

We're here for you.

Call our 24/7 hotline: **1-855-OMG-AYAC**

FWAYA.org

Connect with FWAYAOC.



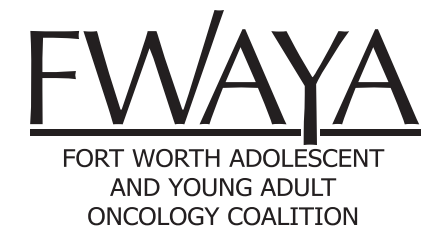
You're already juggling a million things. School. Relationships. Career. Independence. Maybe kids. Every day, you're trying to figure out where you're going and how to get there.

Now you've got a life-threatening disease on top of it all.

**CANCER.
DIDN'T
SEE THAT
COMING.**

The Fort Worth Adolescent and Young Adult Oncology Coalition (FWAYAOC) formed in 2011 when the entire Fort Worth oncology community came together to bridge the gap in cancer care for adolescent and young adult (AYA) patients. As a 501(c)3 non-profit organization, we aim to improve AYA survival rates by raising awareness, building support systems, engaging in research and educating health professionals. Learn more and lend your support at FWAYA.org.

**Facing cancer as an
adolescent or young adult**





LIFE JUST GOT TOUGHER. YOU WILL, TOO.

We're here to help – your own personal team of adolescent and young adult (AYA) cancer experts and survivors. Here's what you need to get started.

KNOW WHAT YOU'RE DEALING WITH

- **Understand your diagnosis.** Read about it at Cancer.gov/Types.
- **Avoid infertility.** Preserve your chances of having children after treatment; learn how at MyOncoFertility.org.
- **Get proactive.** Find questions to ask your doctor about AYA-specific cancer care on our website, FWAYA.org.

BUILD YOUR SUPPORT SYSTEM

- **Online communities and support groups** are great for venting or comparing notes with fellow AYAs. Find a list at FWAYA.org.
- **Camps and retreats** offer opportunities to go hiking, rafting and more with fellow AYAs - usually for free. Find a list on our website.
- **Mentors** who survived the same type of cancer can help you through the rough spots. Find one through ImermanAngels.org.

PLAN YOUR FINANCES

- **Ask your doctor's office** about payment plans and generic prescriptions.
- **Stay on track at school and work** with advice from one of our social workers, or search a full list of resources at CriticalMass.org/MissionControl.
- **Apply for grants and scholarships** to help cover transportation, child care, prescription or education costs. Find a list on our website.

FIND IT ALL AT FWAYA.ORG
OR 1-855-OMG-AYAC

