



PERIANESTHESIA NURSES ASSOCIATION OF CALIFORNIA

PANAC Winter Seminar

Saturday, February 8, 2020

STRENGTHENING KNOWLEDGE THROUGH SHARING KNOWLEDGE



San Jose Marriott
301 S Market Street
SAN JOSE, CA 95133

Welcometo San Jose!

San Jose's vibrancy and tech savviness is our location for PANAC's Winter Seminar Saturday, February 8, 2020.

Need more contact hours? Register for Sunday, February 9, ASPAN presents Foundations of Perianesthesia Practice—that's two full days of contact hours, featuring Jacque Crosson, ASPAN Past President and Educator. Registration for each seminar is separate.

The PANAC Winter Seminar registration is at www.panac.org.

To register for Sunday's ASPAN Seminar—go to www.aspan.org,

Remember PANAW, PeriAnesthesia Nurse Awareness Week, February 3-9, 2020. We deserve to be celebrated!

Have fun networking with colleagues and fellow perianesthesia nurses! See you in San Jose!

—Brian R. Harradine, MSN, RN, CAPA, CNOR, RN-BC, PANAC Education Chair

Strengthening Knowledge Through Sharing knowledge

Saturday, February 8, 2020 7.8 Contact Hours

7:30 –7:50am	Registration and Continental Breakfast
7:50 – 8:00 am	Welcome, Introduction, and Overview of the Day <i>PANAC President Karen Woods, RN, CAPA, CPAN Education Chair Brian Harradine, MSN, RN, CAPA, CNOR, RN-BC</i>
8:00– 9:00 am	Caring in Nursing: Lip Service or Reality? <i>Jacque Crosson, DNP, RN CPAN, FASPAN</i>
9:00– 10:00 am	What Say You... Hot Topics in Clinical Practice! <i>Jacque Crosson, DNP, RN CPAN, FASPAN</i>
10:00 – 10:30 am	Coffee Break with Vendors
10:30 – 11:30 am	Delirium and Fractured Hips <i>Linda Minnich, BSN, RN, CPAN</i>
11:30 –12:30 pm	Lidocaine and Pain <i>Linda Minnich, BSN, RN, CPA</i>
12:30 – 2:00pm	Lunch on Your Own
2:00 – 3:00 pm	ERAS: More Than Gatorade <i>Ronda Dyer, MSN-Ed, BSPA, RN, CPAN, CAPA, CNE</i>
3:00 – 3:30 pm	Break/Visit with Vendors
3:30 – 5:00 pm	Urban Zen: Self-care for Nurses <i>Kevin Macvane,, BSN, RN, CAPA</i>
5:00 pm	Closing— <i>PANAC will email online evaluation with instructions to receive and download your Certificate of Attendance.</i>



Course Description

The February program will provide insight into clinical and theoretical topics that impact nursing practice in a variety of perioperative and procedural settings. Conference content will include ASPAN standards, pain principles, ERAS facts and the important concepts of self-care facilitated by expert nursing professionals will provide content that will encourage strength through sharing while stressing the importance of empowerment as an important factor in providing comprehensive and safe patient care.

FACULTY



Jacque Crosson, MSN, RN, CPAN, FASPAN

*ASPAN Past President 2014 -2015
ASPAN Standards & Guidelines Coordinator
Nursing Education Specialist
Mayo Clinic Hospital
Phoenix, AZ*



Linda Minnich, BSN, RN, CPAN

*John Muir Health
Concord, CA*



Kevin Macvane, BSN, RN, CAPA,

*PANAC Past President
UCLA Medical Center
Los Angeles, CA*



Ronda Dyer, MSN-Ed, BSPA, RN, CPAN, CAPA, CNE

*PANAC Publications Chair
Adventist Health- Hanford
Hanford, CA*

The information provided at this seminar is the opinion of the presenter and not necessarily that of PANAC. Faculty members speak as independent agents. In the event of an emergency, PANAC reserves the right to substitute a speaker of equal value.

Photographs taken during the seminar are for PANAC publications.

COURSE OBJECTIVES

At the conclusion of the program, the attendee will:

- Describe the importance of ASPAN Standards on nursing practice.
- List common themes in clinical practice concerns in perianesthesia nursing.
- Identify self-care strategies to improve clinical practice
- Describe the impact of caring relationships in nursing practice.
- List the steps of the ERAS protocol
- Verbalize how the diagnosis of hip fracture can accentuate dementia in elderly patients
- Identify the mechanism of action of lidocaine in pain management

**Make your Hotel Reservations Early for the PANAC discount
SAN JOSE MARRIOTT**

301 S Market Street, San Jose, CA 95113

The PANAC discount room rate is \$189 for Single/Double
Occupancy (plus tax) for reservations made
on or before January 16, 2020.

For hotel reservations, go to www.panac.org for link or call
1-408-280-0212 and ask for the **PANAC Group Discount**
Self-Parking is \$20 per car per day at the convention center
next to the hotel*

ASPAN

Foundation of Perianesthesia Practice

Sunday, February 9, 2020

7:30 Registration 8:00 am – 4:55 pm

Jacque Crosson, DNP, RN, CPAN, FASPAN

7.25 Contact Hours Register at www.aspan.org

**This ASPAN seminar is not included with PANAC
registration. Separate ASPAN registration is required.**

Online Registration Only

Register Online at www.panac.org

When registering online, please have the following information available:

- RN License Number
- ASPAN Membership Number, as applicable
- CPAN and/or CAPA Number, as applicable
- Discount *Chapter Attendance Vouchers*—these must be presented at conference.

Registration submitted on or before January 15, 2020

Registration submitted after January 15, 2020

Member \$129
Non-member \$179

Member \$149
Non-member \$199

Retired ASPAN Member (ASPAN membership # required) \$50
Student nurse (non-licensed), Proof or Student ID required. \$50
(Enrolled in a school of nursing but not licensed as a nurse. No Contact Hours awarded)

Ways to Save on Registration Register BEFORE 1/28/2019

- Join ASPAN/PANAC at www.aspan.org for member discount.
- \$5 off each registration when three or more register online together. Use 'GRP' as code.
- \$5 off if CPAN, CAPA, or dual Certified: Certification number(s) required. Use 'CERT' as code.
- \$5 off with Chapter Attendance Voucher (awarded for attending three local meetings)—submit vouchers in person at Conference registration. Use 'ATTV' as code.
A maximum of \$10 in discounts accepted
Newly certified CPAN, CAPA's, use your PANAC Voucher (Code) as single discount.

Full Registration Includes:

- Certificate of Attendance
- Continental Breakfast
- Vendor Exhibits
- ASPAN/PANAC Updates
- CPAN/CAPA Certification information
- Downloadable Speaker outlines or presentations as provided by speakers.

*** NO wifi or Internet Access in
Conference Room. ***
For questions or information contact
Education Chair
Chair Brian Harradine MSN, RN,
CAPA, CNOR, RN-BC
at brianh@panac.org

Refunds: A \$25 administrative fee will be charged for all refunds requested by January 31, 2020. No refunds after that date.

Note: CE certificates will be awarded ONLY at the completion of the program. The California Board of Registered Nursing (BRN) mandates that you attend all sessions for which you are registered. Attendees arriving more than 30 minutes after program start will not be granted CE credit. Partial credit cannot be awarded. Please, no children in conference room.



PeriAnesthesia Nurses Association of California
PANAC Education Chair
5325 Newcastle Avenue #320
Encino, CA 91316

Coming Events

PANAW – PeriAnesthesia Nurse Awareness Week

February 3-9, 2020

ASpan's Foundations of Perianesthesia Practice – Register at www.aspan.org

February 9, 2020

San Jose Marriott

San Jose, CA

ASpan's 39TH National Conference

Celebrate Strength, Elevate Practice

April 26-30, 2020

Denver, Colorado

PANAC's 41th Annual Meeting and Fall Seminar

October 17-18, 2020

Marriot Ventura Beach Hotel

Ventura California