Pre Conference Offerings: Friday Evening, May 3rd, 4:00-5:30 pm,

PC 1_____ Stop the Bleed (1.5 hour training) with Jada Barton and Jennifer Gratton
    Stop the Bleed is a national campaign started by the American College of Surgeons that supports the Presidential Policy Directive for national preparedness. The University of Vermont Medical Center offers a course that teaches individuals the proper techniques to stop uncontrolled bleeding after an injury. We want to ensure members of our community, workplaces, and schools are knowledgeable in the use of compression techniques or a tourniquet in trying to stop uncontrolled bleeding. To date, our instructors have taught over 1,400 people in Vermont. We empower our community with the skills they may need if they encounter an emergency situation.

PC 2_____ Resilience: The Biology of Stress and the Science of Hope (1.5 hour movie and presentation “RESILIENCE” a new documentary that delves into the science of Adverse Childhood Experiences (ACEs) and a new movement to treat and prevent toxic stress.)

Saturday May 4, 2019:
Break Out One: 10:15 - 11:45 am

B1A_____ Stop the Bleed (1.5 hour training) Christine
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B1B_____ “Examination of the Ear, Nose and Throat” Suzanne Levasseur LIMIT 20
School Nurses need the skills in examining ears, nose and throats in order to determine likely diagnosis in order to return the student to the classroom in the shortest time possible. Using computer technology, you will learn how to assess the ears nose and throat. (Participants must bring their own otoscopes)

B1C_____ "Voiding Dysfunction in Children" Tracey DeVarney

This presentation will provide a discussion of voiding dysfunction issues including etiology, evaluation and management of this problem. We will also discuss the school nurse’s role in helping to care for these children in the school setting.

B1D_____ “Children Affected by the Criminal Justice System: An Invisible Population” Heidi Werner

This presentation is geared toward school-based and Family Services professionals, and will increase awareness of the emotional, physical and behavioral impact caused by the stress of parental incarceration. Participants will gain an understanding of issues related to ‘at time of arrest’, ‘trial/sentencing phases’, and the impact of ‘long-term or re-occurring incarceration’. Parental substance abuse, family violence, and mental health disorders will be discussed in regard to their impact on the family system, as well as contributing factors for incarceration.

B1E_____ “Bringing Diabetes to School: Understanding Current Technology” Lisa Bolduc-Bissell, RN CDE Limit 40

Insulin pumps and Continuous Glucose Monitors (CGM) are becoming standard of care and are being utilized by children of all ages. Because the options are vast. School nurses are presented with the task of learning the operations of many different devices. Understanding the advantages and disadvantages of each, as well what each device, both pump and CGM, are able to do, will assist the school nurse in encouraging student success.

Break Out Two: 1:00-2:30 PM

B2A_____ “Batches of Scratches: Pediatric Skin Patches” Dr Jane Chevako

In this presentation, Dr. Jane will cover 48+ of the most common pediatric rashes. For school nurses of all experience levels, this informative and entertaining session will cover the infectious and dermatologic conditions a school nurse deals with every day! Emphasis will be on identifying each rash and understanding treatment principals. Dr. Jane will focus on the care that is within the school nurse’s scope of practice. Most importantly, the school nurse will clearly understand the principles for deciding when students can return to class and when they need to be sent home.
“Update on Adolescent Sexual and Reproductive Health” Dr. Erica Gibson

Updates on important concerns to be aware of regarding adolescent sexual and reproductive health care.

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“Update on the Opioid Crisis, State Responses to it, and Substance Use in Our Schools” Dr. Mark A. Levine

Overview of opioid crisis and state’s response to it in prevention, intervention, treatment and recovery. Components of a comprehensive public health approach, e

Examination of data surrounding substance use in youth (tobacco, alcohol and cannabis) and evidence-based approaches to them.

Break Out Three: 3:00-4:30 PM

“Hots, Snots and Trots: The Most Frequent Questions From Nurses Of Tots” Dr. Jane Chevako

“Hots, Snots and Trots: The Most Common Issues for School Nurses of Tots” will review many of the illnesses a school nurse will encounter in the health room every day. Starting with fevers, the “hots,” she will review when treatment for a fever is indicated, the “when to worry” signs and fever-phobia. “Snots” will include the pediatric anatomy and pathogenesis of all kinds of drainage in or from the eyes, ears, nose, sinuses, and throat. “Trots” will review the common bacterial and viral causes of diarrhea. School nurses will understand why and how to manage fevers, upper respiratory infections, red eyes, eye drainage, ear problems, runny noses, sore
throats, and diarrhea within their scope of practice. The focus will be on the decision-making needed in the school setting. Most importantly, the school nurse will clearly understand the principles for deciding when students can return to class and when they need to be sent home. This will be a great opportunity for answering questions and sharing helpful tips for identifying and caring for the mildly ill student in your health room.

B3B_______ “Social Media Concerns for School Nurses” Officer Kevin Grealis
This presentation will explore current social media trends among youth and the impacts it has on their daily lives/ well-being. School nurses will gain some knowledge about what the dangers and considerations are for youth and social media. Additionally, we will also cover social media accounts and considerations for school nurses, themselves while considering their role in the community.

B3C_______ “Eat to Beat Stress” Rebecca Flewelling  LIMIT 25
Is the economy and cost of food and fuel leaving you feeling a little stressed? In the session class on Eat to Beat Stress you will learn about how the body deals with stress, what foods and beverages increase stress in the body, and what you can eat to reduce stress. This is not just a “eat your fruits and veggies” class.

B3D_______ “Health and Experiences of LGBTQ+ Youth in Schools” Jane Langner
This presentation will share personal LGBTQ youth experience and insight with school nurses. LGBTQ youth experience disparate health outcomes when compared with their cisgender and heterosexual peers, according to Vermont Youth Risk Behavior Survey Data. This presentation will share best practices with school nurses that support LGBTQ youth wellbeing in the school setting.

B3E_______”Making SMART Goals from the Frameworks” Nina Fekaris, NASN President
This presentation will review the frameworks and how to write SMART goals. Participants will have a chance to work in small and large group format to practice writing specific SMART goals to help improve their practice. The Framework for 21st Century School Nursing Practice creates an overarching structure that includes concepts integral to the complex clinical specialty practice of school nursing.