Hopefully your year has settled into a great routine of helping students, parents, and staff, as specialists in school health!

This latest issue of the MASN newsletter will connect and update you with other school nurses from across our Great Lake state!

President’s Report: Continuing the Good Work

I sense a swelling of interest and participation in our organization among members. I have been receiving inquiries about ways to get involved, people have been utilizing MASN resources and all of the board officer, chairperson and several coordinator positions are filled! We have had 10 new members join since July 1! I am excited - these are such good things for our organization.
MASN cannot function effectively without involved members. And involvement doesn’t just mean holding a MASN position - it means staying informed about MASN issues and information, keeping up with legislation that affects school nursing, taking advantage of conferences and learning opportunities, collaborating and networking with other school nurses across the state, weighing in on Michigan school nurse discussions ... to name a few. I appreciate our MASN membership and the various ways that you are proactive in issues that affect the health of children, promote optimal learning in the educational setting and advance the practice of professional school nurses (our mission statement!)

Another thing that excites me is that MDE and MDHHS are searching for a full time State School Nurse Consultant! I have so appreciated Linda Meeder’s work as the part time State School Nurse Consultant and I wish her well in her retirement on December 31. I am thrilled that the state has recognized the importance of her job and that they have increased the position to full time. Let’s all share information about this position to ensure a good pool of applicants. The application deadline has been extended to November 18, 2018.

Our Community of Practice webinars are underway for the year. We have some good topics coming up, including NASN’s President, Nina Fekaris and a return visit from Vicki Taliaferro and Cheryl Resha. Watch the website for information and registration details for these webinars.

We had a productive board meeting on October 19 that included some guests who took advantage of the MASN Leadership Project incentive. We also had a great Fall conference on November 20 at Wayne RESA. Evilia Jankowski presented NASN’s SETT program and we learned valuable information on how to deal with a mass casualty incident in the school setting. I am thankful we are able to take advantage of this quality education opportunity right here in Michigan!

On November 1 and 2, 2018, I will be in the Upper Peninsula at the U.P. School Nurse conference. I am looking forward to spending time with this very hospitable bunch of northern school nurses! School nursing practice in the U.P. has some unique challenges but there are also a lot of similarities in our practices. This conference is a good time to connect and forge new relationships.

As we prepare to enter a new year, I challenge you to continue working on aligning your practice with the 21st Century Framework for School Nursing Practice. I also challenge you to collect data from your practice - start small and manageable. The goal is for school nursing data to support data driven policies to advocate for the needs of students, increase evidence-based school nursing practice and improve youth health outcomes.

Please don’t hesitate to contact MASN if you have any questions or concerns - michiganschoolnurses@gmail.com!
**President Elect Report**

I hope you are all doing well during what I’m sure has been an extremely busy start to the 2018-2019 school year! Below are a couple of quick updates on topics that may be of interest to you.

In the February 2018 edition of the Communicator, I highlighted the Michigan Model for Health™ (MMH) free online elementary level training module (part of the newly introduced hybrid training). Now I am excited to share that the hybrid training has been expanded to include middle and high school. Key features of the secondary module include:

- ASCD’s Whole Child model for student success
- How to access local and state data on student health risk behaviors
- The effectiveness of the Michigan Model for Health™ on improving students’ health skills and behaviors
- The Adapted Health Belief Model and Skills Based Teaching
- Strong focus on Social and Emotional Health Skills
- The Michigan Model for Health™ curriculum structure, materials, and resources
- Current resources and background information for teaching on key health topics in the Michigan Model for Health™ such as opioid misuse, vaping, cyberbullying, and mental and emotional health

For more information on how to access the free online MMH modules or to become fully trained in the MMH, please contact your Regional School Health Coordinator.

The prevalence of Adverse Childhood Experiences (ACEs) and the importance of building resilience are topics that are being explored and addressed by many child-serving organizations across the country. In Michigan, some of this work is being accomplished through the Michigan ACE Initiative, a grant-funded program that focuses on expanding efforts to build awareness and treatment of ACEs in Michigan. The program is funded by the Michigan Health Endowment Fund and is currently managed by the Michigan Association of Health Plans Foundation. Evilia Jankowski and I have been trained as ACE Master Trainers with the Michigan ACE Initiative and are thrilled to be offering training to various audiences, including school nurses as noted in Evilia’s update. We look forward to working with you on this initiative and hope that many of you will be interested in becoming presenters in your local areas – additional details will be forthcoming, but if you just can’t wait to learn more, please feel free to reach out to either of us.
**Membership Report**

We currently are 153 members strong, with 19 new members since January 2018. One of NASN's strategic objectives is to increase the recruitment and retention of NASN/MASN members, because we know that a robust membership is needed to allow School Nursing to advocate for our state's legacy; our children! Unfortunately, with state dollar reductions many nurses have lost their position and/or been replaced with non-licensed personnel! If you know a school nurse who is not a member please encourage them to join.

Remember, members receive VSP Sight for Students gift certificates, free or low cost CNE contact hours and “evidence based” resources to keep your practice up to date! We currently have open positions within MASN and could use your special gifts to help us to continually move MASN forward. Let us know if you would like to be a part of our board or committees!! Feel free to contact me if you are interested: hcupery@hollandpublicschools.org

Shout out to our newest members to MASN:

- Michele Berry
- Mary Curran
- Jennifer Hoseth
- Yolanda Jones
- Amy Kandes
- Marijane Nelson
- Jamie Perry
- Tanya Regmont
- Samantha Rogers
- Karen Rupert
- Raven Yeboah

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**Professional Development Report**

The Fall Conference was held on Saturday October 20 at Wayne RESA. 30 School Nurses from around the state (including the UP!) attended the first NASN SETT (School Nurse Emergency Triage Training) program offered in Michigan. Attendees learned the importance of working with district officials to become immersed into the Emergency Operations planning that occurs in our schools. They also learned valuable skills for conducting triage and leading a team of responders in a Mass Casualty Incident.

Thank you to Wayne RESA and staff there for making the day run smoothly. MASN is hopeful that we can offer this valuable training in other locations throughout the state.

If you are interested in bringing this or other programs in the PD Program Menu to your region, please contact VP Cathy Farris or Regions Chairperson Karen Hervey.

**PD Program Menu**

1. Foundations for Effective School Nursing Practice (5.5 Hours)
2. Safe and Legal Support of Students Health and Medication Needs (5.5 Hours)
3. MERT (Medical Emergency Response Team Training) train the Trainer for School Nurses (5.5 hours)
4. Overcoming Trauma: Understanding Brain Science, Adverse Childhood Experiences (ACES) and Our Role in Building Resilience (5.5 hours)
5. SETT (School Emergency Response Team Training) (5.5 hours)
6. Adult Mental Health First Aid (8 Hours)
7. Youth Mental Health First Aid (8 Hours)

Please use the following link to provide quick input on your professional development topic needs.

https://www.surveymonkey.com/r/2MFCYLD

If personal contact is more your style, please don’t hesitate to contact me via phone or email listed below. I look forward to hearing from you!

Kind Regards,

Evilia Jankowski
(734) 334-1551
mailto:jankowe@resa.net
1) NASN Membership Campaign
What does NASN do for you? Membership is an integral part of this organization that cares about you as a school nurse. Do you talk with your peers about what a great organization NASN is and all the resources they provide to you? Recruit a member today. There are so many educational opportunities for members, resources for members and collaboration with members. Join today: https://schoolnursenet.nasn.org/blogs/nasn-profile/2018/10/23/advance-your-network-get-connected

2) Save the Date NASN 2019
Climbing Towards Our Peak, Gaylord Rockies, Denver, CO June 28, 2019 – July 1, 2019
https://www.nasn.org/nasn/programs/conferences/annual-conference

3) It’s Election Time: Meet Your Candidates
Do you know who is running for elected positions and who the candidates are in your area? Now is the time to meet them and learn about how they stand on important topics for school health. Start by introducing yourself, they want to meet you too. They are elected to be our voice. When you introduce yourself let them know that you are a school nurse, tell them about your school and the challenges that your students face every day. And be sure to do your job on November 6, 2018. Vote! https://schoolnursenet.nasn.org/blogs/piper-largent/2018/10/22/its-election-time-meet-the-candidates

4) National School Health Data Set: Every Study Counts
By creating a robust national data set, this will allow us to better support our students, increase evidence-based school nursing practice and improve youth health outcomes. Now is the time for us to work together. For additional information go to:
https://www.nasn.org/nasn/research/everystudentcounts

4) NASN at 50
Do you know someone who would be willing to give a shout out to NASN for celebrating their 50th Anniversary? This is our opportunity to increase our school nursing voice; Identify a Mover & Shaker in our state/affiliate, get a short video shout out to NASN for celebrating 50 years, send it to kurnczka@msu.edu (Karla Palmer); who can we ask to send well wishes to NASN for celebrating 50 years?

5) Framework for 21st Century School Nursing Practice
this framework provides a structure for practicing school nurses to reach the goals of supporting student health and academic success by contributing to a healthy and safe school environment. How have you used the framework? For additional information on the framework go to:
https://www.nasn.org/nasn/nasn-resources/professional-topics/framework

Let us know what is going on in your area of the state!
If you have an event or information you would like to see included in the Communicator, please submit to Rachel VanDenBrink at vandenbrinkr@grps.org