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Cancer & Health Awareness

☀ Sarcoma Awareness Month
☀ UV Safety Month
☀ GIST Awareness Day (13)
☀ World Hepatitis Day (28)

Resources of the Month

Cancer Support Community North Texas offers many services for cancer patients and their families, completely FREE of charge:
- Educational presentations
- Support and networking groups
- Workshops like yoga, meditation, Zumba, and creative arts
- Fun social events
- Children’s support program – Noogieland
- Bereavement support for adults and children

At their three comfortable clubhouses, you will find a community where people with cancer and their families and friends are learning to live with cancer, and hopefully beyond it. The community is their lifeline to strength, hope, support and guidance. The effects are often life-changing.

They are currently accepting applications for Camp Noogie - a chance for children, ages 4-12, who are impacted by cancer. 214-345-8230

Triage Cancer provides cancer survivorship education to patients, survivors, caregivers, advocates, and health care professionals, through educational events. They offer free webinars and downloadable quick guides on topics such as insurance and employment issues.

Presenting your 2018-19 AONN+ North Texas Local Navigator Network Officers

President
President-Elect: Katie McCamey
Immediate Past President
Secretary: Gabriela Martinez
Community Outreach: Katie Brown & Katie Narvarte
Historian: Flor Florido
Membership: Sue Johnson
Nominations: Kristi Griffith
Program/Vendor Liaison: Audrey Thompson
Communications/Webmaster
Consultant/Special Projects

There are some new kids on the block! We have new and existing navigators on our 2018-19 board. 50% of the officers are new to the board or new to their role; 40% of the officers are patient navigators.

See the special 2018-19 officer edition for the information about our officers.
Message from Molly
Molly Sutton RN,
Immediate Past President

I can hardly believe that a year has gone by since I became President of the North Texas Network of the Academy of Oncology Nurse Navigators +. I have really enjoyed working with the collaborative officers of the NTN of AONN+. For those of you who may be considering running for office in the future, I highly recommend working with this great group of people! With any suggestion of work to be done or a new project to be tackled, there were people quickly stepping forward with fresh ideas and enthusiasm. I can only think that this is because we are all Navigators, ready to roll our sleeves up and get to work to try to make things better for the patient. I am so thankful for all the efforts that have gone in to running our local network.

I am very excited about the national meeting of AONN+ that will take place in Dallas in November of this year. So many ideas are being presented about hosting Navigators from all over. It will be a pleasure to see the plans come to fruition. I am confident that our local network will be recognized for our contributions under the capable leadership of Kathy Ames, as President, and Katie McCamey, as President Elect.

Thank you Molly for your service!

Cancer Rehab
Did you know there are many cancer rehab services in the DFW area? See our new section on Nursing Network for a listing of Cancer Rehab programs in DFW area and let us know if your facility has a cancer rehab not listed.

Read about Cancer Rehabilitation in Cure Magazine

Six Tips for Navigating the Challenges of Summer

Summer tips for patients going through cancer treatment.

1. Plan head
2. Stay hydrated and keep cool
3. Protect skin from burning
4. Take precautions to prevent infection
5. Travel prepared
6. Be mindful

See more details of this Sarah Cannon Blog here.

Save the Date

The next AONN+ North Texas Regional Navigator Network meeting will be on September 4th and the last one of the year will be on December 4th. More details to come.

Abstract deadline for AONN+ Ninth Annual Navigation & Survivorship Conference is July 6, 2018.

AONN+ certification application deadline is November 1, 2018. See the criteria to apply here.

AONN+ Ninth Annual Navigation & Survivorship Conference
November 15-18
Dallas, TX
Annatole Dallas
Early registration ends 8/31/18
Additional resources:
• Clinical Care Options Oncology
• Oncology Live Education
Missed a conference? Get past and recent conference highlights:

- **ONA, ONS, ASCO**
- **AONN+**

**Need Online Continuing Ed?**

- Academy of Oncology Nurse and Patient Navigators (AONN)
- ASCO University: Cancer topics CME
- Abbott Nutrition Health Institute
- Cancer and Careers
- CDC Learning Connection
- Coram CEs for RN, RD and SW
- InPractice (Partnered with ONS)
- Leukemia and Lymphoma Society Professional Education
- MD Anderson Oncology Professional Education
- Medscape Oncology CME
- My CME: Oncology Nurse Advisor article
- National Comprehensive Cancer Network (NCCN)
- Nurse.com
- Nurse CEU.com
- OncoLink
- Oncology Nurse Advisor
- Oncology Nursing Society (ONS)
- Pearls Review
- Philips Learning Center
- Radiation Oncology
- Shield Healthcare
- Texas Board of Nurse Examiners
- Wound Care Institute

Some of these may require you to be a member or may have a fee

**Don’t forget...**

If you haven’t already:

*Like* us on Facebook
@dfwoncologynavigators

**AND...**

Sign up for our website, DFW Oncology Navigators, on Nursing Network. It’s easy, costs nothing and will only take a few minutes:

1. First join Nursing Network at www.nursingnetwork.com Please include your specialties and where you are employed.
2. Then “follow DFW Oncology Navigators.” By signing up you help us keep track of our local community of Navigators. Not sure if you signed up already? Go to our site membership and check. If you are not a member but getting correspondence from us it’s because you are on a list that was created when you were sent an invitation to join.
3. Don’t forget to change your e–mail address on Nursing Network if you change jobs

**Message from the Webmaster**

It has been a pleasure being your webmaster for the last three years. I am glad to pass the torch to Kristi Garrison this month. I will be staying on the board as a consultant and to help plan our table for the upcoming AONN+ conference.

Warmest regards,
Gwen

Happy 4th!

Gwen Spector RN, BSN, COCN
Webmaster for the AONN+ North Texas Regional Navigator Network and DFW Oncology Navigators.