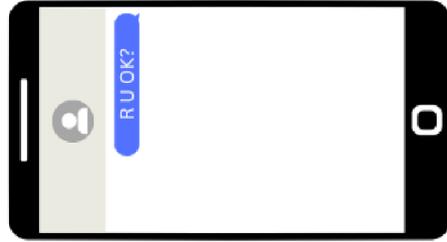


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PO Box 827
Lexington, NE 68850

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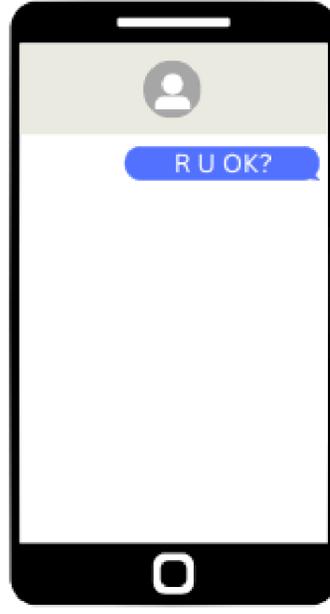
Nebraska School Health
Conference 2023
June 4, 5, & 6



RU OK?
Tools for
Resilience and
Understanding

39th Annual Nebraska School Health Conference

**Kearney Holiday Inn Hotel
& Convention Center**



Nebraska School Health
Conference 2023
June 4, 5, & 6

RU OK?
Tools for
Resilience and
Understanding

39th Annual Nebraska School Health Conference

Check out our new website!

- Link for conference registration
- Conference Agenda
- Menus
- Speaker bios
- Conference Materials
- And, more!

bit.ly/2023SHC



Planned and Coordinated by

Planning Committee Members from NSNA and CNSNA

Hosted by

Children's Hospital & Medical Center

www.childrensomaha.org

Register/Pay online

www.cccneb.edu/conferences

Save the Date for the 40th Annual Conference

June 9, 10, & 11, 2024

General Conference Information

Learning Outcome: The purpose of this activity is to transform knowledge and practice to meet the needs of school age children.

Disclosure: Certificates for approved continuing education experiences are issued after each day with verified attendance. Participants must sign in for each session and return a completed evaluation to the planning committee. You will have a certificate for each day of this conference. If you are more than 1/2 hour late to a session you will not receive a CE certificate for that segment of the conference. No conflict of interest has been disclosed by any presenters or members of the planning committee for this program.

Emergency Phone: 308.237.5971 (Hotel)

Dress Attire: Be comfortable, but dress in layers as room temperatures can vary.

Special Food Requests/Needs: Email to: joslynne.stauss@district145.org.

Registration Information

Conference Fees: Registration includes breakfasts, lunches, breaks, handouts/printed material and contact hour units.

Participant Directory: Names and addresses of *pre-registered* conference participants will be compiled in a directory to be included with conference materials to all participants. Any person registering for the conference not wishing to be included in the directory must mark the appropriate field on the conference registration form.

Memberships: The Conference Planning Committee encourages you to join one or both of your state school nurses associations. Membership will be verified for this conference to receive the discounted member price. Membership must have been paid the previous year to receive the discounted price for this year's conference.

NSNA (Nebraska School Nurse Association) Membership: Annual dues are \$125.00. Membership to NSNA also includes membership to NASN (National Association of School Nurses). [Payment for NSNA membership is online only on the NASN website. www.nasn.org](http://www.nasn.org) (Click Renew at the top or Membership, then Become a Member.)

CNSNA (Central Nebraska School Nurse Association) Membership: Annual dues are \$25.00. [New members, please make your membership checks payable separately to the CNSNA](#) and they will be forwarded to the CNSNA treasurer. Current members, information on payment is in an email from CNSNA.

Accommodations

A block of rooms has been reserved at the Kearney Holiday Inn at the rate of \$114.95 per night (not including taxes and/or fees) for single/double occupancy for June 4th and 5th. Reservations can be made by calling 308.239.5971. Mention the School Health Conference Group to receive the special rate. Reservations made after May 7, 2023 are only accepted on a space and rate available basis. **HOTEL CHECK IN TIME IS 3:00 PM**

If you have questions or need additional information, please contact the 2023 Planning Committee Chair:

Betty Seim: bseim@gicc.org

Registration Form

Register/pay online: www.ccneb.edu/conferences

For questions regarding registration/payment, call 308.324.8480.

Purchase orders are NOT accepted. Credit Card and Electronic Check (ACH) payments will receive a \$10.00 discount.

Circle the cost that applies to you.	Postmarked by May 14th		After May 14th	
	NSNA/CNSNA Member	Non- Member	NSNA/CNSNA Member	Non- Member
2 Day Conference (June 5 & 6)	\$155	\$205	\$205	\$255
1 Day Conference (Either June 5 or 6)	\$125	\$175	\$150	\$200

Circle the day for 1 day conference: (Mon) June 6

(Tues.) June 7

Check here if attending Sunday Social:

Planning Committee

Name: _____

Street Address or PO BOX: _____

City: _____ State: _____ Zip Code: _____

Telephone: (Circle One) Work/Cell/Home _____

DOB: _____ OR SS#: _____

Organization/District/School: _____

Email: _____

Check here if you do **NOT** wish to be included in the conference directory.

Payment amount enclosed: _____ Date: _____

Method of payment: (Circle One) CASH CHECK # _____ CREDIT CARD

Please make conference checks payable to: SCHOOL HEALTH CONFERENCE

Credit Card: (Circle One) VISA DISCOVER MASTERCARD

Name on Credit Card: _____

Credit Card # _____

Expiration Date: _____ 3 Digit Code: _____

Signature _____

Please send mail in registrations to: Central Community College

If you registered online, you do NOT need to send a paper copy.

Attn: Cheryl Richardson

PO BOX 827

Register/pay online:

www.cccneb.edu/conferences

Lexington, NE 68850

Cancellation Policy:

Written cancellations sent to Betty Seim, Conference Chair, and received by May 26, 2023 will be refunded less \$50.00 processing fee. All other cancellations received after May 26 are non-refundable, however, a substitute participant will be accepted at the original cost.

ANNOUNCEMENTS

All times are listed in Central Standard Time (CST)

Room names and locations may have changed from previous years.

Please pay close attention to our schedule.

CONTINUING EDUCATION CONTACT HOURS

This activity has been submitted to Montana Nurses Association for approval to award contact hours. Montana Nurses Association is accredited with distinction as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. **There will be no virtual option for attendance.**

ALL RETIRING NURSES

Please send your name and school/district you are retiring from to Sara Stoner at ssoner@lps.org. We want to celebrate you!

Audiometer Calibration Reminder

Bring your audiometers for calibration!

The calibration station will be located in the vendor room. Loper North.

Nursing Association Social Media Information

NSNA Website: www.nebrasikaschoolnurses.nursingnetwork.com

Twitter: @NESchoolnurses Facebook: @NebraskaSchoolNurses

CNSNA CNSNA Website: www.centralneschoolnurse.nursingnetwork.com

Twitter: @CNESchoolNurses Facebook: @CNSNASchoolNurseNE

T-SHIRT TUESDAY

Tuesday is School Nurse T-shirt/Gear Day! Sport your favorite school nurse t-shirt or your school gear! Better yet, check out our 2023 conference apparel!

Selling apparel is one way we prevent raising conference costs regularly.

Apparel

Purchase your 2023 conference apparel online at the link below!

There are 6 items to choose from ranging in price from \$20 to \$40. Ship to you for \$6.95 or ship to Joslynne Stauss for free. Items shipped to Joslynne will be available for pickup at conference in the vendor room (Loper North). Extra items will be available for purchase at conference on June 4th and 5th.

We accept card, Venmo, cash, or check for payment in person at conference!

STORE IS OPEN MONDAY APRIL 17th THROUGH MONDAY MAY 8th!

<https://customink.com/fundraising/NESHHC-23>

Meals/Breaks

Small individual desserts, fruit, and beverages will be available during Sunday Social. A grab and go breakfast, and lunch will be served both days as well as a snack during Monday afternoon break. All food is served in Loper South.

Sunday June 4, 2023

3:00- 5:00 PM: Conference Registration- Hallway near Ballroom

6:00- 8:00 PM: Vendors- Loper North

6:30- 7:30 PM: Informal Round Table Discussions- Loper South
New and veteran School Nurses will benefit from sharing and collaborating during round table discussions on a variety of topics specifically relevant to School Nursing. Come and meet your fellow school nurses from around the state, ask questions, share your experiences and expertise, and have fun!

Due to popularity and good attendance, vendors will once again be open starting Sunday evening! Come early to meet and greet our vendors!

Keynote Speakers

Allyson Headrick is a LMHP and CMSW on the LPS Threat Assessment Team. She received her Bachelor's Degree UNL and her Master's Degree from UNO. In her role as Safety Social Worker, she is primarily responsible for management and monitoring of threat assessment cases in the district, which entails psychosocial evaluation of student risk and safety, developing mitigation strategies for reducing risk, and facilitating psychosocial interventions to enhance the monitoring of safety concerns. Allyson also provides consultation for student safety planning and collaborates with district leaders to align interventions with MTSS.



Joe Wright is the Director of Security for LPS.

Joe is responsible for leading the district's safety and security to create safe environments in all district buildings. In 2013, Joe created a threat assessment program for the district aimed specifically at violence prevention. He is an ATAP Certified Threat Manager (CTM). Prior to his work at LPS, Joe served the City of Lincoln as a police officer retiring at the rank of captain. At the request of the University of Nebraska's Public Policy Center, Joe created a training for Nebraska law enforcement: Behavioral Threat Assessment (BETA), which is still in use today.



Allyson and Joe are our 2023 keynote speakers scheduled for Monday morning. They will be presenting on School Safety and Threat Assessment.

Monday June 5, 2023

- 7:00- 7:45 AM: Breakfast-** Loper South
- 7:00- 7:45 AM: Registration-** Hallway near Ballroom
- 7:45- 8:00 AM: Welcome/Housekeeping/Honor Guard Presentation-** Ballroom
- 8:00- 10:00 AM: School Safety and Threat Assessment-** *Joseph Wright, Director of Security for Lincoln Public Schools and Allyson Headrick, Safety Social Worker for Lincoln Public Schools-* Ballroom
- 10:00- 10:30 AM: Break and Vendors-** Loper North and South
- 10:30- 12:00 PM: Breakout Sessions-** Choose 1 below to attend.
***Location/room listed after each topic and speaker**
School Interventions for Anxiety and Depression:
Brenda Leggiadro, School Counseling Supervisor for Omaha Public Schools, Megan Lytle, Health Services Coordinator for Lincoln Public Schools, and Sara Stoner, School Nurse for Lincoln Public Schools- Ballroom
Project Adam:
Kim Castellano, Senior Administrative Assistant and Project Adam Coordinator for Children's Hospital and Medical Center and Dr. Matthew Sorensen, Pediatric Cardiologist for Children's Hospital and Medical Center- Room D
Project Harmony:
Espen Schofield-Smith, Trauma Matters Omaha Coordinator for Project Harmony- Room E
504/IHP/IEP:
Amy Rhone, Administrator/State Director for the Office of Special Education at the Nebraska Department of Education- Room F
- 12:00- 1:00 PM: Lunch and Vendors-** Loper North and South
- 1:00- 2:30 PM: Breakout Sessions-** Choose 1 below to attend.
***Location/room listed after each topic and speaker**
School Interventions for Anxiety and Depression:
Brenda Leggiadro, School Counseling Supervisor for Omaha Public Schools, Megan Lytle, Health Services Coordinator for Lincoln Public Schools, and Sara Stoner, School Nurse for Lincoln Public Schools- Ballroom
Project Adam:
Kim Castellano, Senior Administrative Assistant and Project Adam Coordinator for Children's Hospital and Medical Center and Dr. Matthew Sorensen, Pediatric Cardiologist for Children's Hospital and Medical Center- Room D
Project Harmony:
Espen Schofield-Smith, Trauma Matters Omaha Coordinator for Project Harmony- Room E
504/IHP/IEP:
Amy Rhone, Administrator/State Director for the Office of Special Education at the Nebraska Department of Education- Room F
- 2:30- 3:30 PM: Break and Vendors-** Loper North and South
- 3:30- 4:00 PM: State Data Team-** *Andrea Riley, School Health Liaison for Children's Hospital and Medical Center and State School Nurse Consultant and Julie Frederick, Health Services Coordinator for Lincoln Public Schools-* Ballroom
- 4:15- 5:15 PM: CNSNA All Members Meeting-** Room B
- 5:30- 6:30 PM: NSNA All Members Meeting-** Room C

New Conference Features

During Monday's conference participants will have the opportunity to join breakout sessions in the morning and afternoon! Choose from four wonderful speakers to tailor your conference experience to your needs and interests.



For Tuesday's conference, poster presentations will take place in Room F from 10:30-11:30. School nurses from all over the state will present projects and highlight their work to share with others. CEUs will be awarded for this session.

Check out the new website!

Scan this QR code, the QR code on the front page of the brochure, or the bit.ly web address below. All of your conference information and needs will be in one, simple, easy to use space. More info will be added as it is available and conference approaches.

bit.ly/2023SHC



School Nurse Advocacy: Robin Cogan

Robin Cogan, MEd, RN, NCSN, FNASN, FAAN is a Nationally Certified School Nurse, currently in her 22nd year as a NJ school nurse in the Camden City School District. Robin is the NASN Director for NJ State School Nurses Association. She is proud to be a Johnson & Johnson School Health Leadership Fellow and past program mentor. Robin is the honored recipient of multiple awards for her work in school nursing and population health. She serves as faculty in the School Nurse Certificate Program at Rutgers University-Camden School of Nursing. Robin writes a popular blog called The Relentless School Nurse. Her extensive work in school nursing was included as a case study in the National Academies of Medicine Future of Nursing 2030 report. You can follow Robin on Twitter at @RobinCogan. **Robin will be presenting virtually on Tuesday afternoon on a topic she is very passionate about: School Nurse Advocacy.**



Tuesday June 6, 2023

- 7:00- 7:45 AM: Breakfast-** Loper South
- 7:00- 7:45 AM: Registration-** Hallway near Ballroom
- 7:45- 8:00 AM: Welcome/Housekeeping-** Ballroom
- 8:00- 10:00 AM: Pediatric Emergencies-** *Ross Mathiasen, Emergency Room Physician, University of Nebraska Medical Center-* Ballroom
- 10:00- 10:30 AM: Break and Vendors -** Loper North and South
- 10:30- 11:30 AM: Poster Presentations-** Room F
- 11:30- 12:30 PM: Lunch and Vendors-** Loper North and South
***This will be the last opportunity to visit most vendors.**
- 12:30- 2:00 PM: Understanding Cultural Perspective-** *Oscar Rios Pohrieth, Cultural Specialist, Bilingual Liaison Coordinator for Lincoln Public Schools bilingual liaisons-* Ballroom
- 2:00- 2:15 PM: Break**
- 2:15- 3:30 PM: School Nurse Advocacy-** *Robin Cogan, New Jersey School Nurse and author of The Relentless School Nurse-* Ballroom
- 3:30- 3:45 PM: Closing Comments and Evaluations-** See you in 2024!