

IANN News



**National
Association of
Neonatal
Nurses**

Iowa Chapter

*(Official newsletter of the Iowa
Association of Neonatal Nurses)*

<https://iann.nursingnetwork.com>

Oct- Dec 2021

What's inside??

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From the President

Happy Holidays IANN members. I hope this newsletter finds everyone well and that you can enjoy your holidays of choice with family and friends. We continue in this unprecedented and challenging time in healthcare. We continue to see challenges that we have never before experienced. Through all of this, we have much to be grateful for. I challenge you to find gratitude. Gratitude is the expression of appreciation, an affirmation of goodness and warmth. We can all find gratitude in something every day. Studies have shown that specific areas of the brain are involved in experiencing and expressing gratitude, and brain scans of people assigned a task that stimulates gratitude show lasting changes in the prefrontal cortex that impact future experiences of gratitude. People who are grateful feel less pain, less stress, suffer less insomnia, have stronger immune systems, experience healthier relationships, and do better both academically and professionally. Just being around your friends and family can help you feel more grateful. Consider keeping a gratitude journal, writing down or talking about three good things per day, or writing thank you notes. I wish you all a safe, happy, and grateful holiday season.

Reference: [Gratitude | Psychology Today](#)

Emily Spellman, IANN President

University of Iowa Stead Family Children's
Hospital, Iowa City, emily-wilson@uiowa.edu

The 'IANN News' is the official publication of the National Association of Neonatal Nurses - Iowa Chapter. The chapter welcomes the participation of its members in contributing to this newsletter but reserves the right to reasonably edit all items submitted. The opinions herein do not necessarily reflect or express those of the IANN membership or its officers. The 'IANN News' is the responsibility of the Communications Committee. Please forward any contributions to:

Erin Weber
319-929-0102
erin-weber@uiowa.edu

January Meeting Community Donation Site

Domestic Violence Intervention
Program, Iowa City

Donations to: [How to Donate - Domestic
Violence Intervention Program \(dviuiowa.org\)](https://dvi.uiowa.org)

DVIP
1105 S. Gilbert Ct Suite 300
Iowa City, IA 52240

2022 IANN Meetings

- **January 19th**
Time: 6:30pm
Location: Zoom
Sponsor: Mead Johnson
- **April 20, Time TBD**
- **July 20, Time TBD**
- **October 19, Time TBD**

January Meeting Details

- **January 19th**
Time: 6:30-8:00pm
Location: Zoom
Zoom link:
<https://uiowa.zoom.us/j/92954494367?from=addon>.

The first 30 minutes will be the business meeting and the last hour will be a presentation from the 2021 NANN conference. This keynote presentation is by Carolyn Jones, BS, a documentary film maker. *The American Nurse: In Case of Emergency: A Filmmaker Witnesses our World*. This is a wonderful gift that NANN has given to allow us to show this session to our membership. Mark your calendars, plan to join, and encourage your IANN colleagues to join as well!

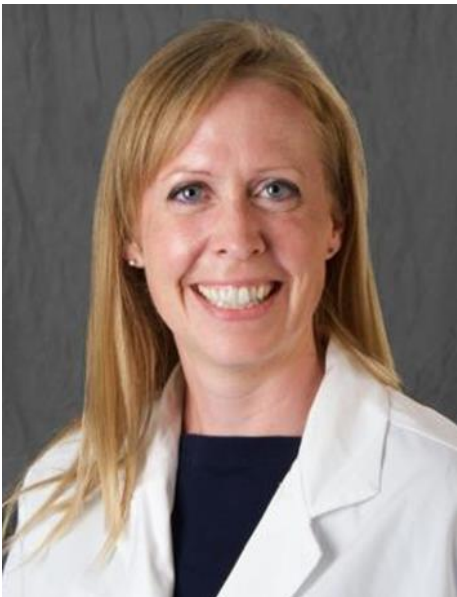
2022 IANN Officers



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Becky Davila, Treasurer
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rebecca-chuffodavila@uiowa.edu

2021 IANN and NANN Members

Donia Bass- Mercy Children's, DSM
Susan Berends - UISFCH, IC
Stephanie Boes- UISFCH, IC
Erin Burns-
Kathlyn Carroll- UISFCH, IC
Brittany Carstens- Mercy, IC
Kelley Chess - Mercy Children's, DSM
Laura Corbett- UISFCH, IC
Becky Davila - UISFCH, IC
Allyssa Dolphin- Blank Childrens, DSM
Denise Easley - Retired
Allison Fagan, Mercy CR
Emily Feltes- UISFCH, IC,
Kayla Fobian- UISFCH, IC
Kristy Fuller- Caring Essentials, LLC
Danielle Glanz- St. Luke's, CR
Dawn Goeke- Blank Children's, DSM
Laura Grigsby- St. Luke's, Sioux City
Amanda Hamilton- Mercy Children's, DSM
Roxan Hammer - Blank Children's, DSM
Kirsten Hanrahan - UISFCH, IC
Stacey Happel- Mercy, CR
Joy Hauge- Mary Greely, Ames
Jennifer Haverly- St Luke's, CR
Joan Hengst- Finley, DBQ
Alyssa Henscheid- UI Children's, IC
Bev Herman - UISFCH, IC
Kelsey Hoeppner- UISFCH, IC
Denise Holida - UISFCH, IC
Cyndie Homewood- St. Luke's, CR
Teresa Horak, Covenant, Waterloo
Krista Husemann- St. Luke's, CR
Tasia Ilg- St. Luke's, CR
Christina Johnson- St. Luke's, CR
Kristi Jones- Blank Children's, DSM
Pam Kalkhoff - UISFCH, IC
Amy Kenyon, Mercy Des Moines
Megan Laetare- St. Luke's, CR
Lisa Loesch- St. Luke's, CR
Michelle Martin- Genesis, Davenport
Elizabeth May- UISFCH, IC

Jan McGee - Blank Children's, DSM
Brittany Miller- UISFCH, IC
Kristin Mirocha,
Jennifer Montgomery- St. Luke's, CR
LouAnn Montgomery - UISFCH, IC
Laura Neumann- Genesis Healthcare
Barb O'Rourke- Blank Children's, DSM
Laura Pabich-Blank Children's, DSM
Cassandra Palasiewicz- UISFCH, IC
Barb Pappas - Blank Children's, DSM
Cara Paris - UISFCH, IC
Christine Parker - Blank Children's, DSM
Kerianne Rice- UISFCH, IC
Chris Ries- UISFCH, IC
Laura Rizer- Mercy Children's, DSM
Shelley Rocca- St. Lukes, CR
Cindy Running- St. Luke's Sioux City
Nicole Scar-
Melissa Schnackenberg- Covenant,
Waterloo
Dawn Schwartz- ChildServe, DSM
Debra Sheldon- Mercy, CR
Barb Smith - Blank Children's, DSM
Penny Smith- UISFCH, IC
Emily Spellman- UISFCH, IC
Kayti Steffen- UISFCH, IC
Ruth Teesdale, UISFCH, IC
Alison Tesensky- UISFCH, IC
Jessica Wallace- Blank Children's, DSM
Kendra Walsh- UISFCH, IC
Erin Weber- UISFCH, IC
Jean Weber- St. Luke's, CR
Nicole Weinkauf- St. Luke's CR
Nancy Woestman- Blank Children's, DSM
Martha Guillen Yap, Unity Point

Interested in membership??

Visit the NANN website @

www.nann.org



Business Meeting

October 20, 2021

Location: ZOOM

The meeting was called to order at 6:33 pm by Emily Spellman.

Attendees: Emily Spellman, Kayti Steffen, Penny Smith, Susan Berends, Denise Easley, Dawn Schwartz, Barb Smith, Becky Chuffo-Davila, Melinda Crawford, Pam Kalkhoff, Deb Sheldon

Welcome & Introductions: Emily asked members and guests to introduce themselves.

Meeting Sponsors from Abbott Nutrition: Mindy Crawford, MBA, RD-Clinical Specialist; Brooke Krog, RD, LD

Abbott Presentation: Update on Similac Probiotic Tri-Blend: Suitable for hospital use, mixes easily with small volumes of breast milk, use one sachet per day mixed with 3ml breastmilk, donor breastmilk, formula, or sterile water. Update on Similac HMF HP CL. Update on Similac premature nutrition discharge program: Families can receive one free case of specialty products, including HMF; also includes NeoSure product. Mindy shared the discharge program enrollment form. New from Abbott: 24/7 Online Nutrition Hub, Pediatric ProConnect. Brooke Krog offered to provide support for future initiatives and educational programs sponsored by IANN. Emily will follow-up with Brooke regarding future collaboration with Abbott.

Good News & Recognitions: 1) Emily recognized LouAnn Montgomery from UIHC who was recently inducted as a Fellow in the American Academy of Nursing. 2) Several IANN members from Cedar Rapids, St. Luke's recently graduated from the Trauma Informed Care Program: Jenny Haverly, Jenni Montgomery, Megan Laetare. Emily announced that UIHC received a grant to fund cost of attendance for 50 staff members. Barb Smith is currently enrolled in the program. She reported that Blank Children's Hospital received a discount on cost to attend, 10-20%. Barb stated that the modules are interesting and worth the time commitment. 3) Becky Chuffo-Davila (Listening Visits) and Jessica Wallace (Cooling Program Update) will be presenters at Iowa Neonatology Day on October 22, 2021.

Meeting donation site: Count the Kicks. Monetary donations can be mailed to Count the Kicks, PO Box 71093, Clive, IA 50325; Email address: www.CountTheKicks.org

Approval of meeting minutes from July 14, 2021: Kayti Steffen motioned to approve minutes; 2nd by Dawn Schwartz. Minutes approved.

Meeting Sponsors from Abbott Nutrition: Mindy Crawford, MBA, RD, Clinical Specialist; Brooke Krog, RD, LD

Abbott Presentation: Update on Similac Probiotic Tri-Blend: suitable for hospital use, mixes easily with small volumes of breast milk, use one sachet per day mixed with 3ml breastmilk, donor breastmilk, formula, or sterile water. Update on Similac HMF HP CL. Update on Similac premature nutrition discharge program: families can receive one free case of specialty products, including HMF; also includes NeoSure product. Mindy shared the discharge program enrollment form. New from Abbott: 24/7 Online Nutrition Hub, Pediatric ProConnect. Brooke Krog offered to provide support for future initiatives and educational programs sponsored by IANN. Emily will follow-up with Brooke regarding future collaboration with Abbott.

Officer Reports-

President: Emily Spellman reported that NANN has created a link to the video presented at the 37th Annual Conference, “The American Nurses Project and Defining Hope” by author and filmmaker Carolyn Jones. The video is available for chapters to view, Emily suggested that we might show the video during the January 2022 business meeting. Several attendees reported that the video was excellent. Emily provided a recap of the 8th Annual Neonatal Care Virtual Conference- Matters of the Heart, held on July 21, 2021: 43 attendees, granted 5.0 contact hours of CE credit to nurses, 8 vendors participated, several door prizes were awarded including one conference registration for 2022. Emily offered thanks to members of the conference planning committee.

Vice President: Kayti Steffen had no report.

Secretary: Penny Smith had no report.

Treasurer: Becky Chuffo-Davila submitted a financial report.

Chair Reports-

Communications: Erin Weber had no report.

Membership: Pam Kalkhoff reported current IANN membership at 83 members. She reported that there are 15 nurses in Iowa who are members of NANN, but not members of IANN.

Committee Reports-

Advocacy & Outreach: Becky informed the group that the March of Dimes annual chef auction will take place in November.

NICU Sharing: UnityPoint Health-Blank Children's Hospital – Barb Smith, MSN, RNC-NIC reported on several initiatives: 1) NLRN Residency Program: For newly licensed and registered NICU nurses, 1-year program that includes 8 hours of class time every other Tuesday for 6 months, then additional 6 months spent on a defined QI project. Projects are presented at nurse residency graduation. 2) Blank Children's Hospital recently applied for certification as a Gold-Certified Safe Sleep Hospital through Cribs for Kids, led by Deanna Robey, unit-based educator. 3) Baby Buzz: Quarterly newsletter with distribution list of 500, Barb Smith is the editor, covers various topics related to newborn care. 4) Multiple ongoing QI Projects: Maquet masks and nasal prong CPAP, NAS QI with Iowa Neonatal Quality Collaborative (INQC), updating IVH bundle, implemented probiotics, lines and surfactant for ELBW infants, bedside education cart, NICU skills day that included a chest tube "escape room." Barb stated that she has been asked by the National Certification Corporation to write test questions for the RNC-NIC certification exam. She has also been selected to be a transcript reviewer for the NANN journal, *Advances in Neonatal Care*. Barb will be presenting on HIE and total body cooling at the upcoming Cooperative Care Conference at Blank Children's Hospital. Barb is a facilitator for NLRN projects at Blank and she is a member of the Board of Directors for INQC.

NICU Sharing: ChildServe – Dawn Schwartz, ARNP is the Vice President of Care Quality at ChildServe in Johnston, IA. She reported that 15% of Iowa's children have special healthcare needs, 106,000 kids. ChildServe is the only organization of its kind, providing over 30 programs and services under one roof. It is the largest provider of pediatric rehabilitation services in the Midwest and the largest non-profit organization in Iowa. ChildServe employs 1500 people statewide, providing acute services, post-acute services and community services. Dawn encouraged the group to follow ChildServe on social media.

Old Business:

-IANN website: <https://iann.nursingnetwork.com>

- IANN will continue to support Ronald McDonald House holiday meals in December, as we did last year. Becky will be responsible for making these monetary donations.

New Business:

-2022 Annual Neonatal Care Conference: We need volunteers for the planning committee, members should contact Emily if interested. Barb Smith has a meeting room reserved at Blank and shared her ideas on a theme for the conference.

-Iowa Neonatology Day, October 21-22, 2021: Meeting via ZOOM, free to attend, to register contact Jill Kinnaird, jill-kinnaird@uiowa.edu. Emily shared the meeting agenda.

-NANN Connections: November 11, 2021, 6-7pm, "Everything Student Nurses Need to Know about Neonatal Nursing."

Next IANN meeting scheduled for **January 19, 2022**. Location: UIHC, Iowa City (hopefully in person). Donation site TBD. Sponsor: Mead Johnson. Emily stated that we will continue to offer a virtual meeting option for future meetings.

Barb Smith motioned to adjourn meeting; 2nd by Kayti Steffen. Meeting was adjourned at 8:08 pm.

Respectfully submitted,

Penny Smith, BSN, RNC-NIC

IANN Secretary

Conference Scholarships

Would you like assistance with travels to the NANN National Conference? Apply for a \$200 scholarship from IANN.

Need CEUs? Want to go to a different conference or get CEUs online? Apply for a maximum of \$100 scholarship from IANN

Successful grant recipients will:

1. Be a current member of NANN/IANN member.
2. Each individual will be required to share new knowledge with fellow IANN members through a short presentation at the net meeting and/or write an article for the IANN Newsletter about something of interest from the conference (a new product, and interesting talk, a person of interest, etc.)

***If you are delinquent in reporting your information, you will forfeit your right to request money for the next year. **

Please submit completed Application Form to:

Becky Davila

1991 Ollinger Drive

Coralville, IA 52241

Name:

Address:

E-mail address:

Phone Number:

Conference Attending:

\$ Amount Requested

If I receive this education grant I agree to share learned information with the IANN membership within six (6) months.

Signature

