



The Bridge Newsletter, October 2023

Chapter 0512



President's Message

Executing our role of the advocate seems to be getting more difficult. The pressures of time, short staffing, normalization of deviance from best practices, and sacrificing a safe culture for efficiency are the challenges we face regularly. The operating room has always reflected the highest level of effective teamwork in motion. Fine-tuned anticipation yields unspoken communication among the members of a well-oiled team. Job satisfaction runs high when the operative team is working in synchronicity. The high degree of accuracy and performance to achieve optimal patient outcomes makes for a good day's work. I feel very fortunate to have been part of such a team for many years throughout my 39-year career.

The concept of this interdependence and respect for the contributions each team member brings to patient care seems less consistent, and the reason for this is unclear. As we assess the chart, the patient, and the equipment needed for the procedure, there are often gaps in the criteria being met to allow patient transport to the OR. It is the perioperative nurse, "the keeper of the gate," who must ensure all systems are "go" before the case can begin.

The conflict that ensues between the nurse and other team members seems to be more frequent. Common events include cross words about time delays due to incomplete documentation, a distraction from duties by cell phone use during work time, increased frequency of shortcuts, and noncompliance with basic practice standards. What is happening is clear, and why is less evident. Take note if it happens to you and ask, why? Then, remember that our patients depend on us, the perioperative nurse, to strictly adhere to standards, organizational policies, and implementation of evidence-based practice interventions to ensure their safety.

Best,

Colleen Fiammengo MSN, RN, PHN, CNOR, CCM

AORN Member Spotlight



Katelyn Adkins, BSN, RN, SN III
AORN SFBA Chapter #0512
Recording Secretary

Alta Bates Summit Medical
Center- Oakland, 7 years



Career Inspiration & Path:

The OR kind of chose me! I was looking for something more than working in Aesthetics, and I saw a posting for an SN1 position after I applied and interviewed. I realized this was the type of environment that I wanted to work in. I have felt challenged and accomplished in so many ways; I find ways to be creative with various ancillary projects to help with efficiency and enjoy working with intelligent and talented professionals to give safe care to others.

I work in cardiac, general, robotics, breast, and ortho to name the majority of my work

Chapter Member

Since

May 2019

Hobbies:

- Parenting her 2-year old
- Spending time with family



FAVORITE FOODS

*High protein meals with Tri-tip,
or Pork

*Double doses of veggies

*A bit of carbs

Monthly Hike:

September

LaFayette Reservoir



Monthly Hike:

August

Point Pinole



Upcoming Hike Event:

October 28th



Monthly Group Hike

SATURDAY, OCTOBER 28, 2023
9AM
LANDS END TRAIL, SAN FRANCISCO

A 3.4-MILE MODERATE HIKE ON A
LOOP TRAIL FOLLOWING THE COASTAL AND
CAMINO DEL MAR TRAILS FROM LANDS END LOOKOUT

FAMILY, FRIENDS, AND DOGS WELCOME

RSVP BY OCTOBER 27 - [AORNSFBAYAREA.NURSINGNETWORK.COM](https://aornsfbayarea.nursingnetwork.com)

Questions? Contact Joy Chau - jbchaurn@gmail.com or 925-487-6426



Clinical Corner

A nurse asked:

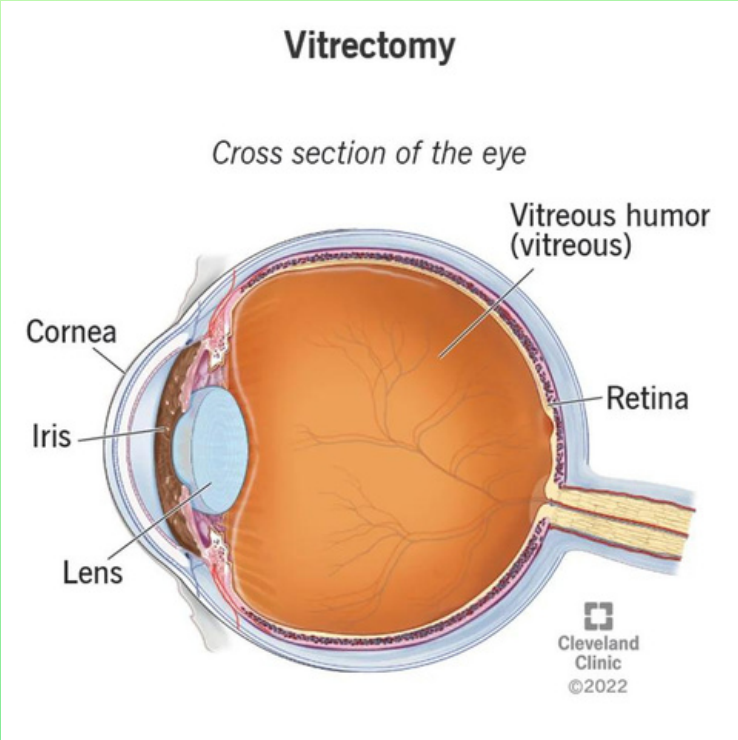
What is the difference between an anterior and posterior vitrectomy?

Answer:

An **anterior vitrectomy** repairs vitreous leakage in the front part of your eye that contains the iris and lens and is repaired by an ophthalmologist. Whereas a **posterior/pars plana vitrectomy** repairs conditions that affect the back aspect of the eye and is repaired by a retinal specialist. This contains the retina, retinal pigment epithelium, choroid, sclera, and vitreous cavity.

Reference:

Cleveland Clinic (2022). *Vitrectomy*.
<https://my.clevelandclinic.org/health/treatments/24402-vitrectomy>



VOLUNTEER EVENTS WITH SPECIAL OLYMPICS

**Softball:
Heather Farms
August 19 & 20**



VOLUNTEER EVENTS WITH SPECIAL OLYMPICS

Golfing Tournament: San Jose September 15



Flag Football: San Jose October 7th

Quote Corner

‘Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but we rather have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an act but a habit.

Aristotle

Upcoming Events

Education Event:

Saturday, October 14

Fall educational Workshop

Mission Rock Resort

San Francisco, CA

SOLD OUT!

Social Event:

Saturday, October 14

Montly Hike

Lands End Trail

San Francisco, CA

Professional Social Event:

November 11-18

Perioperative Nurse's Week

Event TBA

Volunteer Event:

Saturday, November 18

White Pony Express FoodRescue

3380 Vincent Road, suite 107

Pleasant Hill, CA

Upcoming: Volunteer Opportunity



FOOD RESCUE VOLUNTEERS NEEDED

We need your help to sort
surplus fresh food donations.

**Saturday, November 18, 2023
8:45am - 11am**

White Pony Express
3380 Vincent Road, #107, Pleasant Hill

More info & registration:
aornsfbayarea.nursingnetwork.com

Questions? Contact Joy Chau
jbchaurn@gmail.com or 925-487-6426



Before We Go...

If you know of a registered nurse who should be featured in our newsletter, please submit their name & contact information to either:

Joy Chau at jbchaurn@gmail.com or
Wanda Harkless-Johnson at wtheblessed@aol.com

Please consider joining our monthly group hikes.

They are great ways to reduce stress while networking with other healthcare professionals. Joy Chau plans our hikes, which occur once monthly.

Forward hiking suggestions to Joy Chau at
jbchaurn@gmail.com

If you know of any AORN members who are not enjoying their membership benefits, encourage them to become active. Also, encourage non-members to become members

All nursing students, new graduate nurses, and Periop 101 students are encouraged to participate with the chapter's events