

# Suture 101

**CE Seminar Speaker:** Allison Burnett, BSN, RN  
**Date:** Saturday, April 29, 2023  
**Time:** 9am PST  
**Length:** 1 hour

## WHY SHOULD YOU ATTEND?

Wound healing is a natural and spontaneous occurrence, but when tissue disruption is significant, it may not heal naturally. Multiple techniques can be used for wound closure and it is imperative to assess the wound and determine how best to treat it. Surgeons and nurses who close wounds should understand the options for wound closure to promote healing and mitigate infection based on the patient's circumstance. No suture is ideal for every wound, and in most cases, several types of sutures are required to close the wound adequately.

## DESCRIPTION

This continuing education activity is intended for a perioperative nurse or other healthcare professional who wants to learn more or needs to gain knowledge and skills in underlying principles of wound healing, suture material biomechanics, and choosing the best wound closure materials for patients.

## HIGHLIGHTS

After completing this continuing education activity, the participant should be able to:

1. Identify factors contributing to or delaying wound healing.
2. Define the basic principles of wound closure.
3. Identify the general properties of all suture materials and their characteristics.
4. Identify different suture materials and needles.
5. Demonstrate knowledge of the different methods of wound closure and appropriate use for each.

## ACCREDITATION INFORMATION

**California Board of Registered Nursing**

Pfiedler Education is a provider approved by the California Board of Registered Nursing, Provider Number CEP14944, for **2.0 contact hours**.

Free seminar will be conducted via Microsoft Teams.

**Register by Thursday, April 27, 2023 at [aornsfbayarea.nursingnetwork.com](https://aornsfbayarea.nursingnetwork.com)**

Continuing Nursing and  
Allied Health Education Provider



Funds Provided By

**Medtronic**