

AGING MATTERS:

My Way



Overview:

Quality of life as we age varies from person to person and our own way of thinking about getting older and retiring. A lot to think about – where to live - remain in your own home, live in a supported community; figure out what to do and how to spend your time; who is the supportive decision maker when a crisis arises; and feeling comfortable with end of life decisions. Aging Matters: My Way will be an interactive engaging presentation on ways to start having non-threatening conversations about what matters to age “My Way”.

ANNUAL EVENT INFO:

Date: May 13, 2022

Time: 10am-12pm

Place: ZOOM

PRESENTERS:

Linda Crawford
Rn, BSN.
Community Liaison
Bristol Home Care & Hospice

Sophie Withlock,
Rn, BSN, CHPN.
Hospice Liaison
Bristol Home Care & Hospice

Mr. & Mrs. Salvo

Robin Bardino
& participants,
Winsted Senior Center

FREE REGISTRATION:

To register, please email
aaiddct@gmail.com
to receive the zoom link

Questions: email
dory.michaelmartusis@ct.gov

Presented by:

The CT Department of
Developmental Services

ADS CT State Unit on Aging

&

The CT Chapter of the American
Association on Intellectual and
Developmental Disabilities