**MESPAN Board of Directors Candidate Bio: Office of Secretary**

**(Currently MESPAN Board Member at Large; Education Work Team)**

 **Tara Herman BSN RN CMSRN NE-BC**

5/1990: Graduated with BSN, with minor in Biology William Paterson College, Wayne NJ.

7/1990-1995: RN on Neurology/Urology unit at Maine Medical Center, working in Charge role, preceptor, orientation assistant and working in the step down unit.

1995-9/2002: RN on Neurology/Orthopedic unit at Maine Medical Center, working in Charge role, preceptor, orientation assistant, working in the step down unit. In this role, also revised all discharge instructions for all Neuro/Ortho patients, in collaboration with other members of the health care team.

9/2002-9/2020: Nurse Manager of the Short Stay Unit at Maine Medical Center with the responsibility of the daily overall running of the unit. This unit cared for a varied patient population that had a short length of stay from a couple of hours to a couple of days. In this role I worked in the clinical setting two days a week and in the administrative role three days a week. I was integral in creating the same day discharge for our total hip patients, as well as creating patient/clinical pathways for multiple patient populations.

9/2020 to present: Clinical Nurse Coordinator at Scarborough Surgery Center. In this role, I am helping to guide the Joint Replacement program as we seek to obtain Advanced Certification in Hip/Knee Arthroplasty and the Core Shoulder Arthroplasty.

I am excited for this opportunity. I am originally from NJ, but have resided in Westbrook ME since 1990. I am married with 2 children: my son works at Bath Iron Works, and my daughter is in grad school in Seattle. For fun, I like to run, read, and make my own cards. I am a member of AMSN, ASPAN, MESPAN, and the MESPAN Board of Directors.