October/November 2014 President's Scoop

The first thing that all of you advanced sleuths will notice is that October has already passed. I had every intention of getting this letter out early. Life happens. Fortunately this time it was due to a vacation. I headed up north to visit family. Visits such as this rekindle the spirit and remind me why I moved south. The changing colors bring beauty to the area and prepare for the winter but I appreciate coming back to the sun and warmth of Southwest Florida.

The Shellcoast website is up and going. It brings a great opportunity to build our group. So far we have 34 followers. Not all are members but we hope to increase the number of followers and then members.

Remember we have a meeting on November 18th at Famous Dave's in Fort Myers (on the corner of 41 and crystal drive). The talk is by Miriam Ellenburg ARNP. The presentation is "A cardiology buffet". She did a great talk last March at the melting pot. Sign in at 630pm. Talk from 7-8pm. PLEASE REGISTER THROUGH THE WEBSITE SO WE HAVE AN IDEA OF THE NUMBER attending.

We also have a bonus dinner talk on December 2nd. Title: Driving to Zero: Contemporary Issues in Pressure Ulcer Prevention. Sponsored by smith &nephew. Sign in at 630pm. Please register using their online site: www.Pharmethod.com/smith-nephew/register. Program ID #18748

As we head in to the holiday season, please take time for yourself. Be present in your life. Enjoy family, friends and colleagues (especially at shellcoast meetings).

I look forward to seeing each of you at the upcoming meetings. Please spread the word about the website. Bring a friend to the meetings. Let's grow stronger in the upcoming year.

-Debra Berry, current president Shellcoast.