**COVID Nursing Resources**

[**New York State Office of Mental Health**](https://omh.ny.gov/)

* [Are you experiencing anxiety due to the coronavirus emergency? We're here to help.](https://omh.ny.gov/)Emotional Support Line: 1-844-863-9314

**ANA-NY: Nurse Supporting Nurses**

* The Nurses Supporting Nurses Peer Support Program is a voluntary, confidential program available for nurses.
* For more information- Email: [nsn@anany.org](mailto:nsn@anany.org)  or call: (888) 587-4818 ext. 1
* *Please note:  NSN-ANA-NY is NOT an emergency service. Should you require urgent assistance, call 9-1-1 or your local crisis hotline.*
* <https>[://ananewyork.nursingnetwork.com/page/96232-requesting-support](https://ananewyork.nursingnetwork.com/page/96232-requesting-support)

**ANA-NY: Covid-19 Resource center**

* [**https://ananewyork.nursingnetwork.com/page/94058-covid-19-resource-center**](https://ananewyork.nursingnetwork.com/page/94058-covid-19-resource-center)

**ANA Covid-19 Resource Center**

* [**https**](https)[**://www.nursingworld.org/practice-policy/work-environment/health-safety/disaster-preparedness/coronavirus/**](https://www.nursingworld.org/practice-policy/work-environment/health-safety/disaster-preparedness/coronavirus/)

**ANA Well Being Initiative**

* Free Tools and Apps to Support the Mental Health and Resilience of All Nurses
* [**https://www.nursingworld.org/practice-policy/work-environment/health-safety/disaster-preparedness/coronavirus/what-you-need-to-know/the-well-being-initiative**](https://www.nursingworld.org/practice-policy/work-environment/health-safety/disaster-preparedness/coronavirus/what-you-need-to-know/the-well-being-initiative)

**ANA: Healthy Nurse, Healthy Nation**

* Healthy Nurse, Healthy Nation™ Grand Challenge (HNHN GC), is a social movement designed to transform the health of the nation by improving the health of the nation's 4 million registered nurses.
* The HNHN Grand Challenge will:
  + Broadly connect and engage individual nurses and partner organizations to take action within five domains: activity, sleep, nutrition, quality of life, and safety
  + Provide a web platform to inspire action, cultivate friendly competition, provide content and resources to nurses, gather data, and connect nurses with each other, with employers, and organizations
  + [**https://www.healthynursehealthynation.org/**](https://www.healthynursehealthynation.org/)

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