2020 KNA ANNUAL CONFERENCE REGISTRATION FORM

☐ Wednesday, November 4   ☐ Thursday, November 5   ☐ Friday, November 6   ☐ November 4-6

Name_____ Credentials _____

Address _____ License No. _____

City _____State _____Zip_____

Home Phone _____

Employer _____ Work Phone _____

*If student, please list School of Nursing _____

E-mail _____

(Required to Complete Registration)

Check all that apply	Category	Registration Fees for the 2020 KNA Virtual Conference		
		Early Bird (9/15/2020)	Regular	Nov. 2
	KNA Member Three Days	$185	$200	$216
	KNA Member Two Days	$125	$135	$145
	KNA Member one day	$75	$85	$128
	Non KNA Member Three days	$245	$265	$280
	KNA Non-Member - Two Days	$152	$164	$180
	KNA Non-Member One Day	$130	$145	$155
	Non-licensed Student Subscriber three days	$30	$30	$30
	Non-licensed Student subscriber two days	$20	$20	$20
	Non-licensed Student subscriber one day	$20	$20	$20
	Non-licensed Student three days	$35	$35	$35
	Non-licensed Student two days	$25	$25	$25
	Non-licensed Student one day	$25	$25	$25
Total Enclosed				

For those in need, the KNA will offer a limited number of scholarships; ceo@kentucky-nurses.org
Select Payment Type: ☐ Check or Money Order. Make check Payable to Kentucky Nurses Association
☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Account #_____ - _____ - _____ - _____ Expiration Date: _____/_____

Signature_____

3-4 digit CVV Code _____

(Required for Credit Card Payments)

On-Line: Before November 2 at *kentucky-nurses.org*
By Phone: 502-245-2843 (Credit Card Only)
By Fax: 502-245-2844 (Credit Card Only)
By Mail: Send completed Registration Form with check or credit card information to:
                  Kentucky Nurses Association, 305 Townepark Circle, Suite 100, Louisville, KY 40243
Questions: admin@kentucky-nurses.org
Refund Policy: Cancellations received prior to Sunday, October 25 will receive 50% refund.

ATTENDANCE REQUIREMENT

Attendees must stay for duration of the program to be awarded contact hours for continuing nursing education provide license number upon registration and complete an evaluation for the program. Partial credit will not be awarded for any session. We reserve the right to cancel or alter the program if unanticipated circumstances necessitate changes.

The KNA Conference is approved for contact hours:

Wednesday, November 4
Contact Hours: 4.5
KBN#1- 0001-12-20-17

Thursday, November 5
Contact Hours: 4.9
KBN#1-0001-12-20-18

Friday, November 6
Contact Hours: 4.5
KBN#1-0001-12-20-19

The Kentucky Nurses Association is an approved provider of continuing nursing education by the Kentucky Board of Nursing (KBN). The KBN approval of an individual nursing continuing education provider does not constitute endorsement.

CONFERENCE OBJECTIVES:

At the end of program, the attendees should be able to:
- Describe knowledge and skills related to aging well, living well and the relationship to nursing practice.
- Describe the social, physical, psychological, economic and spiritual changes associated with aging, living and being well.
- Describe the implications for the aging nursing workforce and the impact on health and wellness for consumers.

AGE WELL. LIVE WELL. BE WELL.

KENTUCKY
NURSES ASSOCIATION

2020 KNA Annual Conference
Virtual
Wednesday, November 4- Friday, November 6

The Kentucky Nurses Association presents

"Age Well. Live Well. Be Well."

Wednesday, November 4 – Friday, November 6

Agenda

Wednesday, November 4

08:00-8:50	Networking Session 1
08:50-9:05	Welcome and Conference Information
09:05-9:50	"2020 Year of the Nurse & ANA Update" **Session 1** Ernest Grant, PhD, RN, FAAN, president, American Nurses Association
09:50-10:00	Break 1
10:00-10:50	"Mindfulness, Well-Being, and The Future of a Profession That Knows Itself" **Session 2** Judy Godsey, PhD, MSN, RN, assistant professor of nursing, director of the Northern Kentucky Research Collaborative, Northern Kentucky University and president and chief executive officer of Collaborative Health Consultants, LLC
10:50 – 11:00	Break 2
11:00-11:50	"Economic Literacy & Planning for Nurses as They Age" **Session 3** Chad McCauley, BS, CFP®, CRPC®, senior vice president/wealth management advisor, Merrill Lynch
11:50-12:00	Break 3
12:00-12:50	"Motivational Interviewing: Helping your Client with Behavior Change" **Session 4** Mary Price, DNP, MSN, BSN, owner, MVRP Healthcare Strategies, LLC
12:50-01:20	"Supplement Use in the Aging Adult" **Session 5** Janice Thurmond, DNP, APRN, FNP-BC, assistant professor of nursing and director of the family practitioner program, Murray State University
01:20-02:30	Networking Session 2

Thursday, November 5

11:00 – 12:00	Networking Session 3
12:00 – 12:50	"Aging Well During the Time of COVID-19: Gaining Traction Through a Regional Training Center" **Session 6** Ruth Carrico, PhD, DNP, APRN, CIC, FSHEA, professor and family nurse practitioner in the Division of Infectious Diseases, clinical director of the Global Health Center Vaccine and International Travel, the University of Louisville School of Medicine and president of the Kentucky Nurses Association
12:50 – 01:00	Break 4
01:00 – 01:25	"Age Well. Live Well. Be Well. Amidst a Pandemic in Long Term Care **Session 7** Amber Gensheimer, MSN, RN, NPD-BC, director of infection control and quality management, Signature Healthcare
01:25 – 01:50	"It's Time We Had the Talk! – Companionship, Sexuality and Intimacy with Older Adults in Long Term Care Facilities" **Session 8** Jasmine Wadkins, MSSW, CSW, CDP, BF-CMT, CCTP, director of behavioral health services operations and education, Signature Healthcare
01:50 – 02:00	Break 5
02:00 – 02:50	"Safe and Appropriate Use of Medications for Seniors" **Session 9** Demetra Antimisiaris, PharmD, BCGP, FASCP, assistant dean of continuing medical education and professional development, the University of Louisville, associate professor at the UofL Department of Health Management & System Sciences and pharmacist, Pharmerica
02:50 – 03:00	Break 6
03:00 – 03:25	"Age Friendly Health Systems" **Session 10** Shannon Parham, MSN, BSN, RN, director of patient experience, Owensboro Health
03:25 – 03:35	Break 7
03:35 – 04:20	"The IHI Age Friendly 4M's in Action: A Case History" **Session 11** Bill Bryant MD, FAAFP, CAQ, CMD, CPPS, vice president/chief quality & patient safety officer, Owensboro Health and medical director, the Transitional Care Center, a skilled unit of Owensboro Health
04:20 – 04:45	"FlourishCare: An Integrated-Interprofessional Model of Care for Older Adults" **Session 12** Barbara Gordon, MA, BA, director of community engagement, the Trager Institute at the University of Louisville

Friday, November 6

08:00 – 09:00	Networking Session 4
09:00 – 09:50	"What is So Good About Aging?" **Session 13** Kathy Hager, DNP, APRN, FNP-BC, CDE, associate professor, Bellarmine University Lansing School of Nursing and family nurse practitioner at Bellarmine
09:50 – 10:00	Break 8
10:00 – 10:50	"The Emeritus Nurse: Retired, Rehired and Revolutionary" **Session 14** Judith Boerger, MBA, MSN, RN, NEA-BC, senior vice president/chief nursing officer, Parkview Health System, Fort Wayne, Ind. and Erin LaCross, DNP, RN, NEA-BC, CENP, chief nursing officer, Parkview Regional Medical Center and Affiliates, Fort Wayne, Ind.
10:50 – 11:00	Break 9
11:00 – 11:25	"Improving Resiliency through Mindfulness Practices in Professional Healthcare Students and Faculty" **Session 15** Kent Brouwer, DNPc, BSN-RN, BA, registered nurse, cardiovascular patient care unit, UK Chandler Hospital and Lee Anne Walmsley, PhD, MSN, RN, assistant professor, director of work-life and student wellness and military & veteran student liaison, the University of Kentucky College of Nursing
11:25 – 11:40	Break 10
11:40 – 12:30	"Backpack or Bedpan" **Session 16** Kim Evans APRN, CNS-BC, ANH-BC, CNAT, owner of the Institute for Integrative Medicine, Louisville
12:30 – 12:40	Break 11
12:40 – 1:30	"Kentucky Nurses Helping Nurses (KNHN) Emotional Support Project" **Session 17** Vicki Hines-Martin, PhD, PMHCNS, RN, FAAN, director of community outreach, Office of Diversity and Inclusion, Health Sciences Center, University of Louisville; director, Office of Health Disparities & Community Engagement and professor, UofL School of Nursing Sarah Royse Schirmer, DNP, M Ed., APRN, PMHNP-BC, assistant professor at the University of Louisville School of Nursing and independent contractor/mental health nurse practitioner, Behavioral Wellness Counseling Clinic, Louisville OCD Clinic and the Louisville Center for Eating Disorders
01:30 – 02:00	Closing Ceremony/Door Prizes
02:00 – 03:00	Networking Session 5