



## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercare.org](http://www.cancercare.org).

## CONNECT WITH US



### FACEBOOK

[www.facebook.com/CancerCare](http://www.facebook.com/CancerCare)



### BLOG

[www.cancercare.org/blog](http://www.cancercare.org/blog)



### YOUTUBE

[www.youtube.com/cancercareinc](http://www.youtube.com/cancercareinc)



### TWITTER

@CancerCare



### INSTAGRAM

@CancerCareUS

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New York, NY 10001  
800-813-HOPE (4673)

# Online Support Groups

When you or someone you love is affected by cancer, community is what matters most. CancerCare's online support groups connect patients, caregivers and the bereaved with others for shared support, understanding and resources. Each group is moderated by a professional oncology social worker with the goal of creating a confidential and safe place for all members. Each group lasts for 15 weeks.

## BENEFITS OF ONLINE SUPPORT GROUPS

- **Moderated by professional oncology social workers**
- **Private, password-protected groups**
- **Free of charge**
- **Available 24/7 for reading and posting messages**
- **"Bulletin board" message format, not a chat room**
- **Group members are screened prior to joining**
- **Accessible from the privacy and comfort of your own home**

## PATIENT GROUPS

- African Americans with Triple Negative Breast Cancer
- Blood Cancers
- Brain Cancer
- Breast Cancer (Stages I–III)
- Breast Cancer (Metastatic)
- Breast Cancer (Triple Negative)
- Breast Cancer Post-Treatment
- Carcinoid/Neuroendocrine Tumor
- Colorectal Cancer
- Gynecologic Cancers
- Healing With Words – A Therapeutic Writing Group
- Living with Metastatic Cancer
- Lung Cancer
- Melanoma
- Multiple Myeloma
- Ovarian Cancer
- Pancreatic Cancer
- Post-Treatment
- Prostate Cancer
- Young Adults (20–39 years old)
- Young Adults Living with Metastatic Cancer
- Young Adult Post-Treatment (20–39 years old)
- Waldenstrom's Macroglobulinemia

## CAREGIVER AND LOVED ONES GROUPS

- Caregivers – Partners/Spouses
- Brain Tumor Caregivers
- Caring for an Adult Child
- Caring for a Loved One
- LGBTQ+ Women Caregivers
- Lung Cancer Caregivers
- Pancreatic Cancer Caregivers
- Post-Treatment Caregivers
- Triple Negative Breast Cancer Caregivers
- Young adult Brain Tumor Caregiver
- Young Adult Caregivers (20–39 years old)
- Young Adult Caregivers – Partners/Spouses (20–39 years old)

## BEREAVEMENT GROUPS

- Loss of an Adult Child
- Loss of a Parent
- Partner/Spouse
- Young Adults (20–39 years old)

**For more information or to register, visit**  
[www.cancercare.org/support\\_groups](http://www.cancercare.org/support_groups).