

The Monitor

American Association of Critical Care Nurses
Greater Milwaukee Area Chapter



2019-2020 Board Members

President: **Jennifer Prom**
President Elect: **Patrick McNally**
Vice President & Education Co-Chair: **Deb Casper**
Vice President Elect: **Val Kolmer**
Education Co-Chair: **Beth Hammer**
Treasurer: **Kathrine Barry**
Treasurer Elect: **Jamie Uecker**
Secretary: **Kristin Anagnostopoulos**
Membership & Outreach: **Jackie Klotz**
Social Media: **Elisabeth Stewart**

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Unstoppable

AACN 2019-2020 Theme

Unstoppable is knowing if we get knocked down, we get up again. It's using our unique talents to expose inefficiencies and celebrate positive, innovative solutions, no matter how small.

~ Megan Brunson, AACN President

Message from GMAC President Jennifer Prom

Hello! I hope everyone had an enjoyable summer! My name is Jennifer Prom and I have the privilege of serving as the GMAC President for this upcoming year. I am currently the ICU Nurse Manager at Froedtert Menomonee Falls (previously known as Community Memorial Hospital). I started out my nursing career in the Modified Care Unit at FMF where I first became a member of GMAC. After bedside, I moved into the Administrative Supervisor role, which led me into serving in the roles of Interim Supervisor for Behavioral Health, Interim Manager for ICU and then took on the permanent role of ICU Manager. During this time I also over saw an inpatient hospice area and continue to oversee our dialysis unit as well. During these transitions, I continued my membership with AACN and GMAC but only attended the education sessions. Most recently, I joined the board of directors as the president elect and now president. I have been learning a lot and hope to do the role justice.

In writing this article, I was reflecting on our theme of "unstoppable" and what the word meant to me. Nursing is a second career for me. I was working in the



Message from GMAC President Jennifer Prom, continued

“business world” in sales, IT, management and recruitment prior. There were times in sales and recruitment that I felt unstoppable because of the success of my business practices. Then a life event occurred that shifted my trajectory and this meaning changed for me. My mother-in-law had become very ill and spent 7 weeks in the hospital. Her stay started in the ICU and ended with Inpatient Rehab before discharging home. I remember my father-in-law advocating for her and the nursing staff pushing her to get better. During her hospitalization, a couple of nurses stood out because they were relentless in their tactics to get her better. They spoke up to the doctors when their gut told them “something wasn’t right” and pushed her when she needed to get out of bed and move. I saw how nurses would not stop to do what was right for their patient. They were **unstoppable**. This compassion for people and persistence to do what was right motivated me to quit my job and go back to school full time for my BSN.

I have learned as a nurse that there are so many ways to explain how we are unstoppable. Megan Brunson, our AACN president, summed it up beautifully, “Unstoppable is knowing if we get knocked down, we get up again. It’s using our unique talents to expose inefficiencies and celebrate positive, innovative solutions, no matter how small”. I hope this year in reflecting on this theme we can be encouraged by this sense of empowerment and remember just how much of an impact we make every day. From starting out as the family member of a patient to becoming one of you, please know that you are making a difference and an impact even if you don’t always feel it. You are all unstoppable!

Jen

Jennifer Prom, MSHA, BBA, BSN, RN, NE-BC



Meet the 2019-2020 Board Members

Interested in becoming a board member? Let us know! Email us at milwaukeeaacn@gmail.com



President – Jennifer Prom

I am currently the manager of the ICU at Froedtert Health- Community Memorial Hospital. I have been a member of GMAC since 2011 and this is my second year serving on the board with GMAC. Outside of work, my husband and I stay busy with our three boys. We love being outside, going for bike rides, and of course watching our Packers, Bucks and Brewers! - Jennifer Prom, MSHA, BBA, BSN, RN, NE-BC



President Elect – Patrick McNally

I have been a member of GMAC for four years and previously served as VP-elect and VP. I am currently serving as president-elect. I have been in critical care for 10 years and currently serve as the Director of Critical Care and Emergency Services for Froedtert's Community Hospital Division. I look forward to working with everyone over the next year. - Patrick McNally MSN, MA, RN, NE-BC. CPPS, CSSGB



Meet the 2019-2020 Board Members, continued



Vice President – Deb Casper

Hello – My name is Debra Casper and I am serving as this year's Vice President. I have been in critical care for most of my nursing career. Currently I work as an ICU advanced practice nurse practitioner specializing in Acute Care (Adult-Gero Acute Care Nurse Practitioner) for Froedtert and the Medical College of Wisconsin, Community Hospital Division, Community Memorial Hospital in Menomonee Falls. I also work for Marquette University in the College of Nursing as the Option

Coordinator (Director) of the AGACNP program and serve as clinical faculty. I received my BSN from Madison (Go Big Red) and my master's from Marquette University. I am hoping to obtain my Doctorate in Nursing Practice (DNP) in May 2021 from Marquette.

I have been involved with GMAC in 2002 and have served as president, treasurer, vice president, and educational co-chair. My goal is to mentor the next generation and to leave everything in a better place/status than when I found it. I truly believe that the success of GMAC is due to its diversity and the dedication of its members! Many of us often look to see what we can improve on, but please know that GMAC is an amazing chapter that we all should be proud to be a part of.

In my spare time, I love to spend time with my husband and 9-year-old daughter. I love to travel, garden, read, and cook/host family and friends. I coach my daughter's volleyball team but spend a lot of my time just trying to keep up with her as well as our 9 month old chocolate lab, Mischief.

This year I am also serving on the API planning committee for NTI 2020, so I hope to see you all in Indianapolis, IN in May 2020. It has been a great experience, and I would encourage everyone to challenge him/herself to something new this year.

Here is looking forward to another great GMAC year.

Vice President Elect – Val Kolmer



Hi, my name is Valerie Kolmer. I have been a nurse since 1979. I currently work at the Zablocki VA medical center as a CNS focusing on veterans with Heart Failure. I have been a member of GMAC for many years and have served as secretary for the last 4 years.

Treasurer – Kathrine Barry



I have been a member of AACN for 8 Years and GMAC for 5 Years. I have been a night shift RN for 9 years - ICU with Cardiac beginning. I enjoy being a member of the Board and look forward to streamlining the Treasurer role this year, as well as continuing to contribute on the Educational Committee. And I am Super excited there is a night shift bedside nurse leading the AACN to take on what comes next in today's world of nursing!

Treasurer Elect – Jaime Uecker



Hello everyone! My name is Jaime Uecker and I am your treasurer-elect. I have been a nurse for 11 years all of which I have spent at St. Joseph's Hospital in West Bend, soon to be Froedtert West Bend. I have been in the ICU there for 7 years. I am active in many committees and process improvement groups there. I recently returned to school last spring for my masters of science in nursing-nurse educator degree! In my spare time, I have two children who keep me busy. In my spare time, I enjoy camping, playing with my children, and volunteering at the Albrecht Free Clinic. I look forward to meeting more of you and becoming more involved with the chapter. - Jaime Uecker, RN, BSN, CCRN

Here is a picture of my daughter and me eating at Be Our Guest at Magic Kingdom in May.



Meet the 2019-2020 Board Members, continued

Secretary & Membership & Outreach Elect – Kristin Anagostopoulos



I have proudly been with my organization, Advocate Aurora Health for 27 years serving as a critical care nurse for most of those years. I started my bedside career in the Coronary Intensive Care unit where I spent over 17 years at the bedside. During that time I also served as an educator within our organization, I additionally served as an on-call hyperbaric RN. It was also during time I spent 3 years as an emergency department nurse as well. I then moved into leadership roles. I currently am an ICU manager and love working with our fabulous caring team! I have been certified since 2006 and a member of AACN since the beginning of my career. I am passionate about critical care nursing and am honored to serve on the board of GMAC.

Membership & Outreach – Jackie Klotz

I am currently a staff nurse in the ICU at Froedtert Menomonee Falls Hospital. I'm also a part-time Nursing Supervisor at Froedtert Menomonee Falls Hospital. This is my second year serving with the GMAC Board. I'm CCRN certified. I'm super excited to serve as your Member at Large for Membership and Outreach; let's spread the word of this amazing professional organization and an even greater local chapter!

Social Media – Elisabeth Stewart



I am currently a staff nurse on the Transplant ICU at Froedtert Hospital, which is where I began my nursing career about two years ago. I graduated in May from the UWM direct entry Masters' program, and this summer became certified as a Clinical Nurse Leader. This is my first year of membership with GMAC and my first year on the board. In my free time I enjoy reading and working toward scuba certification.





Social Media – Elisabeth Stewart

Visit milwaukeeaacn.nursingnetwork.com to register for ALL events!

Find us!

 milwaukeeaacn@gmail.com

 AACN_GMAC

 @AACN.GMAC

 MILWAUKEEAACN.NURSINGNETWORK.COM



Treasurer's Report – Kathrine Barry

The Treasurer's Chest

Megan Brunson, AACN President 2019-20 said, "UNSTOPPABLE is...using our unique talents to expose inefficiencies and celebrate positive, innovative solutions, no matter how small."

Hello, my name is Kat Barry, and this year that is exactly what I plan on accomplishing for our chapter in the role of Treasurer. I am already making new waves of small solutions and burning old frameworks to better eliminate some of those inefficiencies and simplify the Treasurer role- in order to more easily manage our chapter at the status it has achieved over years of legacy and hard work. So let's celebrate all year long TOGETHER because our AACN President was truly right- and we ARE UNSTOPPABLE.

Throughout the year we will have opportunities to support each other by adding to our Scholarship fund- this is monies we use to pay conference admission for an average of 2 members to NTI each year. One way is at our Educational Dinners offered 5x/year. We also get scholarship money from other fees charged, and monies donated. Raffle Baskets at Educational Dinners. Ticket sales go directly to Scholarship Fund: \$5/ticket or \$20/5 tickets. Bring cash to the dinners for ticket! Any questions just see me at sign in table! Or see any Board Member!

I & O's

Wells Fargo as of 08/28/19

Checking \$11,704.03

Savings \$10,584.37

Baird as of 07/31/19

Money Market \$12,076.12

Savings Bond \$10,000.00

AffiniPay as of 08/31/19

Total volume for Aug: 13 transactions, \$480.50

PayPal account was closed and \$1,458.35 was deposited into Wells Fargo Checking Acct.



Education Committee – Mary Hammer

Chapter Education Programs 2019-2020

Mark Your Calendars!

Location: Ascension/Wheaton Wauwatosa, 201 N. Mayfair Rd., Wauwatosa, Conf. Rm 5A&B

Please visit the AACN-GMAC website for specific topics and speakers:

<https://milwaukeeaacn.nursingnetwork.com>

September 10, 2019

Alternative Vent Methods: Volume vs Pressure, Peds to Adult

Andi Gust, BS, RRT

Moral Distress

Alethea Sment, MSN, RN, ACCNS-AG, CCRN-CSC

November 14, 2019

DKA

Marissa Klinder, MSN, RN

Telehealth/Virtual Care Team Support

FMLH Virtual Care Team/VICU



Education Committee – Mary Hammer, continued

February, 2020*

Safe Work Environments (Behavior Response Team) & Staffing
Hematology topic

April, 2019*

Narcotic & Opiate Impact/
Daniel Gillen and DEA Team
Nerve Blocks: Managing surgical and chronic pain
Craig Cummings, MD

*Final dates to be confirmed

Special Thanks to Our Sponsors!

We greatly appreciate our sponsors for September 10th Education Session:

Merck Medical

LINET Americas, INC

In addition to bringing our members information to improve their practice, our sponsors help support education programs by offsetting expenses. Please stop by their tables at the next education session.



Outreach Opportunities – Jackie Klotz

Briggs Run & Al's Walk

In search for volunteers to help staff the medical tent at Briggs & Al's Run & Walk which will take place Saturday, September 14th. This is an 8K run and 3 or 5-mile walk starting at Marquette University, proceeding through downtown, up the lakefront and ending in the Third Ward. The race starts at 10:30 volunteers will need to arrive at the finish line medical tent at 9 AM. The finish line is located on Chicago St, next to the Italian Community Center and the medical tent is just beyond the finish line, east of the Italian Community Center. The medical team is made up of MD, RN/BSN, medical students and nursing students who will provide basic first aid and support. Responsibilities are given per level of training and expertise. Please bring your stethoscope and dress casual, weather appropriate.

Contact Jackie Klotz today at milwaukeeaacn@gmail.com if you are interested in volunteering! We would love to have you join us!





Outreach Opportunities – Jackie Klotz, continued

Robyn's Nest

September and November Outreach Project!

Robyn's Nest is the state's largest, not-for-profit provider of child welfare services. Robyn's Nest's primary mission is to work with families to ensure the safety and well-being of children. As in the words of our past President John F. Kennedy, "Children are the world's most valuable resource and its best hope for the future." With that thought in mind our Robyn's Nest has a donation center that strictly operates through the ongoing assistance of volunteers who host donation drives, organize and sort donation items and help run a bi-annual clothing drives for needy families. The Robyn's Nest houses new and gently used clothing, hygiene products, infant items, toys, books and other household goods. Robyn's Nest provides these items free to the families within their foster care system as well as those identified to have unmet needs through Children's Hospital of Wisconsin.



Kids deserve the best.

Please bring these well needed items to donate at our September and November education! If you would like to give a monetary value I will purchase needed items and add to our donations! We appreciate and value your generosity of spirit in giving to others in need and thank you for your support!

Project BEYOND-2

Project BEYOND-2 seeks to encourage students from underrepresented backgrounds to pursue a rewarding career in professional nursing at Marquette University College. Our very own secretary Kristin Anagnostopoulos has graciously volunteered to speak to these beautiful men/women about our professional organization on Friday October 5, 2019. Thank you to Kristin for helping expand our outreach and membership!



GMAC is always looking for Outreach Projects!

If you have any suggestions on how we can donate our time, talents, monetary etc., we would love to hear from you! If anyone is interested in joining the Outreach Committee please feel free to email Jackie Klotz at milwaukeeaacn@gmail.com for more information!



Membership – Jackie Klotz

Membership Update:

Current Membership: 107

Membership Reminders:

1. We have transitioned to an all-electronic membership at this time. Please visit <https://milwaukeeaacn.nursingnetwork.com/> to join or renew membership today.
2. Join or renew prior to September education session for speedier admission to session
3. Print membership cards from <https://milwaukeeaacn.nursingnetwork.com/>
4. All membership fees are electronic. Yearly GMAC membership \$37 and student membership \$10.
5. Cash will be accepted for guest and student education session fees. Guest \$ 21 and student \$10.
6. Bulk AACN national membership form and fee will be accepted at the September educational session only. We must have a minimum of 5 forms/fees to send in bulk registration. Please have filled out forms and checks made out to AACN brought with you to the September education session.



Calendar

Save the Date! NTI 2020

Sunday, May 3, 2020 at 8:00am ET - Thursday, May 7, 2020 at 5:00pm ET

GMAC EVENTS

Monitor Distribution	Educational Meetings	Board Meetings	Educational Board Meetings
09/09/19	09/10/19	10/10/19	10/21/19
10/28/19	11/14/19	01/09/20	More to Come
02/03/20	February 2020	03/12/20	
03/30/20	April 2020	05/14/20	
07/06/20			

- Educational Meetings will take place at Wheaton Franciscan Healthcare-Wauwatosa
 - Registration 5:30-6:00pm
 - Conference Center, Rooms 5A & 5B, 201 North Mayfair Road, Wauwatosa, Wisconsin
- Board Meeting 10/10/19 will take place at the Corner Bakery Café at the Mayfair Collection
 - Begins at 6:00pm
 - 11500 W Burleigh St #102, Wauwatosa, WI 53222