

## Who Should Attend and Why?

*Pain Resource Nurses, Hospice and Palliative Care Nurses, CHPNs, Advanced Practice Nurses, healthcare professionals and students interested in continuing their education in pain management*

*With the pandemic behind us, the opiate crisis continuing and escalating, multiple changes in healthcare and staffing, it's time to revisit pain. This conference offers information on the safe pharmacologic management of pain throughout the lifespan including palliative care. Note: this discussion meets the licensure requirements for APRNs and those seeking certification. The Forest City Nurse Honor Guard will demonstrate a nursing recognition ceremony. The conference will also discuss the use of ketamine and the care of chronic pain in our veterans. The day ends with hearty laughter as we tame the workplace zoo.*

## What are NIPRN and HPNA?

**NIPRN** is a cooperative effort of **CGH Medical Center, FHN, Medical Pain Management Services, Ltd., Mercyhealth, Northern Illinois Hospice, OSF Saint Anthony Medical Center, and UW Health** to offer pain management continuing education and resources for nurses and other health care professionals.

**Rockford Stateline Chapter of HPNA**, the local chapter of Hospice & Palliative Nurses Association, presents education and support to hospice and palliative caregivers.

*If you have questions or for more information contact*

*Northern Illinois Pain Resource Consortium  
Niprn.info@gmail.com*

*HPNA  
pamela.weiss@promedica.org*

No IL Pain Resource Nurse Consortium  
c/o Patty Hall  
5818 Gridley Court  
South Beloit, IL 61080  
*Address Correction Requested*

## 20<sup>th</sup> Annual Education/ Celebration Day



## Northern IL Pain Resource Nurse Consortium

Together With  
**Rockford Stateline  
Chapter of HPNA**

Present

# Pain Revisited

7:00 a.m.-4:15 p.m.

Wednesday,  
November 1, 2023

The Radisson Hotel  
200 S. Bell School Road  
Rockford, Illinois 61108  
815-226-2100

[The Radisson Hotel](#)

## Learning Objectives

- Update knowledge of the pharmacologic management of pain throughout the lifespan including evidence and efficacy, drug interactions, pharmacogenomic considerations as well as CDC guidelines and more.
- Identify the Honor Guard's role in honoring nursing service and nurses at end of life.
- Identify current management and challenges of caring for veterans with chronic pain.
- Discuss the use of ketamine in the management of pain and depression as well as risks and benefits of using ketamine at the end of life.
- Identify your personality type as well as learn to effectively communicate with the 4 main personality types.

## Conference Speakers

- **Chris Herndon, PharmD, BCACP, FCCP**, is a Professor at the School of Pharmacy, Southern Illinois University Edwardsville with 25 years of practice and research in pain management.
- **Deborah Green, RN**, who runs the Forest City Nurse Honor Guard, will demonstrate the honor program to recognize nurses.
- **Renee Holleran, FNP-BC, RN-BC, PhD, FAEN, FFASTN**, will be presenting virtually. She is a Nurse Practitioner at the Veterans Health Administration in Salt Lake City, UT since 2016. She provides care for Veterans with chronic pain.
- **Howard Weiss, MD**, Medical Pain Management Services, Ltd, and Team Physician, ProMedica, is Board Certified in Anesthesia, Pain, Hospice and Palliative Care. He is also an Associate Professor at the University of Illinois Chicago.
- **Ed Pawelski, Hospice Community Educator**, at ProMedica/Heartland Hospice for over 12 years, has been presenting Taming the Work Day Zoo for over 20 years to medical professionals.

Speaker handouts will ONLY be available electronically for registrants to download and print

## Hybrid Conference Agenda Wednesday, November 1, 2023

- 7:00-8:00 AM REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST**
- 8:00-8:15 AM Welcome & Introduction**  
Pamela Moore, BSN, RN  
Chair, NIPRN  
Pam Weiss, RN, MS, PC, BSN, CHPN,  
Chair, Rockford Stateline Chapter HPNA
- 8:15-9:30 AM Pain Revisited**  
Chris Herndon, PharmD, BCACP, FCCP
- 9:30-10:00 AM BREAK/EXHIBITS**
- 10:00-11:30 AM Pain Revisited (Continued)**  
Chris Herndon, PharmD, BCACP
- 11:30-12:30 PM LUNCH/EXHIBITS**
- 12:30-1:00 PM Honoring Nurses - Forest City Nurse Honor Guard**  
Deborah Green, RN
- 1:00-2:00 PM Challenges in the Management of Chronic Pain in Veterans**  
Renee Holleran, FNP-BC, FN-BC, PhD,  
FAEN, FFASTN - (Via Live Stream)
- 2:00-2:45 PM The Use of Ketamine for Pain and Symptom Management**  
Howard Weiss, MD
- 2:45-3:00 PM BREAK**
- 3:00-3:45 PM Taming the Workplace Zoo**  
Ed Pawelski, Hospice Community Educator
- 3:45-4:15 PM Questions, Evaluation & Door Prizes**

**Health & Safety: We will be following IDPH and CDC guidelines**

To earn nursing contact hours, participants must attend the entire session and complete/submit an evaluation form. The activity is jointly provided by Mercyhealth, NIPRN, and the Rockford Chapter of HPNA. Mercyhealth is approved as a provider of nursing continuing professional development by the Wisconsin Nursing Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. No one in control of content has any relevant financial relationships with ineligible companies. Participants must complete the evaluation by 11/01/2023. No certificates will be issued after that date. 6.25 contact hours will be provided for meeting the above stated criteria.

## Registration & Payment Information

**Early Bird Pricing (postmarked by or before October 18, 2023 if mailing or October 24, 2023 if emailing)\***

\_\_\_\_\$135 - Nurses & other health professionals  
\_\_\_\_\$ 90 - Pain Resource Nurses, Certified Hospice & Palliative Care Nurses  
\_\_\_\_\$ 90 - Members of Local HPNA  
\_\_\_\_\$ 50 - Undergrad Student (No CEs)

*\*Late Registrations (after above dates) add \$20 to above corresponding registration fee*

*\*Cancellation Policy: For those cancelling after Oct 24 and seeking a refund, a \$40 fee will be charged.*

## TWO EASY PAYMENT OPTIONS:

### 1. Mail Registration Form and Payment:

Mail check payable to "Northern Illinois Pain Resource Nurse Consortium" to:

Northern IL Pain Resource Nurse Consortium  
c/o Patricia Hall  
5818 Gridley Court  
South Beloit, IL 61080

Name: \_\_\_\_\_

Credentials: \_\_\_\_\_

Organization: \_\_\_\_\_

Home Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home/cell #: \_\_\_\_\_

Email (personal preferred): \_\_\_\_\_

**OR**

**2. Complete the above registration, scan and email to [niprn.info@gmail.com](mailto:niprn.info@gmail.com) and indicate you want electronic payment instructions which will be sent to you.**