

Dear Fantastic Surgeon From Your Future Ostomate,

Please schedule
an appointment
for me to see an
ostomy nurse
before and after
surgery.
- Joe

A budded stoma
can improve my life
and reduce
pouching or
leakage issues.
- Grace

**Thank you
for saving
my life!**

Be honest about
possible life changes
after surgery like
infertility or sexual
dysfunction.
- Roberto

Please connect me
to someone else
who is doing well
after surgery. This
will help me cope.
- Suzie