



Wyoming School Nurse of the Year Nomination Form

Candidate's Name: Kimberley Keslar

Home Address: 2316 Westview Ave, Rock Springs, WY 82901

City, State, ZIP: 82901

Telephone : (Home) 307-389-0711 (Cell) 307-389-0711 (Work) 307-352-3400

Employer's Name: Sweetwater County School District #1

Employer's Address: PO Box 1089, Rock Springs, WY 82902

Employer's telephone number: 307-352-3400

Candidate's Current Position: School Nurse Leader

Number of years in current position: 3 years

Number of years in school nursing (must have 5 years of experience as a school nurse): 10 years

Grade levels currently serving: Elementary K-4, Middle school 5-6 and district wide

Number of students currently serving: 655

Qualifications:

More than 50% of the applicant's time is in direct student care Yes ☒ No ☐

Is working a fulltime position? Yes ☒ No ☐

WY RN License #: 25024

Member of WSNA for at least 2 years Yes ☒ No ☐

NASN membership #: Click here to enter text.

Nomination submitted by: Beth Strom

Nominator's home address including city, state and zip code: 527 A Street, Rock Springs, WY

Please submit one copy of completed required forms and letter (see Guidelines) describing how this candidate demonstrates exemplary achievements in school nursing addressing the *Criteria for Selection* based on the NASN Scope and Standards of Practice (2011).

Questions Contact: WSNA President, Michelle Cordova

Electronic Submission to: cordovm@swcsd2.org

U.S. Mail Nomination to: 1735 Massachusetts
Green River, WY 82935



Rock Springs High School
P.O. Box 1089
Rock Springs, Wyoming 82902
Phone (307) 352-3440 Fax (888) 315-2632

Letter to nominate Kimberley A. Keslar for Wyoming School Nurse of the year 2021
Dear WSNA Committee,

I am honored and excited to nominate Kimberley (Kim) Keslar RN, BSN, NCSN as the perfect candidate for the Wyoming School Nurse of the year award for 2021. Kim is a Wyoming girl, born and raised in Rock Springs. After graduating from Rock Springs High School in 2001, she then followed her dream of becoming a nurse. Kim attended the University of Wyoming and graduated with her BSN in 2007. She married her high school sweetheart and accepted her first position at Sweetwater County Memorial Hospital working on the Obstetrics Floor. Her love of children was innate as I recall Kim telling me, after she was in her second pregnancy with twin boys, and a beautiful daughter of 5 years, that she wanted 8 children. This was shortly after she began her adventure as a school nurse in August, 2011.

Since this time, she has decided to take a break from having more babies, receiving her National Certification for School Nursing in 2017. Kim's devotion to education and love of learning has led her to take on another challenge as she is presently enrolled in her second semester at the University of Wyoming, Masters of Nursing Education!

I first noticed Kim's dedication to school nursing when she interviewed and accepted the Nurse Leader position for our district in 2017. Kim has always been an excellent role model for our nurses in Sweetwater School District One but she has grown and excelled in all areas of school nursing. Kim is the top health spokes-person for our district. When we meet as a school nurse team she listens to our ideas, encourages teamwork and collaboration, nursing research and excellence. We are a unique group of 8 school nurses in our district of over 1,100 employees and 5,600 students. Our teamwork is amazing and a direct reflection of the school nurse role model Kim has gracefully become.

The year 2020 and COVID 19 has been a learning experience and challenge for all nursing professions. Having the experience and expertise of a background in public health nursing, Kim has the knowledge to give guidance through these uncharted territories of our world pandemic. This year, Kim has facilitated an interpersonal collaboration with Michelle Cordova, our Sweetwater County Public Health nurses, Dr. Jean Stachon, medical staff from Sweetwater County Memorial Hospital, and superintendents from both SCSD Number One and Two. Her communication has been powerful as our nurses have met weekly with this specialized group to safely keep our schools open and our community informed of COVID 19 testing, cases and contact tracing. Her wisdom, intelligence, and the importance of keeping up to date on the newest research has made her a leader within the district and also on the Safety Committee. She was recently recognized by her school administrator for her outstanding leadership and commitment to staff, students and community.



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Not only is Kim a courageous leader and nurse but she is one of the funniest and kind hearted people I know. This is why, with all honesty and integrity, that our school nurse team would like to nominate, Kimberley Keslar, WSNA area representative, to be Wyoming School Nurse of 2021.

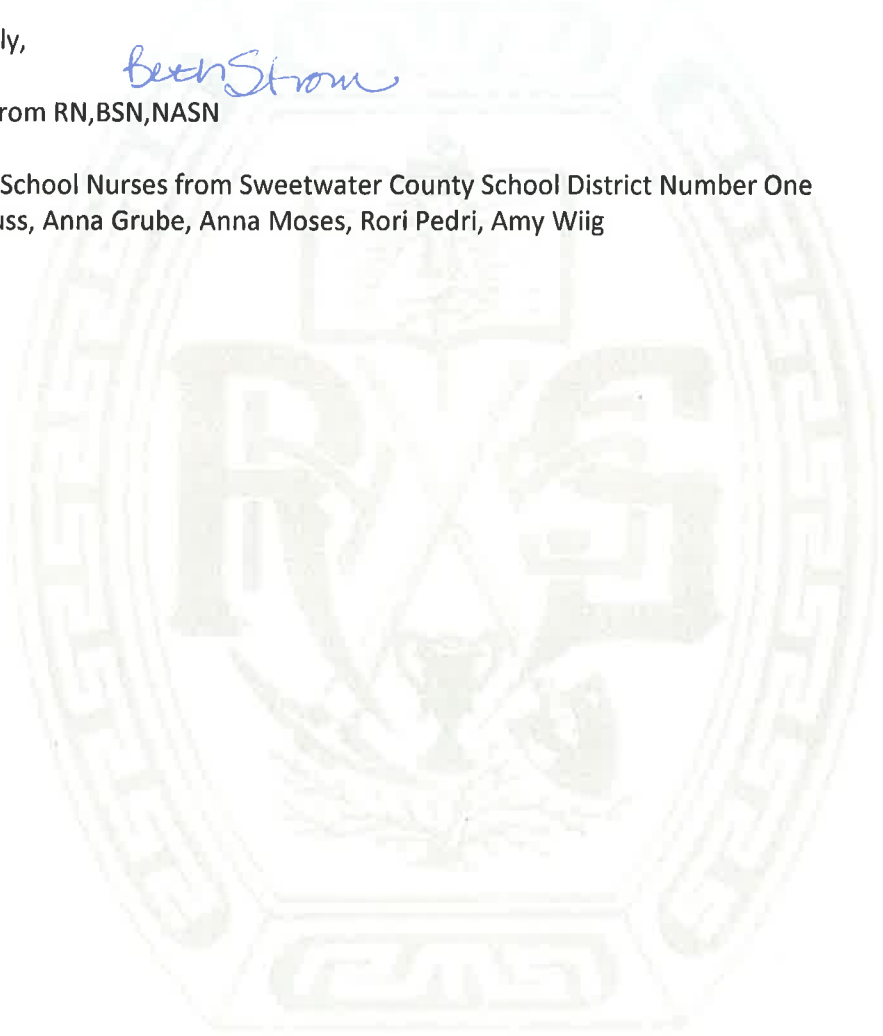
Thank you for your time and consideration as you review Kimberley's application and resume for Wyoming School Nurse of the Year.

Sincerely,

A handwritten signature in blue ink that reads "Beth Strom".

Beth Strom RN,BSN,NASN

And all School Nurses from Sweetwater County School District Number One
April Buss, Anna Grube, Anna Moses, Rori Pedri, Amy Wiig



Kimberley Keslar, RN, BSN, NCSN

NURSING EXPERIENCE

08/2017-present Sweetwater County School District #1 Rock Springs, WY

Lead Nurse

- Maintain nursing budget and purchase health room supplies
- Hiring, training, and maintaining of substitute nurses
- Assuring nursing coverage throughout the district on a daily basis
- Host weekly nursing meetings
- Host the annual Health Advisory meeting with district leaders, community resources, and physicians
- Compile and submit annual statistical reports

08/2011-present Sweetwater County School District #1 Rock Springs, WY

Registered Nurse

- Observe, screen, assess and evaluate student's health and safety needs, both emergent and daily care
- Health education to individuals and/or groups of students, parents, and staff
- Develop Health care plans for students with chronic health conditions
- Maintain compliance with Wyoming Immunization Laws
- Administer medications, train and supervise secretaries to administer medications.
- Coordinate school, family, and community health and wellness efforts.
- Collaborate with teams in Individualized Education plans, 504 and safety meetings.
- Make referrals to health or other community agencies
- Participate in Safety team

08/2010-08-2011 Sweetwater County Community Nursing Rock Springs, WY

Registered Nurse

- Provide nursing care for patients in the office and in their homes for the following programs:
 - Home Health

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- Welcome home
- Children's Special Health
- Provide education and immunizations to children and adults

05/2007-08/2010 *Memorial Hospital of Sweetwater County* *Rock Springs, WY*

Registered Nurse

- Provide nursing care for antepartum, postpartum and neonatal patients
- Teach Neonatal resuscitation
- Serve as charge nurse and preceptor
- Float as needed to other departments

EDUCATION

Bachelor of Science in Nursing

- *University of Wyoming, 2007*
 - Sigma Theta Tau International Honor Society
 - Member of the Student Nurse Association
 - Member of the Community Health Advancement Program
 - Dean's list all semesters
 - Hospice Volunteer
 - Peer Tutor

Associate of Science

- *Western Wyoming Community College, 2004*
 - Honor program member
 - Dean's list all semesters

Certifications and Licensure

Registered Nurse License 2007-present
American Heart Association

- CPR/First aid, BLS instructor 2013-present

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- Safe Sitter Instructor 2017- present

Nationally Certified School Nurse- 2017- present

Professional Memberships

National Association of School Nurses- 2011-present

Wyoming School Nurse Association- 2011-present

Leadership

Lead School Nurse 2017-present

School Safety Co-Chair 2018-present

Wyoming School Nurse Association Regional Representative 2019-present

Continuing Education

Child Abuse outreach series 2017

- Accreditation Council for Continuing Medical Education
- 3 CEUs

National School Nurse Association Annual Conference

- American Nurses Credentialing Center's Commission on Accreditation
- San Diego, California 2017- 20.75 CEUs
- Baltimore, Maryland 2018- 20.75 CEUs
- Denver Colorado 2019- 20.75 CEUs

Wyoming School Nurse Association Annual Conference

- American Nurses Credentialing Center's Commission on Accreditation
- Rock Springs, 2019- 6.5 CEUs

Northeastern University School of Nursing

- COVID-19: School Nurses' Actions during the Pandemic
- American Nurses Credentialing Center's Commission on Accreditation

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- April 2020, 1.5 CEUs