**School Nurses: Exciting Opportunity Coming to Your School!**

Be a part of an innovative project to help students struggling with anxiety, fear, and worry.

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**Enhancing the Capacity of School Nurses to Reduce Child Anxiety (CALM)**

- **What is this study all about?**
  The study was funded by the U.S. Department of Education’s Institute of Education Sciences to compare two interventions to reduce anxiety symptoms and improve academic functioning in 5-12-year-old children. Both interventions are brief, evidence-based, and delivered virtually by school nurses in 5-6 sessions of 20-30 minutes each.

- **Why should you volunteer for this study?**
  - Learn strategies to help anxious children, especially in helping children and families navigate stress and uncertainty associated with Covid-19
  - Receive free training and supervision
  - Receive copies of the intervention manual and handouts to use with youth
  - Receive financial compensation for completing study requirements (up to $225 in your first year)

- **What will you be asked to do?**
  - Attend one day training (usually during the weekend done virtually)
  - Recruit students with excessive anxiety from your schools
  - Deliver the brief intervention to students (5 to 6 meetings)
  - Participate in consultation calls (by phone or virtually)
  - Complete study questionnaires

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If you have questions about this project, contact the CALM Team:

**CALM@uchc.edu**

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