

# Sepsis Rollercoaster Ride:

## Sepsis from a Patient and Family Perspective

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# Disclosures

- Sharon has participated in a Regional Advisory Board with La Jolla Pharmaceutical Company and has received compensation for my time
- Sharon is a volunteer for Sepsis Alliance and has received compensation for work on a webinar and to attend the 2018 Sepsis Heroes Gala

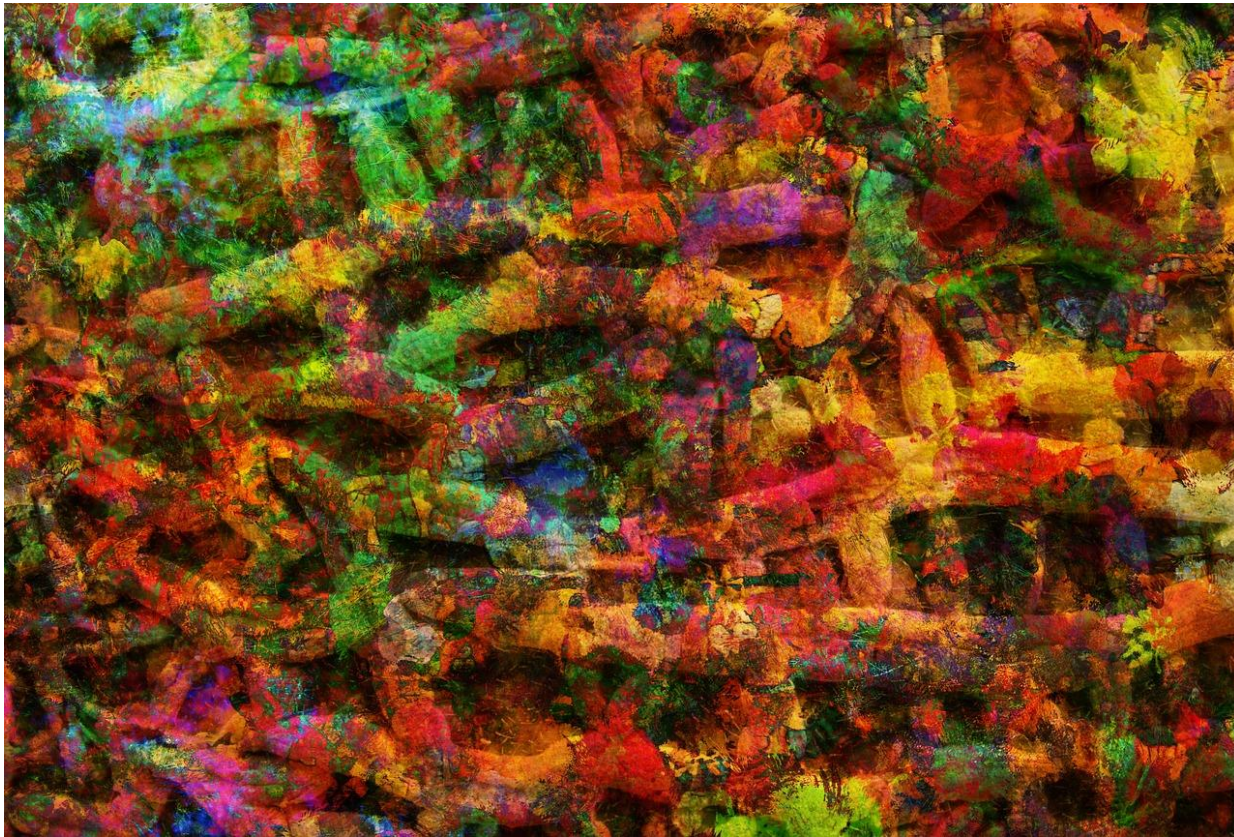


# Objectives

- Using a case study, verbalize the effect of sepsis on the individual and family
- Discuss post-sepsis syndrome, challenges, and resources



# Sepsis Defined



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*Suspect Sepsis. Save Lives.*

# Surviving Sepsis

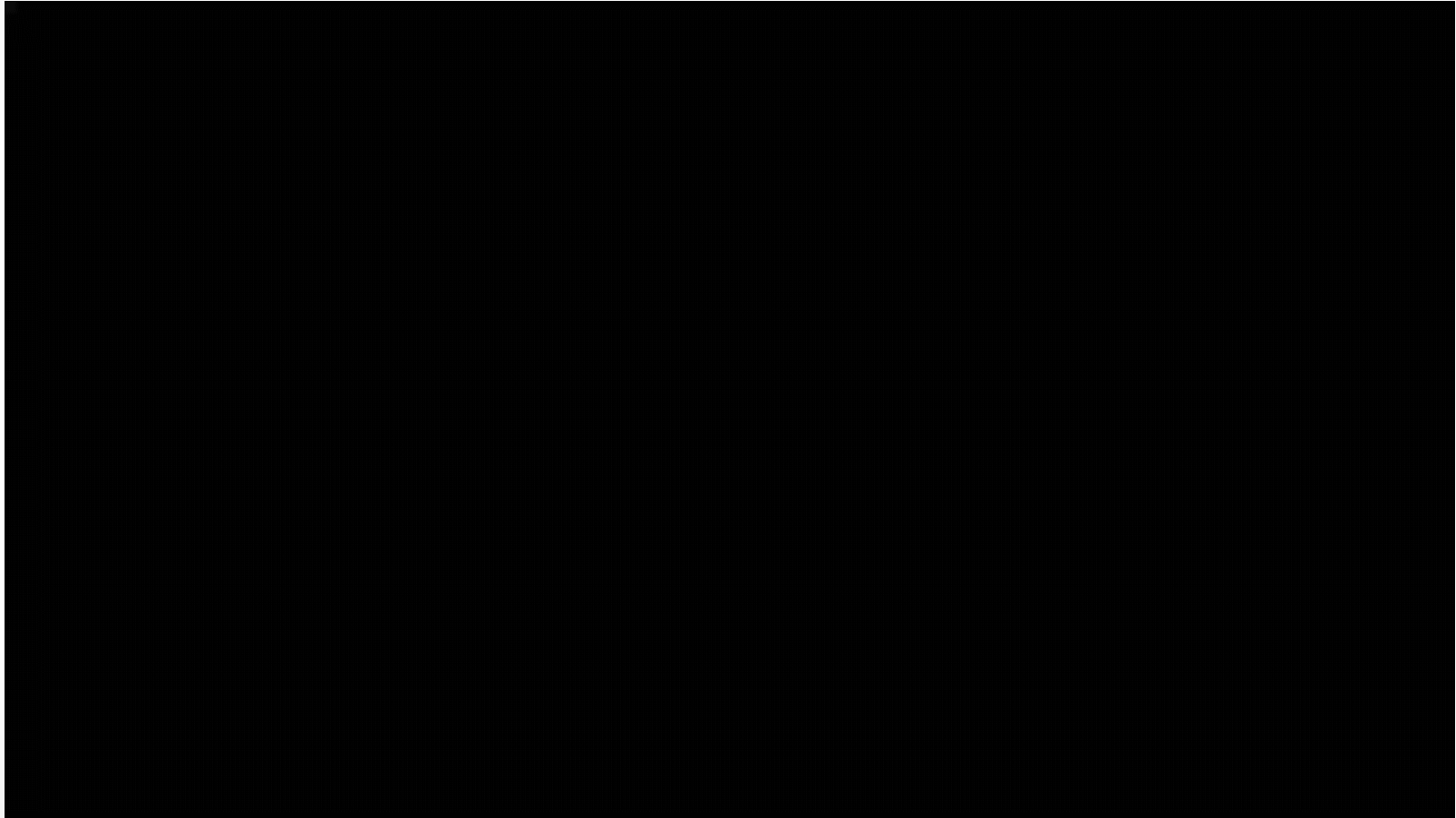


# Mark and Stephen 2002



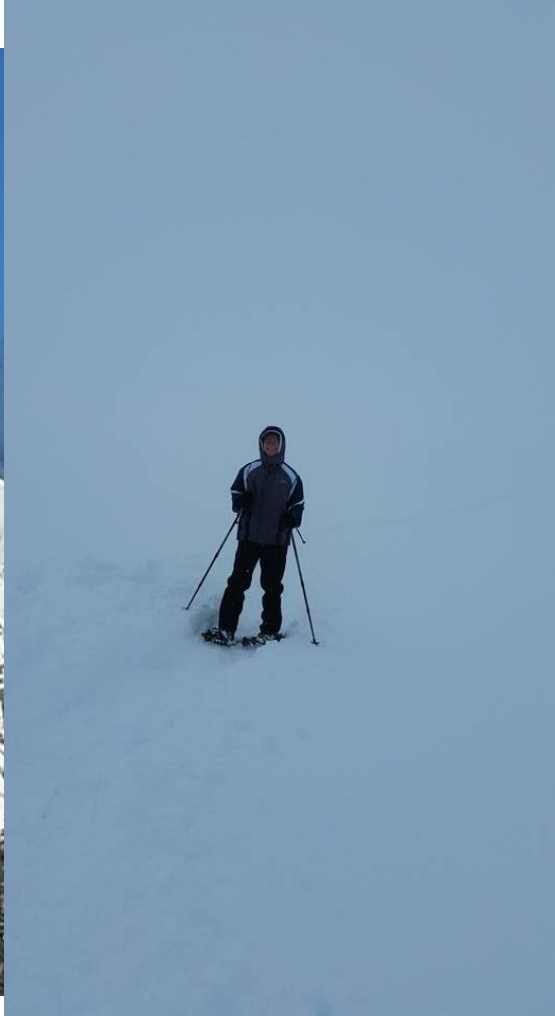
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# Finding a Diagnosis



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# What are barriers to recognition?







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# Your Voice, Your Strength



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# Meeting ICU



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# Rememl



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# From Stephen

TO DAD  
FROM  
Stephen!

I  YOU SO MUCH THAT  
YOU BRACK<sup>my</sup>HART!



# Delirium



# All I Want is Canned Peaches



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# Mark's First Day Home from Rehabilitation





# Life after Sepsis



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# The Great Unknown.....

## Sepsis Survivors

- Number of disabilities
  - Amputation
  - Thinking, Calculations
  - Memory
  - Post traumatic stress disorder
- Increased risk of thromboembolic events
  - Stroke, Myocardial infarction

**Many carry the scars of sepsis for the rest of their lives**







# Knee replacement



# Knee replacement







Wound  
Vacuum with  
anti-  
microbial  
irrigation



# Making the Best of Life







# Sepsis Survivors and Families





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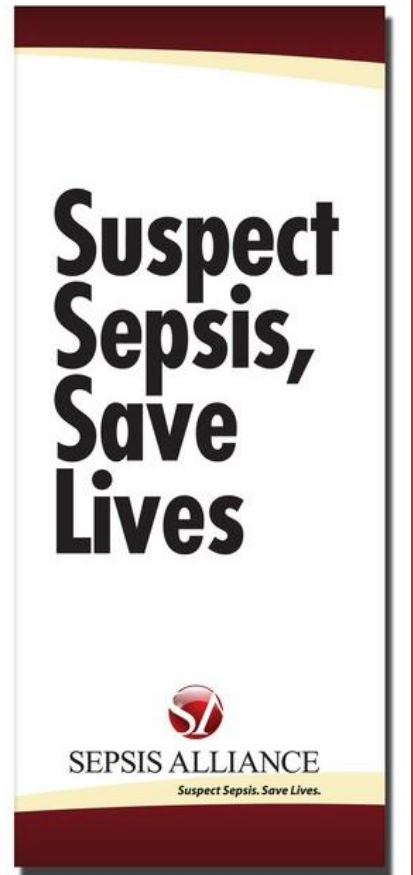
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# Empowering

- ✓ Suspect Sepsis **SAVE LIVES**
- ✓ **Listen**
- ✓ **Be Guided by Why**
- ✓ Advocate for patients
- ✓ Bring the **Right** Care to the **Right** Patient AT the **Right** Time

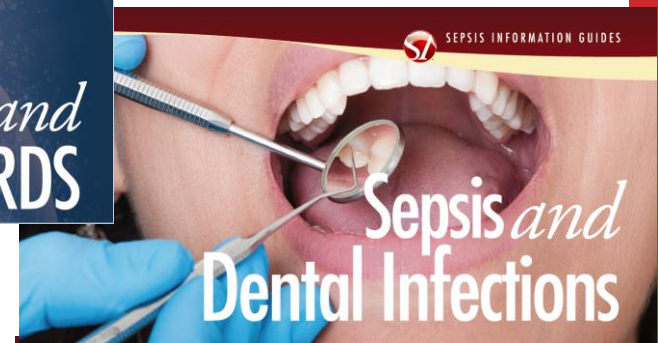
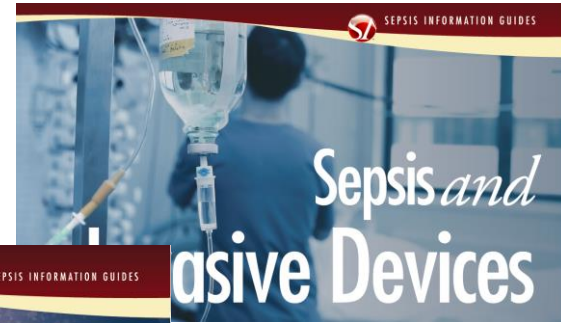


✓ **KNOW SEPSIS**



# Resources from Sepsis Alliance

- Information Guides
- Webinars
- Videos
- Connecting individuals
- Community Events



# Sepsis Alliance

## Mission

*Save lives and reduce suffering by raising awareness of sepsis as a medical emergency*

- Follow us on



- For more information visit us at [www.sepsis.org](http://www.sepsis.org)



# References

- Stinson, D. (2017). RN. (S.Hansen, Interviewer)