

JOIN US FOR DINNER & AN EVENING OF FUN WITH MI-ARN!!

The Event is Free - but please register on the MI ARN website so we have an accurate head count for dinner.
Deadline for registration is October 20th, 2023: <https://miarn.nursingnetwork.com/>



11/9/2023
5:30pm to 9:00pm

Dinner will be served at 6:00pm
Guest Speaker starts at 7:00pm

The Italian American Banquet & Conference Center
39200 W. Five Mile Rd.
Livonia, MI 48154

MEET THE SPEAKER

Cat Golden BSN, RN

Working as a pediatric nurse for seven years, Cat knew firsthand what it was like to feel exhausted and isolated. She knew she was not alone and that many of her coworkers felt the exact same way.

This is why Nurses Inspire Nurses exists; to support nurses as humans first, and nurses second.

Over the past four years Cat and the Nurses Inspire Nurses team have helped over 100,000 nurses go from feeling tired and alone to excited, appreciated and supported.

Through community, merch, events and an endless amount of fun Nurses Inspire Nurses has grown exponentially, attracting national media including a feature in Forbes and an appearance on the Kelly Clarkson Show.

Cat started Nurses Inspire Nurses with a Coffee Talk, a safe place for nurses to meet and express what they were going through, and a nurse party where the focus was to give back to nurses. She put "Nurses Inspire Nurses" on a t-shirt on a complete whim and today hundreds of thousands of Nurses Inspire Nurses apparel pieces have been shipped around the US, Canada, Europe and even Australia.

Ever since that first Coffee Talk, Cat has stood by her commitment to let all nurses know they are not alone and that Nurses Inspire Nurses is a safe place to be exactly who you are.

**Owner & Founder of
Nurses Inspire Nurses**



KEYNOTE SUMMARY

A Perspective Shift *How to Take Action Without Your Situation Changing*

This is a motivational talk that will inspire staff to find good in any situation and find happiness without their situation changing. This keynote address includes a tangible tool to help nurses change their perspective.



SCOPE OF SERVICES

- Sixty minute presentation
- Includes option for CME's
- Presentation handouts for all attendees
- Free gifts for all attendees (50 nurses)
 - Free gifts from one of NIN's partners (example: CeraVe lotion or BUBBL'R soda water, exact gift TBD)

