

February Cancer Awareness News

February 1, 2022



Key Facts about February Awareness

World Cancer Day (4) - the theme for the next 3 years is [Close the Care Gap](#). Get more information and resources and see how you can take action at www.worldcancerday.org/

Prevent Cancer Month - Nearly 1,736,000 Americans will be diagnosed with cancer this year and more than 606,800 will die. However, research shows that up to 50% of cancer cases and about 50% of cancer deaths are preventable with the knowledge we have today. ([Prevent Cancer Foundation](#)). See the resources section for downloadable cancer prevention information.

Gallbladder Cancer and Bile Duct Cancer Awareness Month – these are two rare cancers of the digestive system. Gallbladder cancer is most often diagnosed incidentally after the gallbladder is removed. Bile duct cancer, also known as [Cholangiocarcinoma](#), is cancer of the bile ducts, inside or outside of the liver. **World Cholangiocarcinoma Day** is Feb 12. Get information on how you can get involved and support this day at <https://globalccaalliance.com/en/world-cca-day>.

Rare Diseases (28) - approximately 1 in 5 cancers is considered rare ([NORD](#)). Get more information about this day at www.rarediseaseday.org/

See the Cancer Awareness page for the full calendar and resources [here](#)

Diversity and Celebrating the Team

The month of February is [Black History Month](#). The theme for 2022 is health and wellness. See more about the theme at <https://asalh.org/black-history-themes/> and more about the diversity calendar at www.diversityresources.com/2022-diversity-calendar/

The Chinese New Year starts on February 1st. This is the year of the Tiger. For more information go to <https://chinesenewyear.net/>.

With the Winter Olympics (4-20) and Super Bowl LVI (13) taking place this month, it's a good time to remember that cancer care is a team effort and that Navigators are a big part of the team - see attached *Oncology Navigators are on your Team*.

Education and Events

Drink for Pink on February 28, benefiting Women Rock. See the flyer at <https://dfwnavigators.nursingnetwork.com/nursing-news/187563-drink-for-pink-breast-cancer-fundraising-event>

NCONA ANNUAL CONFERENCE: Navigation in the Setting of Late Stage and Metastatic Disease
February 25, 2022 See attached flyer

NCCN Nursing Program March 30, Virtual. See details [here](#).

NCCN Annual Conference is now virtual March 31-April 2. See details at www.nccn.org/education-research/educational-events-and-programs/annual-conference.

ONS Cowtown Oncology Symposium in Ft. Worth is March 11th (Colorectal Cancer Updates) and 12th. See details [here](#).

Our next meeting is on February 8th. It will be held virtually. **Time for Your Patients to Refresh** is the topic and the ladies from Hopemore Spa will be talking about their services for oncology patients. Please see details and register [here](#).

Resources for You and Your Patients for Cancer Prevention Month

- [American Academy of Dermatology](#)
- American Cancer Society- for [healthcare professionals](#) and [patients/community](#)
- [American Institute for Cancer Research](#)
- [Cancer Schmancer](#)
- [CDC](#)
- [Colon Cancer Coalition](#)
- [Prevent Cancer- seven steps to prevent cancer](#) (English/Spanish)
- [The Hope Light Foundation](#)

Articles/Blogs:

Winter & Cancer: An Unusual

Link www.nfcr.org/blog/winter-cancer-an-unusual-link/

Quotable Quotes

"We all should know that diversity makes for a rich tapestry, and we all must understand that all the threads of the tapestry are equal in value no matter what their color." – Maya Angelou

“Never underestimate the power of dreams and the influence of the human spirit. We are all the same in this notion: The potential for greatness lives within each of us.” —Wilma Rudolph, Olympic champion

“Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed.” —Booker T. Washington

“The battles that count aren’t the ones for gold medals. The struggles within yourself—the invisible, inevitable battles inside all of us—that’s where it’s at.” - Jesse Owens, Olympic Champion