



20th Annual Southeastern Seaboard

Emergency Nurses Symposium

Sheraton Virginia Beach Oceanfront Hotel

3501 Atlantic Avenue Virginia Beach, VA 23451

March 21-23, 2019

**Pre-Sessions: March 21, 2019**

8:00am-5:00 pm: Ultrasound Guided Peripheral IV Access Session 1: 8:00am-12:00pm

Ultrasound Guided Peripheral IV Access Session 2: 1:00pm-5:00pm

Stop the Bleed Instructor Class Session 1: 09:00am-11:30am

Stop the Bleed Instructor Class Session 2: 1:00pm-3:30pm

**Opening Reception: Thursday, March 21, 2019**

*Sponsored by Sonosite* 5:00-7:30 pm in the Exhibit Hall

**Conference: Friday and Saturday March 22-23, 2019**

3 Tracks: Leadership, Clinical Issues, & Forensics



**Hotel Information:**

Room Rate: \$109.00 plus Taxes are 14% plus a \$2.00 lodging tax per night.

Reservation deadline: March 6, 2019. **Group Code: SESS**

Parking is complimentary (valet and garage). Free Wi-Fi in guest rooms.

Reserve your room at: <https://www.starwoodmeeting.com/events/start.action?id=1806055978&key=3469D6F0> or call (757)-425-9000

**Criteria for awarding contact hours:**

- Attendance for a specified period of time (miss no more than 10 minutes of each education session)
- Attendance at 1 or more sessions
- Completion/submission of evaluation form
- Disclosures of any conflicts of interest will be announced in handouts and on-site if applicable.

This activity has been submitted to the Emergency Nurses Association for approval to award contact hours. The Emergency Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Register online at: Website: [www.SESSinc.org](http://www.SESSinc.org) or

<https://sess.nursingnetwork.com/nursing-events/92251-2019-sess-conference#!info>

**Questions??**

Conference Chair: Andrea Novak

Registrations: Sandy Dudek

Exhibitors: Julie Jones

Speakers/CNE application: Cathy Fox/Ellen Ruja

[Andrea.Novak34@gmail.com](mailto:Andrea.Novak34@gmail.com) or 910-818-2249

[Sdudek@bellsouth.net](mailto:Sdudek@bellsouth.net) or 404-667-6153

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[cfoxerrn@gmail.com](mailto:cfoxerrn@gmail.com) or [ellenr1202@gmail.com](mailto:ellenr1202@gmail.com)

**Thursday, March 21, 2019****Pre-session A: UltraSonography Guided Peripheral IV Access (sponsored by Sonosite)**

Session 1: 8:00am-12 pm OR Session 2: 1:00pm-5:00pm

Faculty: LCDR Brian Burdick, MS, AGPCNP-BC, CNS, CCRN

Objectives: Define ultrasound-guided peripheral vascular access; Identify evidence-based strategies for implementing and sustaining ultrasound-guided peripheral vascular access; and Discuss guidelines that pertain to ultrasound-guided vascular access.

**CE Credit: 3.5 CNE per session****Pre-session B: Stop the Bleed Instructor Course Session 1 : 9:00am-11:30am OR Session 2: 1pm-3:30pm**

(Limit to 24 participants per session) Registration fee includes: Instructor Stop the Bleed Toolkit and Refreshments

Faculty: Mark Day BSN RN CEN TCRN, Loretta Martin MSN RN CEN, Stephanie Boese, MSN, RN, CCRN, &amp; Jordan Tyczka, MSN, RN, CEN

Objectives: Discuss how to immediately respond to bleeding; and Recognize life-threatening bleeding and appropriate ways to stop the bleeding.

**CE Credit: 2.0 CNE per session**

5:00-7:30 p.m.

**Opening Reception with Exhibitors and Registration***Sponsored by Sonosite***Friday, March 22, 2019**

7:00-8:00 a.m.

**Registration & Continental Breakfast**

Time	TOPIC	SPEAKER
8:00-8:15 a.m.	<b>Welcome/Announcements</b>	Andrea Novak, PhD, RN-BC, FAEN, President, SESS, Inc.
8:15-9:15 a.m.	<b>In Search of the Final Frontier; Finding the Joy in Emergency Nursing</b> Objective: Describe the challenges and excitement of emergency nursing and reignite your passion for finding the joy in emergency nursing	AnnMarie Papa, DNP, RN, CEN, NE-BC, FAEN, FAAN 2011 Past ENA President

9:15-10:15 a.m.

Exhibits open- Coffee Break

10:15-11:15 a.m.

Leadership	<b>Trauma Informed Care</b> Objective: Define Trauma Informed Care; Identify strategies to mitigate the impact of "trauma"; and Review SAMHSA's Trauma-Informed-Care best practices.	AnnMarie Papa, DNP, RN, CEN, NE-BC, FAEN, FAAN 2011 Past ENA President
Clinical	<b>To Board or Not to Board: A Discussion of Spinal Immobilization</b> Objective: Discuss the history and principles of spinal immobilization as well as the current controversies and guidelines surrounding the issues of clinical cervical spine clearance.	Andy Galvin, MSN, RN, ACNP-BC, CEN
Forensics	<b>Assessing and Caring for the Victim of Domestic Violence in the Emergency Department</b> Objective: Describe the screening and care for a victim of domestic violence who presents to the emergency department	Gina Carbino, BSN, RN, CEN, CPEN, CCRN, PCCN, SANE-A

11:30-12:30 p.m.

Leadership	<b>Models of ED Arrival Processes: Which is Best for You?</b> Objectives: Discuss the three models of ED arrival process: medical screening exam and discharge, provider-in-triage, and split-flow; Explain the synergistic effect each model has with one another and their challenges; and Determine which model(s) may be right for their department.	Jason Moretz, MHA, BSN, RN, CEN, CTRN
Clinical	<b>Trends in Code Blue Resuscitation</b> Objective: Recognize current research-based changes to emergent resuscitative strategies.	Nyssa Hattaway, BSN, RN, BA, CEN, CPEN, CFRN
Forensics	<b>Post Mortem: Suspicious Deaths and Forensic Authority</b> Objective: Describe the concept of suspicious death as it relates to emergency nursing practice; List three strategies the nurse can utilize to preserve evidence and assist death investigation; and Analyze best practice examples through case studies review.	Laura Gallagher PhD (c), MSN, RN, ACNS-BC, CEN

12:30-1:30 p.m. **Lunch with Exhibitors**

1:45-2:45 p.m.		
Leadership	<b>Boorders Boarders Everywhere, Who's Gonna Pay for Them and Why I Should Care</b> Objectives: Describe basic macroeconomic principles and why improved productivity through positive technological change is important for economic prosperity and health; Define "ED Boarder" and methodologies used to calculate boarder time; and Discuss strengths and weaknesses with different methodologies of accounting for nursing staff hours to care for boarding patients.	Jason Moretz, MHA, BSN, RN, CEN, CTRN, and Nicholas Chmielewski, MSN, RN, CEN, CNML, NE-BC, FAEN
Clinical	<b>Simulation Station: Pediatric Trauma</b> Objective: Improve readiness to care for pediatric trauma patients that present to the ED by practicing critical nursing assessments and skills through a simulated group activity.	Sarah Stinson, BSN, RN CPEN & Elyssa Wood, PhD, MPH, RN, CPEN
Forensics	<b>Nurses that Kill: What We Have Learned from Nurse Serial Killers</b> Objectives: Describe the negative psychological effects and burnout working as an emergency or critical care nurse; and List various signs and symptoms displayed by various nurse serial killers.	Gina Carbino, BSN, CERN, CPEN, CCRN, CPEN, SANE
3:00-4:00 p.m.		
Leadership	<b>The 4 Biggest Lies</b> Objective: Recognize the four biggest lies that nurses tell one another and the truth behind the lies.	Nyssa Hattaway, BSN, BA, RN, CEN, CPEN, CFRN
Clinical	<b>That Bites! Rabies Post-Exposure Prophylaxis</b> Objective: Discuss the pathophysiology and epidemiology of rabies; Interpret the CDC and WHO guidelines for administration of post-exposure prophylaxis (PEP) for rabies; and Formulate appropriate patient teaching information and follow up care instructions.	Jean Proehl, MN, RN, CEN, CPEN, TCRN, FAEN, FAAN
Forensics	<b>Human Trafficking</b> Objective: Discuss the prevalence of human trafficking and how victims can be identified and helped in the ED setting.	Kim Nash, BSN, RN, SANE-A, SANE-P
4:15-5:15 p.m.		
Plenary	<b>Turning the Tide of Violence in Healthcare: Wake Forest Baptist Health Story</b> Objective: Identify strategies the learner can apply in their own workplace to decrease workplace violence; Explore the Wake Forest Baptist Health journey to provide a safer work environment for their staff.	April Roberson, BSN, RN, CEN, and Mary Jagim, MSN, RN, CEN, FAEN
 <p>7:00-10:00 p.m. <b>SESS Goes to Outer Space Party</b> Join us for dinner and dancing and an ENAF Fundraising Event Dress as your favorite alien. Guest tickets available (<i>sorry, no children allowed at this event</i>)</p> 		
<b>Saturday, April 23, 2018</b>		
7:15-8:15 a.m. Registration/Continental Breakfast		
8:15-9:15 a.m.		
Plenary	<b>Cop Tox: What's New on the Street</b> Objectives: Discuss the commonly used recreational drugs and their associated toxidromes; Discuss the pearls and pitfalls in the evaluation of patients under the influence of commonly used street drugs; and Discuss the public health implications of commonly used street drugs.	Gary Tamkin, MD, FACEP
9:15-9:30 a.m. Refreshment Break		
9:30-10:30 a.m.		
Leadership	<b>Somebody, Nobody, Anybody- Working with these Three Superstars!</b> Objective: Articulate the difference between accountability and responsibility; Identify at least three tools to enhance accountability; and Determine methods to promote 360-degree accountability.	AnnMarie Papa, DNP, RN, CEN, NE-BC, FAEN, FAAN
Clinical	<b>Taking One for the Team: Why the Work Done to Prevent Brain Injuries in Sports Isn't Good Enough</b> Objectives: Discuss the pathophysiology and signs/symptoms related to concussions and the prevalence of sports-related concussions among young athletes; Recognize the need for standardized "return to play" protocols/guidelines; Discuss chronic traumatic encephalopathy and its relationship to sports; and Realize the lack of specialized equipment and rule changes needed to protect athletes from head injuries.	Jack Rodgers, MBA, BSN, RN, CEN, NREMT-P

Forensic	<b>Pre-pubescent SANE Exams</b> Objective: Discuss how to care for the prepubescent SANE Patients, how to preserve evidence and minimize trauma during the exam and interview.	Ariel Ward, RN, SANE-A
10:45-11:45 a.m.		
Leadership	<b>Critical Conversations and how to lead others to become an effective winning team</b> Objective: Discuss the various generational leaders, leadership styles, how we can all work together to form an effective team and deliver high quality nursing care in our fast-paced healthcare environment.	Nancy Mannion Bonalumi, DNP, RN, CEN, FAEN
Clinical	<b>The Lab Called .....</b> Objectives: Discuss evidence-based interventions to decrease hemolysis of laboratory specimens; Describe evidence-based strategies to decrease blood culture contamination; and Identify best practices to decrease labeling and other pre-analytical specimen errors.	Jean Proehl, MN, RN, CEN, CPEN, TCRN, FAEN, FAAN
Forensic	<b>ER Triage and Care for the Sexual Assault Victim</b> Objective: Determine admission criteria for the sexual assault victim and how to avoiding unnecessary charges and serious injuries.	Mary Hale, BAEd, SANE
12-1:00 p.m. Leadership	<b>Lunch &amp; Lecture</b> 12:30-1:00 p.m. <b>Looking Back, Looking Forward</b> Jean Proehl, MN, RN, CEN, CPEN, TCRN, FAEN, FAAN Objective: Identify milestones and future directions in the evolution of emergency nursing as a specialty.	
1:15-2:15 p.m.		
Leadership	<b>The Science and Psychology of Satisfaction and How they Relate to Bedside Care in the ED</b> Objectives: Define satisfaction; Discuss how it relates to healthcare and the economic impact of satisfaction scores on hospital reimbursement; Describe steps and strategies that are necessary to keep patients satisfied; and Recognize the importance of keeping the "people pleasers" happy.	Jack Rodgers, MBA, BSN, RN, CEN, NREMT-P
Clinical	<b>Code Delta: Improving Care of the Geriatric Trauma Patient</b> Objective: Identify the population who will most benefit from the geriatric trauma alert; and Define what the geriatric alert consists of and the research behind how we got to the current geriatric alert.	Mark Day, BSN, RN, CEN, TCRN
Forensic	<b>Strangulation: It Happens to Kids Too</b> Objectives: Explore the importance of timely and thorough collaborative assessment, treatment, and documentation of pediatric patients who have or may have experienced strangulation.	Kim Nash, BSN, RN, SANE-A, SANE-P
2:30-3:30 p.m. Plenary Clinical	<b>Trauma Perils for the Non-Trauma Center and Trauma Center</b> Objectives: Discuss trauma perils for both the non-trauma and trauma centers.	Gary Tamkin, MD, FACEP
3:30-4:30 p.m. Plenary Leadership	<b>Closing Session: Song of the Emergency Nurse</b> Objective: Discuss the top 3 challenges impacting emergency nurses today.	Patricia Kunz Howard, PhD, RN, CEN, CPEN, TCRN, NE-BC, FAEN, FAAN 2019 ENA President
4:30-4:45 p.m. <b>Closing Announcements, Door Prizes....<i>Must be present to Win!!!</i></b>		

Please note, we love our children, however, we do not permit children to attend the lectures or attend social functions where alcohol is served. Please contact the hotel to make arrangements for child care services as needed.

Weather in Virginia Beach: We expect the temperatures in late March to range from the low-60's to mid-70's degrees in March. Due to air conditioning and often cooler temperatures indoors dress in layers for comfort.

For a preview of Top things to do in Virginia Beach, visit this link: <https://www.visitvirginiabeach.com/explore/things-to-do/>

#### **Cancellation/Refund/Substitute Policy**

- Refunds less 30% if cancellation is made less than 5 business days prior to the event. No refunds after March 1, 2019.
- You may send a substitute in your place or receive a voucher for a one-time transfer to the next year's SESS (additional fees may incur if registration fees change). Please contact us.

Visit the website at: [www.SESSinc.org](http://www.SESSinc.org)

## 2019 SESS Registration Fees

Multiple discounts do not apply

Register by <b>12/31/18</b>	ENA Member	Non ENA Member
2-day SESS	\$300	\$325
Pre-session: Stop the Bleed Instructor Course	\$50	\$50
Pre-session: Ultrasound Guided Peripheral IV Access	\$100	\$100
Attend both Pre-sessions	\$125	\$125
There are no Combo prices for the Early Early bird fee and the pre-sessions		

\*No Group Discount for Early Early Bird Registrations

Register by <b>3/1/19</b>	ENA Member	Non-ENA Member
Pre-session: Stop the Bleed Instructor Course	\$50	\$50
Pre-session: Ultrasound Guided Peripheral IV Access	\$100	\$100
Attend both Pre-sessions	\$125	\$125
2 day SESS	\$325	\$350
<b>Combos:</b>		
2 day SESS & Stop the Bleed	\$375	\$400
2 day SESS & Ultrasound Guided Peripheral IV Access	\$425	\$450
2 day SESS & Both Pre-Sessions	\$475	\$500
Register on or after <b>3/2/19</b>	ENA Member	Non-ENA Member
Pre-session: Stop the Bleed Instructor Course	\$50	\$50
Pre-session: Ultrasound Guided Peripheral IV Access	\$100	\$100
Attend both Pre-sessions	\$125	\$125
2 day SESS	\$350	\$375
Friday Only SESS (includes party ticket)	\$225	\$250
Saturday Only SESS	\$150	\$175
<b>Combos:</b>		
2 day SESS & Stop the Bleed	\$375	\$400
2 day SESS & Ultrasound Guided Peripheral IV Access	\$425	\$450
2 day SESS & Both Pre-Sessions	\$475	\$500
2 day SESS Only: Group Discount: 3 or more registering together on one form of payment	\$325	\$350
Register <b>on-SITE</b> at conference	ENA Member	Non-ENA Member
Pre-session: Stop the Bleed Instructor Course	NA	NA
Pre-session: Ultrasound Guided Peripheral IV Access	NA	NA
Attend both Pre-sessions	NA	NA
2 day SESS	\$375	\$400
Friday Only SESS (includes party ticket)	\$250	\$200
Saturday Only SESS	\$200	\$225
Guest Registration	By 3/1/19	After 3/1/19
Guest Party Ticket (Friday night only) non-RN	\$75	\$90
2 day Guest attendance at SESS non-RN	\$225	\$250



20<sup>th</sup> Annual SESS Registration Form

March 21-23, 2019 Virginia Beach, Virginia

Registration Deadline: March 1, 2019

Please Print or Type

Name: \_\_\_\_\_

Current ENA Member # (if applicable) \_\_\_\_\_  Undergraduate Student: Include ID with registration

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer City: \_\_\_\_\_ Employer State: \_\_\_\_\_

Special Needs/Food Allergies: \_\_\_\_\_

Please do NOT share my work information with colleagues or exhibitors

*Please check which of the following you will be attending:*

**Pre-Session Only:**  Ultrasound Guided Peripheral IV Access- Session 1  or Session 2

Stop the Bleed Instructor Course- Session 1  or Session 2

**SESS Combo Option: (check box above for which Pre- Session time)**

- 2 day SESS & Stop the Bleed
- 2 day SESS & Ultrasound Guided IV Access
- 2 day SESS & Both Pre-Sessions

**SESS Only Options:**

- 2-day SESS March 22-23, 2019
- Friday Only March 22, 2019
- Saturday Only March 23, 2019

Guest Information: A guest is a non-RN participant. Not eligible for CNE credit, tote bag.

I will bring \_\_\_\_\_ number of Guests who will participate as follows:

Party only: \_\_\_\_\_ Number Name(s) \_\_\_\_\_

Conference \_\_\_\_\_ Number Names(s) \_\_\_\_\_

ONLINE REGISTRATION: <https://sess.nursingnetwork.com/nursing-events/92251-2019-sess-conference#!info>

\$ \_\_\_\_\_ Total Amount Enclosed or to Charge to my Credit Card

Payment Method:  Check  Credit Card (we accept Visa, M/C, Discover, AMEX)

Please make check payable to “SESS”

Mail check with your completed registration to:

Sandy Dudek  
2157 Tulley Wren  
Marietta, GA 30066

Credit Card: # \_\_\_\_\_ CRV Code: # \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Signature \_\_\_\_\_