

# IANN News



**National  
Association of  
Neonatal  
Nurses**

Iowa Chapter

(Official newsletter of the Iowa  
Association of Neonatal Nurses)

<https://iann.nursingnetwork.com>

**January - March 2022**

## What's inside??

- Letter from the President
- Announcements
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## Letter from the IANN President

Happy Spring! I hope this newsletter finds everyone well. For this message, I wanted to give a recap of the 2021 NANN conference that IANN supported me in attending this past year. I am fortunate to have had this opportunity to grow in the profession and learn new information and insights. There were many incredible presentations over the three-day virtual conference. One that stuck out to me was titled *I Just Don't Want to Say the Wrong Thing: Caring for the Unique Family with Confidence*, presented by Dixie K. Weber, MS, RN. She spoke of embracing respect: conceptually, structurally, and with all interactions, and that we all have biases. Some of the situations within NICU care that may arise (and we've all probably encountered) are surrogacy, incarcerated parents, substance abuse disorder, socially complex families, domestic violence, and LGBTQ+ families. She stressed that we must value our families and engage through understanding current practice, interacting with appropriate language, and updating our policies. She spoke of specific situations such as language to use in specific situations, and that judgement must be withheld. She challenges us all to find our respectful care model. This presentation was full of great information and perspectives that I took back to practice about judgment, bias, and respect.

At our January IANN meeting, we were fortunate to show the video of the NANN Closing General Session: *In Case of Emergency: A Filmmaker Witnesses our World*, by Carolyn Jones, filmmaker. This was a truly insightful session about Carolyn's movie *In Case of Emergency*, which was a documentary about healthcare and the crisis we face. Most of it was filmed before the pandemic, with some

additional footage during the pandemic. She featured nurses and patients and was able to capture healthcare in a real way. I highly recommend watching the this. I was able to watch the film on Amazon Video.

I encourage each of you to consider attending the NANN conference in 2022 or sometime in the future. Information is available on the NANN [website](#) . Don't forget that IANN has scholarships available to support attendance to conferences on a first come first served basis.

*Emily*

Emily Spellman, IANN President  
University of Iowa Stead Family Children's Hospital [Emily-Wilson@uiowa.edu](mailto:Emily-Wilson@uiowa.edu)

## Upcoming Events

### 2022 IANN Meetings

- **April 20, 2022**  
6:30 p.m. via Zoom  
<https://uiowa.zoom.us/j/95949753630?from=addon>
- **July 20, 2022**  
Evening time (6:00 ish) after the IANN conference in Des Moines  
Location TBD  
Sponsored by Abbott Nutrition
- **October 19, 2022**  
6:30 p.m. via Zoom

### April Meeting Details

- **April 20<sup>th</sup>, 2022**  
Time: 6:30-8:00pm  
Location: Zoom  
Zoom link:  
<https://uiowa.zoom.us/j/95949753630?from=addon>

## April Meeting Community Donation Site

### **Blank Children's Child Life Book Drive**

*\*More details to come at the April meeting*

## Save the Date!

The 2022 IANN Conference will be held in-person in Des Moines on Wednesday, July 20<sup>th</sup>. More details coming soon!

## Announcements

### **Kangaroo Care Awareness Day May 15, 2022**

To celebrate Kangaroo Care Awareness Day, the University of Iowa Stead Family Children's Hospital NICU will be hosting a Kangaroo-a-thon from May 1<sup>st</sup> – May 15<sup>th</sup>, 2022. This annual fun event helps to support and raise awareness for the benefits of skin-to-skin holding (including modified skin-to-skin) for NICU patients. The event includes unit activities, educational sessions, and tracking of skin-to-skin sessions (hours/patient day). We would love to get a friendly competition among Iowa NICU's and use our power in numbers to support and educate the benefits of skin-to-skin holding. If your hospital is interested in participating in the Kangaroo-a-thon, please reach out to [marissa-johnson-1@uiowa.edu](mailto:marissa-johnson-1@uiowa.edu) for more information. Let's show our support **across Iowa** for skin-to-skin holding to promote infant brain development, neuroprotection, parent-infant bonding, and breastfeeding!

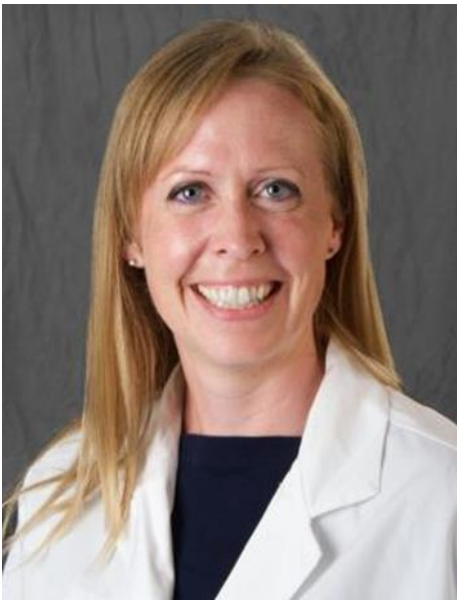
## 2022 IANN Officers



Emily Spellman, President  
University of Iowa Stead Family Children's  
Hospital  
[Emily-Wilson@uiowa.edu](mailto:Emily-Wilson@uiowa.edu)



Penny Smith, Secretary  
University of Iowa Stead Family Children's  
Hospital  
[Penny-smith@uiowa.edu](mailto:Penny-smith@uiowa.edu)



Kathryn (Kayti) Steffen, Vice President  
University of Iowa Stead Family Children's  
Hospital  
[Kathryn-Steffen@uiowa.edu](mailto:Kathryn-Steffen@uiowa.edu)



Becky Davila, Treasurer  
University of Iowa Stead Family Children's  
Hospital  
[rebecca-chuffodavila@uiowa.edu](mailto:rebecca-chuffodavila@uiowa.edu)

## 2022 IANN Members

Lisa Bartruff- UI SFCH, Iowa City  
Donia Bass- Mercy Children's, DM  
Susan Berends - UI SFCH, Iowa City  
Stephanie Boes- UI SFCH, Iowa City  
Katelyn Buehrer - Blank Children's, DM  
Erin Burns - Mercy, Cedar Rapids  
Kathlyn Carroll- UI SFCH, Iowa City  
Brittany Carstens- Mercy, Iowa City  
Kelley Chess - Mercy Children's, DM  
Laura Corbett- UI SFCH, Iowa City  
Becky Chuffo Davila - UI SFCH, Iowa City  
Allyssa Dolphin- Blank Children's, DM  
Denise Easley - St. Luke's, CR  
Rachel Evans - Mercy Children's, DM  
Allison Fagan - Mercy Children's DM  
Emily Feltes- UI SFCH, Iowa City  
Carmen Fernau- UI SFCH, Iowa City  
Kayla Fobian- UI SFCH, Iowa City  
Kristy Fuller- Caring Essentials, LLC  
Danielle Glanz- St. Luke's, CR  
Dawn Goeke- Blank Children's, DM  
Laura Grigsby- St. Luke's, Sioux City  
Amanda Hamilton- Mercy Children's, DSM  
Roxan Hammer - Blank Children's, DSM  
Kirsten Hanrahan, UIHC, Iowa City  
Stacey Happel- Mercy, CR  
Joy Hauge- Mary Greely, Ames  
Jennifer Haverly- St Luke's, CR  
Joan Hengst- Finley, Dubuque  
Alyssa Henscheid- UI SFCH, Iowa City  
Bev Herman - UI SFCH, Iowa City  
Kelsey Hoepfner- UI SFCH, Iowa City  
Denise Holida - UI SFCH, Iowa City  
Cyndie Homewood- St. Luke's, CR  
Teresa Horak, UI SFCH, Iowa City  
Krista Husemann- St. Luke's, CR  
Tasia Ilg- St. Luke's, CR  
Sarah Johnson, UI SFCH, Iowa City  
Kristi Jones- Blank Children's, DSM  
Pam Kalkhoff - UI SFCH, Iowa City  
Lisa Loesch- St. Luke's, CR  
Michelle Martin- Genesis, Davenport  
Elizabeth May- UI SFCH, Iowa City  
Jan McGee - Blank Children's, DSM  
Brittany Miller- UI SFCH, Iowa City  
Kristin Mirocha - St. Luke's, CR  
LouAnn Montgomery - UIHC, Iowa City  
Jennifer Montgomery- St. Luke's, CR  
Bri Mullinnix, UI SFCH, Iowa City  
Laura Neumann- Genesis Healthcare  
Barb O'Rourke- Blank Children's, DSM  
Laura Pabich-Blank Children's, DSM  
Cassandra Palasiewicz- UI SFCH, IC  
Barb Pappas - Blank Children's, DSM  
Cara Paris - UI SFCH, Iowa City  
Chris Parker - Blank Children's, DSM  
Patricia Peterson - Mercy, DM  
Chris Ries- UI SFCH, Iowa City  
Shelley Rocca- St. Luke's, CR

Cindy Running- St. Luke's Sioux City  
Nicole Scar- Mercy, DM  
Melissa Schnackenberg- Covenant, Waterloo  
Dawn Schwartz- ChildServe, DSM  
Debra Sheldon- Mercy, CR  
Barb Smith - Blank Children's, DSM  
Penny Smith- UI SFCH, Iowa City  
Emily Spellman UI SFCH, Iowa City  
Kayti Steffen- UI SFCH, Iowa City  
Teresa Streeter  
Ruth Teesdale, UI SFCH, Iowa City  
Alison Tesensky- UI SFCH, Iowa City  
Jessica Wallace- Blank Children's, DSM  
Kendra Walsh- UI SFCH, Iowa City  
Erin Weber- UI SFCH, Iowa City  
Jean Weber- St. Luke's, CR  
Nicole Weinkauff- St. Luke's CR  
Nancy Woestman- Blank Children's, DSM  
Maritha Guillen Yap - Mason City

## 2022 NANN Members but not IANN

### **Encourage your peers to join IANN!**

Joan Albert - Mercy, CR  
Haley Andrews, UI SFCH, Iowa City  
Kinsey Apodaca  
Cassie Beard - Trinity, Bettendorf  
Katie Buettner, UI SFCH, Iowa City  
Bethany Cobian  
Brittani Felderman  
Carmen Fernau- UI SFCH, Iowa City  
Christina Gillen  
Anita Hallum-La Mere - St. Luke's, Sioux City  
Mia Hanson  
Emily Helland - Blank Children's, DM  
Lee Hover - Mercy, DM  
Shelley Jacobus, UI SFCH, Iowa City  
Beth Kimpson - Bergan Mercy, Griswold  
Kelsey Lenehan  
Charity Mattes  
Katelyn Nolte - UI SFCH, Iowa City  
Sheila Ours, UI SFCH, Iowa City  
Elizabeth Pearson  
Austin Richards, UI SFCH, Iowa City  
Lindsey Rickelfs  
Deanna Robey - Blank Children's DM  
Theresa Smith - UI SFCH, Iowa City

## Interested in membership??

Visit the NANN website @

[www.nann.org](http://www.nann.org)



The 'IANN News' is the official publication of the National Association of Neonatal Nurses - Iowa Chapter. The chapter welcomes the participation of its members in contributing to this newsletter but reserves the right to reasonably edit all items submitted. The opinions herein do not necessarily reflect or express those of the IANN membership or its officers. The 'IANN News' is the responsibility of the Communications Committee. Please forward any contributions to:

Erin Weber  
319-929-0102  
erin-weber@uiowa.edu

## **Business Meeting**

**January 19, 2022**

**Location:** ZOOM

The meeting was called to order at 6:31 pm by Emily Spellman.

**Attendees:** Emily Spellman, Kayti Steffen, Penny Smith, Dawn Schwartz, Barb Smith, Becky Chuffo-Davila, Pam Kalkhoff, Sarah Johnson, Erin Weber

**Meeting Sponsors from Mead Johnson Nutrition:** Janee Enich, RD, LD, CDCES; Sue Veach, Senior Territory Business Manager; Morgan Meinecke, RD, LDN

**Host:** University of Iowa Stead Family Children's Hospital

**Welcome & Introductions:** Emily introduced our guest speakers from Mead Johnson.

**Good News & Recognitions:** Barb Smith completed the Caring Essentials Trauma Informed Care Certificate Program.

**Mead Johnson Presentation:** 1) Supply chain issues: UISFCH is ok. Barb S reported some shortages at Blank Children's. Janee stated that in times where supplies are low, there is usually room in hospital contracts for temporary changes in formula; 2) Human milk fortifier: The new flex pro bottles make it easy to draw up HMF and mix with breastmilk. Mead Johnson HMF comes in standard protein and high protein and is now approved for a 48 hour hold time (shelf life) when kept in the refrigerator; 3) Kaletzko guidelines updated in 2021, Nutritional Care of Preterm Infants, 2<sup>nd</sup> Ed. Based on these recommendations, Mead Johnson has increased the levels of DHA and ARA in their products; 4) Evivo<sup>®</sup> Probiotic, a new probiotic for preterm infants is the only infant probiotic on the market that contains B. infantis. It comes in a single-dose vial and is regulated by the FDA; 5) Enfamil DHA and ARA Supplement is a commercially sterile, emulsified liquid that provides 20 mg DHA and 40 mg ARA per 0.5 ml.

**Meeting Donation Site:** Domestic Violence Intervention Program (DVIP), Iowa City. Donations on the website: [www.Dvipiowa.org](http://www.Dvipiowa.org). Make checks to: DVIP, 1105 S Gilbert Ct Suite 300, Iowa City, IA 52240

**Approval of meeting minutes from October 20, 2021:** October meeting minutes were sent out with the newsletter. Pam Kalkhoff motioned to approve minutes; 2<sup>nd</sup> by Kayti Steffen. Minutes approved.

**Annual Approval of IANN Bylaws 2022:** Becky Chuffo-Davila motioned to approve the IANN Bylaws; 2<sup>nd</sup> by Kayti Steffen. Bylaws approved.



## **Officer Reports-**

**President: Emily Spellman** had no report.

**Vice President: Kayti Steffen** had no report.

**Secretary: Penny Smith** had no report.

**Treasurer: Becky Chuffo-Davila** submitted a financial report. Becky sent a \$500 check to each of the four Ronald Mc Donald Houses in December to fund the annual IANN holiday meals. RMH staff were very grateful for the donations.

## **Chair Reports-**

**Communications: Erin Weber** had no report.

**Membership: Pam Kalkhoff** reported current IANN membership at 78 members.

## **Committee Reports-**

**Advocacy & Outreach:** Nothing to report.

### **Old Business:**

-IANN website: <https://iann.nursingnetwork.com>

- IANN will continue to support Ronald McDonald House holiday meals in December 2022, as we did last year. Becky will be responsible for making these monetary donations.

### **New Business:**

**a.** 2022 IANN Conference Planning: The annual conference will be held in Des Moines on July 20, 2022. We need volunteers for the planning committee and someone to lead the committee. Members should contact Emily Spellman if interested. Barb Smith has a meeting room reserved at Blank Children's Hospital. We had a brief discussion regarding the ongoing plan for the conference committee and Barb's idea of "unusual conditions" as a theme for the conference. Since the conference will be held in Des Moines this year, Emily will send out an email to IANN members from Blank and MercyOne to recruit volunteers for the planning committee. IANN members should send their ideas for unusual conditions to Barb Smith. One suggestion from UISFCH: congenital ichthyosis. Kayti S recommended caution in presenting cases, so as not to violate HIPPA.

**b.** 38<sup>th</sup> Annual NANN Conference, NANN in Vegas will be held at the Paris Las Vegas Hotel & Casino on September 14-17, 2022.

**NANN Connections:** NANN's membership committee hosted the first NANN Connections event of 2022 on February 10, 2022, "Choosing Wellness: Create Your Own Weather in Stormy Times." NANN Connections is a free event for all nurses and APRN's to come together and focus on self-care. For more information, go to <https://www.nann.org/connect>.

Next IANN meeting scheduled for **April 20, 2022**. Location: most likely virtual or Des Moines, it is Blank's turn to host. Donation site: TBD. Sponsor: Abbott Nutrition.

Business meeting was adjourned at 7:13 pm.

After the business meeting: Emily showed the 2021 NANN video by author & filmmaker, Carolyn Jones: "In Case of Emergency: A Filmmaker Witnesses Our World."

Respectfully submitted,

Penny Smith, BSN, RNC-NIC

IANN Secretary

## **Conference Scholarships**

Would you like assistance with travels to the NANN National Conference? Apply for a \$200 scholarship from IANN..

Need CEUs? Want to go to a different conference or get CEUS online? Apply for a maximum of \$100 scholarship from IANN

Successful grant recipients will:

1. Be a current member of NANN/IANN member.
2. Each individual will be required to share new knowledge with fellow IANN members through a short presentation at an IANN meeting and/or write an article for the IANN Newsletter about something of interest from the conference (a new product, and interesting talk, a person of interest, etc.)

\*\*\*If you are delinquent in reporting your information, you will forfeit your right to request money for the next year. \*\*

Please submit completed Application Form to:

**Becky Chuffo Davila**

**1991 Ollinger Drive**

**Coralville, IA 52241**

Name:

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Address:

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E-mail address:

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Phone Number:

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Conference Attending:

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\$ Amount Requested

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If I receive this education grant I agree to share learned information with the IANN membership within six (6) months.

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Signature



