



Rationale

- Provide equal access to quality training for all school staff members statewide.
- Create statewide focus of training toward suicide prevention. As teachers move to different schools, districts can be assured teachers have previously received adequate training in suicide awareness/prevention.
- Afford teachers and staff opportunity to enhance assets for personal resume.
- Construct systems across public and non-public schools, also including education majors in higher education across our state.
- Collect statewide data to support and inform future decisions about youth suicide awareness/prevention training.
- Select statewide training emphasis based on Nebraska needs and data.
- Create common suicide prevention and language.



Selection of Programs

- Programs with an evidence-base are priority for inclusion. The requirement for inclusion is to be listed on the National Registry for Evidence based Programs and Practices (NREPP), and the National Suicide Prevention Resource Center (SPRC) Best Practice Registry.
- Data and plans will be evaluated and revised at the end of five years to include additional programs with an approved evidence and capacity for delivery to all Nebraska Schools.



Thank you to the following partners who helped to develop this system:

BHECN

BEHAVIORAL HEALTH
EDUCATION CENTER
OF NEBRASKA



The organizations supporting this training:



For Questions,
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education.ne.gov/safety

Suicide Awareness/ Prevention Training

For School Personnel

Nebraska § 79-2, 145 & 146

Five-Year Plan | 2020-2025

APPROVED



NEBRASKA
DEPARTMENT OF EDUCATION

SUICIDE AWARENESS/PREVENTION

FOR SCHOOL PERSONNEL | APPROVED OPTIONS FOR 79-2,145 & 79-2,146



§ 79-2,145 & 79-2,146



Target Audience

- **Per 79-2, 145 & 79-2,146:** At least one hour of suicide awareness and prevention each year.
- **INTENT OF THE LAW:** To equip school personnel with information that could save the life of a student recognizing signs and symptoms of suicidal behaviors and methods of responding to students in crisis. School personnel are critical components of a suicide prevention plan.
- **TARGET AUDIENCE:** Any school staff member having contact with students (i.e., in addition to required audience, para-professionals, administrative secretarial staff, bus drivers, custodians, kitchen staff, etc.).
- **79-2, 145 & 79-2,146 REQUIRED AUDIENCE:** All public school nurses, teachers, counselors, school psychologists, social workers, administrators and any other appropriate personnel are legislatively mandated to participate.

Ask About Suicide to Save a Life

- Best practice gatekeeper **online** training that teaches how to identify suicide risk factors, warning signs, and referral strategies. Duration is about one hour. Certificate available upon completion.
- <https://texassuicideprevention.org/training/video-training-lessons-guides/certification-training/>
- \$0 District Cost

The Jason Foundation

- Participants can choose from four different **online** trainings. Each training module is one to two hours. (LGBT Prevention, Role of Educators, Childhood and Teen Depression, Bullying and Suicide). Each module provides valuable information to prevent youth suicide. Certificate available upon completion.
- <https://learn.jasonfoundation.com/courses/>
- \$0 District Cost

Kognito

- Interactive **online** 45-minute role-play simulation training. Participants may choose from three simulations: At-Risk for Elementary, Middle, or High School Educators. Certificates are provided upon completion.
- District level pricing varies by head count; volume discounts apply.
- For further information, contact: Sabrina Jonkhoff at sabrina.jonkhoff@kognito.com or (951) 375-2065.
- For more information on trainings, please go to: <https://kognito.com/products>

Making Educators Partners in Youth Suicide Prevention

- One-hour **online** interactive training program designed in a series of modules. Addresses responsibilities of educators in the process of identification and referral of potentially suicidal youth. Certificate available upon completion.
- <http://sptsuniversity.org/>
- \$0 District Cost

Question, Persuade, Refer (QPR)

- In-person 1-2 hour education program designed to teach lay and professional "gatekeepers" the warning signs of a suicide crisis and how to respond. Certificate available upon completion.
- QPR Website | <https://qprinstitute.com/organization-training>
- **Online** cost: \$14.95 per person | **In-person** cost: Free, contact local behavioral health region
- HHS | <https://region5systems.net/who-we-are/nebraska-behavioral-health-regions-hhss/>

Response – 3rd Edition

- Comprehensive high school-based suicide prevention program. Offers response procedures to refer a student at risk for suicide.
- This **Manualized Kit** includes four student lesson plans and two-hour staff training. Certificate available upon completion.
- The cost is \$425 per kit and may be purchased at www.columbiacare.org/response.html

Building a Suicide-Safe School Community

- This interactive training is designed for faculty and staff at all levels within schools. It introduces concepts that will help you understand what to do if a student is contemplating suicide, and how to ensure your school can appropriately respond to a suicide using postvention measures.
- Three **online** training modules. Complete two of the three modules for the suicide prevention training requirement.
- <http://ppck12training.unl.edu>
- Questions about training, call 402-472-5678 or send an email to ppccourses@unl.edu