The Monitor



American Association of Critical Care Nurses - Greater Milwaukee Area Chapter

OURVOOLESTRENGTH

2018-2019 Board Members

- President: Lori Grade
- President-elect: Jennifer Prom
- Vice President: Patrick McNally
- Vice President-Elect: Deb Casper
- Treasurer: Ashley Haehle
- Treasurer-elect: Katherine Barry
- Member At Large (Membership):
 Carrie Brandt
- Member At Large (Social Media):
 Jessica Panfil
- Member At Large (Outreach): Carrie Brandt, Jackie Klotz
- Secretary: Val Kolmer
- Secretary-Elect: Available
- Board Learning Partners:
- Interested in becoming a board member? Let us know! Email us at milwaukeeeaacn@gmail.com

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Message from the President — Lori Grade

Temperatures are getting cooler, kids are back in school (some of you as well), and pumpkin spice lattes are back! This is my favorite season, and to me it feels more like a fresh-start time of year than even the New Year does.

My name is Lori Grade, and one of my fresh challenges this fall is the honor of serving as GMAC president for the coming year. I'm a Patient Care Supervisors at Children's Hospital of Wisconsin and have worked in critical care at CHW for almost 37 years.

Over those many years the one thing that has remained constant is change, and LOTS of it! You know what kind of change works the best? The kind where nurses are part of the process, from the beginning, and we are asked to bring knowledge and insight to the table. Our collective experience with patients and with the workflows of our environments can and should be an essential part of positive change, big or small. And we're not just talking here about sitting on committees: thanks to their unique experiences and insight the best nurses are in a position to see opportunities for improvement and innovation, and then advocate for change.

The AACN theme for this year is "Our Voice, Our Strength", which resonates strongly with me. Haven't we all been on the receiving end of change where nurses were not at the table? How'd that work for you? When nurses show up and use their voices, the impact can be significant. As healthcare continues to rapidly change, I hope we can, as AACN President Lisa Riggs said, "... use our collective voice and the strength we have as nurses, [to] invent our future - not become victims of it. Our voice and our strength give us power. The power we need to change this profession we love."

Bringing it closer to home, the goal of our chapter's education committee is to bring you programs that both inform and empower our members. We hope you leave each meeting knowing more about best practices and about innovative solutions. The intent is that you will be both stronger in your skill areas and be empowered to use your voices to bring

Message from the President, continued — Lori Grade

change and improved patient care to your workplaces. This year we will again host a CCRN Review Course, which we hope many of you will take advantage of. We also will be providing meaningful opportunities to engage in community outreach.

Finally, the GMAC board encourages you to use your voice in one last manner: give us feedback on what can make our chapter meaningful to you! We would like to see increased engagement by our members and between our members. The people in this group each bring something valuable to the table, and the more each individual voice is heard, the stronger we all are.

Together this year, let's use our voices to create the chapter and the workplaces we envision for ourselves.



Lori Grade
GMAC President 2018-2019



"We can create the workplaces we want and need when we use our voice. Let's confidently step into our strength."



Lisa Riggs

Treasurer's Report- Ashley Haehle



We start this new season off financially strong! The board continues to look for ways to stretch our dollars to provide the best service to members that we can. As always, we take your investment in GMAC seriously, and work hard to make the most of it! We are excited to see you all at the Educational Meeting in September! Below are the account balances for the end of fiscal year 2018.

Wells Fargo Checking: \$8,198.37 Wells Fargo Savings: \$10,580.93 Paypal: \$454.31 Baird: \$11,759.27

Social Media- Jessica Panfil



MILWAUKEEAACN@ GMAIL.COM



AACN_GMAC



@AACN.GMAC



Visit **milwaukeeaacn.nursingnetwork.com** to register for ALL events!!!



Education Committee-



Chapter Education Programs 2018-2019

Education programs are scheduled for the following dates:

September 11, 2018 November 8, 2018 February 12, 2019 April 11, 2019



Location: Ascension-Wheaton Wauwatosa

201 N. Mayfair Rd., Wauwatosa, Conf. Rm 5A&B (Free parking).

Registration and Light Dinner at 5:30 p.m. Presentations 6:00-7:00 p.m. and 7:30-8:30 p.m.

Be sure to visit the AACN-GMAC website for specific topics and speakers as well as to complete evaluations after each presentation to receive CEs: https://milwaukeeaacn.nursingnetwork.com

September 11, 2018-Sepsis Awareness from Paper to Practice

Focus of this "double-header" is on engaging colleagues in the sepsis bundle implementation and outcomes.

6:00-7:00 <u>Antibiotic Stewardship</u>

Sara Revolinski, PharmD, BCPS, Medical College of Wisconsin

7:30-8:30 Challenge to Implementation: Bundle vs Early Recognition

Patty Haugh, MSN, RN, CNS, Ascension Health

Special thanks to our confirmed sponsors: Melinta Therapeutics, Merck, and La Jolia Pharmaceutical

November 8, 2018

6:00-7:00 Caring for Individuals Who Have Experienced Sexual Trauma. Presentation will also

include discussion about Human Trafficking which is a significant problem in Wisconsin,

in both urban and rural communities.

Deb Donavan, RN

Sexual Assault Nurse Examiner (SANE) Program

7:30-8:30 Joy in the Workplace

Linda Bay, MSN, RN, ACNS-BC,

Nurse Consultant, Office of Inspector General-Healthcare Inspections

The Education Committee is looking for new members to support the 2018-2019 sessions and plan the 2019-2020 sessions. There are a variety of jobs within the committee ranging from identifying topics, speakers & vendors to post session evaluations and CE certificates. NEXT COMMITTEE MEETING: October 22, 2018 6:30-8:00 p.m. at the Panera in Mayfair Mall. Contact Patrick

(Patrick.McNally2@gmail.com) or Beth (bungalowhome@Sbcglobal.net) with any questions and to let us

Certification



WHY CERTIFY?

- ➤ Validation of Knowledge and Skill
- ➤ Commitment to Excellence in Standards of Care and Patient Safety
- ➤ Role Model to other Nurses
- ➤ Pride in your Specialty
- > Career Advancement

Have you ever thought about certification but been too afraid to take the exam? Have you ever considered specialty certification but thought you didn't know enough? Have you ever thought about certification but weren't sure what to expect on the exam? Have you been putting off certification for so many reasons and for so long? Well.....

Here is an opportunity for you to be guided by your desire to learn more about progressive and critical care nursing, certification examinations, prepare for the exam(s), get CEs towards your renewal and talk to those who have taken the exam once or twice!

Visit https://milwaukeeaacn.nursingnetwork.com/ and click on the home page CCRN/PCCN graphic to register today! We look forward to helping you achieve your goal of certification in 2018!



CCRN/PCCN Review



CCRN/PCCN CERTIFICATION REVIEW

HOSTED BY THE GREATER MILWAUKEE AREA CHAPTER CRITICAL CARE NURSES (GMAC)

DATES, TIME, & LOCATION

SATURDAY OCTOBER 13 & 20, 2018

08:00 AM REGISTRATION/BREAK FAST 8:30 AM – 5:00 PM COURSE

SAN CAMILLUS 10200 W. BLUEMOUND RD. WAUWATOSA, WI 53226 (ACROSS FROM ZOO)

SPEAKER

KAY HOPPE, MSN, RN, CNS, CCRN, PCCN

COURSE DESCRIPTION

This two-day program provides an extensive review of acute care nursing practice. This includes the care of patients in critical care, intermediate care, direct observation, step-down, telemetry, and transitional care units. The course provides a review of disease processes commonly encountered in the acute care setting along with pertinent pathophysiology, assessment, diagnostic testing and current treatment measures. The blueprint for the CCRN and the PCCN exams serve as the foundation for this course with primary emphasis placed on topics common to each of the exams. This course can be used as a CCRN and PCCN examination preparatory course as well as a means to obtain CERPs for recertification, or as a systemic review to those managing the care of acutely ill patients.

COST, REGISTRATION AND DEADLINES

GMAC MEMBERS \$155 AACN MEMBERS \$205 NON MEMBERS \$255

*** FOR PRE-PRINTED COURE MATERIAL, COST ADDITIONAL \$25 OR DOWNLOAD FOR FREE WITH PAID REGISTRATION

REGISTRATION DEADLINE OCTOBER 1, 2018

VISIT MILWAUKEEAACN.NURSINGNETWORKS.COM TO REGISTER NOW! EMAIL US AT

MILWAUKEEAACN@GMAIL.COM WITH ANY QUESTIONS.

Outreach Opportunities



OUTREACH



2018 Briggs and Al's Run and Walk for Children's Hospital

Volunteers needed: Medical tent to identify runners in distress over the race course, especially near finish area, transport to medical tent, assess needs and administer basic first aid and support. We administer IV fluids if needed. We have MFD paramedics and Bell EMTs stationed next to the tent if transport is needed. The medical team is made up of MD, RN/BSN, medical students and nursing students. Responsibilities are given per level of training and expertise.

When: Saturday, September 15, 2018

Time: Arrive at 9AM

Where: Arrive at the finish line medical tent

What to wear/bring: dress casual, weather appropriate, layers, bring stethoscope.

Links for Run/Walk:

http://www.chwevents.org/images/content/pagebuilder/map-route.jpg

http://www.chwevents.org/site/TR?fr id=1191&pg=informational&sid=1231

http://summerfest.com/grounds-map/ http://summerfest.com/getting-here/

Contact Carrie Brandt or Jackie Klotz today at milwaukeeaacn@gmail.com if you're interested in volunteering! We would love to have you join us.

Aurora Healthcare Nurses Recruitment and Recognition Night

When: Thursday, September 13, 2018

Time: 5:00-7:00 pm

Where: Miller Park Third Base Ward, no parking fee

GMAC Involvement: Promote AACN-GMAC as a chapter open to nurses of all specialties from med-surg, step-down, ICU, leadership, advanced practice and more. We will have a table set up for those who are participating in the event to discuss benefits of membership, education, outreach, certification and more.

• Please contact Deb Casper, Caroline Brandt, or Jackie Klotz at milwaukeegmac@gmail.com if you are interested in helping with setup/breakdown, representation or any portion of the program. Thank you for your consideration.

Outreach Opportunities, cont'd

Sojourner Family Peace Center

September and November Outreach Charity

- Established in 1975, the mission of Sojourner Family Peace Center is to transform lives impacted by domestic violence
- Sojourner and Children's Hospital of Wisconsin formed a unique partnership to create one of the first co-located child advocacy and family violence centers in the country. The new Family Peace Center is one of the first in the nation to provide comprehensive services for victims and families impacted by
- How can we get involved?

domestic violence.

- > September will be cash donations or visit the Amazon Wish List for direct donations. If you do cash donations, we will do the Amazon gift shopping for you.
 - O Sojourner Amazon Wish List
 Avoid the hassle of the mall by purchasing items directly from our Amazon wish list. Click below to view our wish list on Amazon.com. Gifts purchased on Amazon will be directly shipped to our agency. When purchasing gifts on Amazon.com, please be sure to include your name in the "personalized gift message" portion, so we can properly acknowledge your gift. Please use GMAC somewhere in the gift message if you do your own shopping. Visit https://familypeacecenter.org/donate/donation-of-goods/
- November meeting remains to be determined whether we will participate in the adopt-a-family or the gift drive. Stay tuned for details.

Contact Carrie Brandt or Jackie Klotz today for more information, or with questions regarding our Fall outreach charity. Email milwaukeeaacn@gmail.com today.

Fight For Air Climb 2019

When: Saturday, March 9, 2019

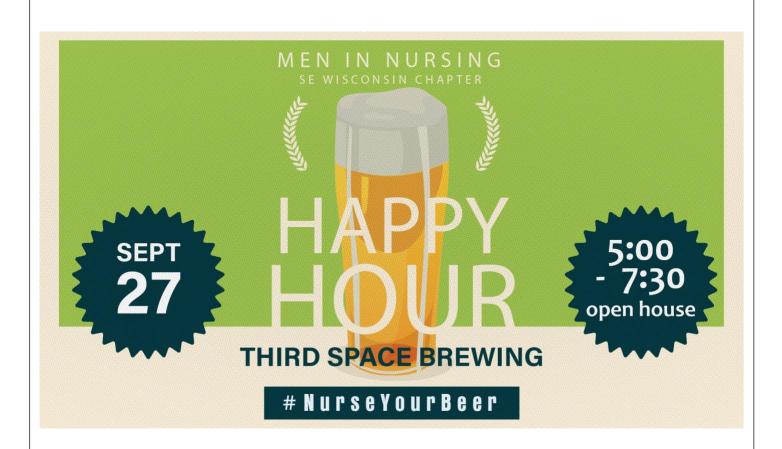
Time: 6:30am - ??

Where: US Bank Center Milwaukee

Goal: create 1 or more GMAC team(s) to climb 47 floors, 1047 stairs and raise funds to support lung cancer

- Whether you are climbing alone or with friends and family, for a healthier lifestyle or in honor of all those who are affected by lung disease, you will achieve a sense of personal accomplishment when you reach the top. Defeating the physical challenge and reaching the height of your fundraising potential will be a gratifying experience. Every Step Counts as we move forward in our fight for healthy lungs and clean air!
- Contact Carrie Brandt and/or Jackie Klotz if your interested in helping to form team(s), create team spirit gear, participating or helping to raise funds for Team GMAC! Email milwaukeeaacn@gmail.com today.

Outreach Opportunities, cont'd



On Thursday September 27, Men in Nursing is holding a social gathering where you can learn more about the group and their community involvement. We are hoping you will join us. You don't have to be a man or a nurse (or 21!) to join us for a fun happy hour at Third Space Brewery. We'll have snacks and NA drinks for all to enjoy, and a range of beers will be available to purchase. We will also have a drawing for prizes!

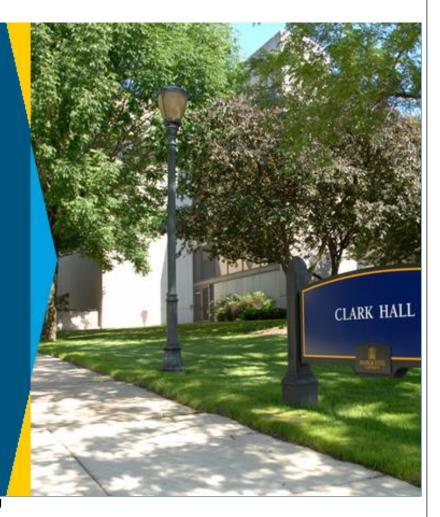
Men in Nursing At Third Space Brewing Thursday, September 27 at 5 PM - 7:30 PM 1505 W. St. Paul Ave Milwaukee, Wisconsin 53233

Don't miss out on this golden HOPportunity to snack, socialize & enjoy great beer. Please RSVP to the following link. RSVP: Men in Nursing at Third space

Outreach Opportunities, cont'd

MARQUETTE NURSING SAVE THE DATE





Delirium and Cognitive Impairment in the ICU

Presented by E. Wesley Ely, M.D. Professor of Medicine at Vanderbilt University

4:30 p.m. to 5 30 p.m.—Presentation 5:30 p.m. to 6:30 p.m.—Reception

St. Luke (White Coat) Mass

Led by Bishop Jeffrey Haines

6:30 p.m. to 7:30 p.m.

Faith at the End of Life: Insights from an Intensivist

Dinner and presentation by E. Wesley Ely, M.D.

7:30 p.m. to 9 p.m.

October 18, 2018 Marquette Univers

Marquette University College of Nursing Clark Hall 530 N. 16th St. Milwaukee, Wisconsin

Registration will open in September 2018

Sponsored by the Wisconsin Geriatric Education Center and the Milwaukee Guild of the Catholic Medical Association.

Membership-Carrie Brandt

Join or Renew your membership

Current Membership: 125



Membership Reminders:

- 1. We have transitioned to an all-electronic membership at this time. Please visit https://milwaukeeaacn.nursingnetwork.com/ to join or renew membership today.
- 2. Join or renew prior to September education session for speedier admission to session
- 3. Print membership cards from https://milwaukeeaacn.nursingnetwork.com/
- 4. All membership fees are electronic. Yearly GMAC membership \$36.50 and student membership \$16.50.
- 5. Cash will be accepted for guest and student education session fees. Guest \$ 20.00 and student \$15.00 (credit \$21.50 and \$16.50 respectively)
- 6. Bulk AACN national membership form and fee will be accepted at the September educational session only. We must have a minimum of 5 forms/fees to send in bulk registration. Please have filled out forms and checks made out to AACN brought with you to the September education session.

Important Dates



Submission	Dates of	Educational	Board	Educational
Deadline	Distribution	Meetings	Mtgs	Board Mtgs_
August 20 th	Sept 3rd	Sept. 11th	Aug 9th	Oct 22nd
October 15 th	Oct 29th	Nov. 8 th	Oct 16 th	*More to
Jan 21st	Feb 4th	Feb. 12th	Jan 15 th	come!
Mar 18th	April 1st	April 11 th	Mar 19 th	
June 24th	July 8th		May 7th	

Submit all articles to: milwaukeeaacn@gmail.com

All members are welcome to submit an article of interest but are subject to the same deadlines