

MARCH 2021 | VOL. 1 ISSUE 3

# GPAC QUARTERLY GAZETTE

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*OWNING YOUR PRACTICE WHILE DRIVING CRITICAL CARE*



*A PATIENT WHO IS ONE DAY POST-GASTROPLASTY HAS A SUDDEN ONSET OF RESTLESSNESS, DYSPNEA AND CHEST PAIN. HIS HEART RATE IS 122, AND AUSCULTATION OF HEART SOUND REVEALS AN INCREASED INTENSITY OF A PULMONARY S2. THE MOST LIKELY CAUSE IS*

- A. ASPIRATION PNEUMONIA.*
- B. A SPONTANEOUS PNEUMOTHORAX.*
- C. A PLEURAL EFFUSION.*
- D. A PULMONARY EMBOLUS.*

## *WHATS IN THIS ISSUE*

- CCRN REVIEW QUESTION FOR PRIZES
- MEET THE BOARD: NEVA HARDY - TREASURER
- UPCOMING LEARNING OPPORTUNITES
- SUPPORT FOR RESILIENCE
- ARE NURSES REALLY COVERED UNDER THE EXECUTIVE ORDER
- NTI 2021

# Meet Neva: Treasurer

Hi, my name is Neva Hardy (I just got married in December). I am currently serving my second term as GPAC Treasurer. I have been involved in GPAC since I was a student and am so thankful for the opportunities it has provided for me and my career. Nursing is a second career for me, but it is definitely my first passion. I completed my ADN at Scottsdale Community College in December of 2016. During that time, I was very involved in student nursing leadership and quickly learned how important it was for my career and passion. During my ADN I served as President and Founder of my school's chapter, Treasurer for the



Student Nurses' Association of Arizona and NEC Chair for the National Student Nurses' Association. After graduation, I started my career in the ICU at Abrazo Central Campus as a new grad. I learned an immense amount about Medical and Neuro ICU patients. I also completed my BSN from Grand Canyon University. From Abrazo, I went on to work for Valleywise Health in their Medical ICU and also gained experience in Trauma and Burn ICU.

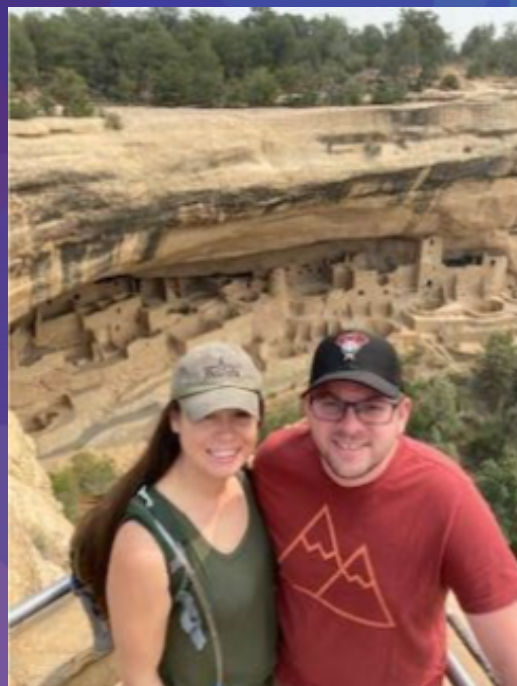


Professionally, I absolutely love being an ICU nurse and advocating for my patients and profession. Personally, I enjoy spending time with my eight-year-old son and husband. We enjoy outdoor activities like biking, hiking (me more than my

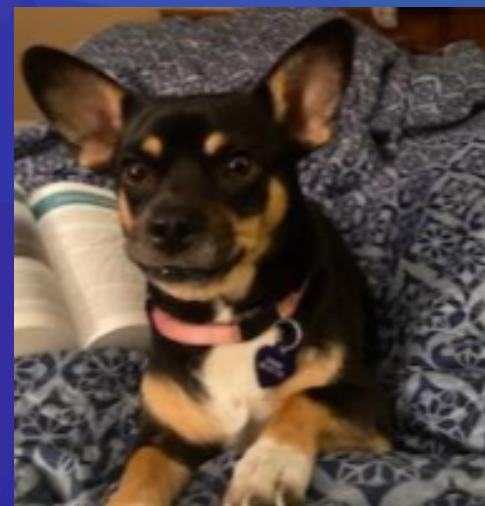


husband), roller skating, and sports. I am also an avid reader, currently my goal is to read one fiction and non-fiction book each month, so I welcome any suggestions. We also have two chihuahuas, many fish, and a bearded dragon. I encourage any and every one to get involved with leadership, the benefits are infinite. I have met so many new friends and colleagues and felt my career flourish. During Covid, I have found solace and comfort just by hearing that my colleagues have the same feelings and issues. I am looking forward to what 2021 will offer and hope to meet some of you at our next Zoom meeting!

Congrats!



MAKING  
*memories*





## GOOD SAMARITAN EXECUTIVE ORDER WHAT DOES THAT MEAN FOR ME AS A BEDSIDE RN?

by: Christen Stevens

*The Good Samaritan executive order was extended to March 31, 2021 by Gov Doug Ducey. Many questions have come up from bedside teams on what this means for them so let me see if I can help you with those questions. This order applied to the following people: EMS, EMT, Medics, RN, RRT, RN, PCT, MA, etc.....During the extension signing, Doug Ducey spoke to the extension and what it means for the healthcare field. "We are fully committed to protecting Arizona's health care heroes," said Governor Ducey. "The extension of the 'Good Samaritan' order will help maintain staffing levels in our hospitals and ensure our medical professionals are protected when acting in good faith in emergency situations. We will continue to work with health care partners to provide support where it's needed."*



“

*National  
Teaching  
Institute &  
Critical Care  
Exposition  
May 24-27,  
2021 Join us  
for the most  
exhilarating  
and important  
aspects of NTI  
— virtually.  
We are  
planning a  
digital  
experience  
that delivers  
the education  
and  
inspiration  
our  
community  
deserves with  
the flexibility  
that your life  
demands right  
now.*

# GOOD SAMARITAN EXECUTIVE ORDER CONTINUED

*One great question that comes up is “how does this order help with staffing?”*

*If staff feel safer (less liable for care they can't give) to care for patients they are likely to stay in their role which reduces the need for another nurse to cover that role.*

*What does the executive order say in English?*

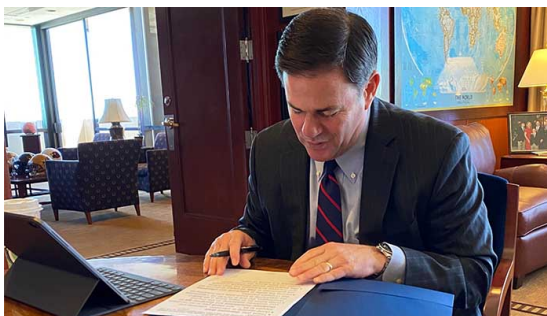
*Based on how Covid has “Ravaged on our healthcare system”, you won't be held liable, while acting in good faith, for the care you cannot give. Working in good faith means you were giving the best care you could with the best of intentions. This lack of care could be related to unavailable resources, being short staffed, not working in your normal unit, caring for a machine that you have not been trained on, or having to take more patients than you normally do. This executive order also protects you from liability in relation to Covid treatment. We really are not sure WHAT will work and what won't as this evidence continues to evolve so you can't be held liable for administering treatment we think will work and might not, or it might have side effects we did not anticipate.*

*Here is the exact wording from the order on liability:*

*“...It is in the public's best interest to afford such individuals protection against the liability for their good faith efforts to provide assistance in response to the State's need to supplement the healthcare work force and to ensure that volunteers are willing to serve”*

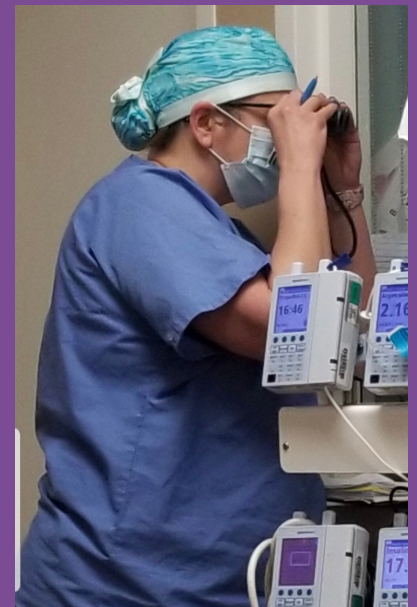
*How do I find the actual executive order?*

*[https://azgovernor.gov/sites/default/files/eo\\_2020-63.pdf](https://azgovernor.gov/sites/default/files/eo_2020-63.pdf)*



YOU ARE IMPORTANT

*Care for  
yourself!*



# Save the Date

GPAC UPCOMING EVENTS

Election  
Time

BE A BOARD MEMBER, AND GROW WITH  
YOUR NURSING PROFESSION

## Positions Open

President Elect, Secretary, Treasurer,  
Webmaster, Marketing Director, Special  
Projects Manager, & Member at Large

\*See the website for detailed information  
on the duties for each specific position.

### Resilience thru AACN

**Managing Stress & Self-  
Care During COVID-19:  
Information for Nurses -  
American Psychiatric  
Nurses Association  
([apna.org](http://apna.org))**



# fun



**April 2021 Meeting**  
**Thursday, April 8th**  
**18:00 to 19:00**

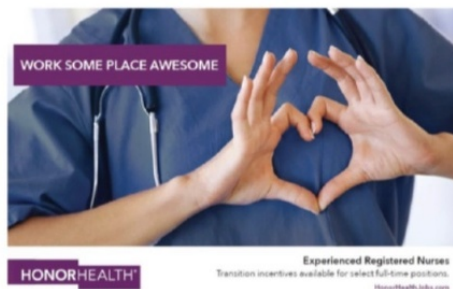
*Topic: Care of the Dying Patient*

***Panel Discussion with Hospice of the Valley***

**No need to register, just jump on the call at 1800!**

Join Zoom Meeting

<https://us02web.zoom.us/j/8834677832?pwd=MjF1ZTFZOWZvbW5pRUlpSkdRL0Zmdz09>



Gift Card Raffle sponsored by Honor Health

***FREE TO NURSES!***

# stuff