

RECLAIM NURSING:

HEAL, EMPOWER, AND INSPIRE



AMERICAN NURSES ASSOCIATION
KENTUCKY

2018 KNA Annual Conference

November 1-2, 2018

Holiday Inn Louisville East

2018 CONFERENCE:

SPEAKER BIOS

Keynote Speaker

Thursday, November 1



Janet F. Quinn, PhD, MSN, BSN, RN, FAAN

"Creating a True Healing Healthcare System"

Janet Quinn is an international speaker, consultant and retreat and workshop facilitator in several content areas, including Holistic and Integrative Medicine and Nursing, Caring and Healing, The Way of the Healer and Creating Habitats for Healing and Spirituality and Healing. She is one of the earliest pioneers in therapeutic touch practice and research and in holistic nursing and has taught both all over the world. Janet is also a trained spiritual director and coach in private practice, where she brings an inter-spiritual perspective to companion people from all faith traditions or none on the spiritual journey. She is founder/director of the *Touching Body, Tending Soul™* program.

She is an elected fellow of the American Academy of Nurses. Janet is the director of HaelanWorks in Lyons, Colo., a faculty associate at the Watson Caring Science Institute and adjunct faculty at the University of Colorado and the University of Arizona Colleges of Nursing.

She has a doctoral degree in nursing research and theory development and a master of science in nursing from New York University as well as a bachelor of science in nursing from Hunter College in New York City.

Keynote Speaker

Friday, November 2



Twany Beckham, BA

"Resiliency"

Twany Beckham is the wellness director for the Kentucky Employees' Health Plan through the Commonwealth of Kentucky Personnel Cabinet. He promotes wellness programs across the state to its members through events and presentations. He leads and manages a statewide wellness coalition of 200+ members and develops local agency relationships/partnerships to encourage wellness activities. Twany also develops, coordinates and executes statewide fitness challenges.

He has a bachelor of arts in communications from the University of Kentucky.

Twany's story

A few weeks before Big Blue Madness in 2012 Twany Beckham, a senior member of the University of Kentucky basketball team, woke up one morning and had no feeling in his legs. He walked to class, thinking his legs were just still asleep. But by the time he went to UK's practice that afternoon, his legs were still numb. He told the trainer he had no feeling in his legs. Magnetic Resonance Imaging revealed two herniated discs in his back. Three times doctors tried epidural procedures to return feeling to Twany's legs. His basketball career was over.

With his life in limbo, Twany began attending church regularly. He believes God led him to a new purposeful life. As a UK senior, he wrote a book about his struggle titled "Full-Court Press: Conquering Adversity under Pressure."

His life is part of his message to Kentuckians – *do not wait, start living healthy.*



Becky Alexander, APRN, RN

"Nurses Make Bad Patients"

Becky Alexander is a nurse practitioner at the Powell Family Health Center in Stanton, Ky. She also works as a cath lab nurse at Saint Joseph's Hospital in Lexington, Ky. Her background includes a decade of providing scheduled and on-call emergent procedures for cardiovascular services.

She has a master of science in nursing/FNP from Walden University and associate degrees in nursing and business management from Hazard Community College.



Kristin Ashford, PhD, WHNP-BC, FAAN

"Substance Use Treatment for Pregnant Women and Mothers"

Kristin Ashford is associate dean of undergraduate faculty and IPE affairs at the University of Kentucky College of Nursing. She has more than 25 years of clinical and academic experience.

Kristin has a doctorate in nursing science from the University of Kentucky, a master of science in nursing from the University of Louisville, a bachelor of science in nursing from Washburn University and a degree in undergraduate studies from the United States Military Academy.



Emily Beauregard, MPH, BA

"Consumer Decision Health Insurance Literacy"

Emily Beauregard is executive director of Kentucky Voices for Health. She has several years of active coalition, practice improvement, community development and policy advocacy experience.

Emily has a master of public health from the University of Illinois at Chicago and a bachelor of arts in social services from Indiana University.



Ramel Bradley, BS

"Appalachian Harvest"

Ramel Bradley is co-founder and community director at AppHarvest Kentucky. Prior to starting AppHarvest, he was a professional basketball player for 10 years.

Ramel has a bachelor of science in community communication and leadership development from the University of Kentucky.



Caitlin Burklow, MSN, BS, RN, CNML

"Newborn Care in the Menonite Community"

Caitlin Burklow is the director of women and newborn services at The Medical Center in Bowling Green, Ky. She has nearly 10 years of nursing experience including mother/baby, neonatal, perinatal and oncology services.

Caitlin has a master of science and bachelor of science in nursing from Western Kentucky University as well as a bachelor of science in family and consumer sciences from the University of Georgia.



Kathy Burlingame, EDD, MSN, RN

"Human Trafficking: The Untold Truth"

Kathy Burlingame is the dean of online programs at Galen College of Nursing. She has nearly 30 years of nursing experience including a variety of academic and clinical roles.

Kathy has a doctorate in educational leadership from Oral Roberts University, a master of science in nursing from the University of Minnesota, a bachelor of science in nursing from Moorhead State University (Minnesota) and an associate degree in nursing from Northland Community College.



Nathania Bush, DNP, APRN, BC

"Modeling Resiliency at the Bedside with Yoga"

Nathania Bush is a nursing course facilitator at Eastern Kentucky University, an adjunct faculty member at Chamberlain College of Nursing and is an associate professor of nursing at Morehead State University.

She has a doctorate of nursing practice from Chatham University; a post graduate certificate from Rutgers University; a master of science in nursing and an associate degree in nursing from Eastern Kentucky University.



Ruth Carrico, PhD, DNP, APRN, CIC

"Homeland Security and Hepatitis A"

"The Influenza Epidemic"

Ruth Carrico is an associate professor in the department of medicine/infectious diseases at the University of Louisville School of Medicine. She is also clinical director at the Vaccine and International Travel Center at U of L School of Medicine.

Ruth has a doctorate in management from California Coast University, a master of arts in health services administration from Webster University and a master of science/family practice nursing from Northern Kentucky University. She also has a bachelor of science in nursing from Bellarmine University and an associate degree in nursing from the Norton Memorial Infirmary School of Nursing. Ruth is president-elect of the Kentucky Nurses Association.



Austin Chitwood, MS, BA

“Creating a Healthy Workplace”

Austin Chitwood is the data analytics/sourcing/assessment coordinator at the ChiTwoD Group, a talent search firm in Louisville.

Austin has a master of science in industrial/organizational psychology from Austin Peay State University and a bachelor of arts in psychology from Bellarmine University where he also serves as a research assistant.



Kerry Churchill, BSN, RN, HN-BC, CYN, CYT

“Modeling Resiliency at the Beside with Yoga”

Kerry Churchill is a nurse with Pro Case Management in Lexington, Ky. and is also a certified YogaNurse® instructor.

She is pursuing a master of science in education and has a bachelor of science in nursing from Western Governors University. Kerry has an associate degree in nursing from Lexington Community College and an associate degree in equine management from Midway College.



Jennifer Cline, DNP, MSN, APRN, BSN

“Health and the Homeless”

Jennifer Cline is a nurse practitioner at Welcome House of Northern Kentucky in Covington. She has more than 30 years of clinical practice along with nursing education experience.

Jennifer has a doctorate of nursing practice from Drexel University, a post-master's certificate with an acute-adult nurse practitioner focus from Saint Louis University, a master of science in nursing from Northern Kentucky University and a bachelor of science in nursing from Murray State University.



Holly Dye, MRC, BS

“Substance Use Treatment for Pregnant Women and Mothers”

Holly Dye is the director of the Beyond Birth Clinic and transformation manager of the University of Kentucky Perinatal Wellness Program.

She has a master of rehabilitation counseling and a bachelor of science in individual and family development from the University of Kentucky.



Jean Edward, PhD, RN, CHPE

"Consumer Decision Health Insurance Literacy"

Jean Edward is an assistant professor in the University of Kentucky College of Medicine and has more than 10 years of clinical and academic experience.

Jean has a doctor of nursing science as well as a certificate of health professions from the University of Louisville. She has a bachelor of science in nursing from Bellarmine University.



Liz Epperson, MSW, LCSW

"Pregnancy Referral Supportive, Thorough and Active referrals while ensuring Referral Quality (STAR)"

Liz Epperson is a Kentucky State coordinator for Provide, Inc., a nonprofit that works in partnership with health and social service providers to build a health system to respond to women's health care needs around unintended pregnancy and abortion. She also serves as an adjunct faculty member in the University of Kentucky College of Social Work.

Elizabeth has a master of arts in social work from the University of Kentucky and a bachelor of arts in social work and Spanish from UK.



Diana Frankenburger, MSN, BSN, BS, RN

"Substance Use Treatment for Pregnant Women and Mothers"

Diana Frankenburger is a prenatal educator at University of Kentucky Healthcare. She has nearly 40 years of clinical experience.

Diana has a master of science in nursing education from Benedictine University, a bachelor of science in nursing from the University of Kentucky, a bachelor of science in social work from Morehead State University and an associate of applied science in nursing from Lexington Technical Institute.



Demetria Gilkey, BS

"Bullying 101"

Demetria Gilkey is the founder of DEMETRIA GILKEY and is the salon owner of CURLY BY NATURE. She works with companies to improve their customers' experience and offers team building, keynote speaking as well as employee and customer retention programs.

Demetria has a bachelor of science in marketing from Western Kentucky University.



Terri Graham, MSN, BSN, RN

"End-of-Life Decision Making"

Terri Graham is chief operations officer/executive vice president at Hosparus Health in Louisville, Ky. She has more than 25 years of experience in healthcare management, clinical service, end-of-life care management and regulatory compliance.

Terri has a master of science in nursing from Bellarmine University and a bachelor of science in nursing from Spalding University.



Carol Gunderson, BA

"Food Literacy"

Carol Gunderson is the executive director and founder of The Food Literacy Project at Oxmoor Farm in Louisville, Ky. She has spent the past 15 years working to build a just and sustainable local food system as a community organizer in rural Kentucky, vegetable farmer and environmental educator.

Carol has a bachelor of arts in American studies from Vassar College.



Janie Heath, PhD, APRN-BC, FAAN

"The Power of Stewardship"

Janie Heath is the dean and Warwick Professor of Nursing at the University of Kentucky College of Nursing. She has 40 years of acute and critical care nursing experience in various positions from staff to administration to advanced practice and academia.

Janie has doctorate in nursing from George Mason University, a master of science in nursing from the University of Oklahoma and a post-master's with an acute-adult nurse practitioner focus from the University of South Carolina.



Heather French Henry, MA, BS

"Veterans' Homelessness"

Heather French Henry is the deputy commissioner of the Kentucky Department of Veterans Affairs and has more than 20 years of experience serving military veterans and their families. During her time as Miss America, she traveled the country to advocate for greater partnerships between community-based organizations and government to help veterans.

Heather has a master of design and a bachelor of science in fashion design from the University of Cincinnati.



Karen S. Hill, DNP, RN, NEA-BC, FACHE, FAAN

“Creating a Healthy Work Environment”

Karen Hill is the chief operating officer/chief nursing officer at Baptist Health Lexington. She is also editor-in-chief of *The Journal of Nursing Administration*. Karen has nearly 40 years of clinical, nursing education and administration experience.

She has a doctorate in nursing practice, a master of science and a bachelor of science in nursing from the University of Kentucky. Karen has an associate degree in nursing from Lexington Technical Institute.

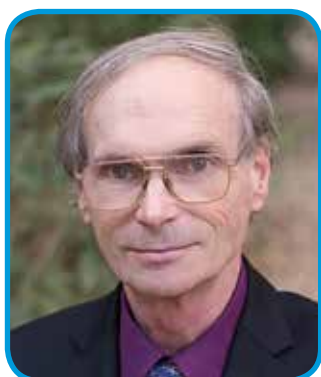


Nancy Jennings, BSN, RN

“Substance Use Treatment for Pregnant Women and Mothers”

Nancy Jennings is a clinical instructor for BSN students at the University of Kentucky School of Nursing. She has more than 30 years of clinical and academic experience.

Nancy has a bachelor of science in nursing from the University of Kentucky.



Kevin Kavanagh, MD, MS, FACS

“Multi-Drug Resistant Organisms (MDRO) in KY”

Kevin Kavanagh is board chairman of Health Watch USAsm, a Kentucky based patient advocacy and research organization.

Kevin has a doctor of medicine from the University of New York, a master of science from the University of Iowa and a bachelor of science from the University of Nevada. He is board certified by the National Board of Medical Examiners and the American Board of Otolaryngology.



Courtney Keim, PhD, MS, BA

“Creating a Healthy Work Place in Healthcare”

Courtney Keim is an assistant professor of psychology at Bellarmine University. She has more than 10 years of experience teaching on the university level.

She has a doctorate in experimental psychology and a master of science in psychology from The University of Memphis. Courtney has a bachelor of arts in psychology from Christian Brothers University.



Amber Kirchner, MSN, RN-BC, CHPN

"Nurturing Hope at the End of Life"

Amber Kirchner is a clinical education project manager at Hosparus Health in Louisville, KY. She has more than 15 years of clinical and adult education experience.

Amber has a master of science in nursing from Indiana Wesleyan University and a bachelor of science in nursing from the University of Louisville.



Leigh Koetsch, BS

"Pregnancy Referral Supportive, Thorough and Active referrals while ensuring Referral Quality (STAR)"

Leigh Koetsch is a Kentucky State coordinator for Provide, Inc. She has 10 years of experience serving at risk populations.

Leigh has a bachelor of science in psychology from Eastern Kentucky University.



Erica A. Lemberger, DNP, FNP-BC, AFN-BC, SANE-A, SANE-P, CFN, FCN

"Human Trafficking 101: What Every Nurse Needs to Know"

Erica A. Lemberger is an associate professor in the BSN program at Spalding University. She has nearly 10 years of clinical and academic experience.

Erica received a doctorate of nursing practice from Chatham University, a master of science in nursing from the Florida Atlantic University and a bachelor of science in nursing from the University of Florida.



Ta'Neka C. (Vaden) Lindsay, DNP, APRN, WHANP, BC

"I'm Due For That!"

Ta'Neka C. (Vaden) Lindsay is an associate professor at the Lansing School of Nursing at Bellarmine University and is a staff nurse practitioner at Bellarmine's Student Health Clinic. She has more than 15 years of clinical and academic experience.

Ta'Neka has a doctorate of nursing practice from the University of Kentucky, a master of science in nursing from Vanderbilt University and a bachelor of science in nursing from the University of Louisville.



Donna Meador, MSN, RN, CENP, CPHQ

"Nursing Shortage in Kentucky"

Donna Meador is the project director for the Kentucky Hospital Engagement Network/Kentucky Hospital Improvement Innovation Network at the Kentucky Hospital Association. She has more than 35 years of clinical and legal nurse consulting experience.

Donna has a master of science in nursing administration from Bellarmine University and a bachelor of science and an associate of nursing science from Kentucky Wesleyan College.



Pamela McDonald, FA, WHCNP- BC, APCNP, PNP, FNP

"Diet and Genetics Make a Real Difference"

Pamela McDonald is a nurse practitioner focusing on lipidology, cardiology and metabolic disease at Prescott Medical Corporation in Danville, California.

Pamela received her professional training in nursing at the Royal Hospital of St. Bartholomew's Hospital in London, England. Her additional education includes coursework and training at San Jose State University, UCLA, Harbor-UCLA Medical Center, University of California San Francisco, University of Arizona College of Medicine and Harvard Medical School.



Cassie Mitchell, MBA, MSN, BSN, RN

"End-of-Life Decision Making"

Cassie Mitchell is the chief operating officer clinical at Bluegrass Care Navigators in Lexington, Ky. She has nearly 25 years of clinical and marketing experience in end-of-life care and process development and improvement.

Cassie has a master of science and a master of business administration from Indiana Wesleyan University as well as a bachelor of science in nursing from the University of Kentucky. She also has an associate of arts in nursing from Midway College.



Amanda Murray, MSN, APRN, AGCNS-BC, CMSRN

"Lateral Violence"

Amanda Murray is a clinical nurse specialist at Norton Healthcare. She has nearly 10 years of clinical experience.

Amanda has a master of science in nursing from Rush University and a bachelor of science in nursing from Loyola University of Chicago.



Claudean Oakley, BS, RN

"Balancing Lifestyle Finding Truth"

Claudean Oakley is self-employed as a "hope" speaker and recently served as a nutritional consultant and life coach. She has more than 35 years of clinical experience.

Claudean has a bachelor of science in natural health from Clayton College of Natural Health and an associate degree in nursing from the University of New Mexico.



Harry Pickens, BA

"Introduction to Havening Techniques®"

Harry Pickens, an organizational performance consultant and facilitator, is the founder/director of Havening Louisville, Havening for Humanity and BrainMind ReDesign™. He is also an artist in residence at Kentucky Governor's School for the Arts.

Harry has a bachelor of arts in music from Rutgers University.



Dustin Pugel, MPH, BA

"Consumer Decision Health Insurance Literacy"

Dustin Pugel is a policy analyst for the Kentucky Center for Economic Policy. His experience includes research and advocacy about poverty in the Commonwealth as well as focus on individuals with disabilities.

Dustin has a master of public health from the University of Kentucky and a bachelor of arts in history from Asbury College.



Caroline Pike, PhD, MA

"Emotional Intelligence 101"

Caroline Pike is a corporate psychologist and leadership/organization development consultant. She has served on the faculty of Washington University of St. Louis, Thomas More College, Ithaca College and Saint Louis University.

Caroline has a doctorate in industrial/organization psychology from North Carolina State University, a master of arts in psychology from the University of Louisville and bachelor of arts in general psychology from the University of Kentucky.



Erin Rutherford, MSW, BA, LSW

“Veterans’ Homelessness”

Erin Rutherford is a program director at Catholic Charities Hawaii where she provides supportive services to homeless veterans and their families.

She has a master of social work from the University of Hawaii and a bachelor of arts in psychology from Bellarmine University.



Mary Sanders, BSN, RN, CYN

“Modeling Resiliency at the Bedside with Yoga”

A former United States Navy nurse, Mary Sanders is a fitness instructor at Aerobics and Fitness Association of America.

She is pursuing a master of science in nursing from Western Kentucky University and has a bachelor of science in nursing from Old Dominion University.



Angela Shinaberry, MSN, APRN, BSN, RN

“Wellness Resiliency”

Angela Shinaberry is a nurse practitioner at Norton Brownsboro Hospital and Norton Children’s Medical Center. She has nearly 20 years of clinical experience as well as expertise in human resources consulting.

Angela is pursuing a master of education in human resources organizational development from the University of Louisville. She has a master of science in nursing/advanced child & health specialty from the University of South Alabama and a bachelor of science in nursing from Pensacola Christian College.



Eva Stone, MSN, BSN, APRN

“School Nurses”

Eva Stone is the district health coordinator for Jefferson County Public Schools in Stanford, Ky. She served as a leader of the statewide coalition formed to study and develop strategy concerning the impact of school nurses and the need for a nurse in every school. She is a founding member of the KNA chapter, *School Nurse in Every Kentucky School* and is a leader in its efforts to educate the public about the importance of having nurses in schools.

Eva has a master of science in nursing from the University of Kentucky and a bachelor of science in nursing from West Virginia University.



Allison Tu

"Mental Health for Youth"

Allison Tu is a senior at duPont Manual High School in Louisville where she is the founder of StAMINA (Student Alliance for Mental Health Innovation and Action). She is also executive director of STEM Y (STEM + Youth), an organization she co-founded to overcome gender, racial and socioeconomic barriers in STEM education.

Allison is a board member of the Kentucky Department of Education Commissioner's Student Council and an ambassador with Student Voice, a national non-profit organization that encourages students to take action regarding issues that influence education.



Chris Webb, MSN, BSN, BA, RN, FNP-BC

"Disparities in Care for Lesbian, Gay, Bisexual, Transgender, Queer/Questioning (LGBTQ)"

Chris Webb is associate director of the family nurse practitioner program at Bellarmine University. He has 18 years of clinical and academic experience.

Chris has a master of science in nursing from Vanderbilt University, a bachelor of science in nursing and a bachelor of arts from Bellarmine University.



Brittney Welch, MSN, RN, DNP (August 2018)

"Disparities in Rural Areas"

Brittney Welch is the community manager/compliance officer/CQI supervisor at the American Nurses Association.

She has a master of science and a bachelor of science in nursing from Grand Canyon University as well as an associate of science in nursing from Galen College of Nursing. Brittney will complete a doctorate of nursing practice from Bellarmine University in August 2018.



Angela Wolff, BSN, RN

"Social Determinates of Health"

Angela Wolff is director of operations for the Bold Goal program at Humana. She has more than 20 years of clinical, administrative and strategic planning experience.

Angela has a bachelor of science in nursing from Spalding University.

Demetria Gilkey will not present at the conference. Andrea Houser, PhD, BSN, RN, will facilitate, "Childhood Obesity Epidemic - A Call to Action." Andrea is a faculty member at Galen College of Nursing and Eastern Kentucky University. She has a doctorate from Capella University as well as a master of science, bachelor of science and a diploma in nursing from Norwich University.