



2020 Oregon State Elections

2020 Oregon ENA Election Candidate - Secretary (Term: 2020 - 2021)



Lauren Habel, MSN, RN, APRN, FNP-BC, AGACNP-BC, CEN, TCRN

Springfield, Oregon

Current Employment

Emergency Nurse Practitioner

McKenzie-Willamette Medical Center

Springfield, Oregon

Education

Master of Science in Nursing, 2018

University of South Alabama, Mobile, Alabama

Professional Credentials/ Certifications

BLS / ACLS / PALS / TNCC / CEN / TCRN

Describe your academic and professional background and other relevant experience.

I have been a registered nurse for 15 years with experience in Critical Care and Flight Nursing prior to finding my forever home in the Emergency Department. In addition to my role as a bedside RN, I have taken on multiple leadership roles as a preceptor, Charge Nurse, and Clinical Supervisor. I have recently obtained my MSN and am just completing my first year as an Emergency Department Nurse Practitioner.

Why do you seek a position on the Oregon ENA board of directors?

Ever since attending my first ENA Conference in St. Louis in 2017, I have been looking for ways to increase my involvement with the ENA at the local and regional level. As an RN with 15 years of bedside experience, and now nearing the mid-point of my career, I would like to increase my focus on leadership roles so that I can contribute to guiding the next generation of ED nurses as they establish themselves clinically and move into leadership roles themselves. I think that serving on the Oregon ENA Board of Directors would be welcome and challenging opportunity to further develop my leadership skills while contributing to the advancement of Emergency Nursing in my region and state.

Outline the specific skills you bring, or contributions you hope to make, to the Oregon ENA Board of Directors.

I will bring dedication and a drive to succeed in the role of Secretary for the Oregon ENA. This is reflected in the growth of the High Desert Chapter in Central Oregon. I envisioned forming the new chapter at ENA2018 in Pittsburgh, and it became a reality less than two months later. I feel my previous supervisory roles have provided me with organizational and interpersonal skills that will benefit me in the Secretary role. Additionally, I feel that I can bring a fresh perspective to be shared as the Oregon ENA continues to evolve and grow.

Outline your participation on an elected or committee position on the local, state or national level within the previous five years.

- ENA 2017 St. Louis
- General Assembly Delegate 2018
- ENA 2018 Pittsburgh
- President and founding member HDC Nov 2018 current
- SCLO 2019 Chicago
- General Assembly Delegate 2019
- ENA 2019 Austin

