



NATIONAL ASSOCIATION OF INDIAN NURSES OF AMERICA (NAINA)

www.nainausa.com

**2nd CLINICAL EXCELLENCE CONFERENCE
NOVEMBER 2, 2019**

***“Population Health: Bridging Gaps and Improving
Access to Care”***



Fair Bridge Hotel and Conference Center
130 NJ-10, East Hanover, NJ 07936
866-266-3306
www.ehfairbridge.com

Hosted by
**AMERICAN ASSOCIATION OF INDIAN NURSES
NJ Chapter 2 (AAIN-NJ2)**



Conference Overview and Target Audience

This conference is designed for Registered Nurses, APNs, Physicians, Physician Assistants, Respiratory Therapists, Nurse Educators, Nurse Executives, Nursing Faculty and nursing students. The conference will augment the knowledge and understanding about population health and highlight the significance of their roles in providing safe, high quality and cost-effective healthcare for all. A unique educational design that combines presentation that will be delivered through didactic lectures and dedicated discussions which will contribute to an academically sound and relevant review of topics.

The lectures will be provided by experts in their field. The faculty consist of experts in nursing academia, clinical practice, administration, policy and global health. In addition, participants will be presenting their original research/ process improvement projects as part of the poster competition. This will give the participants the opportunity to share their work for the attendees to gain insight into the clinical excellence projects undertaken by participants at their own institution of practice. The posters will be on display outside of the main conference room throughout the conference. Awards will be given to the participants with the highest ranked poster.

Outcomes:

Upon completion of the activity, participants will be able to:

- Describe the significance of population health for improving health outcomes for all people.
- Interpret the impact of social determinants for population health in the USA.
- Develop awareness about efficient and cost effective models of healthcare delivery for population health
- Identify the role of the APRNs, nurse leaders and nurses to eliminate health disparities and achieve health and work place equity for vulnerable groups in our population.
- Recognize inter-professional approach to interventions for promotion of population health.

CONTINUING EDUCATION CREDIT

Attendees may receive up to 7 Contact Hours after satisfactory completion: Pending ANCC approval. Participants must complete an attendance/evaluation form in order to receive a certificate of completion/attendance. your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available.

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Program schedule

7:00 – 7:50	Breakfast and Registration
7:50 – 8:05	Welcome & Conference Overview Rachel Koshy, DNP, ANP, NP-C, RN Supervisory APN, University Hospital, Newark, NJ Conference Planning, APN Committee Chair (NAINA) Sandra Emmanuel, MA, RN Education Specialist, Hackensack Meridian Health, NJ President, AAIN-NJ2 Conference Planning Chair, Local Chapter (New Jersey)
8:05 – 8:15	Welcome Address Agnes Therady, PhD, RN, MBA, NEA-BC, FACHE VP/Chief Nursing Officer, Franciscan Health, Central Indiana President, NAINA
8:15 – 9:15	Keynote Address: In Search of Equity Michellene Davis, Esq Executive Vice-President and Chief Corporate Affairs Officer RWJ Barnabas Health, NJ
9:15 – 10:00	Population Health: Nurses Impacting Care through Education, Research and Practice Nadine Aktan, PhD, RN, FNP-BC Chair, Professor, Department of Nursing College of Health Science, William Paterson University, Wayne, NJ
10:00 – 10:45	Shaping Policy Change in Population Health through Political Action Judy Schmidt, DHA (c), RN, CCRN Chief Executive Officer New Jersey State Nurses Association, Trenton, NJ
10: 45 – 11:00	Break/ Posters/ Vendor Booths
11: 00 – 11:45	Nursing Now: Empowering Nurses and Tackling Health Care Challenges Susan Michaels-Strasser, PhD, RN, MPH, FAAN Assistant Professor, Columbia Medical Center, NY
11:45 – 12:15	Impact of Community Health Workers in reducing 30- Day Hospital Readmissions Post Hospital discharge Rashmi Aggarwal, MSN, RN, FNP-BC

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Assistant Vice President, Clinical Integration
Newark Beth Israel Medical Center, RWJ Barnabas health, NJ

- 12: 15 – 12:45 **Enhancing Stroke Systems of Care through Community Partnership: Prevention, Treatment and Rehabilitation**
Molly Jacob, MSN, APN-BC, CCRN
Nurse Practitioner, Stroke Coordinator
University Hospital, Newark, NJ
- 12: 45 – 13:45 **Lunch/ Posters/ Vendor booths**
- 13: 45 – 14:15 **Common Exanthemas as a Population Health Problem**
Reenu M. Varghese, DNP, FNP-C, RN
Family Nurse Practitioner, Medical Branch Primary and Urgent Care Department
University of Texas, Houston
- 14: 15 – 14:45 **Social Determinants of Health on the Prevalence of T2 DM among Asian Indians in the United States**
Maya E. Joseph PhD (c), RN, CCRN-K
Education Specialist, University Hospital, Newark, NJ
Karen D' Alonzo, PhD, RN, APNC, FAAN
Associate Professor, Director, Center for Community Partnerships
Rutgers, School of Nursing, Newark, NJ
- 14:45 – 15:15 **Using Innovative Platform to access Diverse Population: The Case for Mechanical Turk**
Munira Wells, PhD, RN
Associate Professor, Seton Hall University, South Orange, NJ
Connie Kartoz, PhD, RN, FNP-BC
Assistant Professor, The College of New Jersey, Ewing, NJ
Paige Hammell, BSN, RN
Seton Hall University, South Orange, NJ
- 15: 15 – 15:45 **Mind Space: Advocacy in Collaborative Partnerships**
Nisha Nair, DNP, RNC, CNS, CNE, IBCLC
Assistant Professor, School of Nursing
California State University, Fresno, CA
- 15: 45 – 16:00 **Closing Remarks**
Uma Venugopal, MSN, RN, CCRN
Secretary, AAIN-NJ2
Nursing Supervisor, Saint Peters University Hospital, New Brunswick, NJ

The National Association of Indian Nurses of America (NAINA): (i) reserves the right to modify the conference schedule without advanced notice; (ii) assumes no responsibility for personal injury; and (iii) hereby notifies all attendees that registration fees do not include personal travel insurance of any kind, which is the sole responsibility of each attendee.

Speakers



Keynote Speaker: Michellene Davis, Esq.



Nadine Aktan, PhD, RN, FNP-BC



Judy Schmidt, DHA(c), RN, CCRN



Rashmi Aggarwal, MSN, RN, FNP-BC



Maya E. Joseph, PhD (c), RN, CCRN-K



Munira Wells, PhD, RN



Susan Michaels-Strasser, PhD, RN, MPH, FAAN



Molly Jacob, MSN, APN-BC, CCRN



Nisha Nair, DNP, RNC, CNS, CNE, IBCLC



Reenu M. Varghese, DNP, FNP-C, RN

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Rashmi Agarwal, MSN, RN, FNP-C **NJ**
Surya Chacko, MSN, FNP, NP-C **MD**
George Peter, DNP, RN **FL**
Cissimol Joseph, MSN, NP-C, OCN **TX**
Vishnu M Upadhyay, DNP, RN, APN-C **TX**
Regeena Francis, MSN, APN-C **IL**

CONFERENCE REGISTRATION DETAILS

Visit www.nainausa.com to register online

Seats are limited. Please **register**. Early Bird registration will end on October 2, 2019. Thereafter registration fee will be \$50.00.

Refund Policy: All cancellations on or before October 19, 2019 will be refunded after deduction of processing fee of 50% of the registration amount. There will be no refunds after October 19, 2019.

Registration Form

NAINA Clinical Excellence Conference 2019

Virtual/Chapter Member (\$40)

Non-Member (\$50)

Pre-Licensure Student/Retirees (\$30)

First Name: _____ Last Name: _____ Credentials: _____

Job Title: _____ Mobile: _____ Email: _____

Age Group: 25& below ___ 26-35 ___ 36-50 ___ 51-65 ___ 66 & above ___ Gender: Male ___ Female ___ Declined ___

Pre-Licensure Students: Name of the College _____

Work Address _____

Home Address: _____ City: _____ State _____ Zip-code _____

Membership Information

Virtual/ Chapter Name/ Non-Member _____ Retired: Yes ___ No ___

Emergency Contact

Name _____ Phone: _____ Relationship: _____

Arrival Date & Time: _____ Interested in Dinner Nov 1st Yes ___ No ___ Cruise Nov 2nd Yes ___ No ___

Please make cheques payable to: NAINA and mail along with the completed form to: -

Kavita Natarajan, 21 Forest Lane, Branchburg, New Jersey

Contact us at: **Rachel Koshy:** racbets@gmail.com

Sandra Emmanuel: sandraemmanuel@aim.com

SCHEDULE

November 1st 2019 – Day 1(Friday)

- Out of state attendees arrive
- Check in to Westminster Hotel
- Dinner at Tiffin Indian Restaurant, 249 Rt. 10 E, East Hanover, NJ 07936
Meet and greet **7pm- 10:30 pm**

November 2nd 2019- Day 2 (Saturday)

- Breakfast at conference site 07:00- 7:50 am
- Conference from 8am- 3:45 pm (Breakfast, Lunch & snack provided)
- Sponsor/ Exhibitor tables (Hall A)
- Poster Presentations (Hall D), (Poster set up time 7 am, tear down time 3pm)

November 2nd 6:30pm-10pm

New York Skyline Dinner cruise

Boards 6.30 pm, Departs at 7 pm from **Chelsea Pier, NY**



SAT 02 NOV	Sparkling NYC Skyline Dinner Cruise Boards 6:30 PM Departs From Lincoln Harbor, NJ Cruises 7:00 PM - 10:00 PM Ship Name Spirit of New Jersey	 SPIRIT CRUISES	Starting From \$124.90 BOOK THIS CRUISE What's Included ▾
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Cost \$124.90 plus taxes

Please book cruise at

<https://www.spiritcruises.com>

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Included with base price:

- A two-and-a-half-hour or three-hour cruise on the Hudson and East Rivers
- Delicious dinner buffet with freshly prepared entrees, salads and desserts (view menu)
- Unlimited coffee, hot tea, iced tea and water
- The best views of New York City's iconic skyline
- Onboard entertainment with DJ music, access to shared spaces and interactive games

Upgrades available for purchase:

- Creative cocktails, wine and beer from our well-stocked cash bar
- Guaranteed table for your party size
- Window table reservations for the best views

Additional information:

- Our decks are climate-controlled to cruise year-round in all weather conditions
- Most guests choose comfortable, casually stylish attire
- Children are welcome and infants under three cruise free
- We do our best to accommodate dietary restrictions

Each person is responsible for their own cruise booking from NY, since there is a marathon that day there will be no cruises from NJ.

HOTEL ACCOMODATION

For your comfort& convenience, arrangements have been made at the **Westminster Hotel** for overnight accommodations at preferred rate \$149 (1 King bed or 2 Double beds).

Please make your reservations early, as this offer is valid up to 30 days prior to our event.

Please call Westminster Hotel reservation department at 973-533-0600 or Email: reservationsgroup@westminsterhotel.net

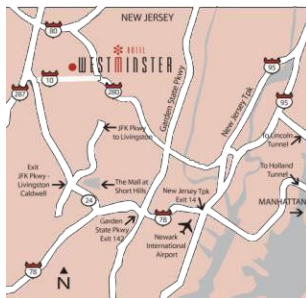
Please reference the Event Name and the Arrival/Departure Date.

Group Name: NAINA USA, Group Number: 516046. Please note that reservations made outside the room block will not receive the group amenities such as transportation, group room assignment, & other services

550 West Mount Pleasant Avenue, Livingston, NJ 07039 Tel: (973) 533-0600 • Fax: (973) 533-0067

www.westminsterhotel.net

DRIVING DIRECTIONS TO Westminster Hotel



FROM MANHATTAN:

Take the Lincoln Tunnel to Exit 495 (New Jersey Turnpike South) to Exit 15W (280 West). Take 280 West to Exit 4A (Eisenhower Parkway South) to the Route 10 Circle. At the circle turn right onto Route 10 West (W. Mt. Pleasant Ave.). Travel for 1/4 mile, and the Westminster Hotel is located on the right hand side at 550 W. Mt. Pleasant Ave.

FROM GEORGE WASHINGTON BRIDGE/NORTH:

Take the New Jersey Turnpike South to Exit 15W (280 West). Take 280 West to Exit 4A (Eisenhower Parkway South) to the Route 10 Circle. At the circle turn right on to Route 10 West (W. Mt. Pleasant Ave.). Travel for 1/4 mile, and the Westminster Hotel is located on the right hand side at 550 W. Mt. Pleasant Ave.

FROM CENTRAL AND SOUTHERN NEW JERSEY AND NEWARK INTERNATIONAL LIBERTY AIRPORT:

Take the New Jersey Turnpike North to Exit 15W (280 West). Take 280 West to Exit 4A (Eisenhower Parkway South) to the Route 10 Circle. At the circle turn right onto Route 10 West (W. Mt. Pleasant Ave.). Travel for 1/4 mile, and the Westminster Hotel is located on the right hand side at 550 W. Mt. Pleasant Ave.

FROM 287 NORTH OR SOUTH: Take Exit 39 to Route 10 East. Proceed onto the Walnut Street jughandle. Turn left onto Route 10 West (W. Mt. Pleasant Avenue). Turn into right lane, and the Westminster Hotel is located on the right hand side at 550 W. Mt. Pleasant Ave.

FROM WESTERN NEW JERSEY AND PENNSYLVANIA: Take 80 East to Parsippany. Follow signs to 280 East. Take 280 East to Exit 4A (Eisenhower Parkway South) to the Route 10 Circle. At the circle turn right onto Route 10 West (W. Mt. Pleasant Ave.). Travel for 1/4 mile, and the Westminster Hotel is located on the right hand side at 550 W. Mt. Pleasant Ave.

All rooms are quoted exclusive of applicable State and local taxes, currently 14.625%

Directions to Conference Venue

Fair Bridge Hotel and Conference Center

130, NJ-10, East Hanover, NJ 07936

www.ehfairbridge.com

From I-287

Traveling North – take Exit 39, traveling south – take Exit 39A. Follow Route 10 East (toward Whippany) for 3 miles. After passing Novartis, make first U-turn at Loews Theater for Route 10 West. Ramada Drive will be on right.

From Garden State Parkway

Take Exit 145 to I-280 West. Travel about 7 miles and take Exit 4A onto Eisenhower Parkway South. At 5th traffic light, turn right onto Route 10 West. Travel 3 miles and Ramada Drive will be on right.

From I-80 (and George Washington Bridge via I-80 West)

Take Exit 43 to I-287 South. Travel 3 miles and take Exit 39A. Follow Route 10 East (toward Whippany) for 3 miles. After passing Novartis, make first U-turn at Loews Theater for Route 10 West. Ramada Drive will be on right.

From N.J. Turnpike (and Lincoln Tunnel via Turnpike South or Holland Tunnel via Turnpike North)

Take Exit 15W to I-280 West. Travel about 13 miles and take Exit 4A onto Eisenhower Parkway South. At 5th traffic light, turn right onto Route 10 West. Travel 3 miles and Ramada Drive will be on right.

From New York Thruway (and Tappan Zee Bridge via I-287 West)

Take Exit 14 to I-287 South/New Jersey. Travel about 25 miles and take Exit 39A. Follow Route 10 East (toward Whippany) for 3 miles. After passing Novartis, make first U-turn at Loews Theater for Route 10 West. Ramada Drive will be on right.

From Newark Liberty International Airport

Follow signs for I-78 West (Local) for 5 miles and exit onto Route 24 West. After 10 miles take I-287 North for 3 miles – then take Exit 39. Follow Route 10 East (toward Whippany) for 3 miles. After passing Novartis, make first U-turn at Loews. Thereafter for Route 10 West. Ramada Drive will be on right.