

# MINDFULNESS

2019

PAR SOLUTIONS CONFERENCE | OCTOBER 21 & 22 & 23



HARRISBURG, PA

## TABLE OF CONTENTS

A word cloud graphic with a dark blue triangle at the top. The words are in various sizes and orientations, including: MINDFULNESS, VOICE, SINCERITY, PURPOSE, HEALTH, RELATIONSHIPS, FAMILY, PEACE, KINDNESS, PRESENCE, CHOICE, BALANCE, MEANINGFUL LIFE, LISTENING, APPRECIATION, FOCUS, BASIC, BEING IN THE MOMENT, ESSENTIALS OF CARE-GIVING, FUN, and RELATIONSHIPS.



# THANK YOU SPONSORS

2019 Solutions Conference Sponsorships offer the opportunity for your organization to be highlighted as a key supporter of PAR. The PAR Solutions Conference provides many opportunities for sponsors to meet decision makers and stakeholders from across Pennsylvania's disability industry, as well as national presenters. Sponsorships are available to PAR Members on a first-come, first-served basis.

*If you're interested in becoming a conference sponsor, email [kammi@par.net](mailto:kammi@par.net)!*

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## CARRIE KONTIS

**Chair, PAR 2019 Solutions Conference Committee;  
Vice President, Intellectual Disabilities Services for Adults,  
Barber National Institute**

Hello Friends,

Please consider joining us at this year's PAR's 2019 Solutions Conference, "Mindfulness."

The 2019 PAR Solution Conference brings together a multitude of different speakers, plenary sessions, and panel presentations to provide you with information, innovative ideas, and unique approaches you can use to help resolve some of the challenges you are facing. Keynote speakers include Brian E. Wagner, the author of "Sometimes it DOES Take A Brain Surgeon"; Kristin Ahrens, Deputy Secretary of the Office of Developmental Programs; The Honorable Bryan Cutler, Representative of the 100th Legislative District of PA, House Majority Leader; and Michael Gamel-McCormick, Disability Policy Director for Senator Bob Casey. Once again PAR offers the opportunity to celebrate, recognize and honor the PAR "We Are Worth It" award recipients from each region.

This year, the conference helps to re-emphasize the essentials of care and "getting back to the basics of good care" using a mindful approach. This focus helps highlight the Everyday Lives emphasis on addressing the essential elements needed to enrich and bring quality to every person's life. Conference attendees are encouraged to center themselves, not looking into the past, not looking too far in the future, but rather centering on the moment at hand.

Why is mindfulness important in our roles in the disabilities community? In today's action packed, ever changing, and stressful world, we are challenged to be mindful and deliberate in our thoughts and actions. In keeping with the general concept of "Mindfulness," you are invited to explore the conference presentations and think about the possibility that, when we are grounded in the present moment, true change can happen. Those well-versed in the pursuit of Mindfulness suggest change happens through taking "committed action" to do things that are in line with our values. When we are connected in the present moment we are focused. Experts say this commitment brings an ability to be more productive, engage with others, receive and express compassion, and make choices that help us live within our values instead of reactively doing things that are not in line with our core beliefs. All the time being mindful of our commitment to accountability, responsibility for our actions, and the change we can bring about.

On behalf of PAR and the Conference Committee, I invite you to register now. We hope to see you October 21-23. Be open to becoming a catalyst for change!

*- Carrie Kontis*

# guidebook

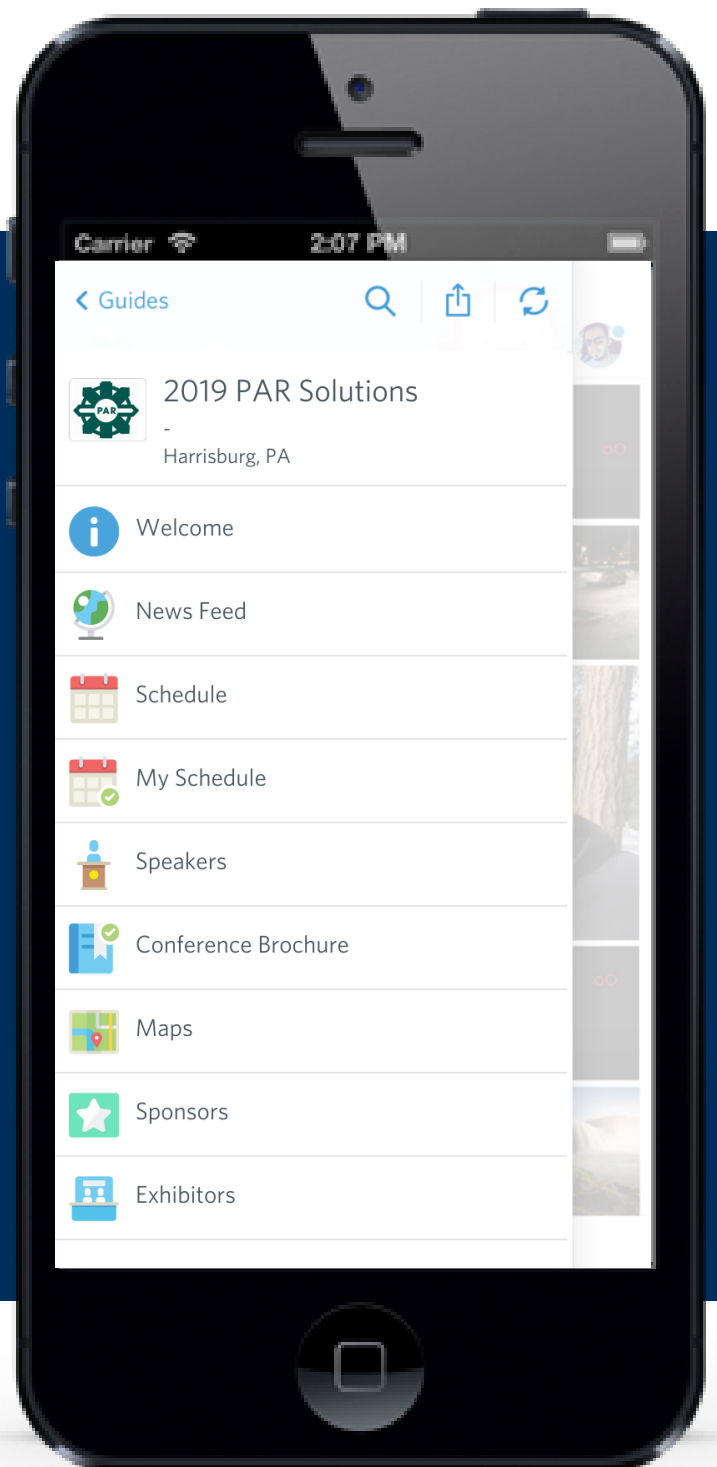
**FREE MOBILE APP!**  
**NO PASSWORD REQUIRED!**

We are so glad to offer our PAR Solutions Conference app **Guidebook** again this year! This intuitive app can host your unique conference schedule. No more rifling through papers in between sessions or juggling handouts while visiting exhibitors. Everything you need will be right on your phone!

**Guidebook** also allows you learn more about speakers, check out schedules, share on social media, and more...all with a simple tap.

**Access the app by following the three easy steps:**

1. Search "Guidebook" on the Apple Store or Google Play.
2. Tap the "download" button to get the FREE GUIDEBOOK APP
3. Open guidebook and search for the guide: [PAR Solutions Conference 2019](#)



## REGISTRATION

The PAR Solutions Conference is open to EVERYONE! - PAR Members, non-members, and anyone who has an interest in supporting individuals with intellectual disability or autism. The conference will host local, state, and national speakers. For information about how to register for this year's conference, see [page 30](#).

## LOCATION

We look forward to returning to the Hilton Harrisburg in downtown Harrisburg. PAR has a block of rooms reserved from Sunday, October 20 - Thursday, October 24 at a discounted rate. For information about how to book your room at PAR's special rate, see [page 30](#).

## SPONSORS & EXHIBITORS

The Solutions Conference hosts a networking-rich experience for sponsors and exhibitors. If you would like to support the 2019 Solutions Conference, email [kammi@par.net](mailto:kammi@par.net). All opportunities are first-come, first-served.

## Annual Report 2019: MINDFULNESS

Monday | 9:00 a.m. - 9:30 a.m.

Conference Welcome & Membership Vote  
on 2019/20 Board of Directors and Officers

**Kathleen McHale**, *Chair, PAR Board of Directors*  
**Mark Davis**, *President and Chief Executive Officer, PAR*

## Continuing Education Available

Pending agency approval, PAR is offering the following Continuing Education (CE) credits free of charge to conference attendees\*. If you are planning on receiving credit for any of the CEs listed below, please indicate it on your registration form. Stop by the registration table at the conference to pick up your packets.

PAR has submitted the 2019 PAR Solutions Conference to the following accreditation agencies for approval:

- State Board of Accountancy  
(Approved)
- Human Resources Certification Institute (HRCI)  
(Pending - Approval Expected)
- National Association of Social Workers (NASW), PA Chapter  
(Pending Approval)
- State Board of Nursing  
(Approved)
- Commission on Rehabilitation Counselor Certification (CRCC)  
(Pending - Approval Expected)

Certificates of Participation, which can fulfill agency and regulatory requirements, will also be available at the Registration Table.

\*Some CEs may include a fee to be paid directly to the accreditation agency. PAR does not charge any additional fees.

## SOCIAL MEDIA

Use this year's mobile app to share highlights of the 2019 Solutions Conference!

Follow us on:



[facebook.com/PARdotnet](https://facebook.com/PARdotnet)



[twitter.com/pardotnet](https://twitter.com/pardotnet)

Tag PAR in your conference posts and use this year's conference hashtags!



**#PARSC2019**  
**#MINDFULNESS**



## EMPLOYMENT, 14C AND OTHER FEDERAL UPDATES

9:30 a.m. - 10:15 a.m.

**Michael Gamel-McCormick, Disability Policy Director,  
U.S. Senate Special Committee on Aging,  
Senator Bob Casey, Ranking Member**

**GOLD SPONSOR:** Keystone Human Services

Michael Gamel-McCormick is the Disability Policy Director for Senator Casey of Pennsylvania. He held a similar position in the office of Senator Tom Harkin, as well as being Senator Harkin's senior education staffer. He began his career as an early childhood education teacher, teaching in inclusive settings. He also was a special education technical

assistance provider for over 40 counties and cities in Virginia. For 15 years, he was a professor and dean at the University of Delaware as well as the director of the University's Center for Disabilities Studies. Just prior to joining Senator Bob Casey's staff, he was the Associate Executive Director for Research and Policy at the Association of University Centers on Disabilities.



## A RADICAL VISION

10:15 a.m. - 11:45 a.m.

**Brian Wagner, Founder and Chief Executive Officer,  
A Radical Vision**

**GOLD SPONSOR:** Lakeshore Community Services, Inc.

Brian is the founder and CEO of "A Radical Vision." His mission is to help people embrace their own personal blindness to achieve a greater vision for their lives. The process takes people from a point of blindness, into sight, and toward a greater vision.

Brian was born and raised in Northwest Ohio as the son of a tomato farmer and the youngest of 10 kids. In 1977, at the age of 10, he was diagnosed with hydrocephalus, a brain malformation. Over the course of the next 33 years he experienced several instances of medical issues resulting from this diagnosis. On March 4 of 2011 he woke up on the

couch and wasn't able to see. For the next six months, he was blind. Only brain surgery and multiple eye surgeries have allowed a portion of his vision to return.

Since then, Brian has become an author of the semi-autobiography book "Sometimes It DOES Take a Brain Surgeon."

He uses his experiences to help his audience improve their lives by teaching them how to see what they are missing as a result of their own blindness.



October 21, 2019

## CONCURRENT SESSION - A

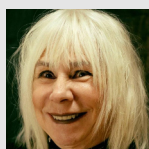
1:15 p.m. - 2:15 p.m.



### A-1 Mergers and Acquisitions

**Speaker:** Gary Nettis, Jr., Chief Development Officer, Caregiver, Inc.

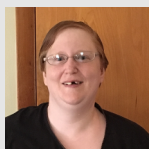
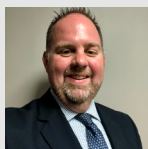
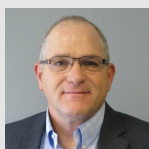
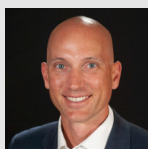
Mergers and acquisitions are being discussed in ID/A more than ever before. This session will answer questions of novices to seasoned executives. What are the different types of mergers, acquisitions and collaborations? How do you use a shared mission and shared resources to create value for individuals with ID/A and investors? Why are mergers and acquisitions an often cited method for ensuring the sustainability of providers? What are the trends in mergers and acquisitions? What are the key milestones for a successful merger or acquisition? An active discussion will follow a detailed presentation.



### A-2 Sexuality

**Speaker:** Leslie Walker-Hirsch, IMEd, FAAIDD, President, Moonstone Sexuality Consultation and Education Services

Leslie Walker-Hirsch will discuss how social and sexual development parallels and differs from typical development and how schools, families and agencies can support positive expressions of sexuality and relationships through policies and procedures that reflect personal values and endorse safety for employees and the individuals they serve.



### A-3 Partnerships for Lasting Independence with Enabling Technology

**Speakers:** Jason Ray, President, SimplyHome; Greg Wellems, Executive Director, Keystone Human Services; Nathan Gerhard, Director of Intellectual Disabilities Services, Keystone Human Services; JoAnn Garrity, Self Advocate, Keystone Human Services

This session will provide insight on the integration of a Technology First mentality into Intellectual Disability Services at Keystone Human Services, in conjunction with their technology partner, SimplyHome. Attendees will hear perspectives from the service provider, the technology provider, and from an individual benefiting from the integration of technology in traditional residential services. The co-presenters will discuss strategies for creating a successful partnership with a technology provider, and how technology can enhance the independence of people with disabilities. They will discuss specific steps they took to prepare for the integration of technology, and highlight barriers that were overcome and lessons learned during the process. Most importantly, attendees will hear firsthand how the use of technology has changed the life of someone who receives services in her journey towards independence.

# CONCURRENT SESSION - A

1:15 p.m. - 2:15 p.m.

## A-4 Communication and Collaboration: Supporting Transition Across the Lifespan

**Speakers:** Michele O'Toole, Western Regional Program Manager, Office of Developmental Programs; Jarred Ebert, Statewide Transition Coordinator, Office of Developmental Programs

Transitions are difficult for all of us. For a person with an Intellectual Disability and/or Autism and complex behavioral/mental health needs, this is especially true. In this session two panelists with extensive experience in supporting people with complex behavioral/mental health needs to transition between various settings will describe a person's story. Each vignette will highlight an especially complex transition that was successfully navigated, with the individual integrating into his or her new community. The presentations will focus on the unique challenges of that transition and the ways in which the transition team was able to overcome barriers through collaboration and communication. The presenters will then discuss lessons they have learned through these and other transition processes. Through this discussion it will become clear that the unique challenges of individual transitions are not really unique at all, but share common threads across systems, communities, and lifespans.

## A-5 The Importance of Data Collection Relevant to Behavior Changes and Medication

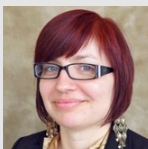
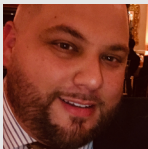
**Speakers:** Nicholas DeMarco Psy.D., LPC, Director of IDD and Mental Health Supports, Philadelphia Coordinated Health Care; Katharine Croce Ed.D., BCBA-D, Eastern Region Director, ASERT Collaborative Eastern Region

It can be very difficult to identify causes in behavior changes. Having a basic understanding of psychotropic medications, uses and side effects can help correctly identify medication reactions from other changes in baseline behaviors. In order to know if services, medications, and interventions are effective, data must be collected.

## A-6 ODP and DHS Update on EVV

**Speakers:** Jennifer Grimm, Section Chief, IT and Contract Management, Office of the Deputy, Office of Developmental Programs; Charles Frick, Section Chief, Division of Program Operations, Bureau of Community Services, Office of Developmental Programs; Britte Earp, Executive Assistant, Department of Human Services

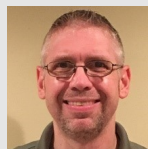
An overview of the 21st Century CURES Act which requires states to implement an Electronic Visit Verification (EVV) system for Medicaid-funded Personal Care Services (PCS) by January 1, 2019 and for Home Health Care Services (HHCS) by January 1, 2023 will be provided. The presentation will include the Department of Human Services and Office of Developmental Programs activities and guidance for providers to insure compliance.



October 21, 2019

## MONDAY CONCURRENT SESSION - B

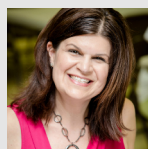
2:30 p.m. - 3:30 p.m.



### B-1 The NADD Program Accreditation's Influence on Organization Cultural Change

**Speakers:** Kelly Knarr, Director of Program Development, Fayette Resources, Inc.; David Fye, Director of Behavioral Services, Fayette Resources, Inc.

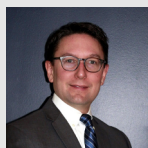
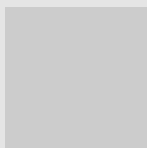
The presentation will focus on the National Association on Dual Diagnoses (NADD) and its impact on organizational structure changes of Fayette Resources, Inc. to meet the mental wellness needs of individuals with Dual Diagnosis. The philosophical shift of Fayette Resources, values and beliefs will be viewed and discussed through the lens of the NADD Program Accreditation process. Experiences before, during and after NADD involvement in regards to philosophical and behavioral changes of staff, the administration, and individuals that are tangible, observable and measurable will be highlighted. Incorporating the NADD standards for supporting the complex needs of individuals and families by organizations initially presented substantive challenges and obstacles, specifically in a philosophical shift from a Uni-focused Applied Behavior Analysis (ABA) approach to Multidimensional Holistic, Bio/Psycho/Social approach. A priority framework was developed and implemented that was successful in systematically changing the culture and meeting and exceeding most standards set by NADD in supporting individuals with Dual Diagnosis.



### B-2 Where Everybody Knows Your Name: Community Building for People of All Abilities

**Speaker:** Bev Weinberg DOT, MS, OTR/L, Founder and Executive Director, Integrate for Good

How do we move from being "in the community" to true and impactful community building for people of all abilities? Integrate for Good believes that there is a big difference between being "in the community" and having a celebrated role as a recognized and valued part of that community. Too often, people with disabilities are seen as recipients of service, lacking the opportunity to assume authentic roles as recognized providers of service to others. Creating opportunities for individuals with disabilities to assume these roles as leaders and valued community members who are truly known and connected takes intentional planning, thoughtfulness and creativity. Integrate for Good partners with people with disabilities and their family members, agencies, nonprofit organizations, for-profit corporations, community organizations, schools, colleges and universities to expand opportunities for true community-building. This session will introduce you to the Integrate for Good model through successful community-based case studies, video and story-telling. Learn how innovative collaboration with community partners is opening doors for students and adults with intellectual disability, autism and mental health challenges.



### B-3 Supportive Technology: A Collaborative Approach

**Speakers:** Sherri Portnoy, VP of Administration & Professional Services IDD, Merakey; Jeremy Yale, Director of the Bureau of Policy and Quality, Office of Developmental Programs

Technology continues to shape how people work, learn, socialize, access goods and services, and communicate. Technology is having a deep impact for all people in society. This session explores the initiatives supported by the Office of Developmental Programs and highlights how service providers are harnessing technology to advance their agency's mission.



# MONDAY CONCURRENT SESSION - B

2:30 p.m. - 3:30 p.m.



## **B-4 What Our History Tells Us About What State Center Families Wanted from Community Providers**

**Speakers:** Mel Knowlton, Policy Consultant, PAR; Russell G. Rice, Jr., Ed.D.

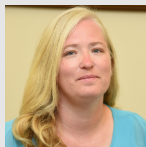
This session is intended to provide insight for providers who are interested in supporting people coming from state centers through lessons learned from the Colasanti Consortium. The Colasanti Consortium included members from State Center families, PAR, ODP, State Center staff and family associations. The Colasanti Consortium sent a questionnaire to all State Center families to determine the needs of these families to become better informed advocates for their relatives who might be moving to the community in the future. Meetings were held in each state center and included members of the Colasanti Consortium, both current and ex- state center families whose relatives were now living in the community and PAR providers. The result of these meetings was a better understanding of what state center families wanted for their relatives if they were to move to the community. State center families also became better informed about what the community had to offer to their relatives. It is important to note that the Colasanti Consortium was credited as playing a role in the successful placement of people moving from Hamburg Center to the community.



## **B-5 No Judgment Zone! Helping Employers Get Over Pre-conceived Thoughts to Help Get The Person You Support Hired**

**Speaker:** Lisa Svidron M.A., CESP, Associate Director of Employment, Mainstay

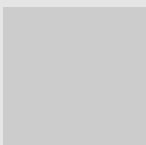
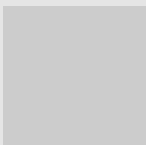
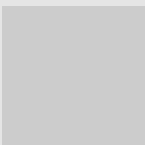
Learn techniques on how to overcome the pre-judgment of some employers before, during and after an interview. Learn how to prepare the individual prior to the interview and how to speak with the employer during the interview to help the individual get the job he or she wants! Preparation is key through an interview prep, preparing a visual resume and explaining on-the-job supports. You will learn interview questions, how to make a visual resume, and effective techniques for working with an employer.



## **B-6 EVV Provider Panel: Challenges and Solutions**

**Speakers:** Moderator: Sr. Maryalice Jaquinot, President and CEO, Saint Joseph's Center; Melanie Opalka Bentler, Vice President of Administration, Saint Joseph's Center; Lisa Bieber, Project Manager, Keystone Human Services; Laurie Callaghan, Chief Information Officer, Barber National Institute; Carol Dudzinski, Project Manager, Keystone Human Services

Electronic Visit Verification is an evolving topic in the Intellectual Disability/Autism Services world. As the January 1, 2020 deadline approaches, it is important that providers hear from each other about their experiences moving toward implementation and full compliance. Attendees of this session will hear from fellow providers about where they are at in the implementation process for Electronic Visit Verification. Challenges and successes will be discussed as well as an open discussion on solutions to help improve implementation of EVV. ODP has been invited to sit in on this session to hear the feedback and partner toward solutions.



Awards & Entertainment



## We Are Worth It. Awards

3:45 p.m. - 5:00 p.m.

**SPONSORS:** Barber National Institute, Delta Community Supports, Passavant, SPIN, Inc.

This inspiring afternoon event will open the door for you to learn from and celebrate the achievements of outstanding peers, community employers, leaders, and individuals who receive services and give of themselves in service. Attendees can expect to leave inspired as they are reminded about the impact that thriving relationships can have in our communities, workplaces, and homes.

## ZAYNE HARSHAW GUITARIST

Monday & Tuesday

**We are delighted to welcome Zayne Harshaw back to this year's 2019 conference!**

Zayne is an accomplished, self-taught guitarist and band member of Blue Spectrum, which is comprised of young people who share a passion for creating and playing wonderful music. Their love of performing is not the only commonality they share. They are also members of the special needs community. Zayne's mother, Gwen, says that music has transformed her son from a painfully shy boy to an extremely confident musician. Zayne, along with his band members, are young champions who serve as inspirations, proving that life is not to be viewed through the single lens of a diagnosis but to be lived through the spectrum of potential, promise and purpose.



# MONDAY NIGHT PAR-ty

8:00 p.m. - 10:00 p.m. | After Dinner

**GOLD SPONSOR:** Keystone Human Services

Who doesn't like a party? PAR has decided to change things up this year by hosting our very first **PAR-ty** that we will carry on as our new Solutions Conference tradition. The **PAR-ty** will take place on Monday evening and will be a time for everyone to let loose and relax after a long day of productivity. Of course we will still have musical entertainment provided by Zayne Harshaw! Zayne is a talented guitarist who is passionate about living life through the Spectrum of potential, promise and purpose.

**STAY TUNED FOR MORE DETAILS!**



## Kristin Ahrens



## ODP UPDATES

9:00 a.m. - 9:45 a.m.

**Kristin Ahrens, Deputy Secretary, Pennsylvania Office of Developmental Programs, Department of Human Services**

**GOLD SPONSOR:** InVision Human Services

Kristin Ahrens is the Deputy Secretary for the Office of Developmental Programs (ODP). Previously, Kristin served as the Director of the Bureau of Policy and Quality Management in Pennsylvania's Office of Developmental Programs. Before joining the Office of Developmental Programs, she served as the Policy Director for the Institute on Disabilities at Temple University. Deputy Secretary Ahrens' 25 years of experience working with people with disabilities

spans from advocacy and community education to providing supported living, family support and self-directed services and includes development and management of several self-directed models. Prior to moving to Pennsylvania, Ms. Ahrens was the Director of Self-Determination Resources, Inc. (SDRI), a regional brokerage serving adults with I/DD, in Oregon. Deputy Secretary Ahrens has a Masters in Education and Disability Studies Certificate from Temple University.



## The Honorable Bryan Cutler



## TUESDAY KEYNOTE

10:15 a.m. - 10:45 a.m.

**The Honorable Bryan Cutler, Representative of the 100th Legislative District of Pennsylvania (Lancaster), House Majority Leader**

**GOLD SPONSOR:** Merakey

Serving his seventh term in Pennsylvania General Assembly, Bryan Cutler represents the 100th Legislative District in Lancaster County. In November 2018, Cutler was elected by his colleagues to serve as Majority Leader for the 2019-20 Legislative Session, a position he assumed on Dec. 1, 2018.

Bryan's emergence as one of Pennsylvania's key leaders reflects his approach to life: Give back to the community that helped you. A lifelong resident of the Peach Bottom area, Bryan faced adversity as a high school student when both his parents were diagnosed with ALS (which eventually took both their lives) and he took on the responsibility of caring for them and his younger sister. The community helped out and embraced Bryan and his family, helping meet their every need.

At a time when most young adults headed off to college, Bryan worked and put himself through a trade school to become an X-ray technologist. Soon after, he married his high school sweetheart, Jennifer, and graduated summa cum laude from Lebanon Valley College with a health care management degree. Following several years of working at the local hospital overseeing the budgets and daily operations of several sections in the radiology department, he pursued a law degree, focused on

health care law, from Widener Law School and become a member of the Lancaster Bar Association and began practicing law with the firm of Nikolaus & Hohenadel. The desire to give back to the community – which did so much for him and his family – drove Bryan to run for public office. He was elected in 2006.

With his extensive background in health care and the industries that deliver these vital services, Bryan has been a constant advocate for policies to make the state's health care system more accessible and affordable. He is an outspoken champion for ALS awareness and research, especially its impact on veterans. He also serves as a legislative appointee to the Pennsylvania Trauma Systems Foundation. He was a champion and co-sponsor for the Employment First legislation that passed in 2018 to help individuals with intellectual disability or autism (ID/A) gain competitive, integrated employment and is a supporter of Intellectual Disability/Autism services as a member of the ID/A Caucus.

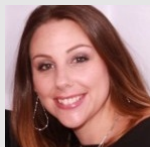
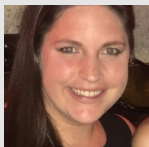
Bryan and his wife, Jennifer, have three children, Cheyanne, Caleb and Drew. The family lives on an 11-acre "hobby farm" in the same log cabin home where Bryan grew up. The Cutlers are active members of the Wrightsdales Baptist Church.

## CONCURRENT SESSION - C

11:00 a.m. - 12:00 p.m.

**C-1 Direct Support Professional Wage Study****Speaker:** Scott Spreat Ed.D., Vice President for Evaluation & Research, Woods Services, Inc.

In 2018, seven associations joined together to support the third year surveying Pennsylvania providers on Direct Support Professional wages and benefits of the ID/A services workforce in Pennsylvania. Data were received from 121 agencies that employed over 32,000 Direct Support Professionals. Results of that survey will be presented and discussed.

**C-2 Proactive Planning to Enhance Community Based Services****Speakers:** Chelsea Lutts, Director, SPIN; Antoinette Hinkle, Director, SPIN

As Community Participation Supports move into the community with limited funds and the evolving role of Direct Support Professionals evolves, it has become apparent that successful services require proactive and continuous planning to build personal networks that support employment outcomes and create full and meaningful days. To focus on individualized goals and balance desired outcomes of all services, it is essential that providers focus not only on the day to day but also consider the full scope of each person's goals. With the use of technology, visual resumes, social stories, interview preparation, staff planning meetings, and community mapping, SPIN has been able to use proactive planning approaches to support people in Community Participation Supports and Employment Services to consistently plan meaningful activities and find right fit employment opportunities. Presenters will discuss the proactive strategies that providers can add to their "toolbox" that can take services to the next level. Take a step back and learn about the toolbox as well as brainstorm with us how proactive planning can transform community based services!

**C-3 Your Personal Vision****Speaker:** Brian Wagner, Founder and Chief Executive Officer, A Radical Vision

Do you want to lead a better life? Do you want to improve your family members' chances at success? Are you struggling with your own quality of life? Your personal vision may be partially credited or blamed for your answers to these questions. Do you have a vision statement? Is it written?

In this session you'll learn three easy practices to ensure your vision is not lost. You will even clear the fog surrounding that vision. Then you'll learn how to focus on your vision.

We will take you from Blindness to Sight and toward Vision.



# CONCURRENT SESSION - C

**11:00 a.m. - 12:00 p.m.**

## **C-4 Employment: State of the State**

**Speaker:** Laura Cipriani, Policy Supervisor, Bureau of Policy and Quality Management, Office of Developmental Programs

Consistent with the Pennsylvania Employment First Act and the Office of Developmental Program's (ODP) *Everyday Lives* publications, ODP is committed to increasing employment opportunities and outcomes for individuals with Intellectual Disability or Autism who are interested in competitive integrated employment. Learn about employment initiatives within ODP, how ODP collaborates with other agencies, and how ODP collects and uses data. Attendees will have the opportunity to provide valuable feedback to ODP and make innovative suggestions on system improvement.

## **C-5 Authentic Voices: Telling the Stories of the People We Support**

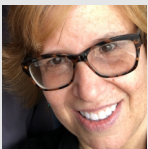
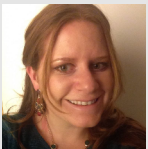
**Speakers:** Jeanine Buford, Director of Digital Content and Strategy, Keystone Human Services; Malinda Miller, Social Media Specialist, Keystone Human Services; Sherrie Kling, Social Media Specialist, Keystone Human Services

The people we support have unique stories to tell and, as providers, we have an obligation to provide support so they can share their story and advocate for themselves. How do we tell someone else's story but keep our own voice muted so the person's voice can be more authentically heard? We will explore some of the challenges, ethics, and communications principles involved in effective storytelling that both promotes an organization's mission and maintains each person's dignity and unique voice and perspective.

## **C-6 What's Going on in D.C. and Why Should I Care?**

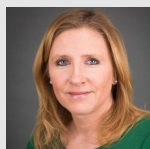
**Speaker:** Sarah Meek, Director of Legislative Affairs, ANCOR

Come hear the latest on legislative and regulatory actions at the federal level that impact people with I/DD and the organizations and DSPs that support them. Updates on soon to be introduced legislation from Rep. Scanlon (D-PA) to allow DSPs to be paid while supporting people temporarily in the hospital and grants for DSP pipeline programs will be shared, along with other updates on EVV implementation, CMS block grant guidance, and much more.



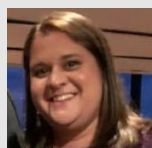
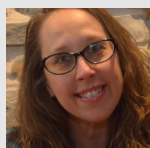
## CONCURRENT SESSION - D

1:45 p.m. - 2:45 p.m.

**D-1 Woods Care for the Whole Person Health Care Model**

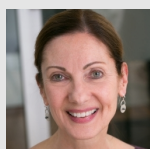
**Speakers:** Tine Hansen-Turton, President and CEO, Woods Services, Inc.; Dawn Diamond, Senior Vice President of Operations and Residential Life, Woods Services, Inc.

Woods has developed a unique population health approach coordinated out of its new medical center that integrates services, incorporates the tenets of a Patient-Centered Medical Home, and addresses social determinants of health. Barriers to health care remain for people with ID/ASD despite insured status. Chronic diseases are often overlooked among people with ID/ASD, and disease prevention programs adapted for this population are lacking. These issues, coupled with high risk among this population for preventable chronic disease, result in health disparities among people with ID/ASD. In the Woods' Care for the Whole Person model, primary care providers coordinate care for patients with ID and ASD who also have behavioral challenges and medical complexities, integrating specialists in psychiatry, neurology, pharmaceutical management, and others. Woods has also formalized relationships with health systems, medical and nursing schools to build a cadre of providers who have competencies in providing complex care for people with ID/ASD.

**D-2 Functional Behavioral Assessment: Application to People with Mental Health Needs**

**Speakers:** Stacy Nonnemacher PhD, Clinical Director, Office of Developmental Programs; Amy Alford MEd, BCBA, Senior Clinical Consultant, Office of Developmental Programs

Functional Behavioral Assessment (FBA) is an empirically validated process in assessment and treatment of behavior. This session will emphasize the applicability of this process to people with mental health needs. There will be a focus on providing tools and strategies for using FBA in assessment and treatment of behavior for people with mental health diagnoses.

**D-3 Preparing for and Responding to Disaster**

**Speakers:** Gwen Schuit, Chief Executive Officer, Friendship Community; Michelle Butler, Director of Operations, Friendship Community

Gwen Schuit, CEO, and Michelle Butler, Director of Operations, for Friendship Community will share wisdom gleaned throughout our journey of restoration following a disaster event that occurred in October 2018, impacting 5 Individuals served within our Residential and Home Based Services Programs. Although responding to this and other significant unplanned events within the past year has caused turbulence for a period of time, we have been thankful for the opportunity to more deeply understand the vital importance of disaster awareness and planning, as well as the significance of maintaining a healthy support system to sustain and rebuild following a significant unplanned event. This presentation will offer education and support as providers of Intellectual Disability and Autism services strive to be mindful of unplanned threats that have the potential to impose harm if not appropriately managed.



## CONCURRENT SESSION - D

1:45 p.m. - 2:45 p.m.



### D-4 Making a Cultural Shift from Traditional Day Program Services to a True Person Centered Approach

**Speakers:** Carol Erzen M.Ed., Staff Development Executive, Merakey; Elizabeth Humphrey, Self-Advocate; Kimberly Katruska Ed.D., Behavior Specialist, Merakey

With decades of experience providing supports in congregate settings, we began a dedicated transformation of our programs in 2017. Two years in, we have made significant progress and uncovered numerous challenges. Our transformation is ongoing and is taking place one person at a time. Come learn about the cultural shift we are making from traditional day and residential services to a person-centered approach. Understand the benefits and challenges of individualized supports through the lens of organizational change, including a review of baseline data with measurable objectives. Hear first-hand from Elizabeth, an individual receiving supports, how the Good Life is achievable as well as complex, but certainly worth the journey.



### D-5 Activating Your Organization's Grassroots Advocacy: Just Do it!

**Speakers:** Gary Blumenthal, Vice President, Government Relations & Advocacy, InVision Human Services; Judy Dotzman, Executive Director, SPIN, Inc.; Kathleen McHale, President and Chief Executive Officer, SPIN, Inc.; Georgiana Provance, Director of Marketing and Development, Fayette Resources

Do you have an advocacy plan? Outreach and connecting with legislators is key to developing strong partnership and community relationships. This panel discussion will present three Pennsylvania providers who are just doing it! Fayette Resources, InVision Human Services and SPIN will share successes, challenges and outcomes in their grassroots advocacy efforts by using tools and guidance provided by PAR to educate, advocate, create strong relationships and effect change for all stakeholders. A legislative staffer will participate in the discussion, offering insight on how to approach and engage with your elected leaders. Messaging for increasing funding in the budget to raise the DSP and Front Line Supervisor wages will be highlighted. Presentations will be followed by a question and answer session. Information about PAR committees that are beneficial to activating your grassroots advocacy will be provided. #SupportMeSupportDSPs.



### D-6 Rolling Out the 6100 Regulations

**Speakers:** Julie Mochon, Director, Division of Policy, Office of Developmental Programs; Ronald Melusky, Director, Division of Program Operations, Bureau of Community Services, Office of Developmental Programs

ODP intends that the 6100 regulations strengthen community services and supports to promote person-centered approaches, community integration, personal choice, quality in service delivery, health and safety protections, competitive integrated employment, accountability in the utilization of resources and innovation in service design. This session will provide updates regarding when sections of the regulations will take effect after promulgation, what to expect in the next year and what you can do to start preparing to implement the regulations.

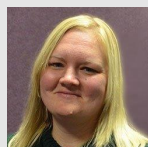
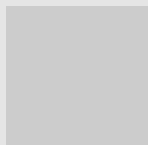
## CONCURRENT SESSION - E

3:00 p.m. - 4:00 p.m.

**E-1 Engaging Your Workforce: Tips for Leaders to Increase Retention**

**Speakers:** Jennifer Markiewicz, Associate Director, Barber National Institute; Jaclyn Zacherl, Associate Director, Barber National Institute

Being a leader in today's workforce is difficult. In the Intellectual Disability and Autism field where staff retention continues to be a challenge, it is crucial to always be present in the moment and continue to gain skills to be a mindful leader. In order to improve meta cognition, a key to mindfulness, one must take certain steps to be an effective leader. Self-awareness along with other key leadership skills allows a team to reach its full potential for retaining a workforce. This interactive session will review how to engage your workforce and ways to increase retention.

**E-2 A Model Collaboration for Achieving Outcomes: The Successful Implementation of ABA Services for those with ASD in Philadelphia.**

**Speakers:** Annemarie Clarke Ph.D., Corporate Officer, Behavioral Health & Autism Services, SPIN; Jessica Woods Ph.D., BCBA-D, Psychologist Coordinator of Neurodevelopmental Services, Community Behavioral Health (CBH); Sharon Heileman LPC, BSL, Clinical Director, SPIN

SPIN and CBH will discuss a provider and BH-MCO collaboration that lead to the successful implementation of Applied Behavior Analysis (ABA) services within Philadelphia given recent regulation changes allowing Medical Assistance to pay for these services. The presenters will discuss the strategies and approaches undertaken within the BH-MCO/Provider collaboration culminating in the implementation of services, highlighting benefits as well as lessons learned. Implications for workforce development and staff recruitment and retention will be discussed more broadly. Aggregated outcomes data from the first 18-24 months of implementation for approximately 150 children receiving ABA services within Philadelphia will be presented. Next steps and system priorities will be discussed.

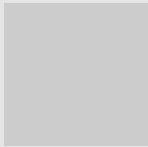
**E-3 Medical Marijuana – Legal Ramifications**

**Speakers:** Denise Elliot, Esq., Attorney, McNees Wallace & Nurick LLC; Joseph Neuman, Director of Human Resources, Supportive Living Services

When it comes to medical marijuana in the workplace, one thing is clear...navigating the issue, regardless of the direction you ultimately take, creates risk. So what is an employer to do? While there are no clear cut answers, there are some best practices that employers can put in place to evaluate and assess the risks created by medical marijuana in the workplace. This session will discuss those best practices and help employers develop a framework for evaluating risk and making decisions that makes sense for their individual workplaces.

# CONCURRENT SESSION - E

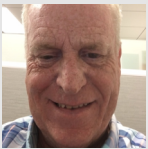
3:00 p.m. - 4:00 p.m.



## E-4 A Promising Housing Option

**Speakers:** Kenneth Gibat, Jr., Junior Chief Executive Officer, Person Directed Supports; Karen Gutierrez, Property Coordinator/Program Specialist, Person Directed Supports; Sheila Theodorou, Bureau Director of Community Services, Office of Developmental Programs

Are you interested in learning about new cutting-edge housing services? Please join Person Directed Supports, Inc. and ODP to learn about new housing services and supports being used to help people move into their own homes. Housing is a hot topic item all around the country and affordable housing is key to making supports and services work. This model is something that could be used to help people gain and maintain housing and establish relationships in their communities. Learn about the step-by-step process used to help people secure housing, different resources that are available and current best practices in the housing market. Relationships and accurate budgeting are a key to ensure that people can be successful in their own housing. This session will specialize in the private landlord market, as subsidized housing is not always available. Welcome to the future of housing!



## E-5 Identifying People with ID/ASDs at Risk

**Speakers:** Jack Toomey, BSN-RN, BC, CDDN, NADD-CC, Integrated Health Care System Navigator, Philadelphia Coordinated Health Care; Anne Seyffert, RN, Community Based Nurse, Philadelphia Coordinated Health Care

Managing the health care needs of people with ID/ASDs is challenging. People with ID/ASDs have more diagnoses than people without ID/ASDs. Some health conditions put people at risk for developing new health conditions that may put people at more risk than the original health condition. The symptoms of trauma are often present and can be confusing in people with ID/ASDs. There are interventions that generally can help someone with a trauma history.



## E-6 The Centers for Medicare & Medicaid Services

**Speaker:** Melissa Harris Acting Deputy Director, Disabled and Elderly Health Programs Group (DEHPG), Center for Medicaid and CHIP Services (CMCS) and Centers for Medicare & Medicaid Services (CMS)

Hear the most current updates directly from CMS staff. The implementation of the HCBS Community Rule, good faith effort applications by states to delay EVV implementation, and other timely topics.

## CONCURRENT SESSION - F

4:15 p.m. - 5:15 p.m.

**F-1 Click Into The Clinic**

**Speakers:** Marianne Roche, Holistic Practices, Self Employed; Dr. Sally Gould-Taylor, Director of Research, Temple University Institute on Disability; Grace Fay Cooper, Research Assistant and PhD Candidate, Institute on Disabilities; Laura Silsby, Director, Community Participation Supports, SPIN

For literally thousands of years, every known civilization has relied on what are now referred to as complimentary or holistic approaches to address both physical and emotional issues. Central to the use of these approaches is a focus on creating calm in body and mind, such that the person who receives the experience is better able to negotiate the world around them. This presentation will focus on the three year experience that SPIN Community & Fitness in Philadelphia has had with "The Clinic", a twice a month opportunity for program participants to receive as little as 10 to 20 minute sessions, and how the participants respond. Those who attend this conference session will come away with an understanding of the possibilities of various holistic approaches, hear from a Program Participant who has benefited and learn from a SPIN Director why SPIN opened their doors to the creation of The Clinic, and why they continue to provide the necessary support.

**F-2 Protecting Rights Via the Human Rights Committee**

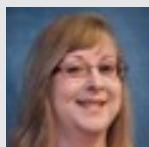
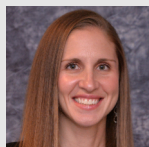
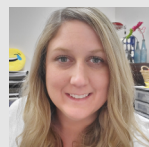
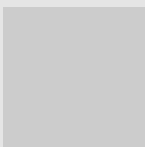
**Speakers:** Shawn Quigley PhD, BCBA-D, Senior Director of Clinical Services and Training, Melmark; Maggie Haag MSW, BCBA, Senior Director of Adult Services, Melmark; Karen Parenti PhD, Executive Director, Melmark

Birnbaum (1960) argued for the "recognition and enforcement of the legal right of a mentally ill inmate of a public mental institution to adequate medical treatment" (p. 499). This right to effective treatment was realized through a series of legal resolutions in state and federal courts (e.g., Halderman v. Pennhurst State School and Hospital 533 F. Supp. 641, E.D. Pa. 1982; Jackson v. Indiana 406 U.S. 715, 1972; Wyatt v. Stickney 325 F. Supp. 781; M.D. Ala. 1971). Human service providers are expected to protect the right to effective treatment and other rights (e.g., right to be free from restraint; right to privacy). Upcoming changes in Pennsylvania regulatory requirements (i.e., 6100 regulations) set forth guidance for Human Rights Committees (HRC) to be a mechanism for the protection of these rights. The purpose of this presentation is to review the HRC processes developed and utilized at Melmark to safeguard these rights, balanced with clinical needs. An overview of the Melmark process will be provided, with specific examples highlighting the protection of rights for individuals.

**F-3 Electronic Personnel Records - Be Mindful of the Advantages**

**Speakers:** Kathleen Fling, Vice President of Human Resources, Barber National Institute; Sue Hill, Human Resources Regulatory Officer, Barber National Institute

With the complexity of today's regulatory requirements, it is essential to have a well-designed electronic personnel records management system. The system provides a direct benefit to organizations because it is time saving, efficient, and provides a highly organized visual presentation of the personnel record. The Barber National Institute has approximately 3000 employees throughout Pennsylvania and this system has aided in the ease and management of regulatory reviews. The overwhelmingly positive response of the system by auditors has been notable. Many of the record features are automated which is extremely helpful in our demanding work environment. Scanned documents are processed and the system automatically names, files, and stores personnel records. The result is a fluid, easy to manage, readily available record system that assists Providers with audits, provider qualifications, and immediate access of personnel information by authorized staff.





# CONCURRENT SESSION - F

4:15 p.m. - 5:15 p.m.



## F-4 Managing Unique Challenges for Clients in the Workplace

**Speaker:** Thomas Tirney, CFA, CMT, President, Arlington Heritage Group

The unprecedented decline in unemployment substantially benefits the population we serve. By itself, corporate demand for workers has improved inclusion in the workplace. Supporting individuals with jobs brings unique challenges to providers. A person's plan and resources must be re-evaluated in terms of income levels. Further, providers must calibrate a person's persistence of employment to gauge appropriate work hours particularly if the individual's benefits will be penalized. As a provider, are you ready to help your clients move into the workplace with full awareness of how to manage the complexities that go along with it?



## F-5 Hot Topics

**Speaker:** Kristin Ahrens, Deputy Secretary, Office of Developmental Programs

ODP has been actively working on policy issues and new initiatives, but what's the latest information on these hot topics? Come hear up-to-date information from ODP Deputy Secretary Kristin on key areas and major policy initiatives from ODP, including Community Participation Supports, the Health Risk Screening Tool, the closure of the Polk and White Have State Centers, and more! Attendees will have the opportunity to ask questions of Deputy Secretary Ahrens and provide her with valuable feedback.



## LEADERSHIP SUMMIT - G



### **G-1 Alternatives to Addressing the Workforce Crisis through Secondary Education and Industry Credentialing**

**Speaker:** Bethany Toledo, Executive Director, The Ohio Alliance of Direct Support Professionals

In this session, participants will learn about the Community Connections Career Partnership-Options program. This program, affectionately nicknamed C3P(O), exposes high school juniors and seniors to the field of direct support through a combined curriculum and internship program that creates an alternative pathway to high school graduation. This unique program was created through a partnership between the Ohio Alliance of Direct Support Professionals (OADSP) and the Ohio Provider Resource Association (OPRA). This session will provide an overview of the fundamental elements necessary to make a program of this nature successful and highlight the various partnerships between local schools, organizations, providers, and other stakeholders.

### **G-2 Searching for the Good Life**

**Speaker:** To Be Announced

This session will present a panel of self-advocates who will explore how each individual works with providers and the pros and cons of employment, home life, relationships – including intimate relationships, health care and fun. The presenters will focus on the good, the bad and everything in between to help explore possible solutions to challenges they are facing. Maximize your success by hearing from the voice of your customer. Stay tuned for the panelists to be announced!

### **G-3 The Voice of Families**

**Speaker:** To Be Announced

Come to this panel to hear directly from family members about their experiences and unique perspective as loved ones of someone with intellectual disability or autism. Panel members will talk about the good, the bad and everything in between, with a focus on partnering toward solutions. Come ready to discuss how family members and providers can support each other to create the best lives possible for people with intellectual disability or autism! Panelists will be announced shortly!



### **G-4 Having Fun – Importance of Play**

**Speaker:** Mark Davis, President and Chief Executive Officer, PAR

Happier employees are healthier and more productive. Discover the research that proves having fun is good for business and good for your customers. Fear-based leadership falls short – the current culture of compliance in our ID/A system threatens our very existence as a profession (look at the results). How do you build trust, leadership and clear boundaries within your organization? What methods have proven successful in building a culture of collaboration, teamwork, connection to a higher purpose and appropriate risk-taking? What is a path to having fun at work while improving the lives of people with ID/A?

# WORKFORCE DEVELOPMENT

## WORKSHOP - H



### H-1 Successful Retention Strategies

**Speakers:** Alexandra Calabrese, Director of Human Resources, Mainstay Life Services; Kimberly Sonafelt, Chief Executive Officer, Mainstay Life Services

Despite perpetually high turnover in IDD, Mainstay Life Services has been successful in maintaining well below average turnover and vacancy rates (12% and 9% four-year average, respectively). Mainstay utilizes these metrics, and many more, to analyze their workforce and formulate successful retention practices. They take a multi-faceted approach to talent management. Alex Calabrese, Director of HR, feels strongly that employee retention strategies are a better investment than losing your trained workforce and then having to recruit and replace your staff. The presenters will explain the demonstrated strategies and successful practices that have allowed Mainstay to continue to be a Pittsburgh Post-Gazette Top Workplace year after year.



### H-2 Employer Resource Networks: Supporting Working Families While Driving Business Growth

**Speaker:** James Vander Hulst, Chief Disruptive Officer, ERN® USA President & CEO, Michigan ERN®

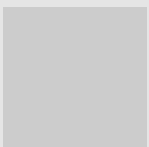
Equipping employees for success in our workplaces goes beyond ensuring their mastery of skills. The tools many employees need for success test the resources of our employers and, in fact, are testing the resources across a cross-section of employers. Employer Resource Networks (ERN®) foster business engagement across a community in an innovation of human service resources and education to move employees toward success. Attendees will learn about the Grand Rapids-based inception of the ERN concept, hear of its growth across multiple states and into Pennsylvania, and leave with a clear concept of the impact these types of networks can have for organizations that harness their power.



### H-3 It Takes a Village

**Speaker:** Bethany Toledo, Executive Director, The Ohio Alliance of Direct Support Professionals

The proverb "It Takes a Village" is a fitting approach to addressing the challenges of developing and retaining a highly skilled human service workforce. People have the greatest chance of being both confident and competent in their work if they have a strong support system that extends beyond the boundaries of their organization. This session will highlight data related to DSP turnover by tenure, and participants will explore ways they can have a direct impact on the retention of staff. Additionally, participants will be engaged in a discussion about knowledge capital, and how investing in themselves and others can change the culture of an entire organization.



### H-4 How to Minimize Workers Compensation Claims

**Speakers:** Janet Carboni, Director of Claims Management, Eagle Workers Compensation Trust; Frank Menna, President, Trinity Asset Protection

One of the most controllable variable costs of PAR Member Provider Agencies is workers compensation. It typically represents the greatest of the property-casualty insurance lines. This session will examine the continuum of measures to be taken in such a cost-saving effort from accident prevention to claims management. All of these control points offer opportunities to reduce cost...all while preserving the noble fulfillment of an important employee benefit. There may be a surprise for a lucky participant.

## FISCAL WORKSHOP - I

Silver Sponsor | Maher Duessel



### I-1 ODP Fiscal Policies and Updates

**Speaker:** Rick Smith, Director of the Bureau of Financial Management, Office of Developmental Programs

Join Office of Developmental Programs (ODP) Director of the Bureau of Financial Management Rick Smith for updates on ODP's budget performance, year to date expenditures versus budget, trends by service category, year over year changes, and more.



### I-2 Approaches to Resolving Insufficient Rates and the Role of the Rate Appeal Process from the Provider and Attorney Perspectives

**Speakers:** John A. Kane, Esq., Regulatory and Policy Consultant, PAR; William Lenahan, Esq., Brophy & Lenahan; Patty Parisi, Chief Financial Officer, SPIN, Inc.



This seminar will cover the latest developments involving ODP's rate setting policies and procedures including the new Chapter 6100 regulations as they relate to rates and appeals. Find out (or get a refresher) about factors to consider when deciding whether to file an administrative appeal with the Bureau of Hearings and Appeals. Hear perspectives from providers and legal advocates regarding the importance of utilizing the appeal process to support and sustain your programs.



### I-3 Alternative Payment Models

**Speaker:** Mark Davis, President and CEO, PAR

CMS is promoting "value-based payments". Payers (states and managed care entities) are moving toward "paying for value, not volume". Individuals with ID/A are interested in living better lives. The trend lines for our current fee-for-service systems, demand for services and demand for an adequate workforce indicate the current system is unsustainable over the longer term. How will ID/A providers best position themselves to thrive in this new payment and service accountability environment? How do ID/A providers leverage performance-based contracting to deliver better outcomes and retain staff? What is the role of technology in this new world?



### I-4 New Accounting Standards and Cybersecurity Update

**Speaker:** Lisa Ritter, CPA, CFE, CITP, Partner, Maher Duessel

In this session we will discuss practical implementation solutions for major standards impacting providers, including new standards on revenue recognition and grants and contracts. Learning objectives include obtaining an understanding of key considerations in implementing new standards, gaining an understanding of which types of transactions fall under which standard and understanding where resources are available to assist the implementation process. The session will also cover considerations and suggestions for reducing cybersecurity risk based on recent financial audits completed by Ms. Ritter.



# NURSING & HEALTH SERVICES WORKSHOP - J

Silver Sponsor | Philadelphia Coordinated Health Care

## J-1 Opening Minds: Advocating for the Hospitalized Individual with I/DD

**Speakers:** Stephanie Wincik RN, CDDN, Assistant Director of Nursing, EHCA; Renee Newberry BSN, RN, Director of Nursing, EHCA

For medical professionals, lack of education and familiarity with individuals with I/DD can lead to misunderstandings, confusion, and even serious medical errors when individuals are hospitalized. EHCA has developed a multi-faceted, step-by-step plan to increase communication with hospitals and physicians in our local area, expanding their knowledge not only of the individuals' medical needs but also of their unique personalities and non-verbal methods of communicating with caregivers. As a result of this program, EHCA has been able to successfully improve our working relationships with the healthcare facilities in our community by providing ongoing training about I/DD to their physicians, nurses, and support staff. In this presentation, we will outline the steps necessary to implement a similar program in your area, including a PowerPoint of the actual training utilized by our staff.

## J-2 Mindful Well-being: A Journey to Self-Care for Caregivers

**Speakers:** Carol Thomas BSN, RN, CDDN, Director of Nursing, Philadelphia Coordinated Health Care; Karen Boyce RN, CDDN, Community Based Nurse, Philadelphia Coordinated Health Care

This educational presentation will provide the audience with information, resources and tools to address self-care, promote mental resilience and embody mindfulness. The objectives of this presentation include understanding the potential impact that supporting individuals with disabilities has on caregivers, identifying how stress can accompany the role of a caregiver, learning how to perform a self-assessment and practicing therapeutic techniques aimed at self-care while reflecting on the benefits of being a caregiver.

## J-3 Clinical Topics from the Office of Developmental Programs

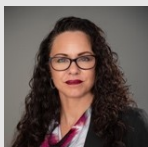
**Speaker:** Dr. Gregory Cherpes, Medical Director, Office of Developmental Programs

During this session, the Medical Director of the Office of Developmental Programs will review current and planned clinical initiatives. Topics pertaining to health and wellness from both physical and behavioral health perspectives will be discussed.

## J-4 The Health Risk Screening Tool: Overview, Uses and Implementation in Pennsylvania

**Speakers:** Craig Escude, MD, FAAFP, President, HRS, Inc.; Dina Pizzurro-Smith BSN, RN, Director of Client Services, HRS, Inc.

This session will begin with an overview of the Health Risk Screening Tool highlighting recent research as well as the many uses beyond a routine health screening. The second part will cover the current implementation progress and strategy in Pennsylvania allowing ample time for an interactive discussion.





It's About Relationships | PAR Conference 2018









## Registration & Lodging



### Conference Registration

To register for the 2019 PAR Solutions Conference, visit [par.net/par-solutions-conference-2019](http://par.net/par-solutions-conference-2019). If you have any questions about registration, please contact the PAR office at (717) 236-2374 or email [par@par.net](mailto:par@par.net).

### HOTEL ROOM BLOCK

**HILTON HARRISBURG:** PAR has a discounted room block available at the Hilton Harrisburg for **\$141 a night**. The special room rate is available until September 30.

**THE RADISSON:** The Raddison (1150 Camp Hill Bypass, Camp Hill, PA 17011) which is a short drive from the Hilton, but not within walking distance, has given us an overnight room rate of **\$109 per night**. Call 717-763-7117 and use the group name "Pennsylvania Advocacy and Resources for Autism and Intellectual Disability" to [book your room](#) under the discounted rate. Do NOT use PAR as the group name as the Pennsylvania Realtors Association is registered under that name. The Radisson will offer a free shuttle service back and forth to the Hilton for those who request this arrangement when they book their overnight room.

**THE SHERATON:** Receive a **20% off** room discount by booking at The Sheraton (4650 Lindle Road, Harrisburg, PA 17111). To make reservations and access your rate on line, you may go directly to the website at [www.sheraton.com/harrisburg](http://www.sheraton.com/harrisburg), enter your dates and click on "Book Now". Then, click on "Change Rates" and enter the PAR promo code **346472** and click "Update". Now your 20% off discount will appear. Select your room type and complete your reservation.

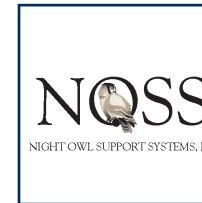
**CROWNE PLAZA:** PAR has a [discounted room block](#) available at the Crowne Plaza for **\$138 a night**. (23 South Second Street, Harrisburg, PA, 17101). Book online or reference code "PAR" if calling.

## CONFERENCE ATTENDEE PRICING INFORMATION

PAR Member	Price
PAR Member Full Conference (Monday & Tuesday)	\$299
PAR Member Single Day (Monday OR Tuesday)	\$229
PAR Member Post Conference Day (Wednesday ONLY)	\$129
Non PAR Member	Price
Non PAR Member Full Conference (Monday & Tuesday)	\$450
Non PAR Member Single Day (Monday OR Tuesday)	\$350
Non PAR Member Post Conference Day (Wednesday ONLY)	\$250
Family Member and/or Self Advocate	Price
Family Member and/or Self Advocate Full Conference (Monday and Tuesday)	\$199
Family Member and/or Self Advocate Single Day (Monday OR Tuesday)	\$99
Family Member and/or Self Advocate Post Conference (Wednesday ONLY)	\$99

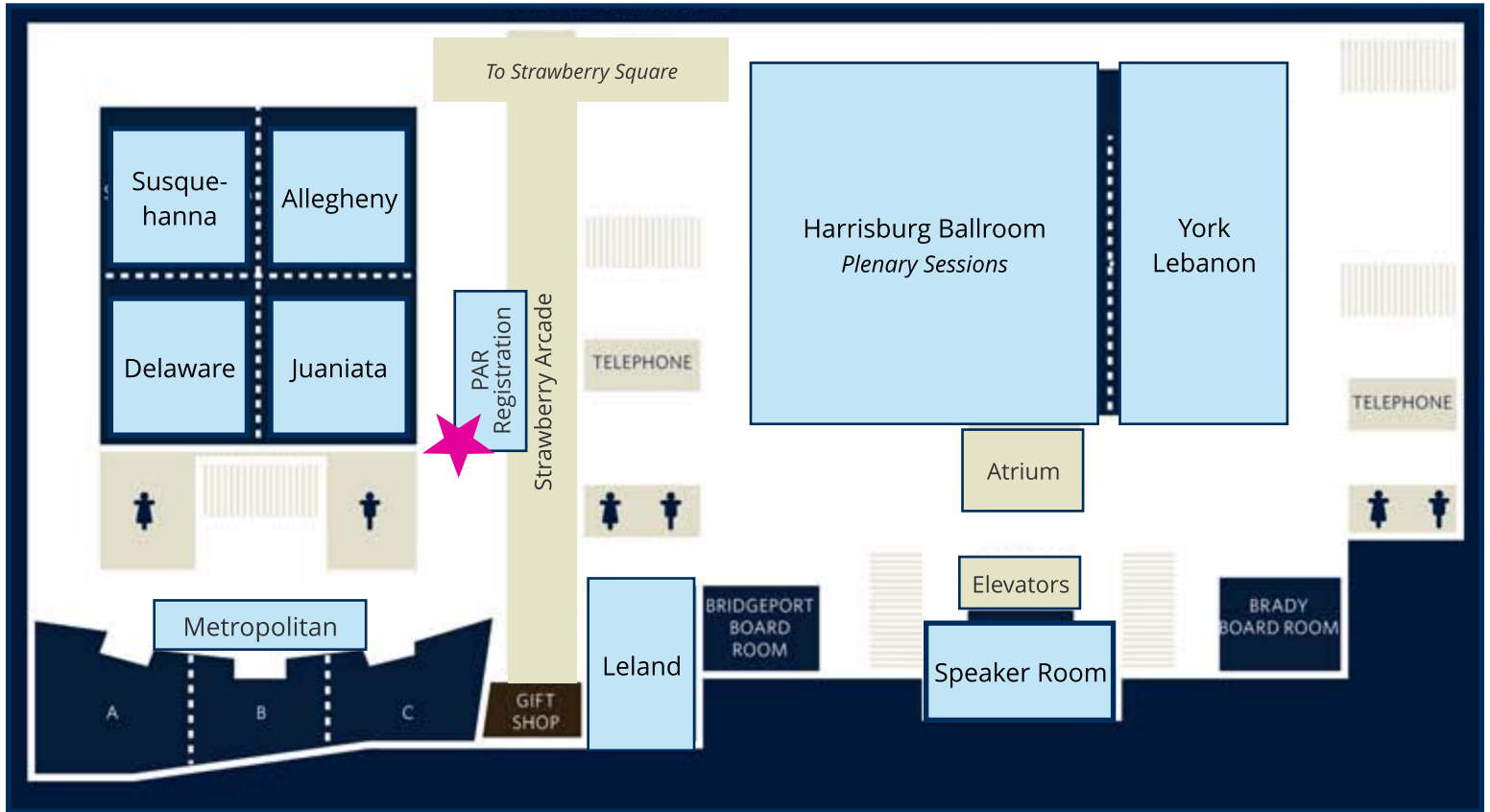
## Enjoy networking with this year's exhibitors!

Conference attendees can look forward to connecting with exhibitors during lunches, breaks, and networking hours. To learn more about our exhibitors, click the logos or visit our conference app ([page 5](#)). If you are interested in becoming an exhibitor, email [kammi@par.net](mailto:kammi@par.net) for more information.

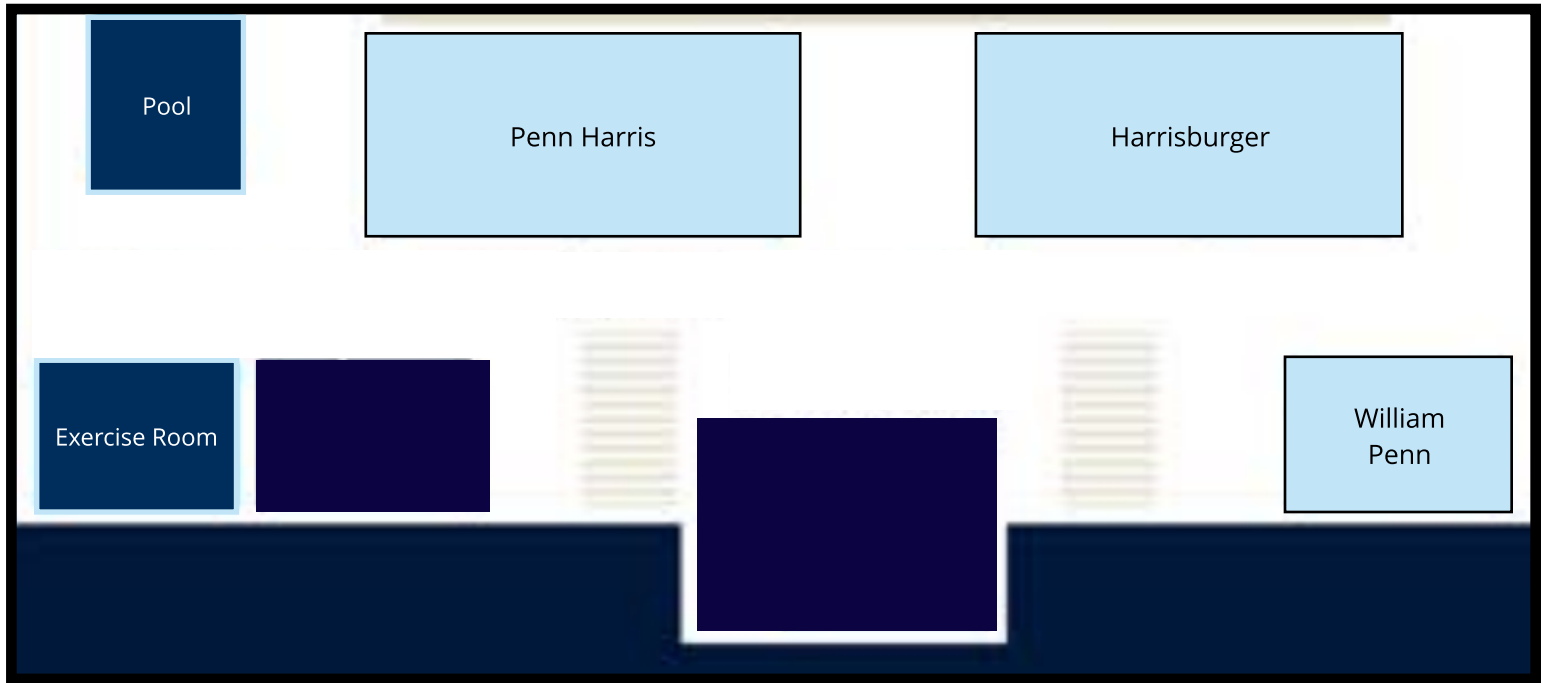




## Second Floor



## Third Floor



# THANK YOU

We would like to thank the **PAR Conference Committee** for working hard to provide a conference that will inspire us all to be mindful.

**WE ARE GRATEFUL FOR YOU.**



PAR Conference Committee



**Carrie Kontis**

*Chair, PAR 2019 Solutions  
Conference Committee,  
VP for Intellectual Disabilities,  
The Barber National Institute*



**Kathy Burkhardt**

*Associate Director of Human  
Resources, Friendship  
Community*



**Melissa DiSipio**

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**Judy Dotzman**

*Executive Director,  
SPIN Inc.*



**Kelly Knarr**

*Director of Program  
Development, Fayette Resources*



**Rachel Murphy**

*Director of Executive  
Administration, InVision  
Human Services*



**Gwen Schuit**

*Chief Executive Officer,  
Friendship Community*



**Jody Wagner**

*Chief Executive Officer,  
Prospectus Berco*

SOLUTIONS CONFERENCE | OCTOBER 21 & 22 & 23



PAR is a nonprofit organization that represents home and community-based service providers in Pennsylvania. PAR members provide services and supports to tens of thousands of individuals in Pennsylvania with autism and/or intellectual disability. PAR's mission is to strengthen the capacity of its membership to provide person-centered services to Pennsylvanians with intellectual disability and/or autism.

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