# EDUCATION & LEARNING TIPS FOR ONCOLOGY NURSES & ONCOLOGY NAVIGATORS

**AUGUST IS BACK TO SCHOOL MONTH** 



#### **8 TIPS FOR LEARNING**

- DETERMINE WHAT YOU NEED OR WANT TO LEARN.
- 2. MAKE A SCHEDULE TO FOCUS ON 1-2 TOPICS A WEEK/MONTH. BREAK DOWN LEARNING INTO SMALLER CHUNKS OF INFORMATION.
- 3. USE ONLINE INFORMATION SEE NEXT SLIDE
- 4. DON'T UNDERSTAND SOMETHING? LOOK IT UP. KEEP A GLOSSARY OF WORDS RELATED TO YOUR PATIENT POPULATION.
- 5. KEEP YOUR EARS AND EYES OPEN AND LEARN FROM EVERYONE AROUND YOU. PEOPLE ARE GREAT RESOURCES. KNOW WHO THE EXPERTS ARE AND ASK QUESTIONS IF YOU DON'T UNDERSTAND OR KNOW SOMETHING.
- TAKE TIME TO LEARN FROM YOUR PATIENTS (AND THEIR MEDICAL RECORD). IT REALLY HELPS YOU REMEMBER WHEN YOU RELATE IT BACK TO A PATIENT EXPERIENCE. LET EACH ENCOUNTER BE A LESSON FOR YOU.
- 7. DON'T TRY TO MAKE LEARNING TOO FORMAL. MAKE IT FUN. HAVE A FRIENDLY COMPETITION WITH YOUR COWORKERS. MAKE A TRIVIA GAME OUT OF WHAT YOU NEED TO KNOW. THE BEST WAY TO LEARN IS WHATEVER WILL KEEP YOU ENGAGED.
- 8. NO MATTER WHICH WAY YOU CHOOSE TO LEARN, DON'T STOP; KEEP MOVING FORWARD. ALBERT EINSTEIN SAID "ONCE YOU STOP LEARNING YOU START DYING".

#### FREE ONCOLOGY CE COURSES

- 1. ABBOTT NUTRITION HEALTH INSTITUTE. <a href="http://anhi.org/">http://anhi.org/</a>
- 2. BIG LISTS OF FREE CES <u>WWW.ONCC.ORG/CONTINUING-EDUCATION/BIG-LISTS-FREE-CE</u>
- 3. CLINICAL OPTIONS <u>WWW.CLINICALOPTIONS.COM/ONCOLOGY</u>
- 4. FREE CME <u>WWW.FREECME.COM/SPECIALTIES/HEMATOLOGY-ONCOLOGY</u>
- LEUKEMIA AND LYMPHOMA SOCIETY <u>WWW.LLS.ORG/CONTINUING-EDUCATION-PROGRAMS</u>
- 6. MEDSCAPE ONCOLOGY <u>WWW.MEDSCAPE.ORG/ONCOLOGY</u>
- 7. MY CME <u>WWW.MYCME.COM/</u>
- 8. NCCN <u>HTTPS://EDUCATION.NCCN.ORG/</u>
- 9. ONCOLOGY NURSE ADVISOR <u>WWW.ONCOLOGYNURSEADVISOR.COM/HOME/DEPARTMENTS/CE-COURSES/</u>

Don't forget your facility's learning management system has many Oncology CE courses

### **ONLINE RESOURCES**

- 1. USE THE ONLINE RESOURCES TO HELP YOU LEARN MORE ABOUT SPECIFIC CANCER TYPES AND THEIR TREATMENTS.
- 2. YOU CAN PUT YOUR FAVORITE WEBSITES ON YOUR COMPUTER DESKTOP OR ADD THEM TO THE HOME SCREEN OF YOUR PHONE.
- WEBSITES CREATED FOR PATIENTS ARE SOMETIMES EASIER AND QUICKER TO LEARN FROM THAN THOSE CREATED FOR HEALTHCARE PROFESSIONALS. USE THE RESOURCES THAT WORK BEST FOR YOU.
- 4. MOST BRAND NAME PRODUCTS, LIKE NUTRITION SUPPLEMENTS, MEDICATIONS AND MEDICAL EQUIPMENT, HAVE THEIR OWN WEBSITES WHICH CAN BE GREAT LEARNING RESOURCES.

- 1. AMERICAN CANCER SOCIETY <u>WWW.CANCER.ORG</u>
- 2. ASCO CANCER.NET <u>WWW.CANCER.NET</u>
- 3. CDC <u>www.cdc.gov/cancer/</u>
- 4. CHEMOCARE HTTP://CHEMOCARE.COM/
- 5. FORCE <u>WWW.FACINGOURRISK.ORG/UNDERSTANDING-BRCA-AND-HBOC/INDEX.PHP</u> HEREDITARY CANCERS
- 6. NATIONAL CANCER INSTITUTE (NCI) <u>WWW.CANCER.GOV</u>
- 7. NCI SEER SITE-SPECIFIC MODULES

  HTTPS://TRAINING.SEER.CANCER.GOV/MODULES\_SITE\_SPEC.HTML
- 8. NCCN PATIENT E-BOOKS
  WWW.NCCN.ORG/PATIENTS/GUIDELINES/CANCERS.ASPX
- 9. MEDSCAPE <u>HTTPS://EMEDICINE.MEDSCAPE.COM/ONCOLOGY</u>
- 10. NATIONAL ORGANIZATION FOR RARE DISEASES (NORD) HTTPS://RAREDISEASES.ORG/
- 11. ONCOLINK <u>www.oncolink.org/</u>
- 12. PATIENT RESOURCE <u>WWW.PATIENTRESOURCE.COM</u>

## COC & NAPBC REQUIREMENTS

- FOR COC, EVERY ONCOLOGY
   NURSE/NAVIGATOR WILL NEED 36 CES IN
   A 3 YEAR PERIOD, AN AVERAGE OF 12
   ONCOLOGY CES PER YEAR, UNLESS YOU
   ARE CERTIFIED OCN, CBCN OR ONN-CG
- SEE THE COC STANDARD 4.2 AT
   WWW.FACS.ORG/MEDIA/R2WNJS4H/STA
   NDARD42ONCOLOGYNURSINGCREDENTIA
   LSFAQJUNE-2020.PDF
- FOR NAPBC, EVERY BREAST NAVIGATOR
  WILL NEED 2 BREAST CANCER SPECIFIC
  CES BY THE END OF THE YEAR
  REGARDLESS OF YOUR CERTIFICATION(S)
- SEE NAPBC ACCREDITATION REQUIREMENTS AT

WWW.FACS.ORG/MEDIA/POFGXOJM/NA
PBC STANDARDS MANUAL 2018.PDF

## OTHER RESOURCES

- ONCC RESOURCE CENTER ONLINE/SELF STUDY COURSES <u>WWW.ONCC.ORG/CONTINUING-EDUCATION/ONLINE-SELF-STUDY-COURSES</u> A COMPREHENSIVE LIST OF COURSES AVAILABLE ONLINE FOR ONCOLOGY NURSES/OCN REVIEW
- \* TX RN CE REQUIREMENTS <u>WWW.BON.TEXAS.GOV/EDUCATION</u> CONTINUING EDUCATION.ASP

# "EACH DAY LEARN SOMETHING NEW, AND JUST AS IMPORTANT, RELEARN SOMETHING OLD". ~ ROBERT BRAULT

