

Caregivers and Caregiving

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Bio:

Barbara Handy-Marchello, PhD is retired from the History Department at the University of North Dakota. She was caregiver for her mother who died in 2017, and currently is primary caregiver for her husband. She has volunteered with AARP for several years and coordinates the North Dakota AARP Speakers Bureau. She lives near Bismarck with her husband and their elderly dog.



Summary:

The AARP program, Prepare to Care, develops a step-by-step plan for family caregivers including how to successfully interact with other family members and professionals involved in direct care of a loved one. The program is illustrated with PowerPoint and supports interactive discussion. There will be time for comments or questions for each of the five steps in the planning process. In addition, there are handouts and a financial planning guide.