

IANN News



**National
Association of
Neonatal
Nurses**

Iowa Chapter

*(Official newsletter of the Iowa
Association of Neonatal Nurses)*

<https://iann.nursingnetwork.com>

July - October 2022

What's inside??

- Letter from the President
- October Meeting Details
- October Donation Site
- July Meeting Minutes



Letter from the IANN President

Greetings IANN members. I hope you had a great summer and are ready to move into fall. It was recently Neonatal Nurses Day. I hope all of you had a chance to celebrate all that we do for the patients and families in the NICU and to remember your “why”. I had the opportunity to attend the NANN conference virtually this year. I have not watched all the presentations or reviewed all the posters yet, but what I have watched is inspiring and informative. The speaker topics range from clinical to family support to nurse support. I love the virtual format of the posters because I can read them carefully, have access to them for a while, and can listen to the presenter’s recording explaining their work. I learn so much and get great ideas about EBP and QI projects in NICUs across the country. One poster by Weisbart et al. from UCLA Health is called *Fight the Burnout: A Wellness Bundle for NICU Nurses*. It is no surprise that decreased burnout in nurses is linked with increased patient satisfaction, less missed workdays, better health of the nurses, increased job performance, and less turnover which saves money. The literature review showed that three key elements in the work environment have been associated with predicting burnout: staffing, meaningful recognition, and effective decision making. The interventions used in their NICU were meaningful recognition, nurturing of interpersonal connections, and mindfulness-based interventions to

decrease burnout. This group had specific activities in their wellness bundle to address each of these areas that included posting staff shoutouts, recognition events and dinners, staff games with prizes, social events, wellness tip sheets, and mindfulness activities at staff meetings and huddles. I would love to hear from all of you about what your NICU does to recognize staff, create interpersonal connections, and foster mindfulness.

Plan to join us in Cedar Rapids on October 19th at 10:30 for our next IANN meeting and lunch provided by Mead Johnson Nutrition. Everyone is welcome to join! We are also planning to have a Zoom option.

Finally, I urge you to consider running for an IANN board position for 2023-2025. This is a great resume builder and leadership opportunity. Submit your name to Pam Kalkhoff by September 30: skalkhoff@southslope.net

President: Preside at any official meeting of the association and coordinate the work of the officers to ensure that the objectives and policies of the association are maintained and promoted and act as the official representative of the association unless otherwise designated. This is a 2-year term.

Vice President: Perform the duties of the president in the absence of the president. This is a 2-year term.

Secretary: Record the minutes of and attendance at business meetings of the association and conduct official correspondence of the association. This is a 2-year term.

Treasurer: Collect and disburse association funds and present a statement of financial condition at each general business meeting. This is a 2-year term.

Emily Spellman, IANN President
University of Iowa Stead Family
Children's Hospital

Emily-Wilson@uiowa.edu



Upcoming Events

2022 IANN Meetings

- **October 19, 2022**
Time: 10:30am
Location: Cedar Rapids
- **January 18, 2023**
Time: 10:30am
Location: Iowa City
Place: TBD
Sponsor: Abbott Nutrition
Donation site: TBD

October Meeting Details

- **October 19, 2022**
Time: 10:30am
Location: Zepplins
5300 Edgewood Rd N.E.
Cedar Rapids
Sponsor: Mead Johnson

Zoom link to join us virtually:

<https://uiowa.zoom.us/j/93282171414?from=addon>



October Meeting Community Donation Site

Donation site: Linn County Safe Sleep Task Force

Checks or Venmo to Denise Easley:
@Denise-Easley-1



Join us!!

UIHC Children's and Women's Fall Nursing Conference

Tuesday, October 18, 2022

Conference brochure attached

<https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=50379>

IANN Annual Conference

Wednesday, July 26, 2023

PCI in Cedar Rapids

Topic: Trauma Informed Care

Mary Coughlin will be one of the speakers

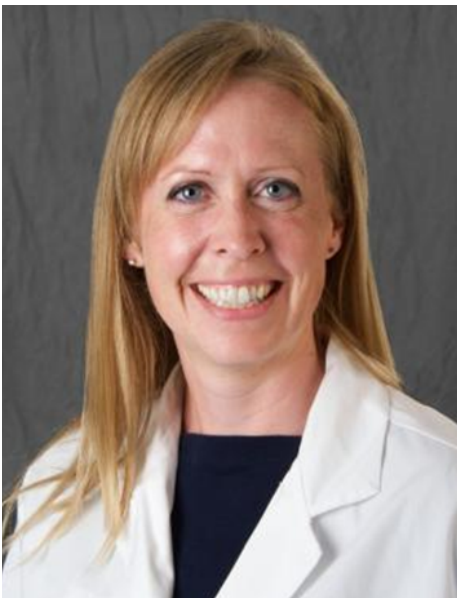
2022 IANN Officers



Emily Spellman, President
University of Iowa Stead Family Children's
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Emily-Wilson@uiowa.edu



Penny Smith, Secretary
University of Iowa Stead Family Children's
Hospital
Penny-smith@uiowa.edu



Kathryn (Kayti) Steffen, Vice President
University of Iowa Stead Family Children's
Hospital
Kathryn-Steffen@uiowa.edu



Becky Davila, Treasurer
University of Iowa Stead Family Children's
Hospital
rebecca-chuffodavila@uiowa.edu

2022 IANN Members

Donia Bass- Mercy Children's, DM
Susan Berends - UI SFCH, Iowa City
Sarah Betts- UI SFCH, Iowa City
Stephanie Boes- UI SFCH, Iowa City
Andrea Borden-
Katelyn Buehrer - Blank Children's, DM
Erin Burns - Mercy, Cedar Rapids
Kathlyn Carroll- UI SFCH, Iowa City
Brittany Carstens- Mercy, Iowa City
Kelley Chess - Mercy Children's, DM
Laura Corbett- UI SFCH, Iowa City
Becky Chuffo Davila - UI SFCH, Iowa City
Amie Deegan- UI SFCH, Iowa City
Allyssa Dolphin- Blank Children's, DM
Denise Easley - St. Luke's, CR
Rachel Evans - Mercy Children's, DM
Allison Fagan - Mercy Children's DM
Emily Feltes- UI SFCH, Iowa City
Kayla Fobian- UI SFCH, Iowa City
Danielle Glanz- St. Luke's, CR
Dawn Goeke- Blank Children's, DM
Amber Gonsoski- UI SFCH, Iowa City
Laura Grigsby- St. Luke's, Sioux City
Amanda Hamilton- Mercy Children's, DSM
Roxan Hammer - Blank Children's, DSM
Ali Hand-
Stacey Happel- Mercy, CR
Jennifer Haverly- St. Luke's, CR
Joan Hengst- Finley, Dubuque
Alyssa Henscheid- UI SFCH, Iowa City
Bev Herman - UI SFCH, Iowa City
Kelsey Hoepfner- UI SFCH, Iowa City
Denise Holida - UI SFCH, Iowa City
Cyndie Homewood- St. Luke's, CR
Krista Husemann- St. Luke's, CR
Tasia Ilg- St. Luke's, CR
Sarah Johnson, UI SFCH, Iowa City
Pam Kalkhoff - UI SFCH, Iowa City
Julie Kennedy- Mercy, CR
Amy Kenyon- Mercy Medical Center
Melody Lineburg- UI SFCH, Iowa City
Lisa Loesch- St. Luke's, CR
Elizabeth May- UI SFCH, Iowa City
Jan McGee - Blank Children's, DSM
Sara Michalec- UI SFCH, Iowa City
Tracey Michalec-
Brittany Miller- UI SFCH, Iowa City
Kristin Mirocha - St. Luke's, CR
LouAnn Montgomery - UIHC, Iowa City
Jennifer Montgomery- St. Luke's, CR
Laura Neumann- Genesis Healthcare
Barb O'Rourke- Blank Children's, DSM
Cassandra Palasiewicz- UI SFCH, IC
Barb Pappas - Blank Children's, DSM
Cara Paris - UI SFCH, Iowa City
Chris Parker - Blank Children's, DSM
Patricia Peterson - Mercy, DM
Shelley Rocca- St. Luke's, CR
Cindy Running- St. Luke's Sioux City

Nicole Scar- Mercy, DM
Melissa Schnackenberg- Covenant, Waterloo
Dawn Schwartz- ChildServe, DSM
Barb Smith - Blank Children's, DSM
Penny Smith- UI SFCH, Iowa City
Emily Spellman UI SFCH, Iowa City
Kayti Steffen- UI SFCH, Iowa City
Courtney Stoll- UI SFCH, Iowa City
Teresa Streeter
Alison Tesensky- UI SFCH, Iowa City
Kristin Varzavand- UI SFCH, Iowa City
Jessica Wallace- Blank Children's, DSM
Kendra Walsh- UI SFCH, Iowa City
Erin Weber- UI SFCH, Iowa City
Jean Weber- St. Luke's, CR
Nicole Weinkauff- St. Luke's CR
Nancy Woestman- Blank Children's, DSM
Maritha Guillen Yap - Mason City

2022 NANN Members but not IANN

Joan Albert - Mercy, CR
Kinsey Apodaca
Cassie Beard - Trinity, Bettendorf
Katie Buettner, UI SFCH, Iowa City
Bethany Cobian
Rachel Eskeldson
Sarah Faruqui
Brittani Felderman
Carmen Fernau- UI SFCH, Iowa City
Mallory Gibbs
Christina Gillen
Anita Hallum-La Mere - St. Luke's, Sioux City
Mia Hanson
Emily Helland - Blank Children's, DM
Jody Hosch- UI SFCH, Iowa City
Shelley Jacobus, UI SFCH, Iowa City
Marissa Johnson, UIHC
Beth Kimpson - Bergan Mercy, Griswold
Charity Mattes
Aleksa Miller, UPH Trinity
Briana Mullinnix- UI SFCH, Iowa City
Katelyn Nolte- UI SFCH, Iowa City
Austin Richards, UI SFCH, Iowa City
Lindsey Rickelfs
Chris Ries
Deanna Robey - Blank Children's DM
Theresa Smith - UI SFCH, Iowa City
Tara Willis- UI SFCH, Iowa City

Interested in membership??

Visit www.nann.org

The 'IANN News' is the official publication of the National Association of Neonatal Nurses - Iowa Chapter. The chapter welcomes the participation of its members in contributing to this newsletter but reserves the right to reasonably edit all items submitted. The opinions herein do not necessarily reflect or express those of the IANN membership or its officers. The 'IANN News' is the responsibility of the Communications Committee. Please forward any contributions to:

Erin Weber
319-929-0102
erin-weber@uiowa.edu



Business Meeting

July 20, 2022

Location: Centro in Des Moines/ZOOM

The business meeting was called to order at 5:39 pm by Emily Spellman who thanked our meeting sponsors.

Attendees: Emily Spellman, Penny Smith, Becky Chuffo-Davila, Erin Weber, Denise Easley, Denise Holida, Jean Weber, Barb Smith, Roxan Hammer, Alyssa Dolphin, Chris Parker, Katelyn Buehrer, Nancy Woestman

Sponsor: Abbott Nutrition, <https://www.abbottnutrition.com>. Reps: Grace Wierus, Pediatric Sales Specialist and Mindy Crawford, Clinical Specialist.

Good News & Recognitions: 1) In June, Pam Kalkhoff celebrated 35 years of working in NICU at UISFCH...congratulations! 2) Barb Smith recently celebrated 41 years of working in NICU at Blank Children's. 3) Katelyn Buehrer just received her RNC certification...congratulations! 4) UISFCH recently enrolled 50 people in the Trauma Informed Professional Certificate Program by Mary Coughlin. 5) Thank you to the conference planning committee for a great annual conference!

Meeting Donation Site: Count The Kicks. Send donations to <https://countthekicks.org/> or

mail checks to: Count The Kicks, P.O. Box 71093, Clive, IA 50325.

Conference Sharing: Denise Easley attended the NANN annual conference and submitted a summary statement from the talk by Carol M. Wallman, DNP, APRN, NNP-BC entitled, "Marijuana, Breast Feeding, and the Use of Human Milk."

Approval of meeting minutes from April 20, 2022: April meeting minutes were sent out with June 2022 newsletter. Becky Davila motioned to approve minutes; 2nd by Denise Easley. Minutes were approved.

Officer Reports-

President: Emily Spellman reminded group that according to IANN bylaws officers elections should be held every 2 years. Emily does not plan to continue as president after this term. She encouraged members to nominate yourself or others for an IANN board position if you are interested in running for office. Pam Kalkhoff will send out the ballot for electronic voting in August, and we will present the slate at the October 2022 meeting.

Vice President: Kayti Steffen had no report.

Secretary: Penny Smith had no report.

Treasurer: Becky Chuffo-Davila submitted a financial report. Education funds are available for IANN members. We had a brief discussion regarding anticipated expenses this year. Becky will add up the credits received from annual conference.

Chair Reports-

Communications: Erin Weber had no report.

Membership: Pam Kalkhoff had no report.

Conference Planning Committee: Barb Smith reported that there were 37 registered participants and 14 vendors (7 paid vendor fee). Dr. Brown's sponsored the conference luncheon; 9 door prizes were given away. Group agreed that it is not too late to give away a free registration for next year's conference. Barb will follow up on this.

Committee Reports-

Advocacy & Outreach: Jean Weber reported for Cyndie Homewood on recent meeting of statewide Perinatal Guidelines Advisory Committee. The Statewide Perinatal Care team in collaboration with the Iowa Department of Public Health is working to get birthing hospitals verified in their assigned level designations for maternal and neonatal care (Level II and III hospitals only). Level IV centers will not be verified by SWPC team, they will be required to hire an outside review team. A LOCATe survey developed by CDC was sent to all birthing facilities. The CEO and OB nurse manager will receive the survey results from IDPH prior to a verification site visit conducted by the SWPC team. At least two weeks before the site visit, hospitals will submit policies and other materials to prove that they are in compliance with Iowa code, <https://www.legis.iowa.gov/docs/iac/chapter/641.150.pdf>. During verification site visits, review team will have face to face discussions with unit managers and hospital administrators to get a feel for what that facility is currently doing. This will help the team to make a more informed decision regarding level designation. The goal will be to have all initial Level II and III verification site visits completed by the end of the calendar year 2023. According to Iowa code , the process of reverification of a hospital participating in the regionalized system of perinatal health care will take place once every three years. However, the PGAC agreed that hospitals might find this challenging for

various reasons. More discussion is needed regarding whether or not this is an appropriate timeframe for reverification. Review team members will be reaching out to other states to gather more information about this. Dr. Dennis Rosenblum is current chairperson of PGAC. Discussions were begun to identify a potential vice chair who could take over as chair when Dr. Rosenblum leaves the position. A proper quorum was not available at this meeting for voting, so this will be discussed at next meeting. The Iowa Guidelines for Perinatal Services, 9th Edition will soon be published online at the IDPH website. Majority of PGAC members agreed with the plan for the SWPC team to establish a formal method for periodic review of the guidelines with the goal of making this a “living” document where authors will be responsible for keeping their appendix current. The process for this is not defined yet, but it will allow for current updates and changes in real time as they happen.

Penny Smith reported on recent activity of Iowa Neonatal Quality Collaborative. IDPH has applied for CDC grant that will be awarded to 22 states to support development of Perinatal Quality Collaboratives. Grant funding will total \$275,000/yr for 5 years. Steph Trusty at IDPH believes Iowa is positioned well to receive grant, states will be notified at end of September. If Iowa is awarded grant, INQC and the Iowa Maternal Quality Care Collaborative (IMQCC) will merge to form Iowa Perinatal Quality Collaborative.

Old Business:

-IANN website: <https://iann.nursingnetwork.com>.

- IANN will continue to support RMH holiday meals in December 2022. Becky will be responsible for making these monetary donations of \$500 to each of the Iowa Ronald McDonald Houses.

New Business:

a. 38th Annual NANN Conference to be held virtually AND live in-person at the Paris Las Vegas Hotel & Casino, September 14-17, 2022; \$250 IANN scholarships are available on first come first served basis. Becky, Emily, Denise E. will be attending virtually.

Next IANN meeting scheduled for **October 19, 2022**, with ZOOM option for meeting and possibly voting poll; Time: Evening possibly with CE offering; Location: TBD in Cedar Rapids; Donation site: TBD chosen by St. Luke's, Cedar Rapids; Sponsor: Mead Johnson.

Chris Parker motioned to adjourn meeting; 2nd by Denise Holida. Business meeting was adjourned at 5:58 pm.

Respectfully submitted,

Penny Smith, BSN, RNC-NIC

IANN Secretary

GENERAL INFORMATION

Nursing Credits:

5.7 contact hours will be granted by University of Iowa Hospitals & Clinics Department of Nursing (BN Approved Nursing Providership #34). Participants must attend the entire program to receive full credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at (319) 356-1238.

Overarching Program Objectives:

- Review education, research, and practice improvements for care across roles, settings and patient populations.
- Identify evidence-based implementation strategies to improve patient outcomes within the children's and women's health care setting.
- Discuss diagnosis, treatment, management, and emerging options for neonatal, pediatric, obstetrics, and women's health populations.

Acknowledgements: The Department of Nursing wishes to thank the exhibitors for their support of this program.

i INFO & UPCOMING CE OFFERINGS

Visit our website for program information and brochures.
uhc.org/nursing-continuing-education-schedule

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at 319-356-1238 or e-mail nursingcontinuing@uiowa.edu.

The U Hospitals & Clinics Department of Nursing's continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, MPH, RN, NP-BC, RN-BC, FAAN.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director and planning committee. Firms providing financial support did not have input in these areas.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, region, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705 (voice), 319-335-0897 (TDD), diversity@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.



UNIVERSITY OF IOWA
HOSPITALS & CLINICS

University of Iowa Health Care

University of Iowa Hospitals & Clinics
Department of Nursing
200 Hawkins Drive
Iowa City, IA 52242-1009

CE Nursing Continuing Education

Children's and Women's Services Fall Nursing Conference

OCTOBER 18, 2022

MEDICAL EDUCATION RESEARCH FACILITY
375 NEWTON ROAD, IOWA CITY, IA 52246
OR
VIRTUALLY VIA ZOOM



CE NURSING CONTINUING EDUCATION

This annual conference is designed to explore patient care innovations for neonates, infants, children, adolescents, and women throughout their life span. Presentations on new evidence-based standards of nursing care as well as new technologies, procedures, and research illustrate the constantly evolving nature of nursing practice in a changing health care environment. Topics address both behavioral and clinical issues that are relevant to nurses and ancillary professionals in a variety of settings including acute care, ambulatory, and community-based practices.

Children's and Women's Services Fall Nursing Conference

Tuesday, October 18, 2022

In-Person

Medical Education Research Facility
375 Newton Road, Iowa City, IA 52246

— OR —

Virtual

Via Zoom

Sponsored by:

Department of Nursing Services and Patient Care (BN)
Approved Provider #34



Changing Medicine. Changing **Kids' Lives.**®

REGISTRATION

Children's and Women's Services Fall Nursing
Conference 2022

TUESDAY, OCTOBER 18, 2022

TUESDAY, OCTOBER 18, 2022

General Information:

- Pre-registration is required
- Online registration only
- Credit card payments only
- Registration is through UI Carver College of Medicine CloudCME

Registration Link: <https://uiowa.cloud-cme.com/course/couseeview/?P=0&EID=50379>

If registration link is not working, copy/paste the link below into your browser and follow the search instructions.

<https://uiowa.cloud-cme.com/>

In yellow menu bar choose click **Live Courses**

In the **Browse By** section, select:

- Nurse under Profession

Click **Find Courses**

Click **Register**

You will need to set up an account if you are a first time user, or sign in if you already have a CloudCME account.

Registration Fee:

- \$50 (Add \$20 after 9/30/2022)

University of Iowa Hospitals & Clinics Employees and Nursing Education Students Fee:

- \$30

When registering you will indicate whether you plan to attend the conference in-person at the Medical Education Research Facility or online through Zoom. Space for in-person attendees will be limited.

Registration closes on October 7, 2022.

Refund policy: Full (minus \$10 cancellation fee) if notification received on or before 10/7/2022.

COVID-19 Precautions: CDC recommendations will guide the layout and structure of this event. We reserve the right to transition the conference to a virtual only event via Zoom based on COVID-19 restrictions. We will provide any necessary updates prior to the event.

09:45-10:20 **Registration & Exhibitors**
10:20-10:30 **Welcome**
10:30-11:30 **Best Practices in Culturally Responsive Care**
Denise Martinez, MD, Associate Dean
11:35-12:20 **Breakout Session One**

Neonatal Neonatal Seizures

Theresa Czech, MD, Clinical Assistant Professor

Pediatrics How has technology helped with Type-1 Diabetes?

Susan Huff, BSN, RN, CDCES, Staff Nurse

Obstetrics & Gynecology ADHD in Women

Carissa Gehl, PhD, ABPP-CN, Clinical Associate Professor, Kaley Boress, PhD, Neuropsychologist

12:20-12:30 **Break**
12:30-13:15 **Breakout Session Two**

Neonatal Current and Future Predictive Modeling for Neonatal Sepsis: Why Documentation Matters!

Lindsey Krake, MD, MS, Clinical Assistant Professor

Pediatrics New and Innovative Pain Control for Nuss Bar Placement

Lindel Dewberry, MD, Fellow Physician 6 Accredited

Obstetrics Category II, What to Do? Fetal Heart Rate Tracing Review

Jeanne Forman, MSN, RN, RNC-OB, C-EFM, C-FMC, Nursing Practice Leader

What Seems so Easy...Supporting Oral Feeding During the Difficult Times
Marissa L. Johnson, MSN, RN, CNL, RNC-LRN, TIP, Clinical Practice Leader

12:30-13:15 **Breakout Session Two Continued**

Gynecology Perinatal & Reproductive Mental Health and the Women's Wellness & Counseling Service

Stacey A. Pawlak, PhD, Clinical Assistant Professor

13:15-14:00 **Lunch & Exhibitors**
14:00-15:10 **Supporting Patient and Family Self-Advocacy and Healing: Patient and Family Perspectives**
Moderator: Tami M. Pollari, MSN, MBA, RN, Associate Director

15:15-16:15 **Breakout Session Three**

Neonatal NICU Patients Diagnosed with Cerebral Palsy

Kathleen Vonderhaar, MD, Clinical Assistant Professor

Pediatrics **Highlights of Inpatient Pediatric COVID-19 and Multisystem Inflammatory Syndrome in Children (MIS-C)**
Anna Schmitz, MD, Clinical Assistant Professor, Mitchell Luangrath, MD, Clinical Assistant Professor

Obstetrics **Obstetric Care in Rural Iowa**
Rebecca Winnike, MSN, ARNP, CNM, Clinical Assistant Professor, Christina Shutters, ARNP, CNM, Clinical Assistant Professor

Gynecology **Differences in Ovarian and Cervical Cancers**
Emily Hill, MD, Clinical Associate Professor

16:15-16:30 **Break**
16:30-17:30 **The Power of Storytelling in Healthcare**
Becky Schmoocke, Mindful Leadership Consultant, Becky's Mindful Kitchen

17:30 **Closing & Adjourning**

Schedule and speakers are subject to change. Faculty are staff of UI Healthcare and/or University of Iowa Colleges unless otherwise indicated.

Contact nursingconf@uiowa.edu or call 319-356-1238 if you have questions.

Conference Scholarships

Would you like assistance with travels to the NANN National Conference? Apply for a \$200 scholarship from IANN..

Need CEUs? Want to go to a different conference or get CEUS online? Apply for a maximum of \$100 scholarship from IANN

Successful grant recipients will:

1. Be a current member of NANN/IANN member.
2. Each individual will be required to share new knowledge with fellow IANN members through a short presentation at an IANN meeting and/or write an article for the IANN Newsletter about something of interest from the conference (a new product, and interesting talk, a person of interest, etc.)

***If you are delinquent in reporting your information, you will forfeit your right to request money for the next year. **

Please submit completed Application Form to:

Becky Chuffo Davila

1991 Ollinger Drive

Coralville, IA 52241

Name:

Address:

E-mail address:

Phone Number:

Conference Attending:

\$ Amount Requested

If I receive this education grant I agree to share learned information with the IANN membership within six (6) months.

Signature

