

Happy Perianesthesia Nurse Awareness Week (PANAW)! PANAW is February 6-12, 2023 and is celebrated annually the first full week in February. Nurses working in preanesthesia and postanesthesia care, ambulatory surgery, and pain management are dedicated and passionate about caring for patients and their families. PANAW is an opportunity to educate nursing colleagues and the community about the professionalism and passionate care that is delivered by perianesthesia nurses every day (PANAW.com). Although it’s one week out of the year that we formally celebrate what each of you do every day, amazing things happen every day at each of your workplaces! You are the calm in the storm for our patients, you hold a hand to provide reassurance, you wipe the tears of those in pain, and advocate for your patients and families to ensure they receive perianesthesia care in accordance with ASPAN standards. No matter how big or small, the impact you leave with your nursing care and practice is long lasting to your patients and their families.

I challenge each of you to commit to trying something new this year to grow professionally and personally. Consider becoming involved with RMPANA, become CAPA or CPAN certified, attend a perianesthesia educational conference, or be the driver of change in your practice with an evidence-based practice (EBP) project. RMPANA can help support all these growth opportunities and your clinical ladder advancement with plenty of diverse opportunities. Please do not hesitate to reach out to me @ [dustinandchanda@gmaill.com](mailto:dustinandchanda@gmaill.com) or any of our board of directors on how we can help support you and your professional development.

With gratitude,

Chanda

2022-2023 RMPANA President