

KAREN WHITE-TREVINO DNP, RN, NE-BC, Caritas Coach®

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EDUCATION:

August 2016	Doctor of Nursing Practice, University of South Alabama, Mobile, Alabama
December 1989	Master of Science in Nursing, Texas A&M University, Corpus Christi, Texas
December 1982	Bachelor of Science in Nursing, University of Rhode Island, Kingston, Rhode Island

LICENSE/CERTIFICATIONS:

Florida & Hawaii RN License – Current, Active
ANCC Board Certification as Nurse Executive, 2011- present.
Watson Caritas Coach® Certification, October 2019-present.
Basic Life Support from American Heart Association, Aug 2021- Aug 2023
Hatha Yoga-200-hour Teacher Training Certification, April 2022-present

EXPERIENCE:

University of Hawaii at Manoa, Kauai, Hawaii. Lecturer, School of Nursing. January 2022- present

University of West Florida, Pensacola, Florida. Assistant Professor of Clinical Practice, College of Health, School of Nursing. August 27, 2018- present

- Fulltime, non-tenure, online teaching MSN-Nurse Executive Track
- Chair, Graduate Student Affairs Committee
- Member, Curriculum Committee
- Member, Recruitment-Admission- Retention-Progression Committee (RARP)

Capella University Adjunct Faculty- Nursing Graduate Program Jan 1, 2018- May 2019

HCA West Florida Hospital, Pensacola, FL Senior Vice President Patient Care / Chief Nursing Officer
May 2011- May 2018

- Developed successful nurse culture supporting patient-centered care and shared governance.
- Successful in reducing clinical variation in care delivery as evidenced by improvements in LeapFrog Hospital with “A” Safety rating (2015-2018) and Truven Top 100 hospital three years in a row (2015-2017).
- Improved Physician Engagement and received 5 star rating by Professional Research Consultants, Inc. for nursing care in 2017.
- Improved Gallop HCAHPS -IP Patient Experience results from < 50 percentile ranking to over 70th percentile ranking.
- Obtained ANCC Pathway to Excellence (PTE) designation Jan 2018. First designation for PTE for facility and first facility in Florida for HCA enterprise.

HCA West Florida Hospital, Pensacola, FL Vice President Case Management Dec 15, 2009 – May 2011

- Accountable for coordination of care as measured by reduced length-of-stay and reduced readmission rates.

HCA West Florida Hospital, Pensacola FL PRN RN Jan 1, 2009-Dec 15, 2009

- Assisted CNO with JCAHO survey readiness and triennial survey

Ascension Sacred Heart Health System, Pensacola, FL Executive Director Adult Hospital

Dec 15, 2008 – Dec 30, 2009

Accomplishments:

- Successful integration of a 400 bed Adult Hospital, maintaining day-to-day operations within budget parameters while improving quality and safety of care delivered.
- Improved nurse culture and engagement as evidenced by increased staff satisfaction.
- Selected for the Management Formation Program for Ascension Health System.

HCA West Florida Hospital, Pensacola, FL Assistant Chief Nursing Officer July 2001 – Dec 2008

- Developed and implemented a successful Nurse Recruitment Pipeline
- Developed and implemented a Clinical Ladder for RNs
- Developed a Nursing Peer Review Committee
- Maintained low vacancy and turnover rates in Nursing
- Involved in Disaster Management: pre/during/post Hurricane Ivan

HCA West Florida Hospital, Pensacola FL Director Case Management 1993 – 2001

- Developed and implemented a nurse-focused Case Management Department. Developed team of Social Work and Nursing staff, revised workflow, and implemented policy/procedures.
- Team leader for QI project to create and implement Withholding/Withdrawing Life Support algorithm, deemed best practice by Joint Commission during triennial survey.

HCA West Florida Hospital, Pensacola, FL. Staff RN Neuro/Neuro ICU 1992 - 1993

HCA DeTar Hospital, Victoria TX- Assistant Director on Nursing 1990-1992, Case Mgmt 1985-1990.

Valley Baptist Hospital, Harlingen TX. Staff RN Neuro ICU 1984-1985

Valley Home Health Agency thru Catholic Charities Raymondville/Harlingen TX Staff RN Sept 1983-Sept 1984

PODIUM PRESENTATIONS (Since 2013):

- **White-Trevino, K,** Boylan, V. "Early Recognition and Response to Clinical Deterioration." Virtual Research Presentation. HCA Nursing Research Network. Nashville, TN. June 2013.
- **White-Trevino, K.** "Talk to me in SBAR-T." Alabama Organization of Nurse Executives (AlaONE). Mobile, AL. October 2016.
- **White-Trevino, K.** "Ignite a Spirit of Inquiry." Sigma Theta Tau International Upsilon Kappa Chapter. Pensacola, FL. March 9, 2017.
- **White-Trevino, K.** "Implementation of a Structured, Patient-Centered Communication Process at Shift Change in the Emergency Department: A Quality Improvement Study." European Caring Science-Sacred Science Conference. Lucca, Italy. June 2017.
- **White-Trevino, K.** [Panel Discussion]. "Developing High Performance Teams." American College of Healthcare Executives (ACHE) North Florida Chapter. Pensacola, FL. November 8, 2017.
- **White-Trevino, K.** [Keynote]. *Leading with Caring Consciousness: A Roadmap for Personal Transformation.* Sigma Theta Tau International (Sigma) Region 8 Annual Conference. Mobile, Alabama September 27-29, 2018.
- **White-Trevino, K.** *Using Guided Observation and Mentoring Strategies to Improve Communication in a High-Risk Environment.* International Mentoring Association, Gainesville, FL. March 2019.
- **White-Trevino, K.** *Nurse Leader Mentoring to Fuel Co-Creation.* Sigma Theta Tau International Virtual Founders Day Conference -An Educational Conference to Support Nursing Well-Being in a Time of Pandemic. October 5, 2020.

- **White-Trevino, K.** & Blackburn, A. *Nursing Faculty Embark on a Multi-Phased Plan to Improve Culture of Care*. Virtual 26th International Caritas Consortium Unitary Science: Throwing the Road Out Ahead Amidst Global Pandemic. October 22, 2020.
- **White-Trevino, K.** [Keynote]. *Creating Empowerment in Trying Times: Infusing Joy in Practice*, Virtual Sigma Theta Tau International Beta Omicron Chapter Evidence-Based Practice Conference. October 23, 2020.
- Blackburn, A., Taylor, T., Strahan, B., **White-Trevino, K.** *ArgoNurse Peer Mentoring Program*. Indiana University-Purdue University Indianapolis (IUPUI). Virtual Assessment Institute. October 24-27, 2021.
- **White-Trevino, K.** *Create a Culture of Safety*, North Florida Chapter American College of Healthcare Executives (ACHE), Panel Webinar. October 2021.
- **White-Trevino, K.** *The Journey to Excellence. Overcoming Your Unique Challenges*. ANCC National Magnet/Pathway to Excellence Conference, Panel presentation. Atlanta GA., November 12, 2021.
- **White-Trevino, K.** *Leaders Can Nurture Healthy & Caring Environment*. International Association for Human Caring Virtual Conference, June 2022.
- **White-Trevino, K.**; Blackburn, A.; Rosa, V. (May 9 & 16, 2023). International Association for Human Caring Journal Club Feature. *Culture of Care in a School of Nursing: Faculty Embark on a Quality Improvement Plan*.

POSTER PRESENTATIONS:

- **White-Trevino, K.** *Micro-Practices to Advance Knowledge of Caring Science among Nurse Faculty at the University of West Florida*. Poster presentation at Watson Caritas Coach Education Program, San Francisco, CA. Oct 2019
- Harrison, S., Kiefer, M., **White-Trevino, K.** *Insitu Simulation of Obstetrical Emergencies: An Inter-professional Approach*, Sigma Theta Tau International 45th Biennial Convention, Washington, D.C. November 2019.
- Kirby, E., Ivory, C., **White-Trevino, K.** *Keeping Mothers Safe: Strategic Planning for the Transition of Maternity Services to a Pediatric Hospital*, Sigma Theta Tau International 45th Biennial Convention, Washington, D.C. November 2019.
- **White-Trevino, K.**, Rosa, V, Blackburn, A. *Micro-Practices to Advance Knowledge of Caring Science among Nurse Faculty at the University of West Florida*. Sigma Theta Tau International, Upsilon Kappa Chapter, Pensacola FL., March 5, 2020.
- Blackburn, A; Barbour-Taylor, T.; Strahan, B.; **White-Trevino, K.** "ArgoNurse Peer Mentoring Program", Sigma Theta Tau International Upsilon Kappa Chapter Scholarly Event, Pensacola FL., Oct 21, 2021.
- Kelso, Kayln; Dous, Daniella; Blackburn, Angie; Thomas, Jackie; & **White-Trevino, Karen.** *A Concept Analysis of Trauma-Informed Care in Nursing Practice and Education*. UWF Student Scholar Symposium and Faculty Showcase, April 2022.
- Daus, Daniella; Simpson, Noah; **White-Trevino, Karen**; Blackburn, Angela; Thomas, Jackie. *Needs Assessment*. UWF Student Scholar Symposium and Faculty Showcase, April 2023.
- **White-Trevino, K.** *Virtual Circle: Educator Nurtures a Caring & Supportive Online Learning Environment for Graduate Nursing Students*. (June-Sept, 2023). The 44th International Association for Human Caring Conference.
- **White-Trevino, K.**; Blackburn, A.; Thomas, J. *Online Graduate Nursing Faculty Consciously Use a Caring Pedagogy*. The 47th Sigma Theta Tau International Biennial Convention (Nov 2023).

MEDIA/INTERVIEWS:

- **White-Trevino, K.** *Mentoring Nurses-Pay It Forward*, Virtual Tele-Summit Conscious Visionary Nurses on the Edge of Evolution, May 1-June 30, 2020. <https://www.youtube.com/watch?v=SCWZrWOWf1M>

- **White-Trevino, K.** “We are One Nurse” Voices on Nursing hosted by Dr. Mary Rockwood Lane. November 2020. https://www.youtube.com/watch?v=w_BHSMNEPSI
- **White-Trevino, K.** Preserve the Art of Human Caring using Micro-Practices” hosted by Bill Klaproth. June 2021 <https://www.aonl.org/nursing-leadership-podcast/Preserve-the-ART-of-Human>
- **White-Trevino, K.** Preserve the Art of Human Caring with Micro-Practices. AONL Educational OnDemand Webinar, June 2021
 - https://www.aonl.org/education/webinars/preserve-the-Art-of-Human-Caring?utm_source=MagnetMail&utm_medium=email&utm_term=kwhitetrevino@uwf.edu&utm_content=AWFY%20%2F1%2F2021&utm_campaign=Nurse%20Manager%20Institute%20%7C%20Meet%20the%202021%20Fellow%20Designees%20%7C%20Preserve%20the%20Art%20of%20Human%20Caring

PUBLICATIONS:

- Saxton, C & **White-Trevino, K.** (Sept. 2005). Stormy Weather. *Advance for Nurses*, 6 (20): 10-12.
- **White-Trevino, K.** & Dearmon, V. (July-Sept, 2018). Transitioning Nurse Handoff to the Bedside: Engaging Staff and Patients. *Nurs Admin Q*, 42 (3):261-268.
- **White-Trevino, K.** [Contributing Author]. “Caritas Process 4. The Power of a Transpersonal Caring Connection-A CNO’s Story,” found in *Caring: A Passage to Heart. An Anthology of Caritas Processes®* by Watson, J & Clayton, M. Oct 2020, Lotus Publishing.
- **White-Trevino, K.,** Blackburn, A., Rosa, V., Amin, R. (2022). Culture of Care in a School of Nursing: Faculty Embark on a Quality Improvement Plan. *International Journal for Human Caring*. 26 (4):238-247.
- **White-Trevino, K.** [Contributing Author]. “Light”. Found in *Modern Sutras for Nurses. Finding Peace*. By Watson, J. & Reed, S. M. Release date May 4, 2023, Lotus Publishing.

PROFESSIONAL MEMBERSHIPS:

- Sigma Theta Tau International (STTI) Upsilon Kappa Chapter Region 7, 2011 – present
 - President- Sept 2021 – Aug 2023
 - President-Elect, 2020-2021
 - Chair, Leadership Succession Committee 2012-2014; 2018-2020
- Member, Florida Nurses Association and American Nurses Association, 2011- present
 - Member, Research Planning Committee and Abstract reviewer, January 2020-2022.
- Member, American Organization of Nursing Leaders (Executives), Florida Organization of Nursing Leaders, 2011—present
- Member, American College of Healthcare Executives- North Florida Chapter, 2018-2023.
- Member, International Association of Human Caring 2020-present
 - Member, Communications Committee, Abstract Reviewer, Conference Moderator-January 2020-present
- Member, Hawaii Organization of Nursing Leaders, 2021-present

NATIONAL APPOINTMENTS:

American Nurses Credentialing Center, Pathway to Excellence Commissioner (Academia). Jan 1, 2021- Dec 31, 2024

Sigma Theta Tau International, Indianapolis, Indiana Jan 1, 2018-May 2021

- Faculty mentor for the Nurse Leadership Academy for Clinical Practice (Dec 2019-May 2021)
- Faculty mentor for Maternal-Child Health Nurse Leadership Academy (Jan 2018-Nov 2019)

OTHER ACCOMPLISHMENTS

- HCA Dr. Frist Humanitarian Winner, West Florida Hospital- 2003
- Healthgrades Patient Safety Excellence Award 2019 (based on study period 2015-2017)
- Truven Analytics Top 100 Hospital for Large Hospital Category 2015, 2016, 2017
- Becker's Hospital Review Top 100 Hospitals 2016, 2017
- Undergraduate Faculty Mentor, UWF Anchor Down Mentor- Spring 2019, Spring 2020
- Nurse Leader Mentor: ANA 2020-present; Sigma Theta Tau International 2019-present
- DNP preceptor for Nurse Leaders attending Duquesne University (2013), Chamberlain University (2017 & 2019), and University of South Alabama (2018).
- Member, Disaster Action Healthcare Team, American Red Cross, Kauai-Hawaii Region Feb 2021-present