

JOIN US FOR A STIMULATING PRESENTATION:

Resilience: Thriving. Not Just Surviving.

How do people deal with difficult events that change their lives? Death of a loved one. Loss of a job. Unexpected and significant change. Resilience is the process of adapting well in the face of adversity, trauma, loss or stress. It means “bouncing back” from difficult experiences.



**Presented by: Tracy Jurgens, EAP Counselor
ThedaCare At Work Employee Assistance**

Cost: Members: \$20 Non-Members: \$25

Program only (Live or Skype): \$15.00

**Please accept by Monday, March 18 to
lisa.wegener@thedacare.org**

**Indicate: If you are only attending for the
presentation (no meal) or if you are attending via
Skype.**

**If you are attending by Skype, please pay using PayPal-
a Skype meeting invite and evaluation will be sent to
you. You will receive CEUs if the evaluation is
returned.**

Dinner: We will order off the menu. Drinks on your own.

Location: Stone Toad

1109 Oneida Street, Menasha WI 54952

**Directions: From WI-441/US-10 East, exit #291. Keep left at the
fork in the ramp. Turn south onto Oneida Street. Follow the
signage through the diverging diamond to continue south on
Oneida Street. (Oneida becomes Oneida St/US-10 E.) Stone Toad
will be on your left. Turn onto Manitowoc Rd traffic lights to
enter driveway on Manitowoc Rd.**

March 21, 2019

NWAOHN MEETING

**Join us at Stone Toad Bar
& Grill in Menasha**

Registration:

5:30-6:00pm

6:00pm:

**Meal & Short Business
Meeting with installation
of new officers followed
by**

Presentation: 7:00pm

CEUs Awarded