:

Erin Weber
319-929-0102
erin-weber@uiowa.edu



IANN Business Meeting

July 26, 2023

Location: Chophouse Downtown, Cedar Rapids, IA, and Zoom

Meeting donation site: Linn County Safe Sleep Coalition. Send donations to Denise Easley.

Meeting sponsor: Abbott Nutrition

Abbott presentation: Grace gave a short presentation about formula updates, Triblend Probiotic, and HMF. Reminder about the Pediatric ProConnect website. This has free CE, research, and resources for healthcare workers and parents.

The meeting was called to order at 5:45 pm by Penny Smith

- **Attendees:** President: Penny Smith, Vice President: Denise Holida, Treasurer: Becky Chuffo Davila. Emily Spellman, Denise Easley, Tami Miller, Melissa Schnakenberg, Dawn Schwartz, Laura Rizer, Shelley Rocca, Cyndie Homewood, Tracey Michalec, Jean Weber, Nikki Weinkauff, Melody Lineburg, Erin Burns, Abbey Haas, Susan Berends.
- **Zoom Attendees:** Erin Weber
- **Meeting sponsors from Abbott:** Grace Wierus

Introductions

Penny asked members and guests to introduce themselves.

Good News & Sharing

- Penny expressed thanks to Denise Easley and Emily Spellman for work as president and for staying involved after term was complete.
- UISFCH is expanding NICU and OB services with additional beds. Opening date is late 2025. NICU will be ~110 beds.
- Denise and Myrl Holida were recognized in the UIHC Noon News! [A couple's love, legacy with UI Health Care - The Loop \(uiowa.edu\)](#)
- St. Luke's received Magnet redesignation
- UIHC received 5th Magnet redesignation
- ChildServe opened a campus in Hiawatha for outpatient services. Continue to be the only inpatient provider of long-term care for children with complex medical needs. Have

capacity for 10 patients for homecare nursing with 80 on homecare waitlist. During the pandemic they opened the first complex medical group home with 24/7 nursing care.

- Grace Wierus' dad is cancer free and riding on RAGBRAI this week!
- Cindy Homewood's son is getting married in 10 days!

Approval of April meeting minutes. Dawn Schwartz motioned to approve minutes; second by Denise Easley. Minutes approved.

Officer Reports

President: Penny Smith

- The IANN annual report was submitted to NANN in May.
- We have plenty of swag left. We will have a table at the CWS Fall nursing conference on October 10 in Iowa City.

Vice President: Denise Holida

- No report

Secretary: Pam Kalkhoff

- Not present

Treasurer: Becky Davila

- Treasurer report summarized by Becky. Final conference numbers will be reported once all expenses and credits are accounted for. We will have made money on the conference.

Chair Reports: Membership: Pam Kalkhoff

- Penny noted that IANN currently has around 78 members.
- Discussion was held about increasing IANN membership and encouraging those who are members to be more engaged. There are those in NICUs around Iowa who are NANN members but not IANN. We will continue to try to engage through policy and resources sharing, offering CEs and programming, and we will continue NICU sharing at each meeting.
- Penny asked for a volunteer to assume membership responsibilities since Pam is doing both secretary and membership. Erin Burns may be interested in doing this. She will connect with Penny for more information.

Communications: Erin Weber

- No report.
- Penny gave Erin kudos on doing a great job with the newsletters.
- Send items to Erin for upcoming newsletters: conferences, etc.

Committee Reports

Community Relations

- INQC: Penny reported that the Iowa Neonatal Quality Collaborative (INQC) is working to merge with the Iowa Maternal Quality Collaborative (IMQC) to form the Iowa Perinatal Quality Collaborative (IPQC). The IMQC has funding currently from a large HRSA grant for one more year. They have paid employees and currently the IMQC has representation from all birthing hospitals in Iowa. The INQC has 23 NICUs participating currently.
- An example of a project that INQC may do is a statewide neonatal encephalopathy registry to track metrics and standardize care. Recently all of the NICUs who provide therapeutic hypothermia in the state medical directors met to look at best practices.
- Iowa Statewide Perinatal Committee met 2 weeks ago. The newest guidelines will be published soon. This group is looking at substance exposure guidelines. Unsure where this will go. Screening vs testing when risk factors are identified, and if parental permission is needed to screen/test. Dennis Rosenbloom is retiring from St. Luke's this fall; he is the longtime chair of this committee. Deb Peel, MD (an OB) is the new chairperson, and the vice-chair is from Iowa DHS.
- IANN will continue to support Ronald McDonald Houses in Iowa with \$500 donation for each. Will add Ronald McDonald House Siouxland this year.

Advocacy

- Send advocacy ideas and opportunities to Erin Weber (erin-weber@uiowa.edu) for the newsletter

Old Business

IANN Website. [The Iowa Association of Neonatal Nurses | Nursing Network](#)

- IANN website mostly updated We will continue to look through and remove old content. Photos can be added as well.

- We used the website for online conference registration for today's conference and they charge us a fee for that. Otherwise, our website is free to us.

Remaining 2023 IANN Meeting Dates

- October 18 in Des Moines. Host: Mercy DM

Penny reaching out to Mead Johnson to sponsor

2024 IANN Business Meeting Dates

- Wednesday, January 17, 2024, in Iowa City. Host: UISFCH

Abbott will sponsor.

- Monday, April 1, 2024, in Des Moines, the evening prior to the Iowa Perinatal Conference. Host: Blank. Tentative sponsor: Mead Johnson.
- July 17 in Des Moines, after the IANN conference in the evening.
- October

New Business

IANN 2023 Conference

- IANN conference today went well. Thank you to the planning committee. Thank you to Erin Burns and Mercy, CR for providing the CE at a low cost. Next year we can obtain CE through UIHC as it is affordable and easy.
- Erin will purchase flowers and a card for the Mercy employee who helped with the CE for this year and submit to Becky for reimbursement.
- 2024 conference will be on July 17 in Des Moines. We will need a committee and someone to lead the way in planning.
- Suggestion to purchase some personalized IANN notecards. Erin Burns will investigate this.

Proposal for Donation from IANN

- Barb Smith submitted a proposal asking for funding for IANN to donate to the INQC. The IANN board met and agreed that donation asks such as this should be no more than \$1000, would like to know exactly what the money will be spent on, and it will ideally be tied to a QI project.

- Penny explained that the group has done projects that are at the stage where data analysis is needed.
- Barb and Penny are on the board of INQC so will need to recuse themselves if we vote on this proposal. We will not vote tonight.
- Discussion about if we have anything in our bylaws about this type of request, and that we need guidelines. Pam is currently drafting something to add to the bylaws because no one has ever asked before. There was further discussion about grant writing and opportunities for INQC to try to obtain funding.

NANN Annual Conference

- The 2023 NANN Conference is in Anaheim, CA, September 26-28. Reminder that IANN has \$250 scholarships to support attendance. These can be used for virtual attendance as well.

NICU Sharing

- Erin Burns shared about Mercy Cedar Rapids
 - Unit layout, staff, hospital mission, education and policy creation, I-NIC model of care, quality improvement projects.

Topic ideas for IANN members to collaborate and share

- Car seat testing
- Blood transfusions
- LISA method for surfactant administration
- ChildServe's Home NG clinic

Meeting adjourned by Penny Smith.

Meeting minutes recorded by Emily Spellman.

Conference Scholarships

Would you like assistance with travels to the NANN National Conference? Apply for a \$200 scholarship from IANN..

Need CEUs? Want to go to a different conference or get CEUS online? Apply for a maximum of \$100 scholarship from IANN

Successful grant recipients will:

1. Be a current member of NANN/IANN member.
2. Each individual will be required to share new knowledge with fellow IANN members through a short presentation at an IANN meeting and/or write an article for the IANN Newsletter about something of interest from the conference (a new product, and interesting talk, a person of interest, etc.)

***If you are delinquent in reporting your information, you will forfeit your right to request money for the next year. **

Please submit completed Application Form to:

Becky Chuffo Davila

1991 Ollinger Drive

Coralville, IA 52241

Name:

Address:

E-mail address:

Phone Number:

Conference Attending:

\$ Amount Requested

If I receive this education grant I agree to share learned information with the IANN membership within six (6) months.

Signature



Blank Children's Hospital
UnityPoint Health

A department of UnityPoint Health - Des Moines - Iowa Methodist Medical Center

2023 Pediatric Nursing Conference

Tuesday, November 7th | 7:45 AM - 4:15 PM

Location

Blank Children's Hospital
 Education & Research Center (ERC)
 Virginia Thompson Auditorium
 1415 Woodland Avenue
 Des Moines, IA 50309

*If you are using GPS, make sure you chose Des Moines and not West Des Moines.

*The ERC is located on Level 1 of the Iowa Methodist Medical Center parking garage on the west side of the campus.

*Park in parking garage and take southeast elevators to Level 1.

*Traffic can be very busy in the mornings in this area, so we suggest leaving early/giving yourself plenty of time to reach the conference venue.

*Conference center is large and temperature control can be difficult. We recommend dressing in layers or bringing a sweater/jacket for your comfort.

Intended Audience

Nurses and other interested healthcare professionals who participate in the care of pediatric patients and their families.

Purpose

To enable the learner to apply evidence-based information to the care of pediatric patients and their families.

Agenda/Continuing Education TBD

Confirmed Topics

Pediatric Foreign Bodies
 Pediatric Orthopedics
 Pediatric Rheumatology
 Advanced Interpretation of Pediatric Vital Signs
 Eating Disorders

Registration

Click [here](#) to register!

Deadline to register is Tuesday, October 31, 2023 at 9 a.m. Registration is online only.

No refunds will be given.

Photos

Your registration gives us consent to take photos at the conference. Photos may be used on our website or at future conferences.

Questions

Please contact Talia Greve at talia.greve@unitypoint.org or 515-241-3537 with any questions or concerns.



Iowa Neonatology Day 2023

Lifelong Care of the Extremely Premature Infant:
A Hybrid Conference (in-person or zoom)

Friday, November 3, 2023 | 8:00 am – 5:00 pm CST

Pediatrics Conference Center, 2415 JCP

Call for Abstracts ~~ Deadline: October 15

Abstract specifics: Can be research or QI based submitted by trainees, nursing staff, ancillary staff (pharmacy, dietary, respiratory, etc.) or physicians.

Should be no more than 500 words and one page.

Please include: Authors, Background, Objective, Methods, Results, Conclusion

Submit via email: Danielle-r-rios@uiowa.edu

Invited Speaker:

Kara Goss, MD
Associate Professor of Medicine and Pediatrics
Pulmonary Critical Care Medicine
UT Southwestern Medical Center
Dallas, TX



→ uihc.org

Register by email: jill-kinnaid@uiowa.edu

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person who requires a reasonable accommodation in order to participate in this program, please contact Jill Kinnaid in advance at 319-384-5258 or email jill-kinnaid@uiowa.edu

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The Trauma Informed Lens:

- The Principles of Trauma Informed Care (white)
- Core Measures for Trauma Informed Developmental Care (blue)
- The Attributes of a Trauma Informed Professional



To enroll in the program using your NANN discount code visit the website by scanning the **QR code**. Once you land on the webpage, select your payment option and click SUBMIT. You will then enter your coupon code and make sure to hit the APPLY button to activate your discount **if you select the installment option, enter code [NANN23TIP1](#) to receive your NANN discount.**

Core Measure Series

Activities of Daily Living

Compassionate Collaborative Relationships

Protected Sleep



National
Association of
Neonatal
Nurses

NANN23TIP
COUPON CODE

Prevention and Management of Pain & Stress

The Healing Environment

**Gain Access To All The Tools You Need To
Transform The Experience of Care...
One Core Measure at a Time!**



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