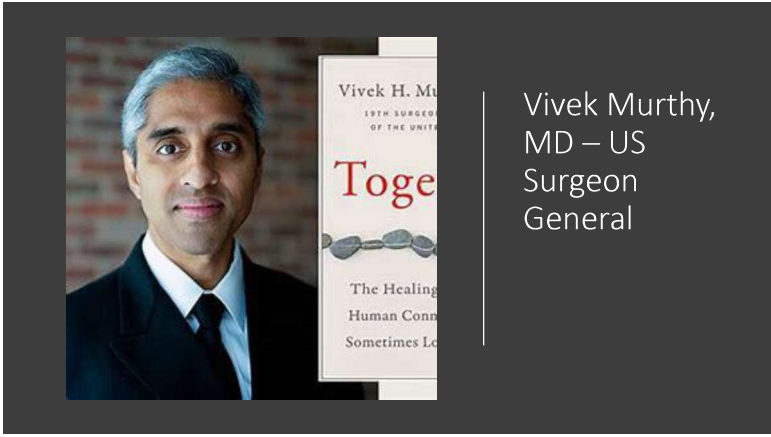
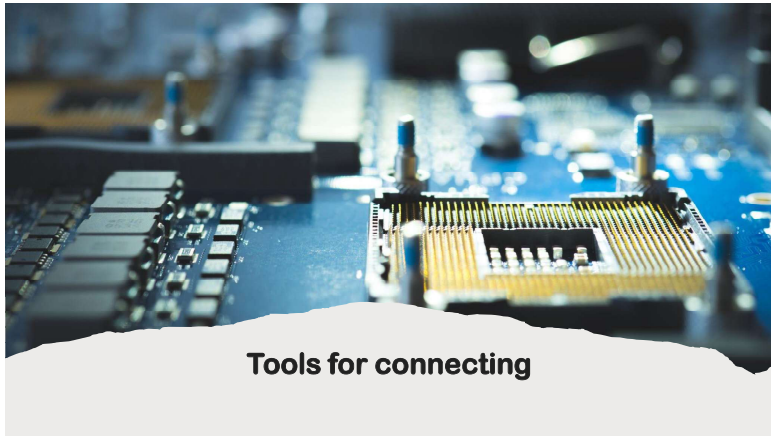




Importance of Connection – Power of Community



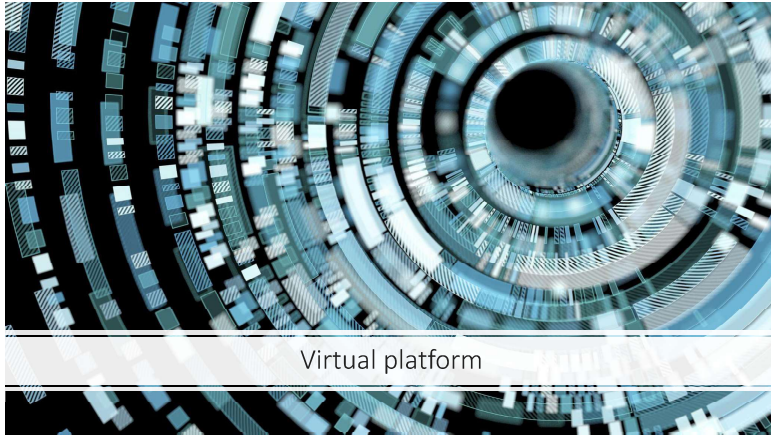
Vivek Murthy,
MD – US
Surgeon
General



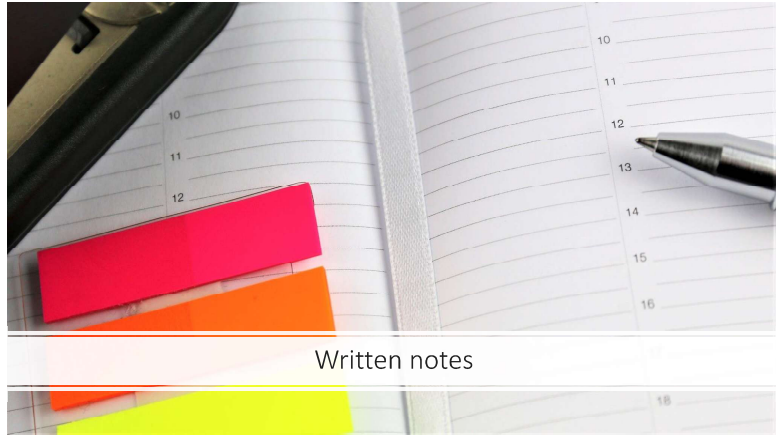
Tools for connecting



Phone call



Virtual platform



Written notes



Social media



Face to face



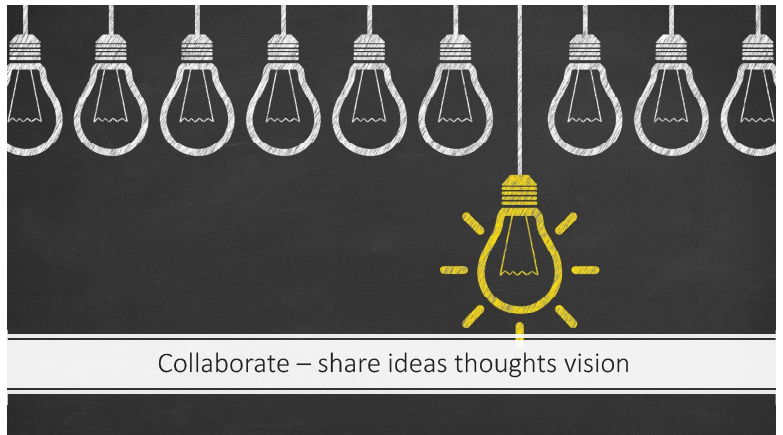
ASpan – Tools for Connecting

- Breathline Newsletter
- Education
- Research
- Strategic Work Teams
- Committees
- Specialty Practice Groups
- Representative Assembly
- JoPAN
- ASpan Social Media – Facebook, Instagram, Twitter, LinkedIn
- Regional Meetings and Events

Why is connection important?



Strengthen relationships



Collaborate – share ideas thoughts vision

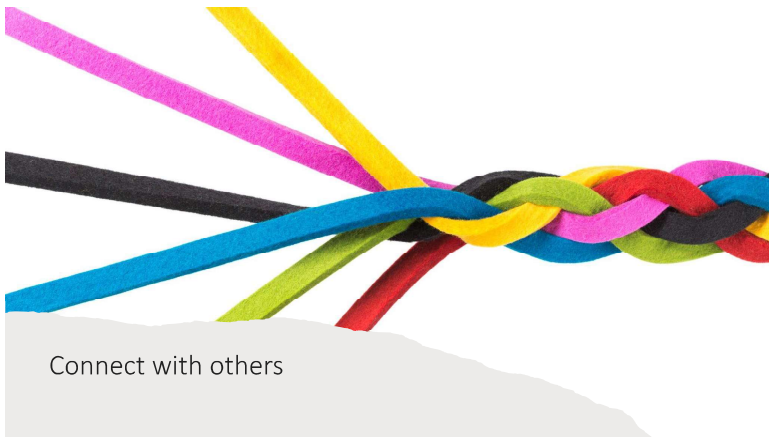


To empower the
perianesthesia nurse

Courage
Advocacy
Respect
Excellence
Service



Predict and understand behavior

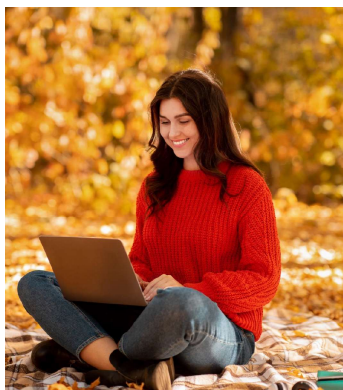


Connect with others



Collaborate
with greater
ease

Experience
greater career
achievements



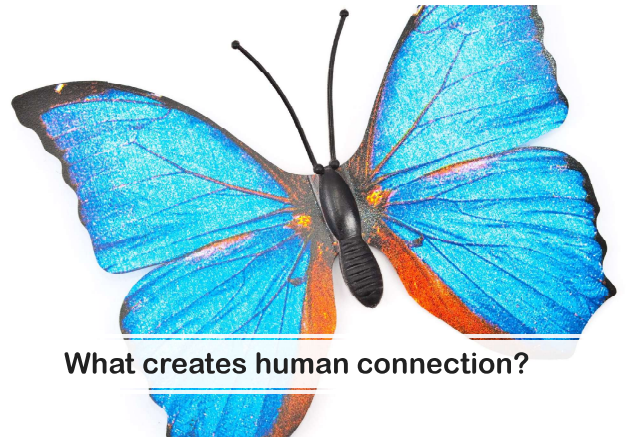
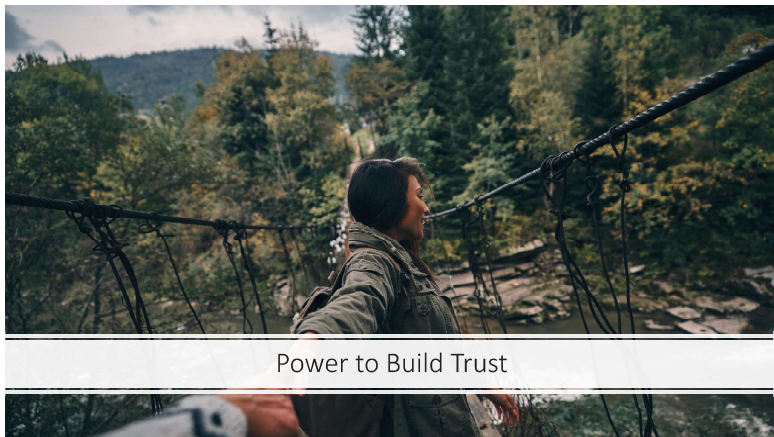
Experience greater financial success

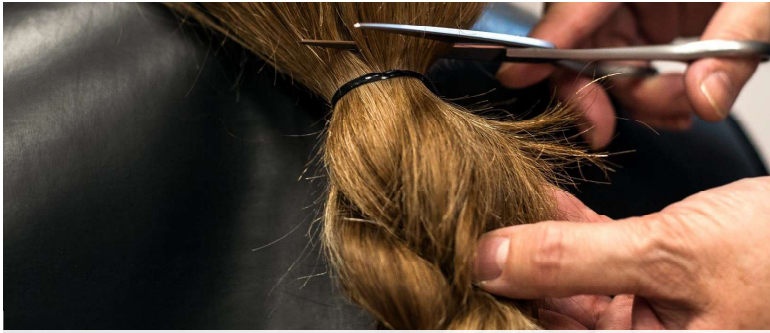


Experience
greater social
success

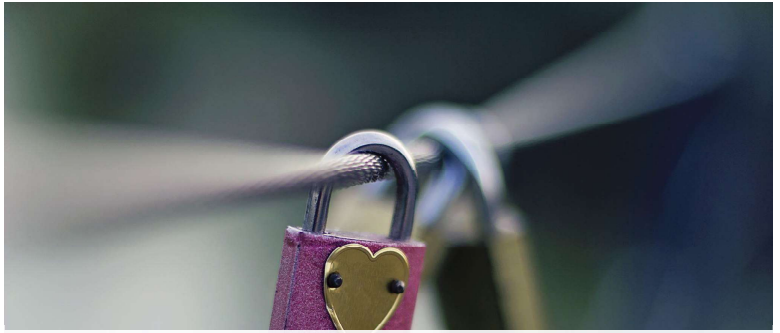


Improve Clinician Wellbeing

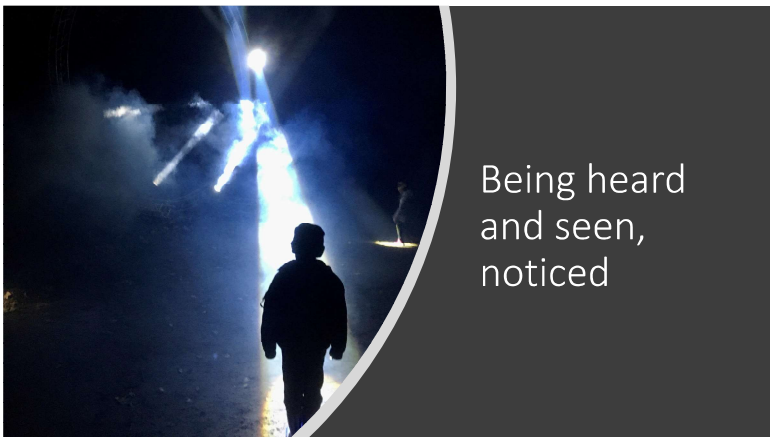




Generosity



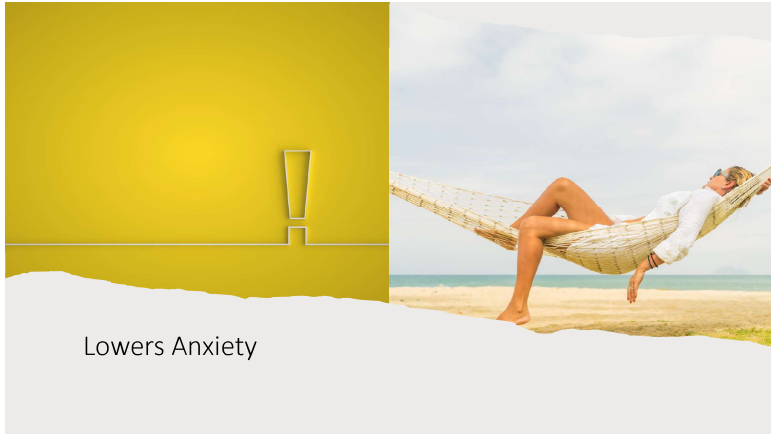
Empathy



Being heard
and seen,
noticed



Benefits of Connecting



Increases
Empathy



Improves Immune System



Ways to Keep
Connection
Strong

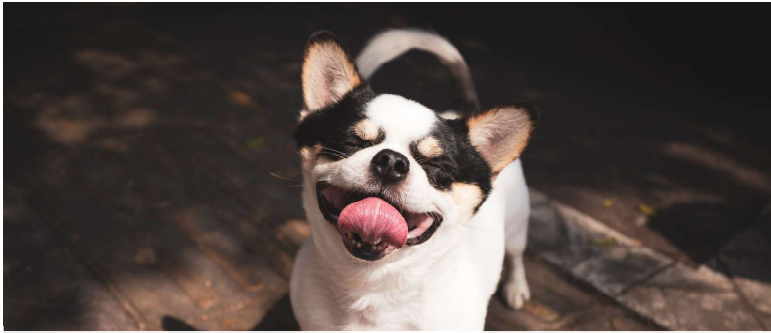


Practice Presence

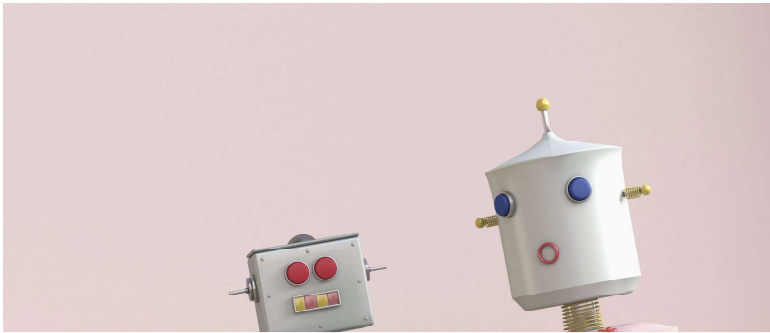




Communicate Effectively and Consciously



Smile



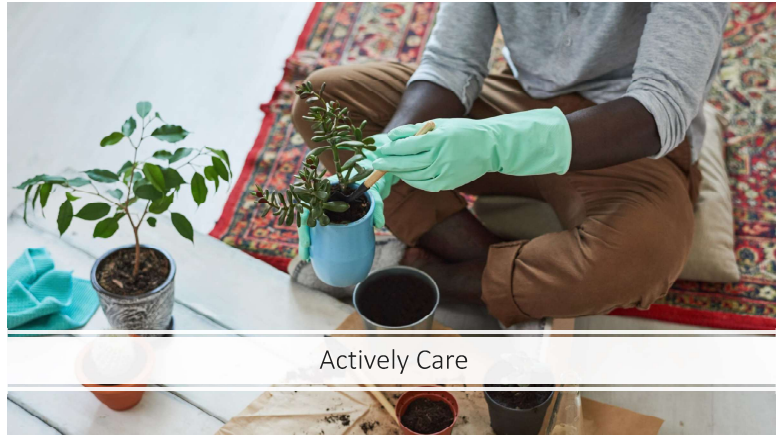
Eye Contact



Schedule Quality Time



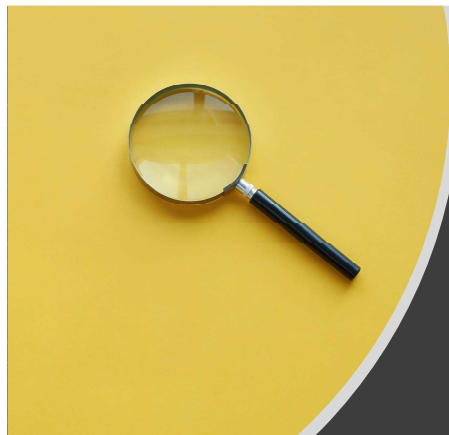
Listen with
Heart



Actively Care



Dig Deeper



Be Authentic



Power of Community



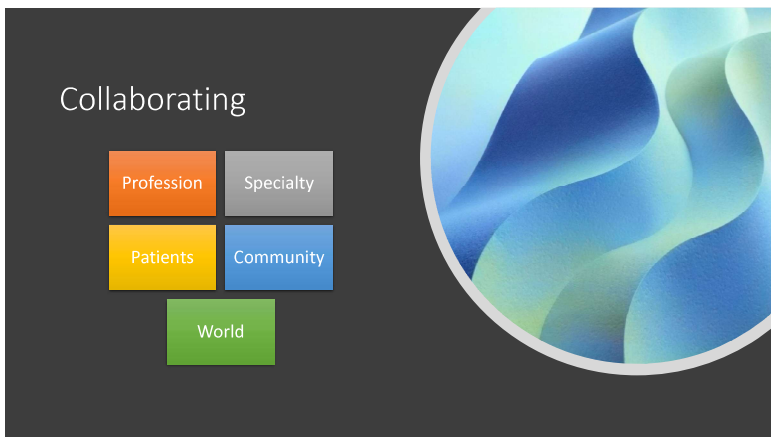
Support



Exchange of
Knowledge



Professional
Development



Increases Ability to Share Resources



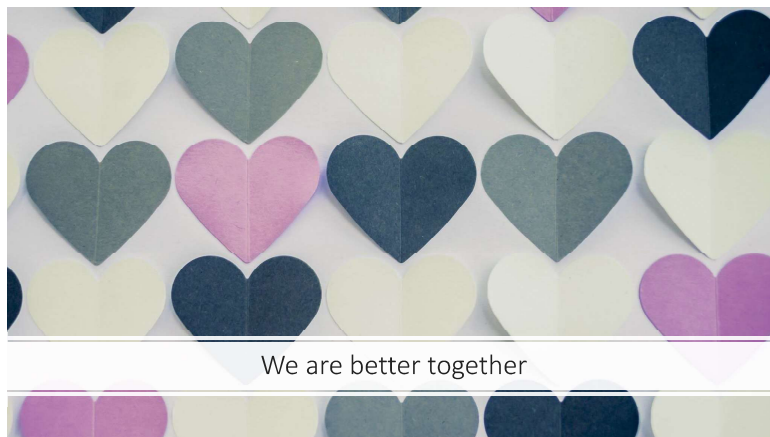
Sense of Community Unites



Develop Resilience and Strength



We are better together





ASpan

American Society of PeriAnesthesia Nurses

Connection and Community

Thank you!



Reference

Vivek Murthy, M. (2019). *Together*.