

Beth Wathen, MSN, RN, CCRN-K
President – American Association of Critical Care Nurses
2021-2022

2022 AACN Presidential Address – Rooted in Strength

Contact Hours 1.00

CERP B 1.00

Expires Sep 30, 2022

Topics: COVID-19, Motivational & Personal Growth

Evaluation Link: <https://www.aacn.org/education/elearningeval?id=PA2022>

Activity Summary

In this video and live discussion activity, AACN President Beth Wathen and/or a Board of Director member gather with a purpose to learn from Chapter members about their nursing experiences during the pandemic. Nurses ask thought-provoking questions about today's nursing environment. Nurses learn how to define their well-being for themselves and determine how to integrate what they value into our ecosystem now, tomorrow and in the future.

Objectives

- Define two elements of your personal ecosystem which you consider essential to well-being.
- Reflect on two of your own insights about well-being and how they can inspire you in the workplace.
- Create a plan to balance your own personal ecosystem among self, family, friends and work.

Continuing Education Disclosure Statement:

Successful Completion

Learners must attend/view/read the entire activity and complete the associated evaluation to be awarded the contact hours or CERP. No partial credit will be awarded.

Disclosure

This activity has been reviewed by the Nurse Planner. It has been determined that the material presented here shows no bias. No conflicts of interest have been identified for any individual with the ability to influence the content of this activity. Accreditation refers to recognition of continuing education only and does not imply AACN or ANCC approval or endorsement of any commercial products discussed or displayed in conjunction with this educational activity.

Accreditation

The American Association of Critical-Care Nurses (AACN) is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's (ANCC's) Commission on Accreditation, ANCC Provider Number 0012. AACN has been approved as a provider of continuing education in nursing by the California State Board of Nursing (CBRN), California Provider number CEP 1036. This activity is approved for 1.00 contact hours.

AACN programming meets the standards for most states that require mandatory continuing education contact hours for license and/or certification renewal. AACN recommends consulting with your state board of nursing or credentialing organization before submitting CE to fulfill continuing education requirements.