

F A L L 2 0 1 8

SePA Notes

Southeastern Pennsylvania Chapter of the American
Association of Critical Care Nurses
<https://aacnsepa.nursingnetwork.com>



Lots of Fun to Come! Join us!

SePA has many future plans for community outreach, opportunities for education, and ways to celebrate all of the amazing nurses that encompass SePA. We would love for you to join us! Make sure to follow our social media accounts for posting of these events & future updates.

www.facebook.com/SePAAACN
www.twitter.com/SePAAACN
www.instagram.com/SePAAACN

Save the Dates!

Education Dinner September 18, 2018 Sepsis Awareness Month- topic on Angiotensin II medication	Education Dinner October 9, 2018 Location will be in Wilmington Delaware- topic TBD	New York Trip October 20, 2018 From Hamilton Station to lunch, and a show- stay tuned for details!	Education Dinner October 23, 2018 Respiratory Month - topic on pulse oximetry in the challenging patient	TRENDS 2019 October 14-16, 2019 Acute and Critical Care Nursing Conference (see next page!)
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TRENDS 2019 ~ IN ATLANTIC CITY, NJ

TRENDS Acute and Critical Care Nursing Conference

Save the Date

Host: Southeastern Pennsylvania Chapter of AACN

When: Monday, October 14 at 6:30 AM to Wednesday, October 16 at 5:00 PM

Where: Caesars Atlantic City 2100 Pacific Avenue Atlantic City, NJ 08401

We are currently accepting submission of abstracts for
SePA TRENDS in Acute and Critical Care Conference 2019!
*Go to the SePA website aacnsepa.nursingnetwork.com and click on TRENDS 2019
Conference to complete the abstract submission form as directed!*

***Submission of Speaker Abstracts for the CCRN and PCCN Review Course welcomed-
SePA will be offering the onsite Pen and Paper Exam October 17, 2019 ***

Please submit all questions to: nurseplanner@sepa-aacn.org

**LOOK FOR CONFERENCE AND HOTEL
REGISTRATION TO OPEN IN 2019!**

Call for Speaker Abstracts!

Please log onto our website
www.aacnsepa.nursingnetwork.com
to apply! The application process is
submitted online in one quick step.
We hope to see you there!

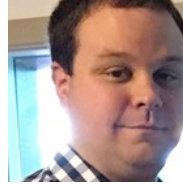


Meet Our Board of Directors!



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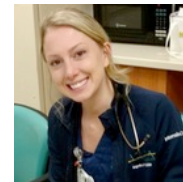
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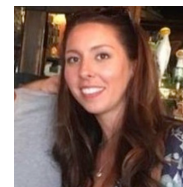
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Engagement Committee Chair Elect

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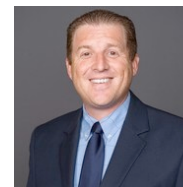
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April Chmielinski, MSN, RN,
CCRN, CCNS
(Get to know April more
below!)



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Board Member

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NO
PHOTO

Education Committee Chair Elect

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Board Member

Cathye Foran MSN, RN,
CCRN (Get to know Cathye
more below!)

Wondering how YOU can become a Board member?
Contact any member to find out more about their position.
Elections are held every Spring!

Get to KNOW our Leaders!

This Edition of SePA Notes Featuring...



April Chmielinski MSN, RN, CCRN & Board Member: I have been a member of SePA for over 20 years. As a SePA member I have connected with nursing colleagues who are passionate about nursing, and life long learning. It has provided me with the skills to obtain my career goals, and to have a nursing network that is invaluable, not to mention all the fun we have! I am currently on the Board of Directors as a member at large, on the TRENDS planning committee and a member on the research committee. AACN's theme, Our Voice Our Strength resonates with me, and why I am involved in SePA. I believe that we are a strong organization, and will continue to grow through the involvement of our present members and by seeking new members. Through my involvement in the chapter I am hoping to provide outstanding educational and networking opportunities, and look forward to reaching new members and giving them a voice to ensure SePA is meeting their needs. My career experience includes being a staff nurse and clinical nurse specialist at the Hospital of the University of PA. In addition, I retired from the US Air Force, and served as a flight nurse, and on the Critical Care Air Transport Team.



Cathye Foran MSN, RN, CCRN & Board Member: Five years ago, I was working as an Advanced Nurse Clinician in the Virtua Voorhees ICU. To stay current and advance my practice, I wanted to meet nurses from surrounding work settings and share best practices. Our unit was in the process of applying for an AACN Beacon Award, and I thought that an AACN Chapter meeting might be a good place to network with other nurses who had already won the award. Several of my friends and colleagues invited me to a SePA Education Committee Meeting, and I immediately felt welcome and inspired to join and become an active member of this amazing group. Though my activities with SePA, I have met many wonderful people and made some great friends.

My tenure with SePA has included one year as a Board Member at Large, two years as Board Secretary, and five years as an member of the Education Committee. I am now serving my second year as a Board Member at Large. Some of my best memories include working on the TRENDS Planning Committee, attending the Education Dinner Meetings, and attending the NTI in both New Orleans and Boston. This year I was very proud to celebrate at NTI in Boston when our Chapter was presented with the President's Award for Chapter Excellence

I am currently working part-time as an adjunct nursing instructor at Rutgers, where I am lucky to have the opportunity to share my passion for nursing with a new generation. I love teaching the students and helping them become nurses who bring their compassion as well as their clinical skills to the bedside. I am looking forward to seeing what 2019 brings. My advice to any members who are not yet actively involved with the Chapter is to find something that interests and motivates you and "JUMP IN". It will be worth it!!!

P.S. Our unit won the Gold Beacon Award, in part, due to the encouragement and support from my SePA colleagues.

Meet Our New SePA Members! WELCOME!

Featuring New Member: Anne Marie Cuna BSN, RN, CPN, CCRN



"My name is Anne Marie Cuna. I have been a pediatric nurse for almost 14 years. I have been working at Alfred I DuPont Hospital for Children since 2007, the last 10 years in the Pediatric Intensive Care Unit. I love the various patient populations I work with and love the organization I work for. I have been interested and curious about SePA for some time now, recently became a member, and have just attended my first meeting. I have connected with an active SePA member Dot Malloy who I work with at AI DuPont. We share a desire to bring these connections, relationships, opportunities etc. available through SePA to our pediatric nurse colleagues. Dot and I wish to increase pediatric nurse involvement and offer them opportunity through SePA."

Other New Members:

Valerie Ibarrondo, RN, BSN - Thomas Jefferson University Hospital

Erin Dwyer, CNS-Nemours/Alfred I. duPont Hospital for Children

Joella Slowik, RN, BSN, CCRN-Nemours/Alfred I. duPont Hospital for Children

Megan Guastavino, RN - Kindred Hospital

Makayla Cordoza, RN - University of Pennsylvania

Don't Forget Our End of Year Celebration! Bridgeside Room Ugly Sweater & Pollyanna Party!



Where? Dave and Busters: 325 N.
Columbus Philadelphia
PA 19106

When? Thursday, November 29
from 7:00pm- 10:00pm

What better way to celebrate being a fabulous nurse than with other fabulous nurses?! Wear your ugliest Holiday sweater (prizes to be given) and bring a gift under \$10 to exchange for a Pollyanna! 2 Free drink tickets per guest along with various appetizers & complimentary parking! Be on the look out for registration ☺ Spots may fill up fast!

Coming Soon & New to SePA:

Online Application Forms for all of our
Excellence Awards, Patsy Whitner Award,
Ellen Boyda Scholarship & TRENDS
Scholarship Nominations!

Goodbye Pen & Paper!

<https://aacnsepa.nursingnetwork.com/page/68471-awards-scholarships>



Meet This Year's Award Winners



Lorraine Gaffney
Excellence in Critical
Care Practice Award



Natasha Jiminez
Excellence in Critical
Care Education Award



Caitlin Press
Excellence in Critical Care
Education Award

Not pictured:
Elsa Varghese
Excellence in
Critical Care
Management



Christopher Schoen
Excellence in Critical Care
Advanced Nursing Practice



Bea Leadyn
Patsy Whitner Award

Get your nominations ready for next year and visit our Nursing
Network to nominate an extraordinary nurse!