A TIME TO BE THANKFUL

November is a time to be thankful. Many of us have had a long weekend away from the hustle and bustle of our busy schools. Others are now retired and traveling, or maybe spending this time caring for spouses, elderly parents, siblings or children who need our care. Whatever you are called to do, I'm sure that you are giving it your all!

School nursing has enriched our lives in so many ways. There will always be that one student that we will remember forever, because they have touched our hearts. School nurses are special people! We are strong enough to tolerate everything and yet we are soft enough to understand that everyone has their own journey.

My favorite Peloton instructor reminds me that "self-love is never selfish." Please remember to care for yourself throughout this holiday season. RICSNTA is here for you! We continue to be a specialty nursing organization *for all school nurses throughout Rhode Island*. We are the leading experts in school health and we are dedicated to advancing the practice of school nursing. If you haven't renewed your membership, please consider doing it this year. <u>RICSNTA Membership</u> The benefits of joining RICSNTA & NASN will compliment your practice in so many ways.

I am thankful for all of you and for the hard work that you do every day for your students. I am grateful for those members who have accepted committee responsibilities in order to keep this organization running. I look forward to seeing you all again soon!

Be well,

Michelle Iacoi President, RICSNTA