

# You're Invited

## Plano Ostomy Support Group



### Supporting Each Other

All ostomates, future ostomates and those who support them are welcome and encouraged to attend.

#### Our meetings have a dual purpose:

- To provide ostomates with lifestyle and health management information to help them live healthier, happier lives
- To share experiences and provide mutual support for one another

Please Join Us For Our Next Meeting

### 2018 - 2019 Support Group Dates

Reservations are not required. Lunch is served.

2nd Tuesdays of every month

Date	Time
8/14/2018	12:00 pm
9/11/2018	12:00 pm
10/9/2018	12:00 pm
11/13/2018	12:00 pm
12/11/2018	12:00 pm
1/8/2019	12:00 pm
2/12/2019	12:00 pm
3/12/2019	12:00 pm
4/9/2019	12:00 pm
5/14/2019	12:00 pm
6/11/2019	12:00 pm
7/9/2019	12:00 pm

Where: Medical City Plano  
Professional Building III  
First Floor Community Classroom, Rm# 170  
4001 W. 15th Street  
Plano, Texas 75075

Flyer design courtesy of



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Please join us as we support each other.

For more information, please call:

972-759-2040