

IANN News



**National
Association of
Neonatal
Nurses**

Iowa Chapter

*(Official newsletter of the Iowa
Association of Neonatal Nurses)*

<https://iann.nursingnetwork.com>

January - March 2023

What's inside??

- Letter from the President
- April Meeting Details
- April Donation Site
- January Meeting Minutes



Letter from the IANN President

Hello everyone and Happy Spring! Thanks so much for the opportunity to serve as your IANN president. Your newly appointed IANN board is working hard behind the scenes to make 2023 a productive year of collaboration and growth for our chapter, both in numbers and in clinical expertise. Our chapter meeting on January 30 was held at Orchard Green Restaurant in Iowa City, sponsored by our friends at Abbott Nutrition. Fun fact: Our meeting sponsors ALWAYS choose the best restaurants in town! The meeting was well attended despite the frigid temperatures with members and prospective members coming from Iowa City, Cedar Rapids, Dubuque and Des Moines. The food was fantastic and we had some great conversations about the ongoing work of IANN and brainstorming for future initiatives. We celebrated with Susan Berends, NNP at UI Stead Family Children's Hospitals who recently retired after a very distinguished career of 34 years of service to NICU babes and families in Iowa. Congratulations, Susan on a job well done! We also congratulated Barb O'Rourke, NICU RN from Blank Children's Hospital and colleagues who recently published the [Milk Drops Study](#) in the Journal of Neonatal Nursing. At our next IANN chapter meeting on April 3, 2023 in Des Moines, Barb will share the study results and their ongoing work at Blank to shorten the time to full oral feeds and decrease the incidence of oral aversion in premature infants.

You can check out the January meeting minutes at the end of this newsletter. Many thanks to Erin Weber from UISFCH for creating our quarterly newsletters and managing the IANN social media platforms. Remember to SAVE THE DATE for the annual

IANN conference on July 26, 2023! The conference will be held this year at the Physicians' Clinic of Iowa (PCI) Medical Pavilion in Cedar Rapids, sponsored by UnityPoint Health-St. Luke's Hospital. The conference planning committee (Denise Easley, Becky Davila, Dawn Schwartz, Erin Burns, Emily Spellman) have a great line-up of speakers and topics planned, including Mary Coughlin, MS, NNP, RNC-E, a national expert on Trauma Informed Care. Please watch your email for the brochure and register to attend the annual conference. And, don't forget to bring your friends!

That last sentence is a perfect segway to my final thoughts for this first president's letter. I'd like to propose two themes for IANN in 2023...Growth and Engagement. As a collaborative group of neonatal nurses we have the potential to impact care in every Iowa birthing hospital, to support our nursing colleagues and ultimately improve outcomes for our patients. With that said, I'd like to throw out this challenge to every IANN member: Between now and the annual conference on July 26, reach out to at least 3 of your peers, nurses on your unit that are not NANN or IANN members. Encourage them to visit the [NANN website](#) and INVITE THEM to attend an Iowa chapter meeting as your guest. Our meeting sponsors will treat them to a great meal and collectively we can show them what it means to be part of this amazing group of nurses and nurse practitioners, working to improve neonatal care in our state. We are and always will be so much better together!

Best regards,

Penny

Penny-smith@uiowa.edu



Upcoming 2023 IANN Meetings

- **July 26, 2023**

Location: Cedar Rapids (after the IANN conference)

Sponsor: Abbott Nutrition

Host: UnityPoint Health-St. Luke's, Cedar Rapids

- **October 18, 2023**

Location: Des Moines

Sponsor: Mead Johnson

Host: MercyOne, Des Moines

April Meeting Details

- **April 3, 2023**
Time: 5:30-7:30 pm
Location: Des Moines
Place: Johnny's Italian Steakhouse
6075 Mills Civic Parkway
West Des Moines, Iowa 50266
Sponsor: Mead Johnson

Zoom link to join us virtually:
<https://uiowa.zoom.us/j/98268803581?pwd=SkViV1Z3K09vemdjcnE1QkxONmRPZz09>

April Meeting Community Donation Site

Donation site: Blank Children's Hospital book program

List of books at the end of newsletter

Checks payable to Barb Smith at the meeting or sent to 501 Scandia Ave, DM, IA, 50315



Join us!!

Iowa Conference on Perinatal Medicine

April 4th & 5th 2023

West Des Moines Marriott

Registration
link: <https://uiowa.cloud-cme.com/course/courseoverview?P=5&EID=56255>

For hotel reservations: [Book your group rate for IA Perinatal Medicine Apr 2023](#)

33rd Annual Breastfeeding Conference

May 17th & 18th 2023

DMACC Ankeny Campus

registration information at the end of newsletter

10th Annual IANN Conference

Wednesday, July 26, 2023

PCI in Cedar Rapids

Topic: Trauma Informed Care for Our Babies and Families

Speakers: Mary Coughlin & Terry Johnson

Save the date at the end of newsletter

2023 IANN Board



Penny Smith, President
University of Iowa Stead Family Children's
Hospital
Penny-smith@uiowa.edu



Denise Holida, Vice President
University of Iowa Stead Family Children's
Hospital

Denise-Holida@uiowa.edu



Becky Davila, Treasurer
University of Iowa Stead Family Children's
Hospital
rebecca-chuffodavila@uiowa.edu



Pam Kalkoff, Secretary
University of Iowa Stead Family Children's
Hospital
skalkhoff@southslope.net

2022 IANN Members

Donia Bass- Mercy Children's, DSM
Susan Berends - UI SFCH, Iowa City
Sarah Betts- UI SFCH, Iowa City
Stephanie Boes- UI SFCH, Iowa City
Andrea Borden-Blank Children's, DSM
Katelyn Buehrer - Blank Children's, DSM
Erin Burns - Mercy, Cedar Rapids
Kathlyn Carroll- UI SFCH, Iowa City
Brittany Carstens- Mercy, Iowa City
Kelley Chess - Mercy Children's, DSM
Laura Corbett- UI SFCH, Iowa City
Becky Davila - UI SFCH, Iowa City
Amie Deegan- UI SFCH, Iowa City
Allyssa Dolphin- Blank Children's, DSM
Denise Easley - St. Luke's, CR
Rachel Evans - Mercy Children's, DSM
Allison Fagan - Mercy Children's DSM
Emily Feltes- UI SFCH, Iowa City
Kayla Fobian- UI SFCH, Iowa City
Danielle Glanz- St. Luke's, CR
Dawn Goeke- Blank Children's, DSM
Amber Gonsoski- UI SFCH, Iowa City
Laura Grigsby- St. Luke's, Sioux City
Amanda Hamilton- Mercy Children's, DSM
Roxan Hammer - Blank Children's, DSM
Ali Hand- Blank Children's, DSM
Stacey Happel- Mercy, CR
Jennifer Haverly- St. Luke's, CR
Joan Hengst- Finley, Dubuque
Alyssa Henscheid- UI SFCH, Iowa City
Kelsey Hoepfner- UI SFCH, Iowa City
Denise Holida - UI SFCH, Iowa City
Cyndie Homewood- St. Luke's, CR
Krista Husemann- St. Luke's, CR
Tasia Ilg- St. Luke's, CR
Pam Kalkhoff - UI SFCH, Iowa City
Julie Kennedy- Mercy, CR
Melody Lineburg- UI SFCH, Iowa City
Lisa Loesch- St. Luke's, CR
Elizabeth May- UI SFCH, Iowa City
Jan McGee - Blank Children's, DSM
Sara Michalec- UI SFCH, Iowa City
Tracey Michalec- St. Luke's, CR
Brittany Miller- UI SFCH, Iowa City
Kristin Mirocha - St. Luke's, CR
LouAnn Montgomery - UIHC, Iowa City
Jennifer Montgomery- St. Luke's, CR
Laura Neumann- Genesis Healthcare
Barb O'Rourke- Blank Children's, DSM
Cassandra Palasiewicz- UI SFCH, IC
Barb Pappas - Blank Children's, DSM
Cara Paris - UI SFCH, Iowa City
Alyssa Phillips- St. Luke's, CR
Lindsey Ricklefs- St. Luke's, CR
Laura Rizer- Mednax
Shelley Rocca- St. Luke's, CR
Cindy Running- St. Luke's Sioux City

Nicole Scar- Mercy, DM
Melissa Schnackenberg- Covenant, Waterloo
Morgan Schuh
Dawn Schwartz- ChildServe, DSM
Emily Sheely- UI SFCH, Iowa City
Barb Smith - Blank Children's, DSM
Penny Smith- UI SFCH, Iowa City
Emily Spellman UI SFCH, Iowa City
Kayti Steffen- UI SFCH, Iowa City
Courtney Stoll- UI SFCH, Iowa City
Kristin Varzavand- UI SFCH, Iowa City
Jada Veasey- UI SFCH, Iowa City
Maureen Vlasich- UI SFCH, Iowa City
Kendra Walsh- UI SFCH, Iowa City
Erin Weber- UI SFCH, Iowa City
Jean Weber- St. Luke's, CR
Nicole Weinkauf- St. Luke's CR
Nancy Woestman- Blank Children's, DSM

Interested in membership??

Visit www.nann.org



The 'IANN News' is the official publication of the National Association of Neonatal Nurses - Iowa Chapter. The chapter welcomes the participation of its members in contributing to this newsletter but reserves the right to reasonably edit all items submitted. The opinions herein do not necessarily reflect or express those of the IANN membership or its officers. The 'IANN News' is the responsibility of the Communications Committee. Please forward any contributions to:

Erin Weber
319-929-0102
erin-weber@uiowa.edu



Business Meeting

January 30, 2023

Location: Orchard Green Restaurant and Lounge, Iowa city/ZOOM

The business meeting was called to order at 6:22 pm by Penny Smith who thanked our meeting sponsors and attendees.

Attendees: Pam Kalkhoff, Penny Smith, Joan Hengst, Tracey Michalec, McKenna Christianson, Amie Price, Jean Weber, Cyndie Homewood, Becky Davila, Erin Burns, Bree Kray, Denise Holida, Lindsey Ricklefs, Susan Berends, Nicole Weinkauff. ZOOM: Dawn Schwartz, Barb Smith, Emily Spellman.

Introductions were made around the room.

Presentation from Grace Wierus with Abbott Nutrition. A huge thank you to her for providing the meal.

Good News & Recognitions:

Susan Berends From University of Iowa Hospitals and Clinics became a Certified Professional in Healthcare Quality (CPHQ) in December. Also, after 34 years of service, she will retire as of Feb 1.

Barb O'Rourke from Blank Children's Hospital recently published Milk Drops study in The Journal of Neonatal Nursing. She will present her findings at the April meeting.

Meeting Donation Site: Houses into Homes Send donations to: Houses Into Homes 401 6th Ave, Suite 1 Coralville, IA 52241

Meeting Minute Approval: Minutes from the October 19, 2022 meeting were reviewed and approved. Motion for approval made by Joan Hengst and seconded by Barb Smith. All approved.

Officer Reports:

President: Penny Smith: Reported that she had a great hand off from former President Emily Spellman so the transition should be smooth.

Vice-President: Denise Holida had no report

Secretary: Pam Kalkhoff reported she had information from former secretary Penny Smith to follow so the transition should also be smooth.

Treasurer: Becky Davila submitted a financial report. She also reported that we have about a \$9400/year of expenses. The total of IANNs account is higher than that.

Chair Reports:

Communications Erin Weber had no report

Membership Pam Kalkhoff reported that there are currently 78 members. A discussion was held on whether or not membership and secretary should be combined since Pam is in charge of both. She is willing to do both. Denise Holida made a motion that the position of secretary and membership would be as one for the 2 years of the secretary term. Seconded by Joan Hengst. All approved.

Committee Reports Advocacy and Outreach:

Cyndie Homewood reported for the Statewide Perinatal Guidelines Committee. Cyndie reported that the Iowa Guidelines for Perinatal Services, 9th Edition has been published! It will only be available on the IMQCC website due to needing a password protected site. Cyndie would like to resign her position. If anyone is interested, please contact Penny Smith.

Barb Smith reported on the Iowa Neonatal Quality Collaborative (INQC). More will be discussed under new business.

Penny Smith also reported on the march of dimes and their upcoming walks.

Old Business:

IANN Website: <https://iann.nursingnetwork.com> Penny is working on having the whole board to have access and editing rights to this website.

Ronald McDonald House dinners: Becky reported that the checks were sent to all 4 Ronald McDonald Houses. When discussing plans for 2023, Penny brought up that Sioux City also has a Ronald McDonald House. Tho we currently do not have any members from there, we felt we should support them, too. Erin Burns motioned that we would give \$500 to all 5 houses for 2023. Cyndie Homewood seconded. All approved. Becky will take care of this.

New Business:

IANN Bylaws: The Bylaws were silently reviewed. Denise Holida motioned that the Bylaws be approved as written. Susan Berends seconded. All approved.

Barb Smith presented a proposal for the Iowa Neonatal Quality Collaborative (INQC) to receive a grant from IANN for \$5000. They are a non-profit organization that supports quality improvement for neonatal care in Iowa. Discussion was held with questions on exactly how the money would be spent and if we could offer a smaller amount. The request was tabled until Barb Smith could answer the money questions. Penny Smith and Barb will recuse themselves from the actual vote due to their involvement with the organization.

Professional Development Virtual Fair: Penny and Emily will present on NANN/IANN.

2023 Perinatal Conference: April 4-5, 2023 at the West Des Moines Marriott Hotel and Conference Center. If you or your hospital needs brochures, please contact Penny. IANN will have a booth there free of charge. Penny asked if anyone would be available to man the booth. Cyndie Homewood said she may be able to.

IANN Conference: July 26, 2023 at the PCI in Cedar Rapids. Topic is Trauma Informed Care. Mary Coughlin will be keynote speaker. If anyone would like to join the planning committee, please get in touch with Penny.

The 2023 NANN Conference will be held in Anaheim, CA. IANN Scholarships are available for any member who would like to attend on a first come first served basis.

Open Forum: Moving Forward:

How can we engage new members and energize our chapter? There are currently 29 Iowa nurses registered with NANN that are not IANN members. Seek these people out and encourage them to join.

Pam Kalkhoff proposed that IANN set up a grant program for groups within our hospitals that help support our neonates. Examples would be music therapy, child life, supplying linen for the units, supplying needed items. A grant form will be made and presented at the April meeting. After approval of the form and guidelines, the form will be available for IANN members to hand out to different organizations that would be interested in receiving money to help them better care for the neonate. Decisions on who and how much each get, will be decided at each quarterly meeting.

- Continue offering free CEU opportunities, maybe in conjunction with meeting
- Continue “NICU Sharing”
- Research Spotlight (presenter lined up for April)
- Policy/protocol sharing (choose clinical topic for each mtg)
- Resource sharing (Start with UISFCH!)
- Product Spotlight (new or updated)
- Other ideas??

Penny offered some brain storming ideas to better improve IANN:

Next meeting will be **Monday, April 3, 2023 at 6 p.m. Location TBD**. Sponsored by Mead Johnson Nutrition.

Meeting was adjourned at 7:27 pm with a motions from Erin Burns and seconded by Lindsey Ricklefs. All approved.

Respectfully submitted,

Pam Kalkhoff, BSN, RNC-NIC

IANN Secretary and Membership Chairperson

Conference Scholarships

Would you like assistance with travels to the NANN National Conference? Apply for a \$200 scholarship from IANN..

Need CEUs? Want to go to a different conference or get CEUS online? Apply for a maximum of \$100 scholarship from IANN

Successful grant recipients will:

1. Be a current member of NANN/IANN member.
2. Each individual will be required to share new knowledge with fellow IANN members through a short presentation at an IANN meeting and/or write an article for the IANN Newsletter about something of interest from the conference (a new product, and interesting talk, a person of interest, etc.)

***If you are delinquent in reporting your information, you will forfeit your right to request money for the next year. **

Please submit completed Application Form to:

Becky Chuffo Davila

1991 Ollinger Drive

Coralville, IA 52241

Name:

Address:

E-mail address:

Phone Number:

Conference Attending:

\$ Amount Requested

If I receive this education grant I agree to share learned information with the IANN membership within six (6) months.

Signature



**National
Association of
Neonatal
Nurses**

Iowa Chapter

Save the Date!

**10th Annual Neonatal Care Conference:
Trauma Informed Care for Our Babies and Families**

**July 26, 2023
Cedar Rapids, Iowa**



Featuring Mary Coughlin and Terry Johnson

Contact denise.easleyrn@gmail.com with questions
Online registration and brochure available May 15th

<https://iann.nursingnetwork.com>



33rd Annual Iowa Breastfeeding Conference

Wednesday, May 17 & Thursday, May 18

May 17: 9:00 a.m. to 4:45 p.m.

May 18: 8:00 a.m. to 5:00 p.m.

Location

FFA Enrichment Center
DMACC Ankeny Campus
1055 SW Prairie Trail Pkwy
Ankeny, IA 50023

*Traffic can be very busy in the mornings in this area, so we suggest leaving early/giving yourself plenty of time to reach the conference venue.

*Conference center is large and temperature control can be difficult. We recommend dressing in layers or bringing a sweater/jacket for your comfort.

Intended Audience

Nurses, dietitians, lactation consultants, peer counselors, breastfeeding advocates and other healthcare professionals working with breastfeeding parents and their families.

Purpose

To enable the healthcare team to provide evidence-based care, education and support to breastfeeding parents and their families.

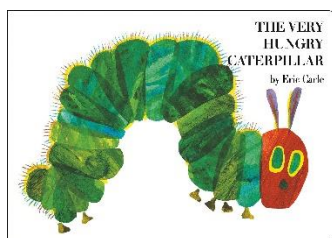
Continuing Education

Full attendance is required to receive continuing education. CEU, CPEU and CERPS information will be provided once approved.

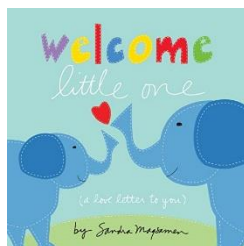
Registration

Deadline to register is Wednesday, May 10, 2023 at 9:00 a.m. CST. Registration is online only.

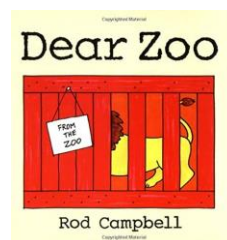
NICU Books: Blank's Littlest Bookworms



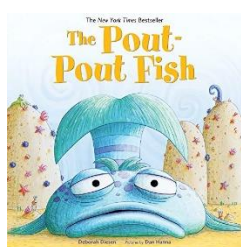
[The Very Hungry Caterpillar](#)



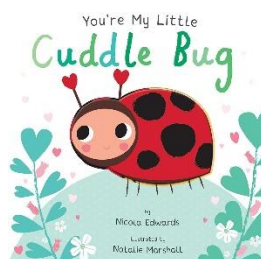
[Welcome Little One](#)



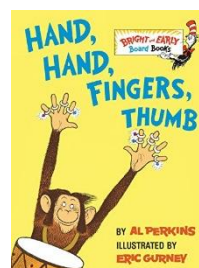
[Dear Zoo](#)



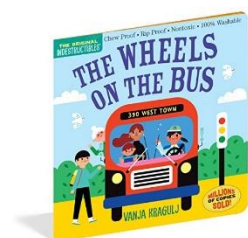
[The Pout-Pout Fish](#)



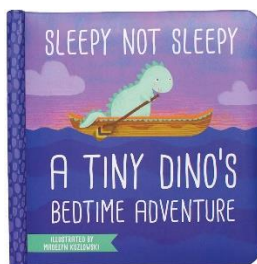
[You're My Little Cuddle Bug](#)



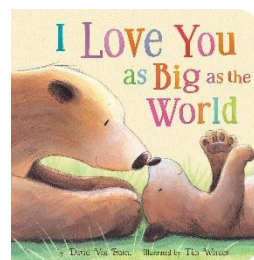
[Hand, Hand, Fingers Thumb](#)



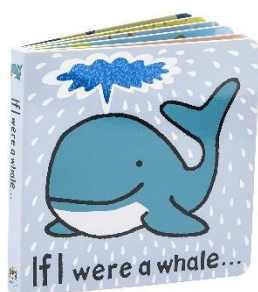
[The Wheels on the Bus](#)



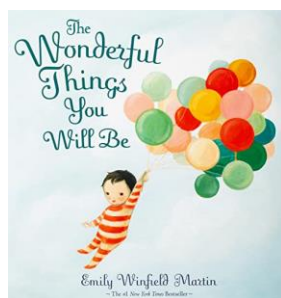
[Sleepy Not Sleepy](#)



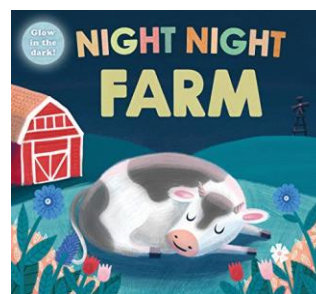
[I Love you as Big as the World](#)



[If I were a Whale...](#)

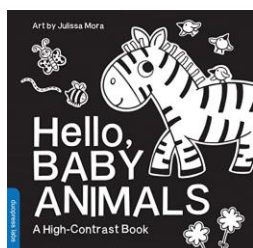


[The Wonderful Things You Will Be](#)



[Night Night Farm](#)

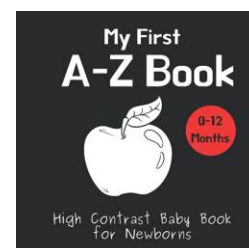
HIGH CONTRAST BOOKS (any kind)



[Hello, Baby Animals](#)

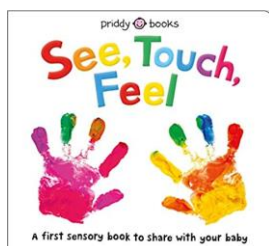


[Look Look](#)

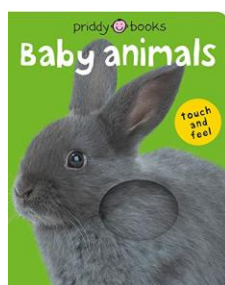


[My First A-Z Book](#)

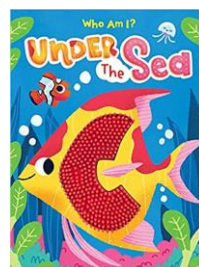
SENSORY / TOUCH AND FEEL BOOKS (any kind)



[See, Touch, Feel](#)



[Baby Animals](#)



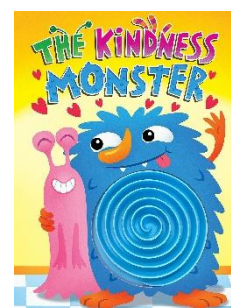
[Under the Sea](#)



[Busy Tractor](#)



[A Big Day for Dump Truck](#)



[The Kindness Monster](#)