

The Bridge

AORN of The San Francisco Bay Area



Chapter #0512

March 2022

Upcoming Events

- | | |
|-----------------------|---|
| April 1 | AORN Live Webinar
Safe Patient Positioning |
| April 7 | Chapter Board Meeting
via Zoom |
| April 19 | AORN Live Webinar
Processing Reusable
Flexible Endoscopes |
| April 20 | AORN Live Webinar
Running a Robotics
Steering Committee |
| April 21 -
June 21 | AORN Expo 2022
Virtual Pass |
| April 23 | MedShare
volunteer morning |
| April 30 | Monthly Group Hike |
| May 5 | Chapter Board Meeting
via Zoom |
| May 7 | Spring Education Workshop
San Jose |

A job is how you make money.
A career is how you make your mark.
A calling is how you acknowledge
a higher vision, whatever it may be.

~ Deepak Chopra

Co-President's Message

I'd like to take this opportunity to invite all chapter members to attend our Spring Education Workshop scheduled for May 7, 2022. This will be the return of our annual event since the pandemic. It is unique in several ways. First, it's earlier in the year because we didn't want to wait until autumn for us all to reconnect in person. As social creatures and nurses, we thrive when we gather. Secondly, we are partnering with the Silicon Valley and Central Valley Chapters and so we are thinking of this event as our version of a "Mini-Expo". Thirdly, the focus was shifted from direct and specific clinical care content to those things inherent to impacting the practice and career of the individual peri-operative nurse. Lastly, this is the first time we have an all-RN panel. Nurses presenting to nurses about topics unique to nurses. Our platinum sponsor Stryker will also contribute with a CEU presentation.

We believe the topics are of interest and importance to each member. Beyond collegiality and networking, another goal of this education event is to increase your knowledge and stimulate thought for your current and future career paths. One of the benefits of a nursing career, in any clinical specialty, is the expansive opportunities it provides. Our hope for this day is encourage consideration of those other options, recognize and celebrate the skill sets unique to our profession, and motivate you to think outside the box to enhance and expand your career.

Having just returned from the AORN Global Surgical Conference and Expo in New Orleans after the 2-year interruption, I was reminded of the importance of our nursing community and commitment to our patients. I was also reminded, and equally importantly, of the responsibility we each have to commit to self-care and ensuring the direction of our career is well-paved with knowledge, evidence, creativity, and collaboration. Please see the flyer in this newsletter or our chapter website in the "Upcoming Events" tab. Print it, post it at your workplace, and then register to attend! In closing, we hope to see you all on May 7th and look forward enjoying the day together.

Best,
Colleen Fiammengio
Co-President

Chapter Officers & Board

2020 - 2021

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Nominating Committee

We recently put out a call for a few good members to volunteer to serve on our Nominating Committee. We are excited that Adelfa Bollozos and Carmela Palacio have again stepped forward to answer our call!

As members of this important committee, they will be tasked with selecting qualified candidates for each of the open board positions, presenting a ballot to the membership for our chapter elections in May, and then announcing the results of the election.

Thank you Adelfa and Carmela!!!



Clinical Corner

A Nurse asks: How do you handle a cranial bone flap that has fallen on the floor?

Answer: Unfortunately, nobody has published any studies to support any one solution to this problem. Your hospital should have a policy regarding contaminated autogenous flaps. If it does not, there have been several options used with no reported incidence of surgical site infection, provided appropriate post-operative antibiotic coverage has been maintained.

Option I: Discard the flap and perform a cranioplasty using methyl methacrylate, titanium mesh plate or another suitable implant material.

Option II: Using sterile gloves to handle the flap, in a sterile basin, soak the flap in a half-strength solution of povidone-iodine 10% (or use povidone-iodine 5% solution) for approximately 20 minutes. With a new pair of sterile gloves, rinse the flap with sterile saline and return it to the field.

Option III: With sterile gloves, rinse the flap with sterile saline and place the bone flap in a flash sterilizer for 3 minutes. Allow it to cool before reimplanting it.

If you have any questions about clinical issues, please contact Alice Erskine, MSN, RN, CNOR at aerskine52@comcast.net.

Chapter Elections - Call for Candidates

Are you interested in becoming more actively involved in your professional organization? Are you looking for an opportunity to grow your leadership skills? Do you enjoy networking and collaborating with your colleagues? Then consider joining the board of your AORN of The San Francisco Bay Area Chapter!

We have several members who will be completing their term of office this June. This is your chance to serve in one of a number of open positions and help direct the future of our chapter. We are looking to fill the following:

President (1 to be elected)

President-elect (1 to be elected)

Vice-President (1 to be elected)

Treasurer (1 to be elected)

Corresponding Secretary (1 to be elected)

Board of Directors (2 to be elected)

The description for the duties of each open position and willingness-to-serve forms can be found on the menu at our chapter website, aornsfbayarea.nursingnetwork.com under the heading "Willingness to Serve". Should you have any questions or need clarification about the duties of an office, please contact us at our chapter email or use the "Contact Us" link on our website menu. The deadline to submit a willingness-to-serve form is April 30, 2022. Elections will take place in mid May.

Please send completed forms, along with a picture (headshot), to aornsfbayarea@gmail.com.



VIRTUAL PASS
On-Demand | Starting April 21

Were you unable to join us in person? Attend from the comfort of home and get access to select sessions and experiences online.

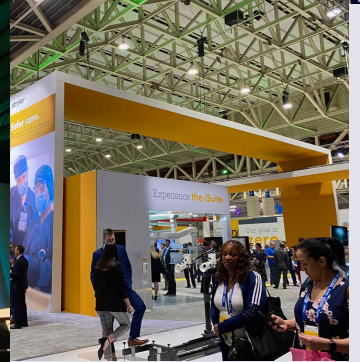
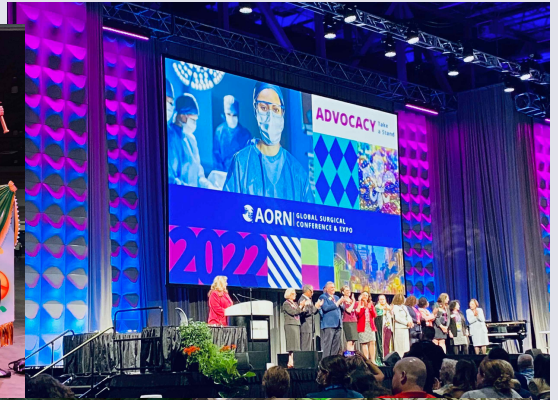
- 150 contact hours!
- 50 breakout education sessions
- 3 inspirational keynote talks
- Exhibitor education library (50 topics to choose from)
- Virtual poster gallery
- Vendor listing and product directory
- Giveaways and exclusive deals

PRICING:

\$199 member
\$375 non-member

REGISTER NOW

AORN | GLOBAL SURGICAL
CONFERENCE & EXPO
March 19-23, 2022 • New Orleans, LA



Member Spotlight

In previous newsletters we've featured our chapter officers and board members in the Spotlight. Starting with this issue, we'd like to introduce you to some of our chapter members in our Member Spotlight. If you know someone whom you think should be featured, please submit their name to Joy Chau at jbchaurn@gmail.com.

Katelyn Adkins, BSN, RN

Where do you work? I'm a staff nurse III at Alta Bates Summit Medical Center in Oakland CA

How long have you been an OR nurse? I have been an OR nurse circulator for 6 years with Sutter Health.

Specialty/specialties? I work in a variety of specialties including cardiac, general, robotic, breast, orthopedic, GYN, some urology and ENT.

What do you do to relax or have fun outside of work? My husband and I have a happy and healthy 10 month-old daughter that is our world! We have been chicken parents for the past 8 years and always have a house project on the horizon. To relax I spend time reading up on my current hobby, right now that's all things landscaping, hopping on the Peloton for a good sweat, or taking a nature walk with my family.

What inspired you to become an OR nurse? I didn't realize how much passion I had for the OR until I got a job in the specialty. In my 1st year as a nursing student I was granted one observation day in the OR. I was fascinated with the surgeries but looking back, I wished the OR nurse had taken the time to educate me on her role. Fast-forward a few years and after some time working in aesthetics, I was fortunate enough to be offered a position to be trained as a Nurse Circulator and it was a perfect match! There is nothing quite like being apart of a surgical team, and I was immediately overcome with pride in my role. I am inspired by those who have mentored me, especially my nursing colleagues. As I have grown in my career, I continue to be passionate and want to inspire others by sharing my knowledge. This specialty is one of a kind and requires a nurse in the field to have a true passion for the OR's dynamic environment.

What do you enjoy about being an OR nurse? No patient or procedure is the same. Patients awaiting a surgical procedure are often nervous and/or tense. I enjoy sharing compassion with my patients, not only being their advocate but instilling confidence and a sense of security to them. There is no better feeling than that.

If you hadn't become a nurse, what career would you have chosen? I love to be creative and I appreciate a well designed and decorated space. If nursing was not my chosen career path, I would have loved to live in the world of design.



REGISTRATION
OPEN
Space is limited!

AORN of The San Francisco Bay Area
in partnership with AORN Silicon Valley, CA presents

SPRING 2022 EDUCATION WORKSHOP

Saturday, May 7, 2022 | 8 am - 5 pm
Stryker | 5900 Optical Court, San Jose, CA

A valuable education event for RNs and nursing students to engage & learn!
Informative RN speakers • Interactive vendor stations • Raffle prizes

**Breakfast and lunch included with wine tasting available on site*

REGISTRATION DEADLINE: APRIL 29

NURSING STUDENTS: \$25

AORN MEMBERS: \$50

NON-AORN MEMBERS: \$60

REGISTRATION & MORE INFORMATION:

AORNSFBAYAREA.NURSINGNETWORK.COM



Speakers include*:

- Rosemary Welde, RN - Documentation: Your License Could Depend On It
- Adriene Clarke, RN - Promoting Advanced Certifications
- Colleen Fiammengo, RN - Entrepreneurship in Nursing
- Jeannine Graves, RN - The Nurse Practice Act & You
- Stryker Representative - Topic TBA

**Speakers/topics subject to change prior to event **Contact hours may increase depending on vendor presentations.*

Provider approved by the California
Board of Registered Nursing,
Provider Number 3414, for

6 contact hours**



stryker®

AORN's Perioperative Nursing Data Set

by Thomas Koehler, MSN, RN, CNOR

Working in the operating room, we frequently use terms and language which may sound confusing to those who don't work in the operating room. For patients, the names of surgeries may sound foreign because their names are derived from Greek and Latin. Even co-workers in the central processing department call instruments and supplies something different than what our surgical staff calls the same item. Having two sets of staff communicating about instruments in almost two different languages has the potential to cause some confusion and delays. Standardized language and definitions are important, and that is why language unique to perioperative nurses called the Perioperative Nursing Data Set (PNDS) was created. The PNDS was created by AORN and is recognized by the American Nurses Association (ANA) as the first nursing language created by a specialty organization.

The PNDS represents nursing knowledge in the form of a coding language used by perioperative nurses to document nursing care from preadmission all the way to patient discharge. The PNDS captures important clinical data points used in analysis aimed at improving patient outcomes. These data elements of the PNDS are collected and grouped into larger data sets which are then used for analysis (Peterson, 2011). Evidence can be generated from the data to support nursing practice and improve patient outcomes.

The PNDS contains defined terminology for nursing assessments, evaluations, implementation, outcomes, and problems. Terminology used in the PNDS must be standardized which is vital to its use with more widespread larger clinical information processing systems such as SNOMED_CT. The PNDS must also be adaptable to the influence perioperative nurses have on patients and can be updated to reflect changes in evidence and practice (Petersen & Kleiner, 2011).

The information we place in a patient's chart is important for a number of reasons. One of the lesser-known reasons your charting is important is because those data points can be used to improve evidence-based nursing practice and patient outcomes.

Petersen, C. and Kleiner, C. (2011), Evolution and Revision of the Perioperative Nursing Data Set. AORN Journal, 93: 127-132. <https://doi.org/10.1016/j.aorn.2010.07.015>

Petersen C, ed. Perioperative Nursing Data Set. 3rd ed. Denver, CO: AORN, Inc; 2011.

VOLUNTEER WITH US!



RSVP @ aornsfbayarea.nursingnetwork.com

MedShare is a nonprofit organization dedicated to improving the environment and healthcare through the efficient recovery and redistribution of surplus medical supplies and equipment.

Join us as we sort medical supplied for shipment to underserved healthcare facilities in developing countries.

 **Sat., April 23rd, 2022**

 **9.00 AM - 12.00 PM**

 **2937 Alvarado St.
San Leandro, CA**

 **Casual Attire (Layers)
Closed Toe Shoes**



Questions? Contact Pam Catlett @ p.catlett@att.net

More Info medshare.org

Monthly Group Hikes

How about reducing some stress and improving our well-being while we connect and network with each other! What better way to accomplish this than to get outside and enjoy nature during a hike! Join us on the last Saturday of the month for our group hike. Do you have a favorite trail you'd like to suggest? Email Joy at jbchaurn@gmail.com.

January - Land's End, SF



February - Briones Regional Park, Lafayette



March - Point Pinole Regional Shoreline, Richmond



**NEXT HIKE
APRIL 30TH
LOCATION - TBA**

